THE OMEMEE MIRROR.

"OH, WAD SOME POWER THE OFFER GET US, TAK SEE OFFERS AS FERRES SEE US."

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CHAS. W. RECHARDS, Publisher and Proprietor



CHAPTER I.

OF MY BECOMING A SEAFARING MAN. I was born in the days of the Lord Protector, so that I was a little past my majority when the things that I have and was well and loftily sparred. She in mind to relate took place. My father | was painted black, with a gilded streak, was a sea captain, out of Portsmouth | and showed no break for ports, which, for the Mediterranean, and was killed | indeed, was not surprising, as few merby the Barbary pirates and his ship chantmen at that time carried their taken a little time before I came of age. | guns otherwise than on deck. All her My mother grieved sorely for him, and only survived his loss a few months, or barricadoes, and on the poop and and my two young brothers being then put out with a reputable haberdasher. and the little that remained of our fortune turned over to him for their benefit, I found myself of a sudden alone in the world, and brought, for the first time, to depend upon myself for a living. I had made a few voyages with my father, and had come to be something of a seaman, though I knew scarce anything of navigation, and this knowledge, with what I gained from an ordinary round of schooling, stood for we approached her, and she flashed up all I was now to reckon on to make her great black side, she looked even my way in the world. While I was refleeting on my condition, and casting showed above the bulwark, and I made about to see what I should do-for I did not relish the idea of using the sea, though that was now often in my

took a pull at his mug, which made his | costed the captain. I inferred that he hairy throat give a great throb, and after a little deliberation answered: "I should be blithe to help you, Master Ardick, could I but get my bearings to see how. You know I am an old salt- He had a resolute, honest-looking counwater, with little run of things ashore. I might come at something by broad

reckoning, but no better."

tain shipmaster, Daniel Houthwick by

ways in the wind." do not incline to it, yet I think there be in a way favorable to my pride. worse callings. Moreover, your father followed it, and I conceive you must

veins as will overbear the objections?" I hung in the wind a little, for this yet I was slow to refuse. At last I an-

"I have indeed salt water in my veins,

ficient to overcome it." an end smiled and was silent for a mo-

answer. "Well, and I am willing to concede you three parts right. Yet how if there offered some opportunity for advancement-I mean without waiting half a lifetime?"

"Why, in that case," I answered, not quite sure what he would be at, "the matter would stand in another light." "Look you," he said, rounding upon

me then and speaking in a brisker tone than he had before, "I have a mind to make you a proposition. I am in want of a second mate. So we can agree upon terms, what say you to the place? It is a little better beginning than a bare berth before the mast, with the chance of betterment."

I could see the thing closing in upon me, as it were, yet hardly knew how to evade it, and, on the whole, began to care less to do so. "Well, captain," 1 finally answered, "I cannot see why I should decline such a kindly and timely offer. I agree, providing that I am able to fulfill all your requirements, which I somewhat doubt, sceing that my experience has been but brief."

He called for the score, which he insisted upon paying, and we left the inn. There was a good deal of confusion along the docks, for several of the king's ships were fitting for sea, and the running about and pulling and hauling, all without much method or precision. were suprising and perplexing, but at fast we reached the jetty where the captain's boat was lying. On the way it suddenly occurred to me that I had neglected to ask a pretty important question, which was the port that the Industry-the captain's ship-was bound for. I asked it now, and learned that it was Havana, in the West Indies. This suited me very well, as I had never been gig, which a middle-aged sailor was mother the daughter of a knight. keeping, and were soon clear of the tangle of shipping about the docks, and standing into the roadstead. I sus- a sea beginning to run, we drew near, | made the other side?" pected that one of the three large ves- and I got up and made ready to seize sels that were at anchor some little the ladder. It was of rope, with wooden distance out might be the Industry, and rungs, the top and bottom made fast, accordingly asked the captain.

"There she is."

