

Purity is Goodness,  
Goodness is Strength.



Tea Combines them All.

Sold only in sealed lead packets. By all Grocers,  
Black, mixed or green. Highest Award St. Louis  
1904

A NOVEL BURIAL.

Wealthy English Lady Gives Peculiar Directions.

A remarkable codicil, giving directions for the preservation of her body, appears in the will of Mrs. Sarah Charlotte Elizabeth Egerton...

It is my desire that a circular mausoleum shall be built on the slope of the hill on the northwest side on the Canno Clump in the park at Charnborough for the reception of the coffin.

WORK-WORN MEN.

Can Obtain New Health and Strength Through Dr. Williams' Pink Pills.

Mr. Edward Martel, 98 St. Peter street, Quebec, is one of the thousands of workmen throughout the world who heartily admit that they are kept in health and strength through the use of Dr. Williams' Pink Pills.

Mr. Martel said: "The present condition of my health contrasts strikingly with what it was nine months ago. Then I felt that I was almost at death's door, while now I am strong and well."

Englishmen Increasing. At both of these dates, the Life Guards, the Blues, the line regiments of cavalry, the Foot Guards, the artillery and the corps of sappers and miners were all composed of the 19th century army.

BRITISH ARMY MAKE-UP

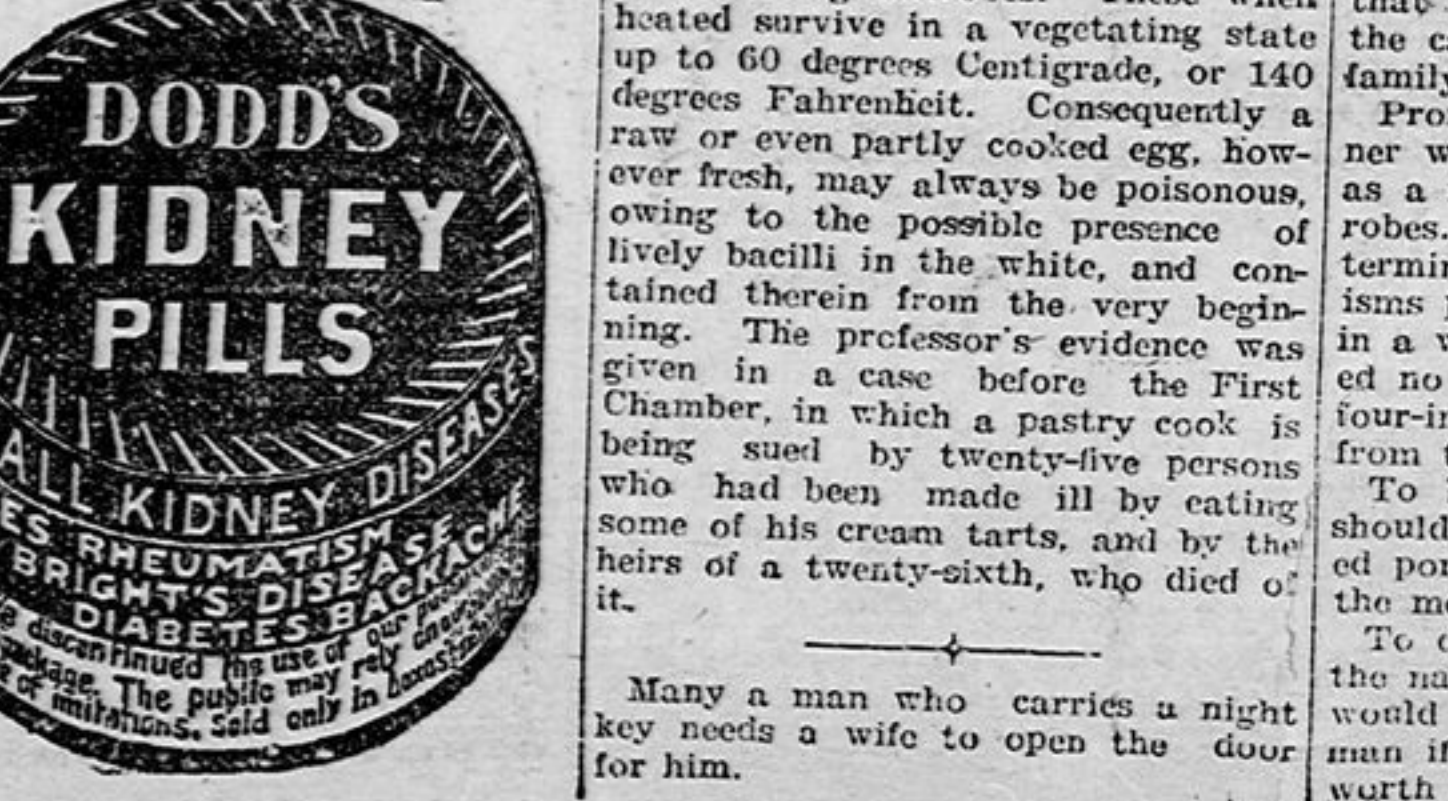
THE NATIONAL ELEMENTS IN THE REGIMENTS.

