

HERE IS NOW A MASS OF PROOF

THAT LUMBAGO IS ALWAYS CURED BY DODD'S KIDNEY PILLS.

Quebec Man Cured His Kidneys
With Dodd's Kidney Pills, and
His Lumbago Vanished.

Quebec, P. Q., May 22.—(Special)—
Join Ball, a bricklayer, residing at
37 Little Champlain Street, this
city, has added his statement to
the great mass of proof that Lum-
bago is caused by disordered kidneys,
and consequently easily cured by
Dodd's Kidney Pills. Mr. Ball says:
"I was troubled with lumbago for
two years. I could not work. I had
to get up at nights to urinate so
often that my rest was broken. I
read of cures by Dodd's Kidney Pills
and made up my mind to try them.
After the first box I could see and
feel a change. Three boxes cured me
completely."

Lumbago, like Rheumatism, is
caused by uric acid in the blood.
Uric acid cannot stay in the blood if
the kidneys are working right.
Dodd's Kidney Pills make the Kid-
neys work right.

FAMINES IN LUXURIES

MILLIONAIRES CANNOT FIND AN EXCLUSIVE DISH.

This World Wags Wearily for
Men of Wealth and
Feeling.

What is life without caviare? The
millionaire is finding it almost in-
supportable. Those unconscionable
fellows, the Russian and Japanese,
are carrying on their war wholly un-
mindful of the fact that Belgravia is
panting for the caviare which comes
not, or comes in bulk so small and
at prices so high that the heart of
Dives is anguished and his purses
strings strained without mercy, says
London Answers.

Caviare remains to-day as in Ham-
let's time, "caviare to the general,"
but to the gourmet it is ambrosial
food in plain language, it is the
salted roe of the sturgeon and like
fish, brought from the rivers and
lakes of Russia. Hence it was dear
at best, and now impossible.

To what shall the bereaved palate
of the lordly turn its attention in
the certain hope of escaping the
emulation of the man in the street?

TURTLE-SOUP WILL NOT DO.
Every city alderman lives up to that
luxury once he attains this exalted
city dignity.

No; turtle-soup will not answer.
Household might. That has never
yet become a general diet. It is
curious, seeing that in 1876 a so-
ciety was formed in Paris to pro-
mote the use of horseshoe as a food.
This body set aside 1,100 francs to
be awarded as a prize to the mem-
ber who first successfully introduced
horse-meat to the notice of London
society. In the same year edible
does were introduced from China—fat
little fellows, resembling the familiar
pug of my lady's boudoir—but they
have remained the pet delicacy of
John Chinaman.

No; costly puppy and birdness at
a guinea an ounce do not seem to
be the goals to which plutocratic
ambition must turn. Appendicitis
did for a time afford an avenue sac-
red to the few, but the millionaire
has made the general dieting disco-
very that, like himself, the man in the
street has a veriform appendix, and
what is worse, will have it exer-
cised as readily as the Belgravian
as a passport to exalted company.
The handicap of life really is against
the man who means well to himself.

POWDERED RUBIES.
Some years ago the Gaekwar of
Baroda introduced the habit of pow-
dering rubies and eating them as
medicine. Our aristocracy followed
with alacrity, and ordered that no
stone should remain unpowdered
which could minister to their delight
for the aesthetic. But then they
found that not only was this deli-
cate whim spreading to the man who
had his money out of candles and
tomatoes, but those varlets in India
who know all about the unpleasant
ways of getting rid of their bet-
ters had taken to powdering glass
and substituting that for rubies.
And the end was devastating. The
and the funeral pyre for the consumer.

For a while the eggs of the octopus
and the dried maws of fish of
size, neatly garnished with seaweed
from Japan, fillets from the sword-
fish, tit-bits from the oolachans, and
piddings from the best of the kate-
nuns, served their purpose. There was
not much in them, but they were dif-
ficult to get, and the secret was the
preserve of the chosen few.

The rich man loves his fur-lined
pelisse, and gives \$2,500 for a
single skin of the silver fox, and
even more for that of the black spec-
imen of the same family. It costs a
sum in four figures to get oneself
decently habited in

THESE PELTS OF PRICE.
But is it not an agonizing thought
that Harriet in her box of cat-skin
or rabbit-hide is just as warm at
30 cents the piece, while the other-
wise scantily clad Red Indian sports
furs which are not all the gold of Ophir
could bring to the mansions of the
old world?

