

Menthol Plaster

"D. & L." MENTHOL PLASTER

I have prepared Menthol Plaster in a number of cases of rheumatism and chronic pain, and it has been very much pleased with the effects and the ease with which it is applied.

The Canadian Post.

LINDSAY, FRIDAY, FEB. 14, 1896.

BOARD OF EDUCATION

THE INAUGURAL MEETING HELD WEDNESDAY EVENING.

Mr. F. McNeill is Chairman for 1896. The first meeting of the board of education for 1896 was held on Wednesday in the school chamber.

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FAIR REPRESENTATION.

SOME STRONG POINTS IN FAVOR OF A CHANGE FROM THE PRESENT SYSTEM.

Going down to foundation principles, what is the purpose of electing members to parliament? It is simply this, that as all the people cannot assemble in one great meeting to pass laws, they send men to Ottawa to represent their views and opinions in doing the nation's business.

THE PRESENT METHOD.

The present machinery may be briefly shown by taking the province of Ontario as an example, and examining the method of electing members to the Dominion parliament.

The whole province is cut up into little arbitrary districts, and in each of these districts the voters elect one member to parliament. A voter in one district cannot, of course, vote for any candidate who is running in any other district.

WHOLESALE DISFRANCHISEMENT.

But, if you like, we will leave out of consideration all the political ideas but the two large ones. Take, as an illustration, a district or constituency containing four thousand voters. A conservative and a liberal are running. Two thousand and fifty men vote for the conservative candidate and 1,950 for the liberal candidate.

ARTIFICIAL MINORITIES.

Why is it almost impossible for any man to be elected to parliament who is running a straight prohibition ticket? Simply because the earnest temperance people who would support him are scattered into little helpless minorities by this division of the country into one-member districts.

GROUP THE CONSTITUENCIES.

This, then, points to one change that is absolutely necessary in order to bring about a better state of things. We must abolish this ridiculous division of the country into one-member constituencies. It would not, of course, be convenient to have the whole province one district, returning all the members; but we can have districts large enough and containing voters enough to elect six or seven members; and we can elect these members in such a way as to give fair representation to every important phase of public opinion in fair proportion to the number of voters holding that opinion.

THE AUDITORS.

Several names were suggested, and it was finally decided that Coun. Jeffrey should be commissioner until next meeting of council, the council in the meantime to post themselves on the law in the matter. The council then adjourned.

A CHILD CAN USE THEM.

Some ladies think that it is a difficult matter to do their own dyeing. It is when crude and imitation dyes are used; but when the long-tested Diamond Dyes are used it takes but little more trouble to get a fast and beautiful color than it would be to wash and rinse the goods. With imitation dyes your goods are ruined; coloring with Diamond Dyes means success and lovely colors.

LINDSAY 22 YEARS AGO

MINUTES OF AN OLD TIME COUNCIL MEETING.

The Paving of Kent-st. Under Discussion—The Town's First Waterworks System. In looking over some old files of THE POST the other day we came upon a report of the proceedings of the council of that day, with reference to the paving of Kent-st., and we republish the same knowing that it will interest many of our readers. The same paper contained the following editorial approving the scheme:

"As will be seen by our report of the town council proceedings, an informal meeting of the council and citizens will be held in the town hall this evening for the purpose of considering the best means of paving Kent-st. We understand it is proposed to cobble or pave with stone a space next the sidewalk so as to form a water-way into the main drains feeders. There will come up the question of the foundation for the gravel. It would no doubt be more economical to have some foundation or the gravel would in time mix with the clay and mud and be no good at all. It might be to memory dear. It has been suggested that cedar should be put down in the manner that has proved highly successful in Toronto. It is simply an improvement of the old 'corduroy.' Cedar slabs of convenient length are laid with the flat side down, and covered with five or six inches of gravel; and the experience of Toronto has demonstrated that the greater the traffic the harder and better becomes the roadway. The people of Toronto are so pleased with the system that we understand a large amount of money is to be expended this summer on that kind of pavement. The cedar can, of course, be furnished much more cheaply here than in Toronto; and the plan is very commendable. It would also be well to consider the propriety of having trees planted along the centre of the street. This is very common in continental cities, and while it would have a pleasing effect it would considerably diminish the cost of maintaining the streets. We trust at any rate, the meeting will decide upon a plan that will make Kent-st. an ornament to the town."

TOWN COUNCIL MEETING.

The adjourned meeting of council was held Monday evening, May 15th. Present, his worship Mayor L. Maguire, the reeve, the deputy-revee, Councillors Orde, Sanderson, Cahill, Jeffrey, McBurney, Winters and Fox.