How the Irish, Scotch and English Compared During the Last Century.

In the year 1814, the number of volunteers from the militia into the line was composed of 2,357 Englishmen, 320 Scotchmen, 566 Irishmen.

ONE REGIMENT'S RECORD.

Returning to the 41st it is found that in 1823 there were in that corps 386 Englishmen, 35 Scotchmen and 147 Irishmen.



OUR DEADLY CLOTHES

NEARLY EVERY ARTICLE CONTAINS POISON.

Gold-Tipped Cigarettes Bring Influenza—Some Perfumes Are Dangerous.

The giant strides chemistry has achieved during the last half century has made possible the production of a low cost, bright-colored cloth; but it has also made adulteration easy, too.

The cheap cloth of bright hue so largely used by the middle classes have been made seriously ill owing to the dye in their blouses soaking through and entering the open pores of the skin.

Acacia Siding, Kent Co., N. B., June 26—(Special)—Calixte Richard, J. P., one of the most highly respected men in this part of the county, has joined the great army of those who pin their faith to Dodd's Kidney Pills.

THIS VETERAN GIVES REASONS

WHY HE PINS HIS FAITH TO DODD'S KIDNEY PILLS.

Worn Out With Chronic Kidney Disease—The Great Canadian Kidney Remedy Banished His Pains.

"I have been troubled with Kidney Disease for forty years and the result was I found myself a worn out man, unable to do any work."

ANTI-THIRSTS IN MAINE

SOME QUEER TRICKS IN ORDER TO GET WHISKEY.

Even Hollow Wooden Legs Convey Rye Juice to the Consumer.

Washington county, Maine, is of course, under prohibition, but if the following description be true the citizens of Washington still stake their necks, though with great difficulty.

LEATHER GLOVES

Are quite as dangerous as leather sweat-bands. They contain about 0.8555 grains of lead per square inch.

Cheap yellow brown-boots paste is dangerous. A case relating to the danger of this paste is generally seen in penny articles and this, was recently made public by the French Academie de Medecin.

A child wearing brown boots was poisoned, and the evil was traced to them. The polish which was used to polish them, contained a large quantity of aniline oil, which gradually soaked through the leather of the boots and entered the pores of the skin of the child's feet.

INVISIBLE MOULD.

Analysis of the mould shows that it contains many injurious germs which set up inflammation in the nose and throat.

Quill pens should be well washed and rubbed dry with a duster, before using. If you put an unwashed one in your mouth, innumerable germs, if they are on the feathers, will enter your lungs.

A WHOLE FAMILY

by whisking the dust from its cage or mucus from its beak as now.

The dust of dried excrement or mucus has been known to pollute the air of a drawing-room in which a canary was kept, and it is believed that the cause of the death of a Silesian family of eleven persons.

Professor Maschke declares the inner walls of an ordinary house used as a residence is covered with microbes. He made experiments to determine the number of micro-organisms present on the walls of a room in a well-kept cottage, and discovered no less than 2,871 microbes on a four-inch area situated one inch from the floor.

To be perfectly healthy a room should have no corners or any raised portions where dust, the home of the microbe, can congregate.

To drink unboiled milk containing the germs in it is a sure way to get the germs into one's own coffee. You would probably offend your dairyman if you asked him for "a cents worth of germs in a jug," yet when

he sells you milk he sells you germs as well in nine cases out of ten. There might be, and often is, enough consumptive bacteria in a quart of milk to eat up the lungs of a dozen men. Most of us, however, have a mid in our stomachs which kills off these destructive creatures, but a few unhealthy people do not possess this acid, and they might fall victims to consumption.