Somehow they used to manage these
things better in the old days. Every-
body remembers that the lately
deceased Pierre Lorillard had a
frightful stroke of bad luck in regard
to a laudable mission, which he
undertook simply to win a trifling
sugar. He bet a friend something in
the neighborhood of \$100,000 that he
would get through more than
\$750,000. It was not over thus.
Two bloods of the time of Maria
Theresa wagered as to which should
wear the most magnificent costume
at a Court ball. One appeared in
the most gorgeous raiment that eye
could conceive; he glistened with
wealth in every seam and stitch, and
was declared an easy winner. But
the other opened his cloak of satin,
and laid it flat before his judges. It
consisted of one of Correggio's
most famous pictures, a work
whose price was not to be named in
mere money.

A woman never gets so old she
thinks some man ought not to chase
her, and a man never so old he
thinks he ought not to chase some
woman.



Sunlight Soap will not injure
your blankets or harden them. It
will make them soft, white and
fleecy.

No Breakfast Table
complete without

EPPS'S

An admirable food, with all
its natural qualities intact,
fit to build up and maintain
robust health, and to resist
winter's extreme cold. It is
a valuable diet for children.

COCOA

The Most Nutritious
and Economical.

"Why am I like a pin?" asked Mr.
Jones, triumphantly, of his wife. He
expected she was going to say, "Be-
cause you are so sharp," and he
was simply paralyzed when she re-
plied:—"Because if you should get
lost it wouldn't be worth while to
spend time looking for you."

MESSRS. C. C. RICHARDS & CO.,
Yarmouth, N. S.

Gentlemen.—In January last Francis
Leclair, one of the men employed
by me, working in the lumber woods,
had a tree fall on him, crushing him
fearfully. He was, when found, placed
on a sled and taken home, where
grave fears were entertained for his
recovery, his hips being badly
bruised and his body turned black
from his ribs to his feet. We used
MINARD'S LINIMENT on him freely
to deaden the pain and with the use
of three bottles he was completely
cured and able to return to his
work.

SAUVEUR DUVAL,
Elgin Road, L'Islet Co., Que.,
May 26th, 1893.

Tess—"Miss Bloomer seems to keep
her youth still." Jess—"Yes; and
she keeps her age quiet."

A Casket of Pearls.—Dr. Von Stan's
Liniment Tablets would prove a great
relief to the disheartened dyspeptic if
he would but test their potency.
They're veritable gems in preventing
the seating of stomach disorders, by
aiding and stimulating digestion—60 of
these health "pearls" in a box, and
they cost 35 cents. Recommended by
most eminent physicians.—64

"My wife has a remarkable collection
of curiosities." "Was she col-
lecting when she married you?"
"Yes." "That's what I thought."

Minard's Liniment Cures Distemper
Why go limping and whining about
your corn when a 25 cent bottle of
Holloway's Corn Cure will remove
them? Give it a trial and you will not
regret it.

Tom—"You say that the bride and
bridegroom looked nice. What about
the guests?" Will—"Oh, they took
the cake!"

Minard's Liniment Cures Colds, &c
Sweet Innocence—"Tara says that
you can't afford to marry." Guil-
ford Youth—"Oh, how absurd! Why,
it only costs a few dollars!" Sweet
Innocence—"Is that so? How foolish
papa! I'll tell him."

Dr. Agnew's Ointment Cures Piles
—soiling, Bleeding and Blind Piles.
Comfort in one application. It cures
in three to six nights. It cures all skin
diseases in young and old. A remedy
beyond compare, and it never fails. 35
cents.—63

NOT A SAFE TOPIC.
The man who has a strict regard
for the truth seldom talks about his
own achievements.

A Sound Stomach Means a Clear
Head.—The high pressure of a nervous
day arch business men of the present
generation are subjected to. The
draughts upon their vitality highly de-
plete their strength. It is only
by the most careful treatment that
they are able to keep themselves alert
and active in their various callings.
Many of them know the value of Par-
melee's Vegetable Pills in regulating the
stomach and consequently keeping the
head clear.

A MIXED RELATIONSHIP.
"I'll tell you how it is," said the
old carter. "I met a young widow
with a grown-up step-daughter,
and I married that widow."
"Then my father met our step-
daughter and married her. That
made my wife the mother-in-law of
her father-in-law, and made my
step-daughter my step-mother, and
my father became my step-son. See?"
"Then my step-mother, the step-
daughter of my wife, had a son.
That boy was, of course, my brother,
because he was my father's son;
but he was also the son of my
wife's step-daughter, and therefore
her grandson. That made me grand-
father of my step-brother. Then my
wife had a son."

