

**WHAT HAPPENS AFTER FIVE HOURS.**

Dr. Bouchard, the eminent French physician, has furnished facts which show that food is retained in the stomach more than five hours; it becomes fermentative and putrefactive, not digestive, — and that this is the starting-point of disease.



This food mass becomes putrid. Generators gas. The stomach dilates. There is a seeming loss of weight, burning, or belching. Blood, fibre, tissue, and cells begin to absorb poison from the stomach and alimentary canal instead of nutriment, and right here is the producing cause of Constipation, Diabetes, Bright's Disease, Stricture and Ovarian troubles, Rheumatism, Gout, Nervous and Mental Distress, Bronchitis, Heart Affection, Pulmonary Consumption, Jaundice, Liver and Skin Diseases.

Inability of the stomach to properly handle food is mainly caused by overeating, drinking too much liquid, gases generated from slow digestion, preventing the mixing of food with gastric juice to properly prepare it for use in the body. Dr. J. S. Leonard worked for years in perfecting Anti-Pill, so that it would guarantee regular stomach action, and its astonishing cures are proof of its mission being fulfilled; of its being the greatest System Treatment in the world. 50 cents of druggists, or mailed to any address by Wilson-Fyle Co., Niagara Falls, Ont. Sample free.

**Banquet to Mr. Stanley Armstrong by M. L. C., on the Eve of His Departure to the West.**

The members of the Millbrook Lacrosse Club and many other associates assembled at Mr. Jos. Robert's restaurant to spend a pleasant evening and tender good wishes for the future, and express their regret to lose one of our much esteemed citizens. Many spoke of the strong friendship that had grown with those he had come in contact with, and regretted that he had seen fit to sever his stay among us to go West, but expressed their confidence in his ability to form new friends and make a future satisfactory to his ambition.

The following address was read by the chairman, Mr. Wm. Fisher: Mr. Stanley Armstrong,

Dear Sir and Bro.,—As we are about to depart from our midst to seek your fortune in another sphere, we, as brother members and supporters of the Millbrook Lacrosse Club, cannot allow this opportunity to pass without showing you, in some measure, the esteem and appreciation in which you are held by us. Whether found wielding the shears in every day occupation, or handling the netted stick, you have always shown a zeal and skill, which has elevated you to the position of friendship and respect which you hold in our midst. But as words do not express, wholly, our appreciation of your services, we would ask you to accept this Toilet Set as a small token of our esteem, which we hope will often remind you of the warm hearts left behind in Millbrook, and as you emigrate to the broad field of the future in the Great North West, may your harvest be full and your life a success.

Signed on behalf of the Club and its supporters. S. E. Eakins, Wm. O'Brian, Stanly Grandy, F. W. Burnham, Mr. Armstrong feelingly replied, thanking the donors for the beautiful gift, and the kind words said of him, both in the address, and extempore, and he assured the boys that he would always remember the happy days spent in Millbrook, and would cherish with pride fond recollections of the last evening spent with the Millbrook Lacrosse Club, and its supporters, prior to his departure for the West. He wished the boys success in the National Game during the coming seasons. He was unable to express adequately his appreciation of the many kindnesses he had received while a resident in Millbrook. He hoped they would take the "WILL FOR THE DEED."

The following toasts were proposed, and were ably responded to by the gentlemen whose names were coupled therewith: KING—Messrs. George Carveth, and Walter H. Coombe. LADIES—Messrs. Morgan Carey, Fred Pendrie and Watson Clarke. GUEST—Messrs. Ted Eakins and Wm. O'Brien. GAME—Lvi Russell and Sid Sloan.

NOTES. Mr. Joe Roberts furnished the boys with two of his old rag time songs, entitled "The Hat My Father Wore," and "The Ship that Carried Me Over," which were enthusiastically applauded. "Billy" Fisher made an able chairman, and gave a short but interesting address, in which he eulogized the noble qualities of our departing friend. There were lots of other good things provided.