The street and bridge committee brought in a report giving the following estimate of the cost of improving Kent-st. from Britton's to the market square:—

Grading per foot 8¢ in all..... \$ 430 00
Paving a foot each side at 10¢ per yard..... 428 78
Gravelling 12 inches deep 3¢ per yard..... 2,880 00
Cedar foundation 5¢ per yard..... \$ 1,500 00
Graveling over cedar 10¢ per yard..... 1,400 00
Graveling as above..... 450 00
Paving as above..... 428 78
\$ 8,119 78
\$ 7,790 78
\$ 3,000 00

The reeve thought it would be much better to send a deputation to Toronto to ascertain how the gravel road was made there, and all the particulars.

Coun. Sanderson offered half fare to Whitby and back for the deputation on his boat.

Coun. Fox moved, seconded by the reeve, that Coun. Deacon be appointed a deputation to Toronto to enquire into the method of constructing the cedar and gravel pavement and the reason why it was adopted.

A member of the council suggested the editors of the local newspapers as most suitable persons to compose such a deputation. (Loud and long continued applause.)

Coun. Fox suggested that the deputation should call at Whitby on the way up, as he had been informed that ten feet of gravel had been placed on the street there and had disappeared in the mud.

Another councillor intimated that the Whitby was drunk, which was accepted as a natural explanation.

Coun. Fox's motion was put and lost.

The clerk read the opinion of Mr. Martin, town solicitor, by the effect that the tender to Messrs. Brown & Mann of the hose was perfectly good; and all that was necessary was for the clerk to notify them where the hose was and that it was held at their risk.

The mayor said he had a telegram from Mr. Waterous as to the most suitable day for a final test of the waterworks. It was afterwards decided to borrow sufficient hose to make two thousand feet and to arrange with Mr. Waterous as to the most convenient day for the test.

Coun. Deacon urged the necessity of town constables strictly enforcing the pig by-law. The chief constable was then called on and said he had posted some bills referring to the matter, but the by-law was a very loose and unsatisfactory one. He suggested amendment at the next meeting.

The reeve wished those who were opposed to the deputation going to Toronto to give information respecting cedar and gravel pavement would commit themselves to some definite plan.

The street committee presented a report recommending that Kent-st. be paved with a foot of gravel from Britton's corner to Cambridge-st. at as early a date as possible.

Coun. Deacon moved, seconded by Coun. Orde, that twelve feet in the centre of Kent-st. be reserved for the purpose of planting or such other purpose as may be subsequently determined upon by the wishes of the ratepayers and property owners on such street.

Coun. Fox moved that the chairman of the street committee be instructed to hire a man and proceed with the paving of Kent-st. until it is determined whether it is better to gravel the street or cover the street with cedar before graveling.

Coun. Deacon and Coun. Fox's amendments were lost. The adoption of the street committee's report was moved by Coun. Sanderson, seconded by Coun. Winters, and carried.

Coun. Deacon said the council should determine whether Coun. Jeffrey should be a commissioner to superintend the work and be allowed a commission or a foreman should be appointed. He was for one opposed to any member of the council handling money of the council. It should not be a haphazard matter.



THE OLD RELIABLE.

of all diseases arise from deranged Liver and the striking effect of it is shown in its manifestations without. Hence, cure the disease cause must be removed, and in no other way can a cure ever be effected. Warner's SAFE Cure is established on just this principle. It realizes that

95 Per Cent.

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WARNER'S SAFE CURE CO.

London, Rochester, Frankfurt, Toronto, Paris.

EAST VICTORIA TEACHERS' INSTITUTE.

What was Done at the Convention held on Thursday and Friday.

The East Victoria teachers held their annual convention in the central school, Lindsay, Feb. 6th and 7th. The meeting was opened with Mr. E. MacLean, headmaster of the Separate school, in the chair. The minutes of the last meeting were read and adopted.

An interesting paper on Arithmetic was then read by Mr. Hooper, in which he dwelt upon the following points:—(1) Why arithmetic should be taught. (2) How arithmetic should be taught, and (3) how to know when the children understand. The paper was briefly discussed by Messrs. MacDougall and Broderick from the standpoints of rapidity, accuracy any application.

After a few minutes' rest, Mr. Houston was called on to treat the subject of Grammar. In his discourse he aimed at showing (1) that grammar is a science and should be taught analytically, and that grammar taught synthetically is really composition. (2) That to teach grammar analytically the sentence should be used as the basis of investigation. (3) That the child's analysis of the sentence depends on the sense it conveys to him.

The meeting then adjourned till 1:30 p. m., when Mr. Houston resumed his discourse. Practical application of his method of analysis led to a lively discussion, in which many took part. Mr. Houston then took up the subject of literature. The aim, he said, is to lead the children to form opinions of their own and to respect those of others. The essentials in the teaching of literature he showed to be:—(1) To get the meaning of the passage. (2) To find out why the author wrote it. (3) To make the pupils so familiar with the poem that it will be a life-long possession. (4) To make pupils like literature. This depends on teacher and author. He gave practical application of this in dealing with Hogg's "Skylark." The meeting then adjourned till 9 a. m. Friday.

