CIVE WAY TO VIGOR, HEALTH AND HAPPINESS.

An Attack of La Grippe Left the Sufferer Weak, Nervous and Enfeebled-A Victim of Insomn'a and Heart Trouble.

Naturally every sick person to whom help is promised, will ask, "has the remedy been successful ! Whom has it helped?" We cannot better answer these questions than by publishing testimonials received from grateful people who are anxious that other sufferers may profit by their experience. One of these grateful ones is Mrs. Douglas Kilts, of Perry Station, Ont., Mrs. Kilts says: "Three years ago I had a very severe attack of la grippe, and the disease left me in an extremely worn out, nervous, and enfeebled condition. The nervousness was so severe as to have almost resulted in St. Vitus dance. Sleep forsook me. I had bad attacks of heart trouble, and the headaches I Endured were something terrible. 1 had no appetite, and was literally fading away; I was not able to work about the house and was so weak that I could scarcely lift a cup of tea. I was treated by a good doctor, but with no benefit. Almost in despair, I resorted to patent medicines, and tried several, one after another, only to be disappointed by each. I ling! ered in this condition until the wind ter of 1899, when a friend prevailed upon me to try Dr. Williams Pink pills according to directions until 1 of war, called for a cold luncheon. had taken eight boxes when I was again enjoying perfect health. My strength had entirely returned, my appetite was splendid, the heart trouble and nervousness had ceased, while the blessing of sleep, once dewith ease. In fact I had received a new lease of life. I believe my cure is permanent, as more than a year has since passed and I feel so strong and well that I venture to say there is not a healthier woman in this sechealth than I have for twenty years, and this has been brought about by the use of Dr. Williams' Pink Pills. I feel that I cannot say enough their praise for I believe they saved my life. My son has also received the greatest benefit from the use of these pills un a case of spring fever."

THE ONLY TURQUOISE MINES.

They Are in Persia and the Natives Prize Them Highly.

About thirty-five miles from Nishapour, in the Khorassan, are the celebrated turquoise mines of Persia, the only mines in the world producing this fashionable stone. They are situated in a mountainous region 5,000 or 6,000 feet above the sea level and employ perhaps 1,500 persons. The concession is about forty square miles in extent, including a few villages, the turquoise salt and other mines.

This tract is exploited by a local and banker in partnership, who pay an annual rental of 14,000 mans, or \$14,000. The lessees work only three mines, the Reish, the Zaki, and the Ali Merzai, and sublet twelve others. Underground mines are opened ing. There are also khaki, earth, mines or surface diggings in the debris of the mines, or in the detritus of the rocks, washed down by the rains extending a mile or so ever the plain from the foot of the mountain. About 100 miners are employed A kran equals ten cents. The Reish is the only mine in full operation, It produces the greater part of the cekly output of over \$400.

manner of working. Two men sit- in the Ladies' Home Journal. ting at the opening of the shaft, their backs braced against the cave walls, turn an old wooden wheel with their feet. From the wheel depends a small sheepskin bag capable of holding perhaps a peck. A third man receives the full bag, empties and retaches it released and the bag drops a depth of a narrow ledge repeat the process. The total depth of the mine is from eighty to ninety feet.

Even the poorest stones are prized by the Orientals, who wear them set in tin rings. Motley, green-spotted stones with but a thin coating of enamel sometimes cracked and showing the brown inside core will now be pur- what he is for. chased by the Arabs. Defective flat gems are utilized by inscribing upon them words or mottoes in gold, in such a way as to hide the imperfections. Every species of stone finds a sale, the smallest being used in ornamental brass work for decorating

GRAINS OF GOLD.

Tale-bearers are just as bad as the ful daze! tale-makers -Sheridan

THREE O'CLOCK IN THE MORNING.

When the jubilant, newborn day And the opal tints of approaching daws As yet seem far away. In the eastern sky is movement, No glow, but impending change, The house is filled with echoes; Familiar rooms look strange. Slip back the bolts and leave them; ereal out beneath the sky;

Stand alone in an unknown world

Of awful purity. Stand mone with folded hands. Wait for the gift of wings, Wait to be lifted higher, Nearer the heart of things!