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SUNLIGHT SOAP REDUCES EXPENSE

\$5,000 Reward will be paid by limited, Toronto, to any person who can prove that this soap contains any form of adulteration whatsoever, or gains any injurious chemicals.

CANDID CHANG.

That is a fine story of Li Hung Chang, whose candor was never quite equalled in this world. He was dining with a Swedish traveler.

"You come from Sweden," said the great man, "don't you?"

"Yes," was the reply.

"And what kind of country is Sweden?" rejoined the other; whereupon he received, as was natural, a glowing description of its charms.

"Ah!" he said, "that is very nice; I have been to Sweden, and I am very nice, indeed, when the Emperor of Russia, I will tell him to take Sweden!"

A Sour Stomach and a Sour Temper travel hand-in-hand and are precursors of many a physical wreck. Nine hundred and ninety-nine times in a thousand food ferment (indigestion) the cause of the stomach's trouble.

Dr. J. D. Kellogg's Dysentery Cordial is prepared from drugs known to the profession as being reliable for the cure of cholera, dysentery, diarrhoea, and all grating results. It has been used successfully by medical practitioners for a number of years.

BUKES BARRED.

Burns and Whittier Removed From London Schools.

The Education Committee of the London (England) County Council has prepared a new Index Expurgatorius. Over 120 books, toy books, pictures, and toys are to be removed at once from the prize list for day schools, and eighty other books will disappear at once, as soon as the stock is exhausted.

In the future no school boy will be rewarded by a copy of Burns' poems or Charles Lamb's "Essays of Elia." Two books on cricket, including Blackwood's "Jubilee Book of Cricket," have been taken off the list.

Doyle's "Rudyard Kipling" is too pugilistic for the rising generation. When the stocks of the "Inchiquin Legends" and of "Smiles on Thrift" are gone they will not be renewed.

A good many books on war, Whittier's poems, Henty's "Treasure of the Incas," and "With Stanley on the Congo" are to be barred. Furthermore, Mrs. Tennyson's poems, Leigh Hunt's essays, "Nelson and His Captains," "Shakespeare's Heroines," "The Four Georges," and "Cromwell and His Times," are condemned.

"I thought some one would be smiling at the list," said Sir William Collins, the Chairman of the Education Committee, when seen regarding the matter, "but I defer any opinion to the school board."

THE TRADE OF AUSTRALIA.

The exports of Australia in 1904 were \$280,042,056, an increase of \$38,195,636, the banner year previously.

It is estimated that Australia has to remit annually upon its external indebtedness and the capital it has loaned, some \$72,997,500, and seldom have the exports exceeded the imports by anything exceeding the amount, yet last year the exports exceeded the imports by \$100,191,502, so that the external tribute was not only paid in full, but some \$26,765,750 in excess thereof.

IN COLONEL'S TOWN.

Things Happen. From the home of the famous "Keyhole Keyvart of Cartersville," away down South, comes an enthusiastic letter about Postum.

"I was in very delicate health, suffering from indigestion and a nervous trouble so severe that I could hardly sleep. The doctor ordered me to discontinue the use of the old kind of coffee, which was like poison to me, producing such extreme disturbance that I could not control myself. But such was my love for it that I could not get my own consent to give it up for some time, and continued to suffer, till my father one day brought home a package of Postum Food Coffee.

"I had the new food drink carefully prepared according to directions, and gave it a fair trial. It proved to have a rich flavor and made a healthy, wholesome and delightful drink. To my taste the addition of cream greatly improves it.

"My health began to improve as soon as the drug effect of the old coffee was removed and the Postum Coffee had time to make its influence felt. My nervous troubles were speedily relieved and the sleep which the old coffee drove from my pillow always came to soothe and strengthen me after I had drunk Postum."

It is a very short time I began to sleep better than I had for years before. I have now used Postum Coffee for several years and like it better and find it more beneficial than when I first began. It is an unspeakable joy to be relieved of the old distress and sickness." Name given by Postum Company, Battle Creek, Mich.

There's a reason. Read the little book, "The Road to Wellville," in each pkg.

DO YOU WANT PURE TEA?

not mixed with sweepings, dust or refuse, but the CHOICE YOUNG LEAVES, carefully selected, manufactured and packed in lead to PRESERVE THEIR FRESHNESS. That's why you want



PERSONALLY CONDUCTED TOUR

To California and Lewis and Clarke Expedition, Portland, Oregon.