"My mother-in-law, the step-sister
of my son, is also his grandmother,
because he is her step-son's child.
My father is the brother-in-law of
my child, because his step-sister is
his wife. I am the brother of my
own son, who is also the child of my
step-grandmother. I am my moth-
er's brother-in-law, my wife is her
own child's aunt, my son is my father-
in-law's nephew, and I'm my own grand-
father—and I can't stand it."

The thousands of people who
write to me, saying that

Shiloh's Consumption Cure

The Lung
Tonic
Cured them of chronic coughs,
cannot all be mistaken. There
must be some truth in it.
Try a bottle for that cough of yours.
Prices: S. C. WELLS & Co. 310
25c. 50c. \$1. LeRoy, N.Y., Toronto, Can.

DEMOCRACY IN GOLF.
To what a point the British love of
golf may extend is indicated by the
fact that the Premier of England, Mr.
Balfour, recently participated on the
Royal St. George's links at
Sandwich in a match in which a
House of Commons team met a team
of fishermen from Iwerthby, in
Aberdeenshire. The Parliamentarians
won by eight matches to three. Mr.
Balfour and C. E. Hambro played
against James Buchan and George
Buchan, to whom they lost their
morning match by one down, but
beat them in the afternoon by six up
and five to play. The fishermen wore
their blue guernseys and looked like
their calling.

"Don't you think Mr. Barker is
very hard to please?" "No," an-
swered Miss Keene. "He seems very
well satisfied with himself."

Our Honest Belief is that we have
brought

Blue Ribbon

TEA as near PERFECTION as modern methods and
materials will permit.

BLUE RIBBON TEA has a DISTINCT INDIVIDUALITY
that lifts it above the line of COMPARISON with
other brands. TRY IT.

Prizes for List

PAIR OF SKATES FREE.

We desire to get in touch with every owner of a bicycle in Canada as
we wish to place before them all the advantage of the improvements now
to be found on the bicycles we handle. For this reason we want as many
persons as possible to send in from their locality a good list of a new
owners of bicycles who should be interested in the purchase of a new
bicycle with the modern improvements. The lists will be received in regu-
lar order the writer of each twenty-fifth letter in the order received. A new
we will send free of charge one pair of our improved Hockey "Cyclist"
Skates, manufactured by us, sold regularly at \$2.00 per pair. The list
must be clearly written out with address, and name of maker of present
bicycle and should be addressed as follows: Department B Canada Cycle &
Motor Co. Ltd., Toronto Junction, Canada. Lists must be received not
later than May 31st.

We Sell the World's Best Bicycles

THEY HAVE THE
Cushion Frame, Morrow Coaster
Brake, and Sills' Handle Bars.

CLEVELAND
MASSEY-HARRIS
BRANTFORD
WELLAND-VALE

Canada Cycle and Motor Co., Limited,

"Makers of the World's Best Bicycles,"
Canadian Headquarters
for Automobiles. TORONTO

PERSONALLY CONDUCTED
TOUR

To California and Lewis and
Clarke Exposition, Port-
land, Oregon.

A personally conducted excursion to
the Pacific coast via the Grand
Trunk Railway System and connect-
ing lines leaves Quebec July 5, and
Montreal and Toronto July 6. The
route will be via Chicago, thence
through Council Bluffs to Omaha,
Denver and Colorado Springs. Stops
will be made at each of these places
and side trips taken to Manitou,
Cripple Creek, Garden of the Gods,
etc. From there the famous scenic
route of the Denver and Rio Grande
through the Royal Gorge to Salt
Lake City, thence to Los Angeles,
San Francisco, Mt. Shasta, Port-
land, Oregon, Seattle, Spokane, and
home through St. Paul and Minnea-
polis. The trip will occupy about
thirty days, ten days being spent on
the Pacific coast.

The price for the round trip, in-
cluding railroad fare, Pullman tour-
ist sleeping cars, all meals in the
dining car, hotels, side trips, etc., is
\$165.50 from Quebec, or \$160.50
from Montreal and \$150.00 from
Toronto. This first trip is designed
as a vacation trip for teachers, al-
though many who are not teachers
will improve the opportunity of tak-
ing the trip at the remarkably low
price afforded.

For full particulars address E. C.
Bowler, General Agent and Conduc-
tor, Room 308, Union Station, Tor-
onto.