The heavens are clear and moonlit Though the moon is on the wane; The wind that wailed throughout the night

Dreps with a sigh of pain, A vague alarm is creeping Over the fields and lawn; Time pauses, night is over, And yet it is not dawn. Away down in the pastures The cattle turn and moan; All living things are troubled

For they with eyes may see now, And they who question know. Make the most of the magic hour; The east begins to glow!

With a sense of the unknown.

The east is all in tumult, The charmed hour is past, For, breaking up the quiet skies, The day appears at last. -Olive Molesworth in Chambers' Journal.

PAYING FOR A MEAL.

it Was Worth a Shilling to Pick Those Bones.

Colonel Ebenezer Sproat, of Revolutionary fame, was born and bred in Middleboro, Mass. He was always fond of a joke and was quick to seize an opportunity to indulge his propensity, as the following incident, related by Dr. Hildreth, well illustrates. His, Pills, and I began taking them. From father, also a Colonel Sproat, kept a the first the pills helped me and I tavern. One day while Ebenezer was could feel my strength gradually red at home on a furlough three private turning. I continued the use of the soldiers, on their return from the seat

Mrs. Sproat set on the table some bread and cheese with the remnants of never can do, the least good. It wastes the family dinner, which her son thought rather scanty fare for hungry ties. men. He felt a little vexed that the defenders of the country were not more bountifully supplied. The solnied, had again returned. I had gain diers, after satisfying their appetites, ed over thirty pounds in weight, and asked him how much they should pay. was able to do all my housework Ebenezer said he would ask his moth er. He found her in the kitchen.

"Mother," he said, "how much is it worth to pick those bones?" "About a shilling, I guess," she an-

The young officer returned to the soldiers, and, taking from the barroom till tion; indeed I am enjoying better | 8 shillings and smiling genially upon them, gave each man one and with good wishes sent them on their way, Mrs. Sproat soon after came in and asked Ebenezer what he had done with the money for the soldiers' dinner.

In apparent amazement he exclaimed: "Money! Did I not ask you what It was worth to pick those bones, and you said a shilling? I thought it little enough, for the bones were pretty bare,

from the till, and they are gone." Mrs. Sproat could not find heart to reprove her favorite son for this misinterpretation of her words, and then she, too, loved a joke, and so, after an instant's glum look, she laughed and said it was all right .- Youth's Com-

Genteel Tramps in Church.

A rich congregation does not need to go to the poorer part of a city to do mischief, for it can create, if it so please, a nursery of genteel tramps within its own borders. When a minister and his people have the reputation of a soft heart, and by that in often meant a soft head, the news spreads far and wide, and there is an immediate accession to the number of worshippers. Tradespeople of the lower class who wish to push their in the solid rocks by picks and blast- business and do not feel sufficiently confident about the goods they sell; young men who have lost their situa; tions because they wouldn't do their work; families of women who would consider it beneath them to do anything for their own living and are adepts in what may be called genteel at the three mines mentioned, receiv- raiding; incapable men of business -at least in my time. ing from two to three krans per day. whom no banks would trust with fifty a kran equals ten cents. The Reish is dollars, but who kope to get a thousand by onoting the Sermon on the world's supply of turquoise, having a Mount—all these gather and sit down in the world—if it is all an illusion within the sheltering walls of this Primitive in the extreme is the Christian asylum .- "Ian Maclaren"

A Positive Thing. to the rope, The wheel is suddenly Men have hated the devil who had pafflictions and be acquainted with made little progress toward loving griefs which had no reality? forty feet, where other workmen on. God. Jehu, the furious driver, in a burst of zeal swept his kingdom of Baal worshippers; but "Jehu took no heed to walk in the law of the Lord silverware is made by mixing half a God of Israel with all his heart." It teaspoonful of ammonia with all the is little to the point to be told what whiting it will absorb, then adding a man is against; it is vital to know enough of the water in which pota-

> The Perfect Proportion. It is said to be perfectly proportioned a man should weigh 28 pounds for very foot of his height.

> Two Versions. Mrs. Sourwed-I was thinking of our courtship-those blissful days! · Mr. Sourweed-So was I-that bliss-

Still Unsettled.

"Briggsy is an old settler, isn't he?"! "I think not. He has owed me seven llars for eight years."

of Dodd's Kidney Pills are legion. The box is imitated, Kidney Pills is imitated. Imitations are dangerous. The original is safe. Dodd's Kidney Pills have a reputation. Imitators have none or they wouldn't imitate. So they trade on the reputation of Dodd's Kidney Pills. Do not be deceived. There is only one DODD'S. Dodd's is the ful about-

## D-0-D-D-'S KIDNEY PILLS

To Conquer Warry.