FRIDAY'S SESSION.

An instructive paper on Geography was read by Mr. T. E. Allen, and was ably discussed by Mr. Langford, who brought up a number of interesting points. Mr. Knight read a very excellent paper on Departmental Appeals, which will be found in another column. A discussion followed in which Messrs. Harstone, Hardy, Hughes and Shroyer took part. Mr. Hardy then moved that Messrs. Harstone and Knight be appointed as a committee to draft resolutions on the subject, to be presented to the Provincial Association at their annual meeting. The motion was carried.

Mr. Moffatt read a paper on History, which was discussed by Messrs. MacDougall and Hardy. The meeting then adjourned.

The afternoon session opened with a paper on Physical Culture by Dr. White, in which he made some startling remarks. Mr. Knight then read the following resolutions drafted by the committee:— (1) A candidate may appeal to have his name or name of papers read. No other papers shall be read on appeal. (2) The report shall contain the subject of each paper read; the name of the examiner who read each paper at the examination and the number of marks given; the name of the examiner who read each paper on appeal; and the number of marks given. (3) At any time within three months from the receipt of the report the candidate or any person or persons named by him, may examine the papers in the presence of the deputy minister, or any person assumed by him. (4) That the appeal committee consist, in the case of the entrance examinations, of the entrance board, and in the case of the departmental examinations of the chairman who were members of the different sections the year of appeal. (5) That the appeal committee meet as a committee, and that all communications sent in, in connection with appeals be considered by the committee as a whole. (6) They further recommend that the candidates be required to sign their own names to the envelopes containing the papers. Should the department deem it necessary to conceal the names, this might be done at the department by pasting a slip over the name. Before re-reading the appeal, examiners might remove this slip to make sure that the proper paper was being read.

After a great deal of discussion these resolutions were passed. The subject of science in public schools was dealt with by Mr. Harrington and discussed by Miss Austin and Mr. Bryson. Frequent diversion, in the form of recitations, dialogues and music, was furnished by the pupils.

"The Common People." As Abraham Lincoln called them, do not care to argue about their ailments. What they want is a medicine that will cure them. The simple, honest statement, "I know that Hood's Sarsaparilla cured me," is the best argument in favor of this medicine, and this is what many thousands voluntarily say.

HOW FEW THERE ARE

Who won't own a little weakness for money. Housekeepers know that prices count in these times, when money is not any too plentiful. At our store you will get honest goods at honest prices, 16 ounces to the pound, and no sharp tricks.

TEAS and COFFEES.

In Teas you will find our prices about 25 per cent. lower than is usually charged for the same class of goods because we know how to buy right. Very few dealers carry the real fine qualities. We sell you the finest first-picked Tea and the young delicate leaves that give the delicious flavor found in English Breakfast, Young Hyson and Darjellings. The next grade ranges very close to the above in quality, but comes considerably cheaper. Then we can give you a really good blend of Indian and Ceylon, Young Hyson or New Japan for surprisingly little money. Our 25c. Tea is a wonder at the price.

In COFFEES we have always led the trade for this district, which is due to the uniform excellent flavor. Our Blend at 45c. is a cup in perfection, and our 40c. Blend cannot be equalled.

COCOAS and CHOCOLATES.

Healthful and nutritious drinks, and handy to have in the house. We keep the best to be had in the town.

SPRATT & KILLEN, FAMILY GROCERS.

VARITIES. "Victor," Emanuel's tomb at Rome will cost \$5,000,000. If you would always be healthy, keep your blood pure with Hood's Sarsaparilla, the One True Blood Purifier. Probably in London alone over 20,000,000 matches are used every 24 hours. —KARL'S CLOVER ROOT will purify your Blood, clear your Complexion, regulate your Bowels and make your head clear as a bell. 25c., 50c., and \$1.00. Sold by A. Higginbotham, druggist. World's navies employ 1,600,000 men.

When Baby was sick, we gave her Castoria. When she was a Child, she cried for Castoria. When she became Miss, she clung to Castoria. When she had Children, she gave them Castoria. An artisan of Brussels has invented a revolver that shoots seven times a second. Open as Day. It is given to every physician, the formula of Scott's Emulsion being no secret; but no successful imitation has ever been offered to the public. Only years of experience and study can produce the best. The Berlin electric stations supply power to 146 printing offices. Piles! Piles! Itching Piles. SYMPTOMS—Misture; intense itching and stinging, most at night; worse by scratching. If allowed to continue, tumors form, which often bleed and ulcerate, becoming very sore. SWANSON'S Ointment stops the itching and bleeding, heals ulceration, and in most cases removes the tumors. At druggists, or by mail, for 50 cents. Dr. Swanson & Son, Philadelphia, Lyman, Sons & Co., Montreal, Wholesale Agents. Some handsome lines of memorial cards now in stock at reasonable prices for one and two dozen lots. Call and examine or write for samples to this office. PRACHER AND TEACHER.

