not remedied in season, is liable to become habitual and chronic. Drassepurgatives, by weakening the bowels, onfirm, rather than cure, the evil. Mighty, and will aver's Pills, being mild, effective, and grengthening in their action, are generrevail." ally recommended by the faculty as the

"Having been subject, for years, to constipation, without being able to find much relief, I at last tried Ayer's Pills. I deem it both a duty and a pleasure to testify that I have derived great benefit from their use. For over two years efft from their taken one of the years ast I have taken one of these pills pest I make before retiring. I would not sery night be without them."—G. W. Rowman, 26 East Main st., Carlisle, Pa. "I have been taking Ayer's Pills and using them in my family since 1857, and therfully recommend them to all in therfully as a safe but effectual cathartic."

John M. Boggs, Louisville, Ky. "For eight years I was afflicted with which at last became so that the doctors could do no more ir me. Then I began to take Ayer's alls, and soon the bowels recovered ber natural and regular action, so that I am in excellent health."-S. L. leghbridge, Bryan, Texas.

Having used Ayer's Pills, with good silts, I fully indorse them for the purpses for which they are recommended." T. Conners, M. D., Centre Bridge, Pa.

y J. C. Ayer & Co., Lowell, Mass. adby all Druggiata and Dealers in Medicine.

Fisor Remedy for Catarrh is the Best, Easiest to Use and Cheapest. CATARRH sold by druggists or sent by mall, 50c. g.T. Hazeltine, Warren, Pa., U. S. A.

The Canadian Post.

NDSAY, FRIDAY, AUGUST 14, 1891.

The Travelling Dairy. Scientific Butter-Makers at Canningat-Farmers Pleased With the Exhi

bei Dean discuss butter-making was bilat Cannington on Tuesday of last net at about 10 a.m., in the town hall. There is no market held here, so a great for sale prof the butter made by surrounding imers is traded at the stores for goods. mod prices are obtained for it; Mr. Isaac Personnent is one of these. Mr. Parliaat was the first man to introduce Holsins into North Ontario, making his first chases from A. C. Hallman & Co., sterloo county. This gentleman is a est advocate of winter dairying, and his escalve in September, so that they milk although the winter. Barley is the mis crop in this district. A good deal atro-rowed barley is being grown this mmer for the English market. There tes fairly successful business.

> m, Mr. and Mrs. Philip Sproule, Mr. mi Mrs. Isaac Parliament, Mr. and Mrs. Jim Sproule, Thos. Foster, Chas. Francis Or John Shier, Alex. McLean, Duncan finichael, Miss Carmichael, Mrs. Jas. Winson, Miss Johnson, Mrs. John Watherby, and Alex. M. Brown.

antof milk and cream for butter-making. Is professor is a strong advocate of should be on hand during the summy crop available. This can be wed by green clover, and this by tares, u, and oats sown at the rate of two lities in Black, National to the acre, mixed in the propor ning Goods, all Wood two parts oats and one part peas a nice assortment of hitres (about equal parts). This should at three different times, about ten sagart. When this is about all fed folder corn will be ready for cutting will keep up the flow of milk until tattle are stabled. By this system of

L How do you like peameal and bran food for producing milk? Ins. These make an excellent combinaof meals for milk cows. 4. How much would you feed per day About six pounds per day, mixed

the rate of two pounds of peameal and pounds of bran; feed in conjuction ming water for the cattle?

ing a much smaller acreage of pasture

be required to sustain the same num-

Ms. Never compel milk cows to drink wold water. If you have proper faciliit will pay you to warm the water.

when vegetation by growing crop upon the land, the tears trickled down through the thin

Cream from deep pails was supplied by R. C. Brandon, which was churned making six pounds of butter.

this travelling dairy was one of the greatest things that had yet been instituted. This motion, seconded by Mr. J. C. Sproule, was suitably responded to, after

which the meeting broke up. Several gentlemen present, whose wives were unable to attend, were so pleased with the meeting that they signified their intention of taking them to the next meeting at Beaverton.

