

TORTURING SCIATICA

A Severe Sufferer Cured Through the Use of Dr. Williams' Pink Pills.

Fierce darting pains—pains like red hot needles being driven through the flesh—in the thigh; perhaps down the legs to the ankles—that's sciatica. None but the victim can realize the torture. But the sufferer need not grow discouraged for there is a cure in Dr. Williams' Pink Pills. These pills make new, rich, red blood, which soothes and strengthens the feeble nerves, and thus frees them from pain and restores the sufferer to cheerful activity. In proof we give the statement of Mr. Thos. D. Leinster, Wapella, Sask., who says: "I was attacked with sciatica which gradually grew worse until I was confined to my bed; for three months I had to be shifted and turned in my bed as I was utterly unable to help myself. I suffered the greatest torture from the fierce, stabbing pains that accompanied every movement. I consulted several doctors and took drugs and medicines until I was nauseated, but without getting any benefit, and I began to believe I would be a continuous sufferer. Finally I was prevailed upon to use Dr. Williams' Pink Pills, and after taking them for about six weeks I was able to get out of bed. From that on I kept steadily improving until I was free from this terrible and painful malady."

The most stubborn cases of sciatica will yield to Dr. Williams' Pink Pills if the treatment is persisted in. These pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for \$2.50 by addressing The Dr. Williams' Medicine Co., Brockville, Ont.

AN APPEAL

On Behalf of the National Canadian Patriotic Fund.

We have now entered upon the second year of the war, and the end seems as far off as ever. No one imagined, a year ago, that by September of 1915 Canada would have sent across the Atlantic nearly one hundred thousand men with as many more to follow if necessary. This magnificent enlistment, while primarily due to the loyalty of our people, has been, in a large measure, made possible by the Canadian Patriotic Fund.

This greatest of all the national benefactions is now assisting twenty thousand families of men who have enlisted for overseas service. These men have gone forward with the full assurance that the people of Canada will see to it that during their absence their wives, widowed mothers, and little children shall be maintained in comfort. We hear that the drain upon the Fund is assuming large proportions, that to meet the needs of July and August \$700,000 was expended, that the reserves are being materially decreased, and that the national Executive Committee now finds it necessary to make a further appeal to the Canadian Public.

There are many funds, most of them worthy, but of them all the Patriotic Fund is the one we cannot allow to fail. It is the duty of the Government to arm, equip and maintain the troops. Not a dollar do the Federal authorities give to the Patriotic Fund. This work depends solely on the patriotism and generosity of our own people. Thousands of brave men are fighting our battles, believing that we meant what we said when we told them as they went forward—"Go and we will care for the wife and children." It would be to our everlasting disgrace if our pledge were broken.

The national organization, with headquarters at Ottawa and branches or affiliated associations in every part of the Dominion, is worthy of our most generous support in the tremendous and ever-growing task that it has undertaken. Ottawa, Sept. 1st, 1915.

A DETERMINED WOMAN

Finally Found a Food that Helped Her.

"When I first read of the remarkable effects of Grape-Nuts food, I determined to secure some," says a western woman. "At that time there was none kept in this town, but my husband ordered some from a commercial traveller."

"I had been greatly afflicted with sudden attacks of cramps, nausea, and vomiting. Tried all sorts of remedies and physicians, but obtained only temporary relief. As soon as I began to use Grape-Nuts the cramps disappeared entirely. I am to-day perfectly well, can eat anything and everything I wish, without paying the penalty that I used to. We would not keep house without Grape-Nuts."

"My husband was so delighted with the benefits I received that he has been recommending Grape-Nuts to his customers and has built up a very large trade on the food. He sells it to many of the leading physicians of the county, who recommend Grape-Nuts very generally. There is some satisfaction in using a really scientifically prepared food." "There's a Reason."

Name given by Canadian Postum Co., Windsor, Ont.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

CURIOSITIES OF NATURE.

Strange Questions and Stranger Answers.