[Copyright, 1896, by D. Appleton & Co. All rights reserved.] chief features. She stood pretty well out of the water (considering that she was loaded), and, while she had a good beam, was not overround in the bows, tops seemed to be provided with shields, along the bulwarks I could resolve the outlines of several sakers and swivels. Besides these she might carry some heavy piece, and, in fact, I caught a glimpse, through an open gang-port. of a shape in a tarpaulin which could hardly be other than a long-range gun. The whole appeared to show that she was fitted to fight as well as to fiv. which was passing needful in those troublesome times. Her burthen (as I afterward learned) was 350 tons, and as larger. As we drew near, some heads out a ladder hanging over at that place. We pulled up to it, and when we rose on the next wave the sailor reached out a mind-I chanced to fall in with a cerboat-hook and steadied us to it, and

As I glanced about, taking in the name, to whom, after a short acquaintance, I disclosed my case, and asked his fashion of the deck and such arrangeadvice. We were seated in the taproom | ments as had not been visible from the of one of the little dock inns at the water, a short, broad man, in a kind time, with a pot of old October before of Dutch blouse and heavy sea boots, us and no one just by. The captain came from some place forward and acmust be the mate, and so indeed, it proved, and upon being presented I found his name was Giles Sellinger, and that he hailed from Southampton. tenance, albeit the smallpox had pitted him rather severely, and I thought had the air of a good seaman and compe-"Give me that," said I, eagerly, "Any-tent officer. The captain explained the meaning of my being aboard, and said that he doubted not I should suit them "Then how say you," he began, "to well, though it might be I should halt taking up with the sea? I will not deny in some things at the beginning. Masthat it is a hard life, and I mistrust you ter Sellinger received this explanation

we were speedily up the side.

We made no further delay, but returned to the town, and at the hour apclothes-bag in hand. The tide had you, then, so much salt water in your to the edge of the jetty before I could espy the boat, which I then perceived at the foot of the long flight of wet steps. was the very thing I would not have. The two sailors, who were the crew. were alone in her, and so I saw that I was beforehand with my companions.

I waited a few moments, talking with which is to say I like the sea, yet I the sailers (but not too freely, lest they terous for the narrow seas," said a have a scruple concerning a sailor's life, | conceive me an easy sort, which would and thus far have not learned suf- | not do), and presently I heard the voice | stood holding on by the lashings of the of the captain. The sailors pushed the He regarded me with attention while | boat more fairly to the foot of the I was speaking, and when I had made stairs, and directly the captain appeared at the top.

"Ave, Master Ardick is here," I heard "It is as I guessed," he then went on to him say back to some one behind him. and almost with the words the person he had addressed joined him. The supercargo, for such, of course, the second man was, I found to be a nimble. erect little gentleman, in age perhaps



60, with some gray in his beard, but a good fresh skin, and dressed very handsomely in sad-colored velvet, lowcrowned hat with feathers, yellow hose, and high-heeled French shoes, with blue rosettes. His head was covered with a fashionable flowing wig, and his broad sword-belt supported a good substantial sword with a silver hilt.

As soon as Capt. Houthwick had put us on our course he presented me to the supercargo, giving his name as Mr. Tym, and informing him with some little pride that he would find me other than the common sort of sailor, being a man of considerable parts, and of a family above the ordinary, my father in those parts, and had a young fellow's having been an owning shipmaster and fondness for novelty. We boarded the the son of a justice of the peace, and my