Rev. Chas. E. Whitehouse, Rector St. Matthew's Episcopal Church and Principal St. Andrew's Park School, Hamilton, Ont. Found Good Relief from Dr. Agnew's Cathartic Powder. The rector of St. Matthew's Church, Hamilton, Ont., holds a warm place in the hearts of his people, not alone because he is a faithful pastor, but for the work he has done for the children of Hamilton, as principal of St. Matthew's parish school. As he has sent forth his influence through church and school, so he extends in a wider way the good properties of that wonderful medicine, Dr. Agnew's Cathartic Powder, by telling the people of Canada how much it has helped him. There is something unique in this medicine that secures favour wherever it is known, and which just now is making a host of friends because of the certain relief it gives in cases of hay fever, a trouble that afflicts many at this season of the year. As a cure for catarrhal trouble it has no equal. Sold by druggists. Sample bottle and blower sent on receipt of two three cent stamps. S. G. Detoch, 44 Church street, Toronto.

The Got K Co. Ladies Favorite. Cook's Cotton Root Compound. Manufactured by The Cook Co., Windsor, Ont., and Detroit, Mich., is the only known safe, reliable medicine on which ladies can depend in "the hour and time of need." Every lady who reads this is requested to inclose two postage stamps, with her address, for being read. and full particulars, which we will send by return mail in plain, sealed envelope. An old physician, 35 years continued practice treating diseases of women, has charge of the office, and can be consulted by letter or in person. Address our main office, THE COOK COMPANY, Room 3—No. 253 Woodward Ave., Detroit, Mich. Cook's Cotton Root Compound is sold by all responsible wholesale and retail druggists in the Dominion of Canada and United States for One Dollar per box.

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Grand Trunk Railway. GRAND TRUNK RAILWAY. The Old Reliable Route. Through Tickets at lowest rates to all points on the Grand Trunk system and connecting lines in Canada and United States. Steamship Tickets to all points in Europe by first-class S. S. lines. E. J. MATCHETT, Agent Express Office, Lindsay.

Shorey's Clothing. See that little card in the pocket of any Ready-Made Garment you buy. It speaks for itself and means what it says. This card is a guarantee that the cloth in this garment has been thoroughly Sponged and Shrunk and the workmanship is fully guaranteed. H. SHOREY & CO., Montreal. Shorey's Ready Made Clothing.

John Makins. JOHN MAKINS, Brass and Iron Founder is prepared to do all kinds of Casting and Foundry Work. Repairing of Implements and Machinery etc., Setting-up Steam Engines and Boilers. JOHN MAKINS, William-st. North. Horn Bros.

Blankets. We are manufacturing Blankets by the ton and selling them in loads; made especially for this long Canadian Winter. Softest, Downiest, Warmest All Wool Blankets on the market. Made of fine wool, long fibre, silky, clean, speckless, springy, no dead or brashy wool used, therefore we guarantee every pair to give entire satisfaction. Your money back if they don't. Every intermediate item of profit and expense is saved when you buy direct from the looms. Size—64 x 168 in. for \$2.50; 72 x 180 in. for from \$3 to \$5 per pair.

Knitted Goods. A few dozen mis-matched shirts and drawers in Shetland, Merino and Canadian Lamb's Wool, will be cleared off at very low prices. Cardigan Jackets, Top Shirts, Socks, Long Black Stockings for Boys' and Girls' wear—heavier than cashmere—will wear as well and very much cheaper. Check Horse Blankets a Specialty. HORN BROS., Lindsay Woollen Mills. The Post.

Want Any? Advertisements Attractively Displayed. The best medium for Reaching the public. THE POST, Daily and Weekly. Foot of Kent-st., Lindsay. of every description in first-class style from a calling card to a poster. We are prompt in the delivery of same. Prices reasonable.

Grand Trunk Railway. GRAND TRUNK RAILWAY. The Old Reliable Route. Through Tickets at lowest rates to all points on the Grand Trunk system and connecting lines in Canada and United States. Steamship Tickets to all points in Europe by first-class S. S. lines. E. J. MATCHETT, Agent Express Office, Lindsay. Central Business College. SOME DO, SOME DON'T! Some choose to attend a good school like the great CENTRAL BUSINESS COLLEGE, TORONTO, Ont. The best commercial school that Toronto has ever had. Advantages best in Canada. Some choose an inferior college, get poor instruction and are badly equipped for business life. Students are admitted at any time. SHAW & ELLIOTT, Principals.

True. We buy a small the very... LINDSAY... LUMBER... STUFF... OIL... CO., TORONTO.