Curious, indeed, were some of the beliefs of our forefathers, to judge from the little volume, entitled "Curiosities of Nature," published in 1637. Like most books of the olden days this one is dedicated to a peer—in this case to "The Right Honorable William Lord Craven, Baron of Hamsted, &c.," and the author, after requesting "gracious protection," tells his patron that his "handful of Curiosities" is "devoted unto you by the Heart and Hand of a Student, Traveller and Soldier."

The somewhat astounding information is conveyed by means of questions and answers.

Q.—How is it that the Hare sleeps with her eyes open?
A.—Because her eyelids are not large enough to cover her eyes. The like also is it, as many do report with many other animals, as the Lyon himself.

Classification of subjects did not trouble the author, to judge from these three questions and answers, which follow one another:—

Q.—What is the hardest thing to be learned?
A.—To learn to know himself.

Q.—What doest cast from it a greater heat than fire?
A.—Beauty, which setteth not only on fire those that touch it, but also those that a farre off doe behold it.

Q.—Why doe Pullets (their throats being cut) survive after it longer than men?
A.—Chickens and Pullets have smaller sinews and veines, and therefore life cannot so soone leave them.

Quite an original explanation of the desire to be rich is found in this:—

Q.—Why doe men seek to avoid poverty?
A.—Because it causeth them oftentimes to decline from the right way of vertue.

Women come in for their full share of notice, but alas! our author does not appear to have held them in very high esteem. For instance:—

Q.—Why are women more covetous, more crafty, and more revengeful than men?
A.—By reason of the weakness of their nature; for being not able by force to support and maintain themselves, they betake themselves to craft, covetousness and discord, which Caesar said was the Mother of Assurance.

But neither men nor women can become hot headed. Note this:—

Q.—Why did nature make rather the braine cold than hot?
A.—For this main reason only: to temper and moderate the heate of the heart, to the end it might serve in stead of a Fan or cooler.

Marriage is summed up pithily as follows:—

Q.—What is marriage?
A.—A Paradise on earth if her laws be observed, but a hell in the house if her statutes be broken.

But perhaps the finest thing in the book relates to the "invention" of kissing, a matter about which many sweethearts have no doubt had their arguments. Here are the facts, as set forth under the heading "Of kissing, a token of Love":—

Q.—How is it that this act is so much esteemed and used of Lovers?
A.—This was first invented by the Trojan Wives, who being tyred with the long and tedious travails by Sea, and being now arrived in the pleasant Country of Italy, and loath that their Husbands should any more put to Sea, concluded amongst themselves that while their Husbands were now a shoare, busied in the Conquest of that Country, they would fire the ships, and by that means to quit themselves of the fear of any further travails, which they put in effect. But when they considered the high displeasure of their Husbands likely to come upon this way of pacification; which was, that at the returne of them, every wife should use this kind of welcome, by kissing him on the Lippes, which before that time was not used and knowne; when the men perceived, wondering and amazed at this novelty of embraces, became indulgent to them, and pacified; whereupon, since that, it never went out of use, but grew rather more and more in request.

WILD HOGS AS WATCHDOGS.

In Mexico Will Fight Off Coyotes or Other Wild Animals.

In some parts of Mexico the wild hogs, which the natives call jabalis—hah-bah-lee—savage beasts in their natural state, are used as watchdogs. If they are caught young and brought up with goats they will go out into the hills with the herd and fight off coyotes or other wild animals; if they are raised with chickens they will protect them, and round a ranch-house at night they are as useful as any dog.

Although fierce by nature, they can be tamed until they follow their master round like a dog. The landlord of a hotel in one of the border towns even keeps one of the wild hogs as a playmate for his baby son.

The jabali is only first cousin, however, to the domestic pig. Swine are divided into two main branches; if one line is the farmer's pig, descended from the wild hog of Europe, and in the other is the jabali, which is really a peccary. But the jabali is quite "piggy" enough, with his small, flexible snout, long, mottled bristles and long, sharp tusks.