Consider what must be involved in he truth that God is infinite and hat you are a part of His plan. Memorize some of the Scripture promises and recall them when the temptation to worry returns.

Cultivate a spirit of gratitude for laily mercies. Realize worrying as an enemy which

destroys your happiness. sistent effort.

be overcome.

vitality and impairs the mental facul-

Help and comfort your neighbor.

Forgive your enemies and conquer your aversions. ward, then! Forward in the power of faith, forward in the power of truth, forward in the power of friendship, forward in the power of freedom, for-

the power of God!

ward in the power of hope, forward in

Happiness. "I was recently party to a discussion," said a doctor, "where the question of the nature of happiness arose, and a certain wise head present was rience: asked to define it. His reply was so satisfactory that I trust you will allow me to repeat it for the benefit of those interested.

and I handed the men the money mind-more active than contentment, less pronounced and more abiding than joyfulness. Whose principle and permanent source is in a temperament disposed to make the best of what is; whose immediate occasion is in consciousness which pleased with the present, is without acute regret or undue apprehension."

"What better definition could one have than this?"-New York Sun.

The Seven Senses.

Robbie-Uncle Jacob, Mr. Tarbox, said this morning that when he fell from the roof he had the seven senses knocked out of him. I thought there were only five senses.

Uncle Jaka-Dere is seben senses. honey, but ef dat man, or any uddah man had em all, dey's a mirrikle. Yaas deres' seben ob 'um-hearin, seein', feelin', tastin', is de five 'at some folkses knows erbout. Den dere's hoss sense, w'ich some mules an' some white folkses hain't got; an' den, lassdere's common sense, w'ich is so oncommon 'at it nevah gets to plenty, an' mighty few people has it

Reality of Sin and Suffering. If there is no sin, sorrow and pain

-why did Jesus weep? If there were no puin in His death on thei cross, why did He pray: "Father, if it be possible fet this cup pass from Me." If there were no atonement needed. Christianity is nothing if not posi- why did He die? He was a man of tive. The mere hatred of evil in a sourcews and acquainted with grief- quires a clean, good bed, sufficient exerparticular form is no evidence of piety, how could He sorrow over amaginary

Inexpensive Silver Volish.

An inexpensive everyday polish for toes were boiled to make the consistency of bread.

This Is Hard to Believe. A faster says that the discomforts of living without eating for several weeks are not serious, and after the to the plant besides being disagreeable into his tender, and is weighed as it first week of fasting they are hardly noticeable.

Cannibals Like Roast Pork. In the New Hebrides human life has been made safer by the introduction of pigs into the island. The cannibals are said to prefer roast pork to

He Objected to the Sailor Hat.

A funny story is told in Paris of a Kansas City girl who was studying art. It said Mrs. Wattles the other morning happened several years ago, but has not st its interest even now in the Latin parter. For some occult reason or inex-English and American girls and made gate I was met by St. Peter, who exthemselves generally obnoxious by rude amined my record and then told me comments. One day the Kansas City girl the outside coating and shape of the was going to her little room from the atepills are imitated and the name-Dodd's lier where she studied. In one hand she new pair of wings. They were all out carried a portfolio, in the other a tightly of their old stock, he said, and their followed by a sallow youth, whom she recognized as a poet and leader in the warfare upon sailor hats. He followed her block after block, loudly expressing little room in the gate, and on the his disapproval of the hat she wore, until blackboard there you must make a she became exasperated beyond endur- chalk mark for every lie you have ance, especially as his objections took the told. Unless you can do that you original. Dodd's is the name to be care- form of paper and bread balls thrown at the offending chapeau. Turning suddenly, but calmly, in front of a large cafe she forward when I saw you coming out asked sweetly, "Am I to understand that of the door, dear." you desire me to remove my hat, monsieur?" The poet, long and lank of hair what must I do to get struck expresand lean of aspect, answered unhesitatingly, "At once, mademoiselle." "In America," said mademoiselle, gen-

jally, "gentlemen always remove their own hats in making a request of the ladies. Allow me!" And a well directed twinkle in her eye. "Have another blow of the tightly rolled umbrella sent the poet's cherished silk hat spinning into the boulevard under the feet of horses and wheels of carriages. He stood paralyzed with astonishment, and the crowd at the tables broke into loud applause. while the girl escaped safely down a side by Hall's Catarrh Cure, street .- New York Tribune.

