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em Can Sew? atholique (Ind.): s Association has ent to find work en. The problem the Government ut what kind of se women. At the has an army of oyed. There is imployed artisans. almost all of the , the kind of work ite collar man no ted for this work. find work for an r male unemployg to find any for t the only thing start huge sewing hes for those who uy clothes. How

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to Head ove for Peace blue-eyed French is "the science of leading feminine tional mass meetscheduled here eceding the world ence in Geneva in

Weiss, managing national magazine ' Since the days a nurse of World has delved untiry of international e sole means by naster the science evention of wars." an international n be settled only al understanding."

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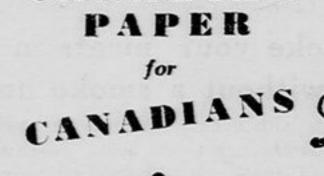
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COMICS in COLOURS



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A Weekly CANADIAN PAPER





Hearts of Athletes

Show Difference

From Study of Those of

Nurmi and Hempl Doctor

Says Action, Not Size,

Counts

Berlin .- Dr. Victor Gottheiner, roent-

genologist, who invented X-ray mo-

tion pictures, has made a special study

of the organic constitution of athletes

and recently filmed Finish runner

Nurmi's heart in action, holds that ath-

letic prowess is not so much a matter

of how bodily organs are made but

how they work and that the latter de-

pends largely on what goes on in the

brain. He threw on the screen a reel

showing the heart and lungs of the

German champion runner, Paul Hempl,

in contrast to Nurmi's, and pointed out

that whereas Nurmi's heart is more

than double the average size Hempl's

"Nurmi is in physical constitution

an ideal athlete." Dr. Gottheiner said.

"But Hempl is so far from it-in fact,

he is asthenic; his extraordinary per-

formance shows what a man can do

Dr. Gottheiner said he had started

as a pathological anatomist but on

the basis of his X-ray researches had

come to the conclusion that mere

knowledge of the organic structure

"When a heart has been cut out of

the body," he said, "it is just a chunk

of meat. You must know it in action

before you know anything useful about

it. Take Nurmi's heart: from a static

X-ray picture of it no doctor could

tell whether it was not enlarged by

severe heart disease. A sick heart

"Look at the film of Nurmi's heart

and you will see in what perfect

rhythm it functions. It shows, indeed.

an anomaly in its action unobserved

in ordinary hearts; in pumping it

turns on its axis through about a quar-

ter circle but that is only because it

is so big it otherwise would not find

room in his chest Nurmi developed

his heart-which is perfectly sound-

to that extraordinary size much the

same way as another athlete develops

huge biceps. But unlike the latter

Nurmi's huge heart demands constant

exercise; if he stopped training very

likely he would fall ill."

when he has the will for it."

was almost meaningless.

works unevenly.

s barely average.

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BABY FRETFUL, RESTLESS?

Look to this cause When your baby fusses, tosses and seems unable to sleep restfully, lock for one common cause, doctors say. Constipation. To get rid quickly of the accumulated wastes which cause restlessness and discomfort, give a cleansing dose of Castoria. Castoria, you know, is made especially for children's delicate needs. It is a pure vegetable preparation; contains no harsh drugs, no narcotics. It is so mild and gentle you can give it to a young infant to relieve colic. Yet it is as effective for older children. Castoria's regulatire help will bring relaxed comfort and restful sleep to your baby. Keep a bottle on hand. Genuine

Castoria always has the name: Chart Fletchers CASTORIA CHILDREN CRY FOR IT



Oh, let us learn, we pray Thee God, We who have lightly broken our

Armistice Day Silence

brothers' hearts; And when hot passion starts

And would our oft-bewildered senses to corporations. sway,

Oh, teach us, God, we pray. Just for a moment will the world's

pulse cease, And as her clanging noises sink to

Let, for that moment, peace Drop, like a sudden bird upon her

On earth at Thy behest!

So we in stillness, seeing what we Thy children yet, may turn, and

with our tears Wash out the merciless years; Wash out the clamors and the wrongs of war,

And man no longer mar. -A Jacqueline Shaw.

The Imperial Conference

London Daily Telegraph (Ind. Cons.): Serious difficulties in Aus- daughter in his lumber yard. The tralia and New Zealand led to a post- phone rang while he was out of the ponement of the Imperial Conference office, so Betty answered it. to an unfixed date in 1932. These Caller-"Hello, is this Mr. Lee's exist no longer, and in both those Do- lumber yard?" minions the Governments' desire for Betty-"No, this is Mr. Lee's little an early meeting has been made girl." known. In this country the position has been magically changed; the strongest Government of modern for fifteen years, decided with heavy times has been given what is asked heart to buy a new one. for-a free hand for the reconstruct- Going into the only hat shop in his ing of our economic fabric by any neighborhood, he said: "Well, here I means that shall be deemed effective; am again." and that mandate has been sought and obtained with a specific insistence that a tariff policy is not to be ex- you think you can stay here all cluded from the methods of adjusting night?" our economic life to the altered conditions of world commerce. Thus, armed, the Government will take part in the Economic Conference completely untrammelled by the doctrinal commitments which have clogged its activities hitherto; and for the first time the basketh the other days, mum?" the policy of Empire economic unity will be placed in the way of realiza-



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Owl Laffs

Cause of This Depression A judge says it is the existence of corporations.