After a somewhat tedious pull, the wind being in part contrary and quite and presently I succeeded in catching "Aye, quite right," he answered, point- it, and drew the bow of the boat as near and churned about in a troublesome There was a dazzle on the water in fashion, but I managed to hold on, and that direction, and I could not get so first the captain and then Mr. Tym perfect a view of her as I desired, but ' passed me and swung over to the ladder. nevertheless I was able to judge her The old supercargo was as steady and

sure-footed as a rope-dancer, and it immediately occurred to me that he might be a veteran seagoer, a conclusion which was confirmed as I saw how coolly he waited on the ladder till the captain was out of the way, though the ship was rolling and pitching and sending frothing flings of water up to the very soles of his dainty shoes. In a moment the captain had passed over the bulwark, and Mr. Tym began to follow, and it was then that I made a surprising discovery. I had noticed that the old fellow had kept his cleak partly about him, and I had marveled at it. as the day was so warm, but now, as he began to climb, the wind caught the garment and blew it out, and behold. he had lost his left hand! The sleeve hung loose and long about the wrist, and out of the drapery-showing queer among the lace-peeped the black turn of an iron hook. He caught this over the rungs of the ladder, alternating with his right hand, and without any difficulty mounted the unsteady side and swung himself lightly over the bulwark. This lively breeze was a fair one for our sails, and we must all needs

get the Industry under canvas. The captain mounted the poop, a good." man was sent to the tiller, and the mate stationed himself just abaft the forecastle to pass the word along.

look alive, and walk up the anchor and

"Heave her short!" shouted the captain. "Heave her short!" repeated the mate, and the pawls of the windlass be-

"Loosen sail!" followed, and the men

sprang into the rigging. Everything was cleared to let go, and all hands, except a man on each yard to stay the bunt, scampered back to the deck. "All ready aloft?" hailed the mate. "All ready!" answered the fellows on

"Let go!" and the ship flashed out white, and stood clothed in the waves of loose canvas. Then the chief topsails were set, the yards trimmed, and the anchor finally brought to a head. She steadied quickly to her work, and as she climbed away the light canvas was

rapidly put out. In a short time the watches were appointed, and the business of putting the ship in order and other like things of the beginning of a voyage attended to, and after that I had a little breathing space and slipped down to my cabin. I had a small berth in the aftermost part of the 'tween decks, and here I found my clothes-bag and other effects, and proceeded to sling a hammock (preferring it to either of the bunks the berth contained), and sat down to have a brief

Mysmoke over, Istrolled for a bit into the forecastle, and then went again on deck, where I found the wind rather gathering strength and quite a stiff sea running. We reefed the topsails, and by that time supper was called. The rest of the evening passed without incident. I turned in early, as my watch was to be called at eight bells, and, when the time came, cawled out pointed to be fetched off I was ready, mighty sleepy, but full of zeal, and so kept my four hours. At daylight all fallen since morning, and I had to walk hands had to be called, as there was a heavy wind, which was verging on half a gale, and we whipped down the mainsail and the great lateen, and before we were done had to be satisfied with a reefed main topsail, a bit of foresail, and a reefed sprit-topsail.

big gun and watching the turmoil.

I turned and saw the little supercarge, who had just come out of the cabin. He was balancing himself fearlessly on his straddled legs, a long seacoat whipping about him, and his hand clapped upon his hat to keep both that and his great curly wig from blowing "Ave, sir," I said, "this is rough

weather for the channel." "I saw worse once!" he shouted, with a kind of chuckle, and then immediately sucking in his lips, which I found was a way he had.

"And how was that?" I asked, willing to forget the weather for a moment if I could. "Why, it was a matter of above 20

years ago," he replied. "Things so fell out with me on that occasion that I put to sea on a day even worse than this in only a small fishing sloop." "It was beyond account rash." I commented. "It must have been a

strait, indeed, to bring you to it."

"It was to save my neck," he answered, speaking this time close to my ear, that he might talk with less strain. "You see, it was in the days of old Noll, and I had ventured into my native Sussex-I had forgotten to say that the old tyrant had set a price on my head-and was forced to get speedthat I reached the seaside and thence boarded this fisherman, upon which I put out, as I said."

"But the master of her." I queried. a little puzzled by that point in the take such a risk?"

otherwise." "And the crew? Had you no trouble

with them?" "Nay, not a whit. I did but point another pistol at them-I had two hands in those days-and they became most tractable."

you come to close straits before you | the grace of God to be the first and | sorbs the moisture of articles of food,

To be Continued. TASTE OF SHERRY. Sherry owes its peculiar taste to sulphate of lime, two and a half pounds of grapes.