Queen Emma's Diamonds.

The ex-Queen Regent Emma of Holland can plume berself on having a more beautiful collection of diamonds than any other of the crowned women of Europe The piece of highest value is a remarkaand produce the grandest effect by the gists. Realize that it can be cured by per- | way in which they are arranged. The sapphires are placed on the front band and increase in size toward the middle, forms the apex. Below this sapphire there Realize that it has never done, and are three stems bearing three diamonds of the size of hazelnuts. These diamonds rise like flowers from the midst of a crown of leaves.

brilliants and a necklace of three nows of splendid pearls, with hooks of diamonds from which hang pearls of extraordinary size. There are also various brooches or crown. One represents the lion of the Netherlands in enamel and stones, and another has the initials of the royal couple. The effect is augmented by the great skill with which the stones are cut, enabling them to dart forth magnificent flashes of light.-Le Diamant.

She Oiled the Baby. The absurd manner in which ignorant mothers misconstrue instructions given in reference to the care of their babies is well illustrated by the following story told by a lady out of her own expe-

While in one of our great New York hospitals some months ago I observed a very unhappy, helpless looking woman sitting in the waiting room with what seemed to be a bundle of soiled clothes "He said: "Happiness is a state of in her lap. It was a 6-weeks-old baby! As I draw near she wailed:

"Oh, madam, my baby is dying!" I turned down the cover from the littl one's face and involuntarily exclaimed: "Oh. how awful!"

The poor little infant's face and hands were literally frosted with dirt. I said: "Have you bathed this baby this morn She answered triumphantly:

"Oh. no. I have not washed it much since it was born. I have just oiled it. Some one had told her it was well to use sweet oil with a newborn babe, and she had done it.

A Busy Princess. The prince consort, in writing con gratulations to the princess royal on the birth of the queen's and his first grand

daughter, said: "The little girl must be darling. Little maidens are much prettier than boys. "I advise her to model herself after he Aunt Beatrice. That excellent lady'

(then 3 years old) "has now not a mo ment to spare. 'I have no time,' she says when she is asked anything, 'I must write letters to my niece." Little could Prince Albert have thought when writing of Princess Beatrice as a model that in less than half a year he which people of various sects took

rould be called forever away, and the queen to find a long life so intimately shared by the affectionate daughter whose business aptitude is wonderful, as well it might be in one who even as a bright little baby at 3 had "not a moment to spare."

Nature's Restorer.

Sleep will do much to cure irritability of temper, peevishness and uneasiness. brain. It will build up and make strong a weak body. It will cure a headache It will cure a broken spirit. It will cure a sorrow. Indeed, we make a long list of nervous and other maladies that sleep will cure. The cure of sleeplessness recise to promote weariness, pleasant oc cupation, good air and not too warm a of stimulants and narcotics. For those who are overworked, haggard, nervous, who pass sleepless nights, we commend the adoption of such habits as will secure sleep, otherwise life will be short -Exchange.

A Foe to Potted Plants. The great foe to potted plants is the little white worm that feeds upon the roots and even bores up into the stems of the plants. To get rid of the pest, the being introduced by a prominent railsimplest plan is to stick matches, heads road. All the engineer has to do is to plaints down, into the soil, and in a short time run his engine on a trestle, and touch the worms will disappear. The phosphorus which does the work is beneficial to the worms. Carbolic acid may be drops in. used instead. Add about five drops of carbolic acid to a cupful of water and sprinkle on the earth in the flowerpot.

Hetty Green on Girls. A girl should be brought up so as

be able to make her own living whether or not she's going to inherit a fortune But a woman's place is in the home though some women do better in busines than men. A girl ought to be careful phate of copper is applied. about the man she marries, too, especially if she has money. She oughtn't to marry until she's old enough to know what she's doing anyway.

Was a Fast Runner.

It has just been discovered that Caesar and Pompey fought 60 miles from their celebrated battle ground, This shows that Pompey ran faster and farther than has hitherto been supposed, says the Chicago Times-Herald, and we take pleasure in correcting the mistake.