The boys were in for a good time and "had it." "Eat, drink, and be merry," for to-morrow our guest departs. The delightful entertainment came to a close all too soon by the singing of the National Anthem.

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CALL at the Mirror Office and see the very handsome SAMPLES of WALL PAPERS. H. RICHARDS.

**Ayer's Sarsaparilla**

If your blood is thin and impure, you are miserable all the time. It is pure, rich blood that invigorates, strengthens, refreshes. You certainly know Sarsaparilla the medicine that brings good health to the home, the only medicine tested and tried for 60 years. A doctor's medicine.

"I owe my life, without doubt, to Ayer's Sarsaparilla. It is the most wonderful medicine I have ever known. My cure is permanent, and I cannot thank you enough." MISS DELLA HOWELL, Newark, N. J.

**Poor Health**

**MERRY WEDDING BELLS.**

A very pretty wedding took place at the home of Mr. and Mrs. Alex. Strain, Millbrook, at 10 a.m. on Wednesday, when their daughter, Miss Mabel, was united in marriage to Mr. S. Armstrong, Rev. Wm. Johnston officiating.

The bride was married in a white silk waist, with dark skirt, her travelling suit being of dark brown ladic's cloth, trimmed with white felt, and pearl buttons, with hat to match. The bridesmaid Miss Eva Stewart, wore a white silk waist and dark skirt. Mr. J. C. Armstrong was groomsmen.

The bride, who is most highly respected, was the recipient of a large number of handsome and costly presents, among which were: a sable capeline (groom's present); a china tea set from the Methodist choir and congregation; silver butter dish, pickle cruet, fruit spoon, butter-knife and sugar shell, cake plate, champagne table cover, set each of silver table spoons, teaspoons, knives, and many others.

About thirty-five guests were present to witness the pleasing event and to wish them happiness. The young couple left on the noon train for Alameda, N. W. T. The Mirror wishes them bon voyage.

**NO DIFFERENCE.**

No distinction is made as to the kind of Piles that Hem-Roid cures. The names Internal, External, Bleeding, Blind, Itching, Suppurating, etc., are simply names of the different stages through which every case will pass if it continues long enough.

Piles are caused by congestion or stagnation of blood in the lower bowel, and it takes an internal remedy to remove the cause.

Dr. Leonard's Hem-Roid is a tablet taken internally. It is a permanent cure and no case of Piles has ever been found it failed to cure.

Money back if it does. A guarantee with every package.

**PETER HAMILTON IMPLEMENTS.**  
The Best Made.  
R. Nurse, Agent, Millbrook.

**FOR SALE.**

Debentures of the Corporation of the Village of Millbrook.

LOCAL IMPROVEMENT DEBENTURES of the above Corporation, aggregating \$2269.68, payable in 20 years with interest annually at 4 per cent, are offered for sale. Offers for the same may be sent to W. S. GIVEN, ESQ., Reeve of Millbrook, till March 28th, 1904. Further particulars may be had in the meantime on application to R. RUDDY, Solicitor, Millbrook, Ont. Dated 9th March, 1904.

**Sewing Machine FOR \$21. GUARANTEED For 10 Years.**

We SELL Organs, Pianos, &c., Best Makes.

**FRESH GROCERIES** arriving daily.

TEAS & COFFEES A SPECIALTY. 5 lbs. Tea \$1.00.

**J. McBride,** Next Door East of Mirror Office, directly opposite Town Hall, MILLBROCK, ONT.

**The Store That Never Disappoints**

**CULTIVATE A GREATER INTIMACY With This Store.**

You will find it to your advantage to do so. It means PROFIT and SATISFACTION to you. Our Store **NEWS** possesses

**A Positive Element**

because it is always backed up with LIBERAL and ABSOLUTE FACTS. This business has grown, because it DESERVES to grow. It will continue to expand and grow, year by year. We have begun our

**Spring CAMPAIGN** which will be **Price Interesting.**

We have the Largest Ladies' Ready-to-Wear Dept. Outside the large Cities.