The Bare Fallow. What the Farmers of Ontario Lose Each

[To the Editor of THE POST.]

SIR,-In these days of small margins the farmer must economize as far as he can, not in one way but in every way that is reasonable, if he is going to have margin on the right side which is worthy of the name. This season, owing to extensively dry weather in some localities, to realize a margin of profit will be impossible under any circumstances. He must not only economize in regard to labor and expenditure generally but he must alse economize in everything that relates to the modes of working his lands. The greatest extravagance in which he indulges in this respect at the present time is probably the extent to which the bare fallow still forms part of his system of rotation. He still clings to it in many localities as being indispensable both to the cleanliness of the farm and the successful growing of certain crops. The farmers of Ontario will be loath to believe that they are expending needlessly on the bare fallow annually what would cost them more than \$1,000,000 by way of labour of man and team if all this had to be hired at current rates. It is my conviction, however, that such is the case, and that in all probability labor to the value of \$2,000,000 annually is expended in this way, rather

than to the extent of \$1,000,000. It is impossible to ascertain with accuracy the amount of land set aside annually as bare fallow, as no statistics are collected under this head by the as her carriage dashed with a flash and a bureau of industries. The amount of land devoted annually to fall wheat is about 800,000 acres. The estimate is a meeting for the purpose of hearing probably a moderate one which would put one-fourth of this acreage as grown upon the bare fallow. We have therefore 200,000 acres as the quantity of land annually cultivated in this way. The further estimate is not an extravagant one, as every farmer knows very well, Thre are a few butter-makers, however, which puts the cost of labor expended on to ship their butter to Toronto, where the bare fallow at \$8 per acre. If the assumption is correct that 200,060 acres are summer fallowed annually in this province, the cost of the operation to the farmers is therefore \$1,600,000 annually.

My contention is that the larger portion of this expenditure is unnecessary. It is always unwise to be extreme. I do not take the ground that summer fallowing should never be resorted to, but rather that it is seldom necessary where farming is properly carried on, and that the bare fallow pure and simple should at all times buckess factory near Cannington which be avoided. Where summer fallowing is each visit. Of them I knew nothing further a necessity some form of crop should Among others present at this meeting invariably be grown upon it for ploughme:-W. J. Junkin, who acted as chair- ing under to enrich the land and to bene-

fit it in other ways. Summer fallowing may be necessary sometimes in hard clay sections where It and Mrs. Alex. Brown, Mr. and Mrs. | hoed crops may not be grown with profit. In Sproule, John Sharp, Mr. and Mrs. It may also be necessary where land is doing so delicately and without risk of of-Min Shier, Wm. Foster, Wm. Maye, both foul and poor. In the former in- not for my right hand would I have offend- had earned by bard work. It would have stances rye may be sown upon the land the previous August, pastured the same autumn, and ploughed under the latter part of the following May, to the great advantage of the stiff soil, both mechanic-Inf. Dean spoke here on the care ally and chemically. During the remainmifeeding of dairy cows and the manage- ing portion of the season the cultivation may be the same as is ordinarily adopted with the bare fallow. In the latter inmaly soiling cattle in summer and of stance rye may be sown in autumn and being ensilage during the winter. By ploughed under in the end of May folwing he says the dairyman can make lowing. It may then be sown to buck-Some amount of land sustain many wheat or rape, which will also be plough. smattle than by pasturing in the sum- ed under when ready. Such land will ar and feeding hay and grain during the then be capable of growing a crop. The ther. A proper succession of soiling amount of land requiring such treatment is not very large, especially where farm-Rye, sown in the fall, is the earliest | ing is carried on at all as it ought to be.