Best Selling Book. The Bible was the best selling book ble sequety put out 1,406,801 cepues.

A Protty Good Liar Himself.

"I had a funny dream last night," to her liege lord. "I dreamed that was dead and had made my way to licable whim the masculine students dis. heaven. Yes, you needn't laugh!" approved of the sailor hats worn by the That's exactly where I went. At the to come in and get measured for a rolled umbrella. After a time she was ready to wear order hadn't been filled quite promptly. 'But before you come in,' he said, you must step into this can't come in.' I was just starting

"I?" said Mr. Wattles, with sion on his face. "What was I coming out for?"

"To get more chalk, dear," said Mrs. Wattles, with just the faintest cup of coffee?"

How's This!

We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured F. J. CHENEY & CO., Toledo, O. him perfectly honorable in all business transaction, and financially able to carry out any obligations made by their firm, WEST & TRAUX, Wholesale Druggists, Toledo, O. WALDING, KINNAN & MAR-VIN Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous ble diadem of diamonds and sapphires, surfaces of the system. Testimonials sent some of which are of extraordinary size free. Price 75c per bottle. Sold by all drug- he shows that he is valuable. Men

Long Range Photography. Attack it definitely, as something to where a sapphire of the size of a walnut has been experimenting in long-dis- caries out the thoughts and ideas of blue spot on the surface of the tire tance of many miles. By this means always in demand. The scarcest can be detected by the nostrils, so Not less rich are a stream of 34 large fortresses from a distance of 11 miles oughly reliable man." and masses of troops at a distance of 18 miles. Capt. Gentili's invention is likely to become of considerable im-The world is what we make it. For- namented with diamonds and the royal portance from the military point of

> I was cured of painful Goitre by MIN ARD'S LINIMENT. BYARD McMULLIN.

Chatham, Ont. I was cured of Inflammation by MIN-ARD'S LINIMENT. MRS. W. W. JOHNSON. Walsh, Ont.

I was cured of Facial Neuralgia by MINARD'S LINIMENT. J. H. BAILEY. Parkdale, Ont.

Essays Written to Order.

A western firm claims to have been in the business of supplying graduat- superior Quinine Wine at the usual rate. ing essays for 21 years. Its price list is as follows: High school orations any in the market. All druggists sell it. and essays, \$3 to \$8; college essays, orations and debates, \$3 to \$15; political speeches, \$10 to \$30; lectures, cents to \$25.

Opposed to Overeating. Probably the sellers of "shortweight" bread, are prepared to point out that most persons eat too much anyhow.

Chinese Hair Styles.

Until 1627 the Chinese wore their hair long and coiled on top of the head, where it was fastened with an ornamental pin. The Manchu edict making the pigtail a sign of loyalty changed this style.

Without Distinction of Sex. At a prayer meeting in London in part one of the speakers thus tersely expressed himself: "What I means to say, gentlemen, is this-if a man's heart is in the right place it don't

matter at all what sex he belongs to." A Small Pill, but Powerful.-They that judge of the powers of a pill by its size would consider Parmelee's Vegetable where is the young girl who despises Pills to be lacking. It is a little wonder It will restore vigor to an overworked among pills. What it lacks in size it makes up in potency. The remedies daily employment is close and conwhich it carries are put up in these small fining, nothing can be better than doses, because they are so powerful that only small doses are required. The full strength of the extracts is secured in this her everyday care of her dress and apform and do their work thoroughly.

An Economical Wife. so much for our summer trip this year,

down expenses. Husband-And what is that, my Journal.

"We won't ask the doctor this year and what there is of it sadly imperfect. If I need the trip; that will save \$5. Minard's Liniment Relieves Neuralgia

> A New System of Coaling, A new way to coal locomotives is

> a button, and a tenderful of coal drops

Preserving Bath for Timber. An Australian has patented a new treatment for preserving timber from decay. It consists in immersing the and a tender beauty to every leaf and timber in a solution of arsenious acid blossom. Let us cherish it as the deepand an alkali until thoroughly impregnated, after which a coating of sul-

Every Christian life ought to be such that if all men were living it the result would be heaven on earth.

JOHN LABATT, London, Are undoubtedly THE BEST.