Ladies' Ready-to-put-on Suits: CLOTH \$5.00 to \$32.00. SILK 20.00 to 40.00. COTTON 2.75 to 15.00.

You try the Garment on, see how they look, we make any needed alteration free of charge, and fully guarantee ALL OUR GARMENTS.

**Our New Dress-Making Department.** For the convenience of our customers we have opened up a new Dress-Making Dept. where we guarantee to give thorough SATISFACTION.

**SPECIALS EVERY SATURDAY.** For the convenience of out-of-town customers, we have specials for Every Saturday. Watch for them.

**Cressman** 385 & 387 George Street, PETERBORO.

**BETHEL.**

On Wednesday evening, March 2nd, upwards of 100 people of the neighborhood gathered at the home of Mr. and Mrs. Caldwell to spend a social time before their removal to Peterboro.

Mr. and Mrs. Caldwell, Mr. and Mrs. T. G. McConnell and Mr. and Mrs. R. McNichol were called upon to take the floor when the following address was read:

To Mr. and Mrs. T. M. Caldwell, Mr. and Mrs. T. G. McConnell, and Mr. and Mrs. R. McNichol.

Dear Friends,—We, the members of Bethel Church, neighbors, friends and well-wishers of the community, have met together here to night for the purpose of expressing the regret we feel at having you depart from among us. For many years we have had the pleasure of meeting with you in relation to the work of the Church, the business affairs of the neighborhood, and in social intercourse, and we have always found you kind and considerate, willing to lend a hand in every good work. Worthy citizens in every sense of the term. It has been with a feeling of deep regret and loss on our part, that we have looked forward to the approaching time, when you would take your departure to other fields of labor.

But what we look upon as a loss to us will be a gain to those with whom you associate in the future.

We hope and pray also that the change to yourselves may be marked with success in every way. We now desire to express our appreciation of your general worth, by asking you to

**MARRIED** HOUGHTON—THORNTON—At 101 Kent St., Lindsay, on Wednesday, March 2nd, by Rev. James Wallace, B. A., B. D., Mr. Jos. Houghton and Miss Jennie Thornton, both of Ops. Congratulations.

Mr. Charles Shaw had a lucky bee last Saturday, and was a lucky man. There were six saws going, and the cut was about 20 cords. The boys worked well all day, and then returned to the house, where Mrs. Shaw did the occasion grand by providing a sumptuous repast. To say that the boys did ample justice to the many delicacies is putting it mild. After tea games of all kinds were played, and then a fine taffy pull was in order. Who will be the next to have a bee?

Mrs. Wilmot, of Port Hope, will take the solos in the Lenten Cantata, entitled "Penitence, Pardon and Peace," to be rendered in St. Thomas' Church, on Sunday, March 27th.

Our Curlers won from Peterboro last Thursday by a score of 25-18. Millbrook has no rink—therefore had no practice. Their showing, under the circumstances, is all the more remarkable—and Peterboro knows something about the game, too. Congratulations.

A pleasant event, the nature of the occasion being an "At Home," took place at Mr. Maxwell Henry's on Friday evening. Several of Millbrooks' young ladies and gentlemen drove out, and report a delightful time.

We are pleased to see Messrs. J. Byam and J. Donaldson able to be out again.

Mr. Harry Griffin treated a few of his friends to an oyster supper at Mr. Robert's restaurant last evening. They presented him with a beautiful shaving outfit, and an extemporaneous address. The affair broke up at a reasonable hour, all well pleased with their evening's entertainment.

The Misses Alle and Bertha Kelly, of Cavan, are visiting in town. They are at present guests of Mrs. (Dr.) J. D. Deyell.