Where heed crops can be grown, summer fallowing is not a necessity. The ground can be effectually cleaned while growing these crops. When done in this way no labor bill is incurred, as the crop grown almost invariably more than meets the cost of producing it. All forms of hoed crops are not equally adapted to the cleaning of laud. Potatoes are probably the least useful for this purpose. Corn is good, and rape is excellent. To be successful, however, attention should be given to weed destruction later in the

season than is generally done. It is a prevalent idea among farmers that the bare fallow imparts fertility to the land. This idea is probably grounded upon the fact that improved crops sre generally grown upon such land. This, however, does not arise from any addi- the wolf gnawing at his vitals, suffered less tional fertility imparted to the land by than you did in making this confession. Bethe bare fallowing process, but rather by the liberation of fertilizing substances already in the land through weathering and seething in your heart and brain! Injuagencies while the process of cultivation In the winter would you advocate is going on. On the other hand, in wet seasons there is a serious loss of fertility, which to some extent arises from surface washing, but in a far greater degree from the leaching of nitrates out of the soil a. Is not ensilage awkward stuff to through the medium of the drainage water. This loss through leaching is No; feed off the top; uncover the almost entirely obviated in the season of

Offing, or the exposed surface will spoil. as has been demonstrated by experiment conducted on the farm and elsewhere. or the exposed surface will spoil. as has been demonstrated by experiments fingers. I hope, therefore, that our farmers will beautiful girl, standing so quiet and comgive their serious attention to the reduction of this form of outlay to the lowest possible iimit. Our farms can be kept wen samples of milk were brought to clean without resorting to the bare fallow tested, two of them showing a very pure and simple. Why then should we percentage of fat, though accurate not govern ourselves accordingly? This were said to have been taken. farm is being cleaned in three years tests were explained. Mr. Isaac throughout its whole extent with the bare

going on; and what is being done here can be done elsewhere when the conditions of soil are at all similar.

When the bread-winner of a home is constantly employed, he has no serious difficulty usually in providing abundantly for the wants of his family, but let him have alternations of work and idleness and the supplies soon diminish. So it is with our lands. Let us keep them constantly at work and our return swill be for our lands and better for us, providing happy man. He who can find pleasure management is in other respects wise and | nourishing food for you." prudent.—Yours, etc.,

THOMAS SHAW. Ont. Agric. Col., Guelph. July 3.

A PRETTY SIMPLETON.



hat a silly little thing she was, but how pretty! All smiles and and fluffy brown hair, shading laughing blue never seen such a com-

which had direct bearing on a complicated I found Mrs. Trevor worse and noted Helen's case I was going that morning to treat. An troubled, anxious face. After doing all I accident that morning to one of my horses | could for my patient, who soon fell into a and a stupid blunder of my coachman doze, I called Helen out into the hall, had forced me to take the car, and I felt as cross as a bear, and I looked so, I know, for the person who owes you." when I caught her eye she tossed her silly little head and turned away with a pout. heard enough about papa, balls, the opera, etc., to guess that she was an idolized, only child, and something of a belle. As I was too old to ignore the vacuum in her head, for the sake of the pretty face, I was much relieved when Dora Copperfield—as I mentally styled her-and her friend left the car. It was strange, but after that first chance meeting, was constantly meeting Dora. I caught glimpses of her nestling down in the cushions, glitter by my office. At the opera the fates, aged lady, a fine looking young man, "old threw me in her neighborhood. She was money bags" and Dora Copperfield! Ribbons with a fat, pompous looking middle- flying, curls blowing, draperies fluttering aged man whom I took to be "papa."! and merry laughter. I mentally dubbed him "old money-bags" So Miss Empty Head was the culprit. and hated him as heartily as I did his daughter-he looked so complacent and listened with such evident relish to her ceaseless, silly prattle. If I could have become suddenly

for Marguerite was singing most divinely and all the while her prattle went on, like the | the conventionalities. So, while thirsting babbling brook, "ever, ever," while old for vengeance. I had to smirk and bow and money-bags encouraged her with his chuckle | introduce myself of appreciation. At the theatre, lectures, in fact everywhere I went there was the ubiquitous Dora, with her silly prattle and throng | him. displeasure and disapprobation did not in the | daughter Floy, and this his nephew, Mr. least disturb Dora, in fact, I think she was never conscious of my presence after that day