Oh, Jack, dear, how you frightened mel I thought you were going to tell me that you had kissed some nor- It is a positive necessity for the soul. salt of Divine grace, it perishes. The

Rev. Dr. Talmage Shows the Grace of God to be the Salt of Life.

xiv. 34. "Salt is good."

The Bible is a dictionary of the fin- gies would fail, the lungs would est similes. It employs, among living struggle with the air, fevers wolud creatures, storks and eagles, and doves crawl through the brain, the heart and unicorns, and sheep, and cattle; would flutter, and the life would be among trees, sycamores and tere- gone. That process of death is gobinths, and pomegranates, and al- ing on in many a one because they mond, and apples; among jewels, take not the salt of Divine grace. pearls, amethysts, and jacinths, and The soul becomes weaker and weaker, chrysoprases. Christ uses no stale and after a while the pulses of life illustrations.

of one of His sermons, He picks up a ed, and he that believeth not shall crystal, and holds it before His congre- be damned." Salt, a necessity for gation as an illustration of Divine the life of the body-the grace of God grace in the heart, when He says, what a necessity for the life of the soul. we all know by experiment: "Salt is | Again, I remark, that grace is like

lift the stooping shoulders, and put covered its anatomical qualities when he said, It ismarrow to the bones." It helps to digest the food, and to purify and the blood, and to calm the pulses, and quiet the spleen; and instead of puting a man in a philosophical hospital to be experimented upon by prayer, it keeps him so well that he does not need to be prayed for as an invalid. 1 am speaking now of a healthy religion

-not of that morbid religion that sits for three hours on a gravestone -a religion that prospers best in a bad state of the liver! I speak of the religion that Christ preached. I suppose when that religion has conquered the world that disease will be "Marry, but this is something bois- banished; and that a man a hundred wear it; but our King, Jesus, takes to announce the tremendous issue. Plored. years of age will come in from busi- off the robe of His righteousness, a ness, and say, "I feel tired. I think robe blood-dyed and heaven-impearlit must be time for me to go,"and ed, and reaches it out to the worst without one physical pang, heaven will have him.

> But the chief beauty of grace is in for ever!" the soul: It takes that which was hard, and cold, and repulsive, and makes it all over again. It pours upon one's nature what David calls "the beauty of holiness." It extirpates everything that is hateful and unclean. If jealousy, and pride, and worldliness, lurk about, they chained, and have a very small sweep. Jesus throws upon the soul the fragrance of a summer garden, as He comes in, saying: "I am the rose Sharon;" and He submerges it with makes up the nation's wealth. the glory of a spring morning as He says: "I am the light."

over for anything so beautiful or beautifying as the grace of God. Go mind, and soul, we must dig for it. all through the deep mine-passages No man stumbles accidentally on it. of Wielitzka, and amid the under- We need to go down to the very lowground kingdoms of salt in Hallstadt, est strata of earnestness and faithand show me anything so exquisite, to find it. Superficial exploration so transcendentally beautiful, as this will not turn it up. We must strive,

Again, grace is like salt, in the ters. fact that it is a necessity of life. ily out. Luckily, a fellow-royalist was Man and beast perish without salt. gens; and as when the saline waters grace of God; you must have it or tank, so, when the Christian's soul is die. I know a great many people exposed to the Sun of Righteousness, story, "how did you prevail on him to speak of it as a mere adornment, a the vapours of pride and selfishness sort of shoulder-strap adorning a and worldliness float off, and there is "How? Why, to be sure, with a pis- soldier, or a light, frothing dessert chiefly left beneath, pure, white holitol at the head. He would listen no | brought in after the greatest part | ness of heart. Then, as in the case of the banquet of life is over; or a of the salt, the furnace is added. Blazmedicine to be taken after calomel ing troubles, stirred by smutted and mustard-plasters have failed to strokers of darkness, quicken do their work; but ordinarily a mere evaporation of worldliness and the superfluity-a string of bells around crystallization of grace. -a horse's neck while he draws the