A personally conducted excursion to the Pacific coast via the Grand Trunk Railway System and connecting lines leaves Quebec July 5, and Montreal and Toronto July 6. The route will be via Chicago, thence through Council Bluffs to Omaha, Denver and Colorado Springs. Stops will be made at each of these places and side trips taken to Manitowish, Cripple Creek, Garden of the Gods, etc.

From there the party will continue through the famous scenic route of the Deaver and Rio Grande, through the Royal Gorge to Salt Lake City, thence to Los Angeles, San Francisco, Mt. Shasta, Portland, Oregon, Seattle, Spokane, and home through St. Paul and Minneapolis. The trip will occupy about thirty days, ten days being spent on the Pacific coast.

The price for the round trip, including railroad fare, Pullman tourist sleeping cars, all meals in the dining car, hotels, side trips, etc., is \$165.50 from Quebec, or \$160.50 from Montreal and \$150.00 from Toronto. This first trip is designed as a vacation trip for teachers, although many who are not teachers will improve the opportunity of taking the trip at the remarkably low price afforded.

For full particulars address E. C. Bowler, General Agent and Conductor, Room 308, Union Station, Toronto.

PLEASURE

Pleasures are all the keener for rare indulgence.—Juvenal.

Pleasant as syrup, nothing equals it as a warm medicine, the name is their graves. Worm Exterminator. The greatest worm destroyer of the age.

"What did papa say?" "He scolded me the door." "And what did you say?" "I said it was certainly their graves." "I had come to talk about. That made him laugh, and a minute later you were mine."

Lever's Y-Z (Wise Head) Disinfectant Soap Powder dusted in the bath, softens the water and disinfects.

Johnnie—"Mamma, this book says knowledge is power." Mamma—"And it is, my child." Johnnie—"No, mamma, it isn't. I know there is pie in the pantry, but I can't get it."

Eighty Years Old—Caterth Fifty years. Dr. Agnew's Catarrhal Powder cures him. What any stranger evidence of the power of this wonderful remedy over this universal disease? Write George Lewis, Shamokin, Pa. He says—"I look upon my cure as a miracle. It relieves in ten minutes.—59

"The ancient Chaldeans," observed the professor, "used to write their letters on bricks." "And a good idea, too," chimed in practical Mr. Grabbal. "Then, when a girl sent a fellow's letter back to him he could use 'em to build a stable or something."

Good Digestion Should Wait on Appetite.—To have the stomach, liver, and bowels in good order, is to have the nervous system well. Very delicate are the digestive organs, and some so sensitive are they that slight changes affect them. When they become deranged, no other remedy is procurable than Parmentier's Vegetable Food. It will assist the digestion, soothe the bowels, and give the most convenience and will derive all the benefits of food.

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ENGLISH SPAVIN LINIMENT

Removes all hard soft or calloused lumps and blemishes from horses, blood spurs, curbs, splints, ringbones, swellings, stiffles, sprains, sore and swollen throats, coughs, etc. Save \$50 by use of one bottle. Warranted the most wonderful Blemish Cure ever known.

"I feel very ill this morning, mamma." "Oh, enough to go to bed!" "No, mamma." "Oh, how ill do you feel?" "About queer enough to stay away from school!"

Painful, Like the Poor, Are Always With Us.—A large portion of man's life is largely composed of pain, and the remedies are always a pleasure. Suffering from pain in the back, neck, or head, use Parmentier's Vegetable Food. You cannot do wrong in giving it a trial when required.

A POLITE ENQUIRY.

During the South African war the censorship of soldiers' letters was very strict. One soldier, who always sent an account of the doings of the regiment, which account was always blotted out by the censor, laid a plan for revenge. At the foot of his next letter he wrote: "Look under the stamp." The censor did so, after spending considerable time in stamping the stamp from the envelope. And he found these words: "Was it hard to get off?"

Do you catch cold easily? Does the cold hang on? Try

Shiloh's Consumption Cure

It cures the most stubborn kind of coughs and colds. If it doesn't cure you, your money will be refunded.

Price: 25c. Sold by S. C. Wells & Co., 125 E. 25th St., New York, N. Y., Toronto, Ont.

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