One day I was summoned in great haste to the bedside of a patient whom I had attended a few times before. She and her daughter lived in a quarter of the city to which my practice seldom called me, and among people I only served for sweet charity's sake. Though these two were as poor as many I attended free I could not dare refuse the fee they promptly tendered after than that they were ladies. There was a proud independence, a dignified reticence that commanded my respect. I was much attracted by them both; the mother was refined and gentle, and bore with fortitude her sufferings; the daughter was beautiful, proud, dignified, and on this visit the evidences of poverty were even greater. The room was very bare, evidently they had been forced to pawn many necessary articles. The daughter was pale and thin and something like despair shone in the beautiful dark eyes. I found Mrs. Trevor very weak and low. After I had prescribed for her I sat like "Micawber," hoping "something would turn up"-that there would be some opening in the conversation where I

might safely offer aid. I could leave them in such destitution. I must help them-this was not their place and sphere, and they must be lifted out by some neans. The mother was too weak to talk, and Miss Trevor was too absorbed in her own sad thoughts for conversation, so I must take the dilemma by the horns. "Have you been taking wine as I prescribed,

Mrs. Trevor? You are much weaker than when I saw you last, and I had hoped the wine would have built up your strength." Miss Trevor seemed to struggle with herself. A burning blush suffused her face and neck. At last she raised her head proudly, and with a deflant air looked me full and steadily in

"No, Dr. Heathcote. We were not able to follow your prescription fully. The wine you sent mother was of great benefit to her, and I was able to supply it, also, until last week, when she was taken much worse. requiring my unremitting attention, which forced me to stop sewing, my only means of support. But I had just finished some work for a young lady, and as she owed me \$20, 1 trusted to that to tide me over, until I could resume work. But I have been unable to col-

lect the money, and we are penniless." Bravely said, my beautiful Spartan! thought, as I looked at the fine, pale face with its troubled eyes. The Spartan youth, with hind that marble calmness, my beautiful Galetea, what a Vesuvius must be throbbing ries and injustice that you can't forgetneglect and coldness from those who should have befriended!

"Yes, doctor," said Mrs. Trevor, "Helen kept her troubles from me as long as she could, and has allowed me to want for nothing, but failing to collect the money due her has been a great hardship. The poor child has not tasted food since yesterday." She covered her face with her hands and

I turned like one shot and stared at posed. Starving, starving! She, fit to be a queen, and suffering for bread! I stalked like a caged lion up and down the narrow "Oh, the heartless rich! The cold, heartless

"More thoughtless than heartless, I think Dr. Heathcote." I stopped short as the cool, even tone ment moved a hearty vote of thanks fallo s and without missing a single crop. fell on my ear, and marching up to her took Prof. Dean and Messrs. Palmer and On the other hand, we often get two both her hands in mine. I was old enough Mr. Parliament thought that (20) a year while the cleaning process is to be her father.

"Helen, why didn't you come to me! Why The tears came to her eyes—the first I had

not have presumed____n "Strangers be hanged! Excuse me. Helen. But, my child, you are too proud! There comes a time in the life of most. when we must accept help-when pride dependence is a very fine thing, my dear, continuous. By so doing it will be better but the proudly independent man is not the we manage them on the improved prin- receiving as well as in giving is the one who ciples of a progressive agriculture. We gets most good out of life, because closer drawn to his fellow men. Now, my dear, this time of small profits, eyen where the I'm going to get wine for your mother and

She put out her hand protestingly and again that blush of humbled pride mounted to her

"Your mother's life depends upon timely aid. You and I can have our reckoning by and by. I will look in again this after-