A despatch from Washington, says: You can tell very easily what the -Dr. Talmage chose as his text Luke effect would be if a person refused to take salt into the body. The enerwill stop entirely. "He that be-In my text, which is the peroration lieveth and is baptized shall be sav-

salt in abundance. God has strewn I shall try to carry out the Saviour's | salt in vast profusion all over the idea in this text, and in the first place continents. Russia seems built on say to you that grace is like salt in its salt-cellar. There is one region of beauty. You need not go far to find that country that turns out ninety the beauty of salt. We live in a land thousand tons in a year. England which produces fourteen millions of and Russia and Italy have inexhaustibushels of it in a year, and you can ble resources in this respect. Nortake the morning rail-train, and in a way and Sweden, white with snow few hours get to the salt-mines and above, white with salt beneath. Aussalt-springs and you have this article, tria yielding nine hundred thousand morning, noon and night, on your tons annually. Nearly all the natable. Salt has all the beauty of the tions are rich in it-rock-salt, springsnow-flake and water-foam, with dur- salt, sea-salt. Christ, the Creator of ability added. It is beautiful to the the world, when he uttered our text, naked eye, but under the glass you knew it would become more and more see the stars, and the diamonds, and significant as the shafts were sunk, the white tree-branches, and the and the springs were bored, and the splinters, and the bridges of fire, as pumps were worked, and the crystals the sun glints them. There is more were gathered. So the grace of God architectural skill in one of these is abundant. It is for all lands, for crystals of salt than human ingenuity all ages. It seems to undergird has ever demonstrated in an Alham- everything. Pardon for the worst bra or St. Peter's. It would take all sin, comfort for the sharpest sufferwith an infringement upon ing, brightest light for the thickest eternity for an angel of God to tell darkness. Around about the salt one-half the glories in salt-crystal. So lakes of Saratoy there are ten thouswith the grace of God; it is perfectly and men toiling day and night, and beautiful. I have seen it smooth out yet they never exhaust the saline wrinkles of care from the brow; I treasures. And if the twelve thoushave seen it make an aged man feel and millions of our race should now almost young again; I have seen it cry out to God for His mercy, there would be enough for all; for those sparkle into the dull eye. Solomon dis- farthest gone in sin, for the murderer standing on the drop of the gal-It is an ocean of mercy; North and South America, and all the

> to wash and to come up clean. Though your sin may be deep and grace is a bridge not built on earthly piers, but suspended and spanning the awful chasm of thy guilt, one end resting upon the rock of wretch in all the earth, and says; "Put that on! wear it now! wear it

islands of the sea, went down in it

to-day, they would have room enough

Again, the grace of God is like salt in the way we come at it. The salt on the surface is almost always impure-that which incrusts the Rocky Mountains and the South American pampas and in India; but the miners go down through the shafts and through the dark labyrinths, and along by galleries of rock, and with torches and pickaxes find their way under the very foundations of the earth, to where the salt lies that with the grace of God. It is to be a wound, and so I take this salt of Ah! you may search all the earth profoundly sought after. With all the concentred energies of body, grace of God fashioned and hung in and implore, and dig until we strike the spring foaming with living wa-

Then the work of evaporation be-Chemists and physicians, all the are exposed to the sun the vapours world over, tell us that salt is a ne- float away, leaving nothing but the cessity of life. And so with the pure white salt at the bottom of the