Notwithstanding the bad winter we have had, we get our regular mails, and the G. T. R. deserve credit for the strenuous efforts put forth to keep their roads opened—sometimes with great difficulty and suffering.

**Meaning of War Names.**

The Following List Will Enlighten Readers of War News

In view of the war between Russia and Japan the following glossary of native names will be found of value in interpreting news despatches from the Far East:

Manchurian Terms: Fu.—To the name of a city, indicates capital of province, a city the first class.

Chon.—Indicates city of the second class.

Yi.—A small post town, as Yehang-Yi.

Kiang, Ho, Yeh, etc.—Mean streams of water, days, Mr. Wan, etc.

Two dogs and yellow—Handsome Mr. Me.

Music—All are respectfully

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**H. Richards will do your paper hanging right.**

The many friends of Mr. Joshua Whitfield will be pleased to learn that he was able to come down town Saturday, after an illness of three months.

**MANAGER WANTED.**

Trustworthy lady or gentleman to manage business in this county and adjoining territory for well and favorably known house of solid financial standing. \$20.00 straight cash salary and expenses paid each Monday by check direct from headquarters. Expense money advanced. Position permanent. Address Manager, 310 Como Block, Chicago, Illinois.

Messrs. W. J. Cooper and T. McBride were in Bethany this week on business.

The Bible Study at the Epworth League last Monday night was ably conducted by Miss Byam, in a very interesting manner; bringing out several good, practical ideas, which no doubt will be beneficial to those present for the great end and aim of our League.

It should be to assist in spite of our assumptions, are all dependent, are another, and it all are respectfully

**Call Hill and Elizabethville.**

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W G  
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GIF

We have a super precious stones with artistic beauty and handiwork of ments for ear, nose, belt, shirt wrist watches, chains, rich and beautiful that will make a bride will appreciate

The P Jewelry W.F. McC 77 Kent-St.

Omeme and LOCAL LA

DR. WIGHTMAN VISIT TO OME BE THURSDAY.

There is an old frequently in party effect that

"United we stand and this is no less Organization. The Christ Church, O banded themselves, Guild, which they h to the memory of Evang-list. They h step with such en loyalty to their C leave no doubt in on they intend their C essentially a prog Whenever we pick relative to the w Guilds, we cannot h what a benefit the spiritually and fr standpoint. We un recreation clubs are ized for the coming for the long winter reading class will be O this, as intellectu we cannot speak to we take this opport gratulating the men Guild and its enthus viz: Rev. J. H. Teme Mr. Herbert G. F President; Sec. Trec Galagher; Warden C. Stephenson and F wish them every suc commendable undec

**REXALL HOUSE.** These Dyes will dy ton, Silk, Jute or Mra one bath—they are the most improved dye in Try a package. All c Mulligan's, Sole Ag

Miss Sara Evans, Road, was visiting in Coun. and Mrs. Evan

**WANTED—FAITH** to call on retail trade an manufacturing house av lished business; local t salary \$20 paid weekly money advanced; previou unnecessary; position pet ness successful. Enclos ed envelope. Superinted ers, 605 Monon Bldg., C

**Dental Not**

**CHANGE G**

Dr. Wightman, Peterboro, will visit on the LAST THU EVERY MONTH. Offi Block.

All classes of Dent carefully performed.

**Next visit, Th March 21st.**

Mrs. Allan H. Tod have returned from visit with Lakefield

**Your Ton** If it's coated, your is bad, your liver order. Ayer's Pills your tongue, cure pepsia, make your Easy to take, easy t 25c. All druggis

**BUCKING** 'S DY

Dogs Poisoned.—Mr. burn had two poisoned, a McQuade had one die cause. It is too bad anyone so vicious as to less dogs. If such perso heed to the following quot unto others as ye would should do to you," there such nefarious work.

**TO HORSEMEN** the facilities for turning of ROUTE CARDS. Call Office, opp. Town Hall, and get prices.