YOUR OVERCOATS

FOR SALE—350 ACRES VALU-
able farming land; first-class im-
provements. Also several other fine
properties in Southern Alberta. Send
for list. G. F. BEERE,
MacLeod, Alberta.

Boiler for Sale

150 h.p., in good condition.
Very cheap.
S. FRANK WILSON,
73 W. Adelaide St.,
Toronto

Dinner Sets Free

FOR CASH TRADE.
BENEFITS THE MERCHANTS
BENEFITS THE CUSTOMER

A Merchant in your neighborhood
showing his appreciation of each trade
giving absolutely free, these DINNER
SETS.

If you do not know this Merchant, write
to us and we will not only tell you who he is,
but forward you a handsome souvenir FREE.
The British (Canada) Crockery Co., Ltd.
TORONTO, CANADA.

Minard's Liniment Cures Diphtheria

"This," said the school friend, who
had not seen her for a year, "this is
the girl who vowed to me that she
never would belong to any man."
"I don't," said she who had been
married the matter of some few
months. "He belongs to me."

A ROYAL BOOKLET.
The Grand Trunk Railway System
are distributing a very handsome
booklet descriptive of the Royal Mus-
koka Hotel, that is situated in Lake
Hessent, in the Muskoka Lakes,
Highland of Ontario. The publica-
tion is one giving a full description
of the attractions that may be found
at this popular resort, handsomely il-
lustrated with colored prints of lake
and island scenery, the hotel itself,
and many of the special features that
may be found there. It is printed on
fine cream-colored paper, bound in a cover
giving the appearance of Morocco
leather, with a picture of the hotel
and surroundings on the same, and
the crest of the hotel embossed in
high relief. A glance through this
booklet makes one long for the plea-
sure of Summer and outdoor life,
and copies may be secured gratui-
tously by applying to any Grand
Trunk ticket office.

"When I first met you," snipped
the woman who had been married for
her money, "you occupied a low social
position, and it's only due to me
that your present position—" "Is
a hymeneal one, my dear," inter-
rupted her husband, smiling sweetly.

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Cured them of chronic coughs,
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swered Miss Keene. "He seems very
well satisfied with himself."

Protect Your Food WILSON'S FLY PADS

KILL THEM ALL
AVOID FOOL IMITATIONS

ISSUE NO. 21-05.

Quebec	2,171
Montreal	1,641
St. John's	1,287
Halifax	2,292
Victoria	30
Edmonton	1,775
Calgary	275
Winnipeg	122
Saskatoon	23
Regina	23
Brandon	23
Sourthern	23
Manitoba	23
Saskatchewan	23
Alberta	23
British Columbia	23
Ontario	23
Quebec	23
Atlantic	23
Northwest	23
Yukon	23
Nunavut	23

BABY'S BATTLES.

"Baby's Battles" is the title of a
valuable little book on the care of
infants and young children, pub-
lished by the Dr. Williams' Medicine
Co., Brockville, Ont., which will be
sent post free to any mother who
asks for it. It tells you also some-
thing about Baby's Own Tablets, a
medicine that cures all the minor ail-
ments of infants and young children
—a medicine praised by every mother
who has used it. Mrs. Richard
Smiley, Leonard, Ont., says:—"We
had a very sick baby in our house
until we got Baby's Own Tablets.
They were the first thing that did
her any good, and I think were the
means of saving our little one's life.
I praise them to all mothers." All
medicine dealers sell these Tablets,
or you can get them at 25 cents a
box by writing the Dr. Williams'
Medicine Co., Brockville, Ont.

THE SECRET OF HEALTH.

Is Rich, Red Blood—Dr. Williams'
Pink Pills Make New Blood.