Soon I had sent up wine, fruits and well prepared food to Helen and her mother. I could not dismiss them from my mind for a moment during my round of visits. I could understand the agony of humiliation that poor girl was suffering—as well as the fear and sorrow hanging over her, from her mother's illness. Poverty had not been long with them; it was apparent that their better days had been recent. Then as I thought how that rich girl's thoughtless, day in the street car heartless indifference and neglect to pay her and heard her girlish had aggravated Heien's shame and grief, that I had my indignation knew no bounds, and when I reached Mrs. Trevor's humble room that bination of silliness afternoon. I had worked myself into a furor and prettiness. Her silly chatter provoked of anger against that unknown transgressor, me desperately, for I was intensely interested | Helen's late employer. I was boiling over n an article in the last Medical Journal, with rage, which increased, if possible, when

> "Helen, give me the name and address of She looked at me inquiringly as I took out my notebook and pencil, but said:

"Miss Floy Garrison, 2010 L avenue." I wrote it down hurriedly and without another word was on my way to find this girl. I had but one thought-to bring her to see the sorrows she had caused. It might little of the shame and mortification Helen

When I drew up before 2010 L avenue a carriage stood before the door and a party of four stood ready to enter. A slender, middle-

was not surprised at all. If I had been a with her, and after showing her the trouble metamorphesed into Mr. Hyde, I would have | and sorrow she had caused, immured her in strangled them both with much satisfaction, a dungeon deep and dark, but as it was the practical nineteenth century I must observe

Yes, "old moneybags" knew Dr. Heathcote quite well by reputation. Glad to meet "This," pointing to the middle-aged of admirers. So pretty and so silly! But my | lady, "was his wife; the young lady was his Philip Everett, from the south."

I then politely requested Miss Garrison to accompany me to see a patient who was very low, who knew her, and in whom she would be interested. Floy looked inquiringly at papa, who said: "Yes, go." Not a word was spoken during the drive but when we stood in Helen's room I point-

ed to Mrs. Trevor's wasted form and said: "Behold your work." "Oh, what do you mean?"

The blue eyes were round and frightened and the roses had faded from the pretty cheeks. I turned sternly upon her and

"I mean that a girl as young and beautiful as yourself, as well-born and as well-bred has been reduced to a dreadful poverty-a poverty such as you have never seen, but have cried over in novels; she has been strugbravely independent. I was anxious to gling bravely to keep back want and trouble, help them, but the opportunity for from an invalid mother, while you were gofending had never yet presented itself, and plenty you couldn't spare the pitiful \$20 she ed their brave, proud, reticent poverty. But | been a small fortune to her and saved her heartaches and humiliations terrible to her

"Forgive me, oh, forgive me, Miss Trevor, for my cruel, thoughtless carelessness!" She was crying and clinging to Helen, who

"I have been so wickedly thoughtless! I and want in the world! Can you ever for-But before Helen could speak, there was

a loud knock at the door, and when I opened it, Col. Garrison and Mr. Philip Everett stood before me. Col. Garrison explained that after I had left them with Floy, he grew uneasy, thinking he had been too precipitate in giving his consent for her to accompany me, fearing my patient might be suffering from some contagious disease.

Here Floy threw wide open the door, and coming into the hall, threw herself into her father's arms and sobbed out the whole sad

But what was the matter with Helen? Was she about to faint? She steaded herself with one hand against a chair, while the other the eye, as she said in a low voice, without a (was pressed to her heart; her face was deadly pale, and her wide-stretched eyes were riveted upon Mr. Everett, who, when he caught sight of her through the open door, stepped forward with a gladery of "Helen! is manly, handsome face was radiant with happiness, and I heard him say: "Found at last! I have searched every-

where for you, Helen!" "Can you still--" "Do I still love you? Oh, Helen, how can

on ask!" And unmindful of us all she fell into his rins and wept out her sorrows and griefs upon his heart. I closed the door, and Col. Garrison, Floy and I discreetly withdrew farther into the hall.