A financier says it is the hostility

The farmer says it is the low price of wheat and cotton.

The silver man says it is the action of Wall Street. The manufacturer says it is the fear

of free trade. The Wall Street men say it is the action of the silver men.

The consumer says it is the tariff. The debtor says it is the creditor. The creditor says it is the debtor. The preacher says it is the devil. Now what have you got to say about

Watt-"I thought you and Foozello were acquainted"

Howe-"We are." Watt-"You didn't seem to recog nize each other when you met." Howe-"Our acquaintance is purely telephonic."

Mr. Lee was entertaining his small

A Scot, who had worn the same hat

She-"Say, it's past midnight. Do

mother first."

He-"Gosh, I'll have to telephone

Mistress-"Saturdays I shall go to market with you." Bridget-"But who's going to carry

Foreman - "Well, everything all

Nnght Watchman-"Yes, I haven't done so bad for the first night. I've checked off everything and there's the power of truth, and lie bed-ridonly one thing missing-the steam den in the dormitory of the soul,

In the old days before mayonnaise became epidemic table scraps were hash instead of salad, and you could Stand is square and has a neatly pierced tell what the darned thing was. Granddesign. Order now! Also send for com- mother's handbag may have contained plete Christmas Gift Catalogue C, listing hundreds of inexpensive articles, all new, a lot of foolish things, but it never contained a lipstick or cigarette case. Every boy asks for more than he expects to get. The woman who used to be ashamed of her past is now having it syndicated. An optimist is a guy who thinks his wife has quit smoking cigarettes when he finds cigar butts around his house. More than one girl has given a boy friend the bounce for rubbering at other girls. You can tell good literatur . The publishers give you a set of it free when you buy a set of trash. We'll credit Admiral Byrd with finding all that land down at the South Pole, but just the same how is he going to get it defrosted? | 6 Naturally some wom . think better of their first husband after they have been hooked up a few years with their

> Nurse-"Your wife has just given birth to triplets." Brown-"Gosh, that's what comes of Kruschen method should have sucher working in the recorder's office. Everything is triplicate."

Hudson-"Don't you find it hard to meet expenses?" Ramsey-"Hard? Man alive! meet expenses every time I turn Kruschen every morning, I tip the around."

Frank-"Why don't you and Helen get marired. Are you afraid to pop the Peter-"No; afraid to question the claim to do. But taken regularly over

Cooper (at the Southern Winter Resort)-"When did you discover that you loved me?" Agnes-"When I found out that you

were the only unmarried man in the

Boss-"A man is never older than he feels. Now this morning I feel as fresh as a two-year old." Steno (sweetly)-"Horse or egg?"

"THESE HARD TIMES"

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money makes it more important than ever to economize. One way I save on clothes is by renewing the color of faded or out-of-style dresses, coats, stockings, and underwear. For dyeing, or tinting, I always use Diamond Dyes. They are the most economical ones by far because they never fail to produce results that make you proud. Why, things look better than new when redyed with Diamond Dyes. They never spot, streak, or ren. They go on smoothly and evenly, when in the hands of even a tenyear-old child. Another thing, Diamond Dyes never take the life out of cloth or leave it limp as some dyes do. They deserve to be called 'the world's finest dyes'!"

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TRUTHS

Truths, of all others the most awful and interesting, are too often considered as so true that they lose all side by side with the most despised and exploded errors .- S. T. Coleridge



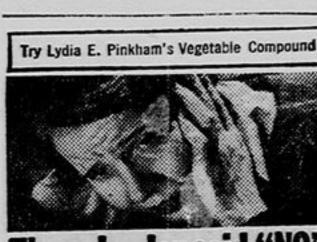
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for reducing weight, I weighed 170 lbs. That was seven months ago. I decided I was too heavy, and now I thanks to the half teaspoonful of scale at 150 lbs. I have been that weight for nearly four months. I may say I feel much better. I did not diet myself in any way whatever."-E.C. Kruschen Salts do not reduce your overnight-like so many products a period of time-with a modified diet and gentle exercise, half a teaspoonful in a glass of hot water every morning before breakfast will take away unhealthy flesh and restore your figure to its normal weight. Yet at the same time—build up health with a great increase in vigor and energy for you!



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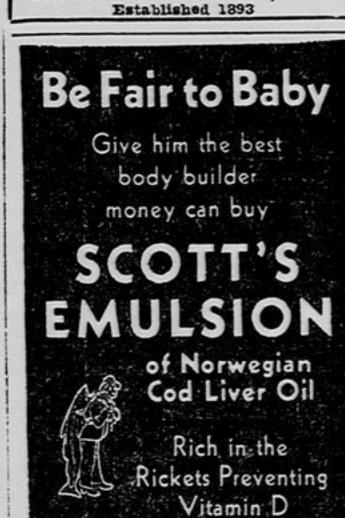
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