But, I remark again , that the grace "You deserved to escape!" I cried, load, and in no wise helping him to of God is like the salt in its preservaadmiringly. "But what then? Did draw it. So far from that, I declare tive quality. You know that salt abthe last necessity. It is food we and infuses them with brine which must take, or starve into an eternity preserves them for a long while. Salt of famine. It is clothing without is the great anti-putrefactive of the sleep well, and this treatment has tains in condensed form the very elewhich we freeze to the mast of in- world. But for the grace of God the finite terror. It is the plank, and earth would have become a stale carthe best I ever used, and I say so being up the system, 50 cents a box, ing to the easternmest of the ships, as was safe. The ship rose and sank pounds of which is added to each 1,800 the only plank, on which we can cass long before this. That grace is cause I want to give full credit where at all dealers, or Edmanson, Bates float shoreward. It is the ladder, the only preservative of laws, and it is due." and the only ladder, on which we can constitutions, and literatures. Just slimb away from eternal burnings. as soon as a government loses this

philosophy of this day, so far as it is antagonistic to this religion, putre SHE PATIENTLY fies and stinks. The great want of our schools of learning and our institutions of science, to-day, is not more Leyden jars, and galvanic batteries, and spectroscopes, and philo A Sad Letter From a Lady Whose sophical apparatus, but more of that grace that will teach our men or science that the God of the universe is the God of the Bible. We want more of the salt of God's grace in our homes, in our schools, in our colleges, in our social life, in our Christianity. And that which has it will live-that which has it not will die I proclaim the tendency of everything earthly to putrefaction and deaththe religion of Christ is the only pre-

My subject is one of great congratulation to those who have within their souls this Gospel antiseptic. This salt will preserve them through the temptations and sorrows of life, and through the ages of eternity. I de not mean to say that you will have a smooth time because you are Christian. On the contrary, if you do your whole duty, I will promise you a very rough time. But I think that God Omnipotent will see you through. I think He will. But why do I talk like an atheist when I ought to say I know He will?

Kept by the power of God through

faith unto complete salvation." Governor Geary, recited to me the scenes through which he had passed in the Civil war. He said that there came one battle upon which everything seemed to pivot. Telegrams from Washington said that the life of the nation depended upon that struggle. He said to me: "I went into that battle, sir, with my son. His mother and I thought everything of him. You know how a father will feel towards his son, who is coming up manly, and brave, and good. Well, the battle opened and concentred, and it was awful! Horses and riders bent twisted and piled up together; it was awful, sir! We quit firing and took to the point of the bayonet. Well, sir, I didn't feel like myself that day. I had prayed to God for strength for that particular battle, and I into it feeling that I had in my right arm the strength of ten giants." arm the strength of ten giants. Well," he said, "the battle was desperate, but after a while we gained a little, and we marched on a little. I turned around to see the troops and shouted, "Come on, boys!' and I stepped across a dead soldier, and lo! it was my son! I saw at the first glance he was dead, and yet I didn't dare to stop a minute, for the crisis had come in the battle; so I just got down on my knees, and I threw my arms around him, and I gave him one good kiss, and said, "Good bye, dear,' and sprang up and shouted, 'Come on, boys!" So it is in the Christian conflict. It is a fierce fight. Eternal Hail of shot, gash of sabre, fall of Regarding these Guerrero ruins, utter our farewells, and then cry. "Come on, boys! There are other

er crowns to be won." of a little child. "Salt is good!"

BORE DISGRACE

Husband Was Dissipated.

flow She Cured Him With a Secret Remedy.



"I had for years patiently borne the disgrace, suffering, misery and privations due to my husband's drinking habits. Hearing of your marvelous remedy for the cure of drunkenness, which I could give my husband secretly, I decided to try it. procured a package and mixed it in his food and coffee, and, as the remedy was odorless and tasteless, he did not know what it was that so quickly relieved his craving for liquor. He soon began to pick up flesh, his appetite for solid food returned, he stuck to his work regularly, and we now have a happy home. After he was completely cured I told him what I had done, when he acknowledged that it had been his saving, as he had not the resolution to break off of his own accord. I heartily advise all women afflicted as I was to give your remedy a trial." SENT FREE TO ALL .- A sample package of Tasteless Samaria Prescription SENT FREE with full particulars in plain scaled envelope. All letters considered sacredly confidential. Address The Samaria

PARHISTORIC RUINS IN MEXICO.