Aftera few moments Mr. Everett and Galatea was endowed with life. A look of fore shone in the dark eyes. Then Mr. Everett, in a manly, straightforward way, told their story. He and Miss Trevor had been children together in a far distant southern city, and became engaged after both had left school after the death of Helen's father, nearly a year before, an unfortunate misunderstanding arose, which separated them, and Helen and her mother quietly left the city, leaving no trace behind them, and all these months he had been searching for them. Then that pretty little simpleton, Floy, proved her head was not quite empty.

Have we any truly great men at the present day? Some doubt it, and ask to be shown the modern Washington, Frankin or Webster. However this may be, of one thing we are sure. There pever was a greater blood-purifier than Floy, proved her head was not quite empty, Ayer's Sarsaparilla.

by saying: "Papa, Mrs. Trevor and Helen must go home with us, where we may repair, if possible, the wrong I did them,"

And it was done just as Miss Rattlebrain proposed, and she proved herself the most faithful, untiring and devoted of nursesthe most unselfish and loving of friends and and cousins; and before the wedding day came around, she and Helen were as devoted as sisters, and when that day did come old Money-bags was the most generous of uncles.

| Money-bags was the most generous of uncles. | Deen in the last stages of consumption for the first time that if he had taken Dr. Pierce's Golden Medical Discovery in his earlier illness, he would never have reached his present hopeless conditions. | What can be more sad than a keen realization. And when Helen kissed me good-bye that of what "might have been been"

day, she said with happy tears in her pretty

"Dr. Heathcote, I will never cease to love and bless you! The brightest day of my life, except this, is that on which you rushed "We are such strangers to you. I would Floy in upon her avenging Nemesis!" Before Philip left with his wife he

me, at Helen's request, what he told no one else-the story of their poverty and separation. Helen's father had been Philip's guardian, and after his death it was found that he appropriated and squandered the whole of Philip's fine fortune. Philip tried to keep this from Helen, but in some way she learned it, and her grief, mortification and despair were terrible to see. She thought that Philip would scorn to marry the daughter of a dishonest man. So, after she and her mother had settled all of that small fortune upon Philip-for both felt keenly the disgrace, and wished to make what reparation they could—they quietly left the city, giving Philip no hint of their destination.

"I knew she was a heroine!" I said, as I lapped Philip on the back. Mrs, Trevor remained with the Grrrisons intil Philip and Helen returned from their brief trip, then she went with them to the cosy little home that Col. Garrison gave Philip on his wedding day. My gift to my beautiful girl was a complete silver service and a horse and phaeton; so I see the bright, happy face every day or so as she drives by and nods and smiles at me.

Well, it is always the unexpected that happens. When that boy of mine, Walter Heathcote, came home from college ready for a partnership with his old father, what MARKET SQUARE, LINDSAY, should he do but fall in love with that pretty little simpleton, Floy Garrison, and made her Mrs. Heathcote before I could say Jack Robinson!

They live with me now, and she has ma a home of what before was only a big house with two lonely men in it. Pve never seen Jip in the butter yet, and as Floy is a model wife and mother, I've concluded that pretty little head isn't quite

so empty as I once thought it. How to be Happy in Summer. Read the latest books. Bathe early and often. Seek cool, shady nooks. Throw fancy work away. Wear lightest, lowest shoes. Ride at morn and walk at eve.

Believe that waiters are buman. Let hats be light and bonnets airy. Eschew kid gloves and linen collars. Hurry never, thus being at leisure ever. Dress in cambrics, lawns and ginghams. Be lavish with laundresses, fruit men and

Let melons precede, and berries follow the

Store up the sweet and give small place to

Retire when in the mood and arise when most inclined. Order freshest fish and corn-cake; never mind the heavy fritters.