Testimonials from 4 chemists, 10 medals, 12 The Bible was the best selling book diplomas. The most wholesome of beverages, hey pass through the stomach to the Recommended by Physicians. For sale every bowels. where,



Why So Many Young Men Fail. 'One trouble with many young men who start out in business is they try for this purpose. Cut off the end of to do too many things at once," says the potato and rub the painting very Hetta Green, "The Richest Woman gently with the cut end. As fast as n America," in the June Ladies the potato becomes soiled cut off a Home Journal. "The result is that thin slice and continue to use it until they don't know as much as they ought the whole surface is clean. Another to about any one thing, and they na- method is to rub the soiled surface turally fail. The trouble with young with the figer wet in warm water. If men who work on salaries is that the dirt is very hard and old use oil We, the undersigned have known F. J. then who work on salaries is that the dirt is very hard and old theney for the last 15 years, and believe they're always afraid of doing more instead of water. Let it rest for a than they're paid for. They don't few hours so that the dirt may be enter into their work with the right softened, then wash off with a spenge spirit. To get on and be appreciated and tepid suds. -August Ladies' Home a young man must do more than he's Journal. paid to do. When he does something that his employer has not thought of are always willing to pay good sal- or has perfected a puncture locater, aries to people who will think of whereby an ammoniac solution is Capt. Gentili, an Italian officer who things for them. The man who only forced into the tire. The result is a tance photography, has discovered a another is nothing more than a mere around the puncture which can be means of taking photographs at a dis- tool. Men who can be relied upon are seen, and also a powerful smell which it has been possible to photograph thing in the world to-day is a thor- that the proper place for the patch can

universal panacea, in one remedy, for al ils to which flesh is beir-the very nature of many curatives being such that were the germs of other and differently seated diseases rooted in the system of the patient-what would relieve one ill turn would aggravate the other. have, however, in Quinine Wine, when obtainable in a sound unadulterated state, a remedy for many and grevious ills By its gradual and judicious use, the frailest systems are led into convalescence and strength, by the influence which Quinine exerts on Nature's own restoratives. It relieves the drooping spirits of those with whom a chronic state of morbid despondency and lack of interest in life is a disposes to sound and refreshing sleepimparts vigor to the action of the blood. out the veins, strengthening the healthy animal functions of the system, thereb making activity a necessary result to the digestive organs, which naturally demand increased substance-result, improved appetite. Northrop & Lyman of l'oronto, have given to the public their and, gauged by the opinion of scientists, this wine approaches nearest perfection of

Still Boing Service. The Chicago Tribune calls atten-\$10 and upwards; sermons, from 50 tion to the fact that the food old story, dear to our grandfathers and their fathers before them, of the new footman who went ground town with his mistress, making calls and leaving cards till there were "none feft states of Tobasco, Yucatan, Chiapes but the ace of spades and the ten of and Campeche. The road will cost diamonds," is having its decennial \$14,000,000, of which amount the govrun through the papers.

Poor Pay for Teachers.

In the private schools of China a tencher is paid about one cent a day for each pupil.

Minard's Liniment Cures Burns, Etc.

The Earmarks of an Exquisite Girl. An exquisite young woman is she whose dress and hair and skin indicate the most scrupulous attention to that bathing and rubbing and care for Cal., grows mustard for the whole napersonal cleanliness, the nicety which tion. In that region 2,000 acres are distinguishes the lady, and adorns her cultivated to the seed, the industry for her station, are the handmaids not employing about 200 farmers. of health alone, but of beauty, and AVENUE HOUSE-McGill-College Avenue, beauty? For the business girl whose that she emulate the dainty girl in pearance and in frequent cleansing of the skin by thorough bathing and Wife-Karl, we ought not to spend vigorous friction. and by keeping herself and all her belongings as dainty room; a clear conscience and avoidance and I've thought of one way to cut as she possibly can .- Margaret E. Sangster, in the August Ladies' Home

> Bickle's Anti-Consumptive Syrup stands | fud here first-class trees, strong and vigorous, and well at the head of the list for all diseases of the head of the list for all diseases of low price. Order direct from us. By this means you the throat and lungs. It acts like magic will save the profits of agents and merchants. In breaking up a cold. A cough is soon Post-paid illustrated catalogue of \$1 pages, with subdued, tightness of the chest is relieved, even the worst case of consumption is relieved, while in recent cases it may be Lawrenceville, Que. said never to fail. It is a medicine prepared from the active principles or virtues of several medicinal herbs, and can be de-

An Element Instead of a Virtue. Sincerity is no single virtue to be classed with others and ranked above and below them. It is rather an element running through character and life, as the sap runs through the tree, giving life and vigor to every branch est principle of our hearts and the most vital element of our lives.