Remedy Co., 33 Jordan street, Toronto,

Aztees Counted Their Population By Prehistoric ruins were found on all the ridges of Guerrero and at a point called Cacabuatla two columns of trachyte, 41-2 feet long by 18 inches in diameter, lay side by side. They were completely covered with hieroglyphics, with a five-pointed star on one end. Each of them must weigh between 400 and 500 pounds. About three hundred metres up the hill were ruins of a building over a hundred feet long. It is difficult to imagine what these columns have been used for, unless as altars of a temple. Several blocks of diorite, fourteen inches square, were scattered about, so it is evident that the edifice was of more than ordinary importance . The ground for hundreds of yards was completely strewn with fragments of broken pottery, but the brush and undergrowth was so dense that only a small part of the locality was ex-

battle-axe, groaning on every side, there is sufficient evidence, to prove We cannot stop for loss or bereave- that the country has been inhabited ment, or anything else. With one ar- by some millions of people. What dent embrace, and one loving kiss we such a vast population could have subsisted on in this wild, broken up country on the hill summits and sides heights to be captured, there are oth- of deep barrancas, is impossible to conceive, unless a great seismic dis-Yet, as one of the Lord's surgeons, turbance has changed the topography I must bind up two or three wounds.' of the land. That corn was one of Just lift them now, whatever they their chief articles of food is proven be. I have been told there is noth- by the mortars and pestles which are ing like salt to stop the bleeding of | found in nearly every ruin, but where a wound, and so I take this salt of this cereal was grown is a mystery Christ's Gospel, and put it on the lac- as there does not appear to be more erated soul. It smarts a little at | than sufficient soil to raise corn for first, but see! the bleeding stops, and the present Indian inhabitants. Then lo! the flesh comes again as the flesh there is the question of water. Although Guerrero is a very well watered State, it is often miles from these Quebec's new Cabinet has been prehistoric dwellings and in almost inaccessible canons.

Feeble Wasted Nerves Aroused to New Life.

The movements, the functions and | Mrs. E. McLaughlin. 95 Parliament the very life of each and every organ | street. Toronto, states:- "My daughof the body are under the direct con- ter was pale. weak, languid and very trol of that great organism-the her- nervous. Her appetite was poor and

overwork, worry or disease, the effect were. completely unstrung. She is always to produce derangements of could not sleep for more than half the most serious order, and the result an hour at a time without starting is usually paralysis, locomotor ataxia, up and crying out in excitement. prostration, epilepsy or insanity.

When nervous, irritable, sleepless and despondent, revitalize the wasted nerve cells by using Dr. Chase's Nerve | She used this treatment for several Food (pills.) Don't wait for neuralgic pains and nervous headache and dyspepsia to drive you to the use of the great nerve restorative.

Mr. Joseph Geroux, 22 Metcalf street. Ottawa, Ont., writes:-"I was nerous, had headache and brain fag. I cannot say too much in favor of this was restless at night, and could not wonderful treatment, since it has sleep. My appetite was poor, and I proved such a blessing to my daughsuffered from nervous dyspepsia. Lit- | ter." le business cares worried and irritat- The longer you delay treatment, the ed me. After having used Dr. Chase's more distant will be your recovery. Nerve Food for about two months. I Nervous diseases never wear away,

"My appetite is good, I rest and tion which is certain because it constrengthened me wonderfully. Dr. ments of nature which go to form

changeable. She could scarcely drag Whather weakened and exhausted by herself about the house, and her nerves

"As she was growing weaker and weaker, I became alarmed, and obtain. ed a box of Dr. Chase's Nerve Food. weeks, and from the first we noticed a decided improvement. Her appetite became better, she gained in weight the color came back to her face, and she gradually became strong and well. I

can frankly say that I feel like a new but gradually get worse. Dr. Chase's Nerve Food, pills, is the only prepara-

r. Chase's Nerve Food