Remember that nine-tenths of the peor are at the seashore for rest. If you feel like doing a dood deed, treat dozen street children to ice-cream. That i

outter and cream were at your last summer's boarding place. Remember that children are only small ditions of older people, and that they have

feelings quite as acute. Look pleasantly at the tired stranger who looks wistfully at the part of your car seat only \$24.00 per dozen at occupied by your wraps, even if you do not offer her the seat .- Anna P. Payne, in The Ladies' Home Journal.

"Music," said the eminent pianist, as the reporter to whom he had kindly accorded an interview ran his pencil rapidly over the paper, "is the most elevating of sciences. It moves the deeps of one's nature, refines the sensibilities, and enlarges the heart' It-

what were you about to ask?" "I should like to know, sir, how you rerard the distinguished virtuoso, Prof. von Bergstein, as a musician." "He is nothing, sir, but a cheap, vile imita-

tor-a base counterfeit-a tenth-rate keyboard banger, sir!" exclaimed the eminent musician, scowling flercely.

A Case for Sympathy. "The hardened-looking wretch in this cell. presume," said the fair caller, with a shudder, "is some low thief." "No, miss," answered the turnkey, "he's

the desperate villain that killed his grand-"Why he is the one I'm looking for! Poor. dear man!" exclaimed the impulsive young woman, "I've brought you some nice roast turkey and a basket of fruits."

She Might Have Been Happy, Etc. The Disappointed Girl-It was awful luck. They called at the same time. Both wanted to propose. Neither would go, and-The Confidente-Which one got left? The Disappointed—I did.

Treatment of a Cut. For a cut, take powdered resin, pound it ver fine, and spread or sift it over the cut; wrap a piece of soft linen around it, and wet it in cold water quite often. This will prevent inflammation and soreness.

Too Great a Risk. Simpson-Why didn't you take a chance at that cake at the church fair? Were yo Sampson-Yes; it was one my wife baked Expressive Brevity:

Mrs. Hennepek-"Does your husband mind well, Mrs. Dudelette?" Mrs. D. (carnestly)-"He harn,t any."

A Novelty in Stern-Wheel Steamers. The Crocodile, a stern-wheel steamer recently built in England to carry the mails up the Pungwe River, in South Africa, is fitted with a unique device for use when the vescel runs upon a bank. The wheel and engine are mounted upon a pivot at the stern in such way that the wheel can be swung to either happiness such as I had never seen there be side of the steamer and worked in that posisteamer climb upon a bank the wheel can be shifted to either side that offers deep water, and the vessel may thus be pulled off.

HERE AND THERE.

A ship is often saved by its anchor, but men are often lost by their rancor,

"Look me in the face! My name is 'Might have I am also called 'No-more,' 'Too-late,' 'Fare-The post who wrote the above must have

Miscellaneous.

TEMORIAL CARDS.—A very choice selection at THE POST Printing Office

NIGINE FOR SALE .- A 12 H. Beckett Engine in good order, and a first class engine. To be seen at the tannery JOSEPH LISLE, Lindsay. April 29, 1891.—51-tr



have decided to hold a series of weekly

SATURDAY, JUNE 27th, at one o'clock share, when I will sell two horses and a large number of valuable articles for what they will bring.

and the first one will be held on

As these sales will be held every Saturday during the season persons wishing to dispose of live stock, implements or furniture would do

JOHN WILSON, Auction Mart, Wm. st.

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New York City, Sept. 19, 1888.

I have used the Flax-Seed Emulsion in several cases of Chronic Bronchitis, and the early stages of Phthisis, and have been well pleased with the results.

JAMES K. CROOK, M.D.

Brooklyn, N. Y., Dec. 20, 1888.

I can strongly recommend Flax Seed Emulsion as helpful to the relief and possibly the cure of all Lung, Bronchial and Nervous Affections, and a good general tonic in physical debility.

JOHN F. TALMAGE, M.D.

GENERAL DEBILITY, WASTING DISEASES

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