Good blood—rich, red blood—is the
only cure for such complaints as
anaemia, decline, heart palpitation,
skin eruptions, rheumatism, kidney
troubles and a host of other every
day ailments. Good blood makes
you less liable to disease of every
kind, because it strengthens and
stimulates every organ in the body
to throw off any ailment that may
attack it. Good blood is the secret
of life, and the secret of good, rich,
red blood is Dr. Williams' Pink Pills
for Pale People. These little blood-
building pills have saved lives that
doctors and nurses had despair-
ed of. They have cured thousands
of others—they will cure you too. Mrs.
Wm. Booth, Montrose, Ont., says:
—"For a couple of years my daughter
Mae was in failing health. She
complained of headaches and dis-
tressing weakness, and seemed to be
rapidly going into decline. We con-
sulted several doctors, but they did
not help her. She was apparently
bloodless, and we were afraid she
would not recover. She had no ap-
petite and was greatly reduced in
flesh. At this stage a friend advised
me to give her Dr. Williams' Pink
Pills, and in a few weeks we noticed
some improvement in her condition,
and that her appetite was improv-
ing. We continued the treatment for
a couple of months longer, and by
that time she was again in the best
of health. She had gained thirty-
two pounds in weight, had a good
color, and was in the best of spir-
its. I do not think I am putting it
too strongly when I say I think Dr.
Williams' Pink Pills do only one
thing, but they do that well. They
do not act upon the bowels; they
do not bother with mere symptoms.
They actually make the new,
rich red blood that goes right to
the root of the disease and drives it
from the system. But you must get
the genuine with the full name, "Dr.
Williams' Pink Pills for Pale Peo-
ple," printed on the wrapper around
every box. All medicine dealers
keep these pills or you can get them
by mail at 50 cents a box or six
boxes for \$2.50 by writing The Dr.
Williams' Medicine Co., Brockville,
Ont.

DEFEAT IN BRITISH NAVY

HIGH OFFICERS HAVE NO
TIME TO STUDY STRATEGY.

Impossible to Combine Study of
Tactics With Provision of
Material.

A serious defect is declared by Ad-
miral Sir Cyprian Bridge to exist in
the British navy, which, he declares,
is not immediately remedied, may
lead to disaster in time of war.
"The principle involved," he stated
in a recent interview, "is a vital-
ly important one. It is that the
higher officers of the navy, who in
the event of war on a great scale
would have to conduct the opera-
tions, should not be occupied in
peace with their minds so occupied
in dealing with the provision of ma-
terial that no time is left to study
and consider the great questions of
strategy and tactics, without familiar-
ity with which success in war is
hardly to be looked for."
"If you have a particular adminis-
trative system running, perhaps for
years in peace time, it will be ex-
tremely difficult and full of hazard
to endeavor to change it on the in-
stant of war occurring."
The right principle of naval ad-
ministration is to arrange it so that
change from peace to war should
not bring with it any violent trans-
formation of functions.

DANGEROUS SITUATION.

"Under our existing administration
if war broke out, either the higher
officers would have the tremendous
duty of conducting war imposed upon
them in addition to the already
heavy duty of considering questions

DAME NATURE HINTS.

When Nature gives her signal that
something is wrong it is generally
ways faithful and one should act
at once.

To put off the change is to risk
that which may be irreparable. An
Arizona man says:
"For years I could not safely eat
any breakfast. I tried all kinds of
soft, starchy foods, but they gave me
distressing headaches. I drank strong
coffee too, which appeared to benefit
me at the time, but added to the
headaches afterwards. Toast and
coffee were no better, for I found the
toast very constipating."
"A friend persuaded me to quit
the old coffee and the starchy break-
fast foods, and use Postum Coffee
and Grape-Nuts instead. I shall
never regret taking his advice. I
have been using them three months ago."
"The change they have worked in
me is wonderful. I now have no
more of the distressing sensations in
my stomach after eating, and I never
have any headaches. I have gained
12 pounds in weight and feel better
in every way. Grape-Nuts make a
delicious as well as a nutritious dish
and I find that Postum Coffee is
easily digested and never produces
dyspepsia symptoms."

Name given by Postum Co., Battle
Creek, Mich.

There's a reason.
Get the little book, "The Road to
Wellville," in each pkg.

WHY THE JAPS SUCCEEDED.

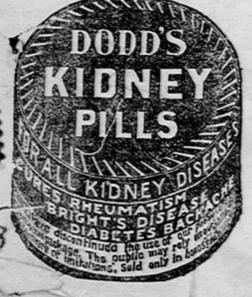
"The secret of Japan's wonderful
success," said a globe-trotter, "lies,
perhaps, in this: Whereas the richest
and best-born and most powerful of
other nations' young men give them-
selves over to frivolity and idleness,
the flower of the young men of Ja-
pan work, work, work. In the pleas-
ure cities of the world—at Monte
Carlo, in Paris, in Algiers, in Ostend,
in Cairo—you will find young
grand dukes from Russia, young
barons and lords from England, all
gambling, motoring, skiing, yacht-
ing, dining, and what not. But do
you find among them—I don't mean
now only, but ever—have you ever
seen among them—any of the young
princes and earls and millionaires of
Japan? No, indeed. Those young
men have been working in our uni-
versities, working in our machine
shops, working in our chemical labo-
ratories, working, working."

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KIDNEY
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