Minard's Liniment for sale everywhere | The

How to Keep Violets Fresh. A bouquet of violets may be kept Country's crisp and fresh for several days by a little care. At night fill a deep soupplate with cold water, place the violets in this and cover with a bowl. Set the dish in a cool place. - August Ladies' Home Journal.

cannot be expected to have much effect pon the intestines, and to overcome costiveness the medicine administered must influence the action of these canals. Parmelee's Vegetable Pills are so made, un-der the supervision of experts, that the substance in them intended to operate on the intestines are retarded in action until How to Clean Oll Paintings.

Artists sometimes use a raw potate

English Puncture Locater.

It is related that an English inventbe located by both eye and nose.

Cannot Be Beat .- Mr. D. Steinbach Zurich, writes:-"I have used Dr. Thomas Eclectric Oil in my family for a number of years, and I can safely say that it cannot be beat for the cure of croup, fresh cuts and sprains. My little boy has had attacks of croup several times, and one dose of Dr. Thomas' Eclectric Oil was sufficient for a perfect cure. I take great pleasure in recommending it as a family medicine, and I would not be without a gottle in my house."

Chinese Are Patient Workers. An example of patient industry is the sorting of hogs' bristles as it is carried on at Tien Tsin, China. Each disease, and, by tranquilizing the nerves, bristle of the 600.000 kilograms exported from that place in 1893 had to which, being stimulated, courses through- be picked out, measured and placed in the bundle of hairs of corresponding length; and the different lengths by strengthening the frame, and giving life which the hairs are sorted are numer-

A City of Waters.

Bangkok is a city of waters. It is an Indo-Chinese Venice. More people ive in floating homes on the Menam, 'the Nile of Siam," and the many canals, than in permanent buildings.

Minard's Liniment Cures Dandruf

A Long Electric Rallway. Mexico is to have an electric railway 409 miles long, connecting the ernment will contribute \$6,000,000.

Strange Animal Friendship.

A fox and a hound belonging to a gentleman in Kennebec, Me., are effectiomate companions, and constantly sport and sleep with each other. When both were young they were placed together and have ever since continued frolicsome comrades.

Lustard for a Whole Nation.

Lompoc, in Santa Barbara county,

Hotel Balmoral Montreal. Free Bus. CATHOLIC PRAYER Books, Rosaries, Cruci-fixes, Scapulars, Religious Pictures, Statuary and Church Ornaments, Educational Works. Mail orders receive

prompt attention, D. & J. Sadlier & Co. Montr'L FOR OVER FIFTY YEARS MRS. WINSLOWS SOOTHING SYRUP has been softens the gums, allays pain, cures wind Sold by all druggists throughout the world. Be sure and ask for "Mrs. Wins ow's Soothing Syrup."

EASTERN TOWNSHIP NURSERY. Land-owners and farmers desiring to procure FRUIT TREES for autumn planting, such as APPLE-FREES, PLUM-TREES, PEAR-TREES, etc., will sdapted to the climate of the country, at an extremely directions for preparing remedies for the destruction of basets on fruit trees, rose-busines, etc., sent on receipt of 10 cents. THE BASTERN TOWNSHIP NURSERY,

for all Nervous Diseases. Fits. Lpilepsy, Spasms and St. Vitus' Dance. No Fits or Nervousness after first day's use. Treatise and \$2 trial bottle sent through Canadian Agency FREE to Fit patients hey paying express charges only when received

T. N. U.

The All-Ganada Show I

AUG. 27th to SEPT. 8th. 1900 TORONTO

Exposition and

All the Latest Novelties. Many direct

The Marvellous Resources of our own Country Thoroughly Exploited They Are Carefully Prepared -Pills Brilliant and Realistic Battle Spectacle.

AND ALSO THE RELIEF!

Timely Arrival of Canadian Artillery. Entries close August 4th.

THE SIEGE OF MAFEKING

EXCURSIONS ON ALL LINES OF TRAVEL For prize lists, entry forms, etc., address Andrew Smith, F. R.C. V.S. H.J. Hills Manager, Toronte President.