ANGLO-FRENCH BONDS

5%—5 yrs. yield about 5 1/2% convertible at your option for from 10 to 20 yrs. as per public announcement.

WRITE your orders for all the Anglo-French Bonds you need while you can get them at 98. in the \$100.

We had a large Syndicate allotment but fear it will be all taken before the 20th.

WIRE commitments at once to be sure of a share in this good thing.

PROVINCIAL TRUST COMPANY, Trust & Loan Bldg. MONTREAL

TO DEFEY UNDERSEA DANGERS.

Apparatus Which Estimates the Distance of Icebergs.

A marine signalling apparatus which it is believed will diminish sea disasters consists of an electric oscillator which announces the presence of another vessel, locates icebergs, indicates sea depths, and provides for the transmission of submarine telephone and telegraph messages.

The device consists principally of a twenty-four inch metal diaphragm attached to a cylindrical case, within which is an electromagnet actuating a wiper sounder. The oscillators, when in permanent position, are placed inside of a ship's skin, beneath the water line, on both the port and starboard sides. Vibrations of the diaphragm amounting to a movement of one-thousandth part of an inch and repeated with great rapidity throw out sound waves under the water which may be caught by the receiving apparatus on another vessel.

Signals of this kind have been heard at a distance of thirty miles, while at shorter ranges numerous telegraphic conversations have been carried on successfully. In one instance the experimenters actually talked between two ships. In locating icebergs it is the echo which gives warning of the presence of danger.

With a stop watch it is possible to estimate quite accurately the distance of these barriers.

Vital Healing Power Fills the System And Health Returns

A crowing curative triumph in medicine is now given to the world, and all who have been sufferers from stomach ailments, indigestion and headache can be cured quickly by a purely vegetable remedy. Calomel, salts and such like are no longer necessary. They are harsh and disagreeable. Science has devised something far superior, and you can go to-day with 25c. to any druggist and buy a box of Dr. Hamilton's Pills which are considered the very quickest and safest cure for the stomach, bowels, liver and kidneys. Half sick men and women who scarcely know what ails them will be given a new lease of life with Dr. Hamilton's Pills. Depressed spirits disappear, headaches are forgotten, appetite increases, blood is purified and enriched, pains at the base of the spine are cured, the nerves are toned up, ambition and vigor are increased, and day by day the old-time health and vigor return. A trial only is necessary to prove how beneficial Dr. Hamilton's Pills are to all who are weak, nervous, thin, depressed or in failing health.

THE BEGGARS' PARADISE.

They Travel Free on Passenger Boats In China.

In China begging is in the nature of an art, and the various sorts of supplicants have been classified, until now it is known that there are at least thirty classes of travelling mendicants.

The passenger boats know them and do not attempt to collect passage money, for they sleep on the open deck, and, curiously enough, pay for what-ever rice they require. This being the case, rather than have any trouble with them and gain their enmity, the boatmen allow them free passage.

When they reach the city they put up at the beggar hotel near the Big Pagoda and let the beggar headman know of their arrival. Soon the regular allowance is forthcoming and the man spends a few days in pursuit of pleasure and then moves on to another place to repeat the same proceeding.

His Daughter in Luck.

Paterfamilias (furiously) — "You scoundrel! Why did you elope with my daughter?" New Son-in-Law — "To avoid the insufferable fuss and nonsense of a society wedding." Paterfamilias (beaming) — "Thank Heaven, my daughter has got a sensible husband, anyhow."

A Powerful Geyser.

The Waimangu Geyser near Rotorua, in New Zealand, the largest geyser on the island, which in its period of eruption threw huge columns of water, black mud, rocks, and stones to a height of fifteen hundred feet and more, but which for the past eleven years has remained quiet, has again become active. It recently blew out a new crater, eighty yards long by seventy-five yards wide, and about twenty feet deep. In that first explosion, during which it hurled mud and stones more than a thousand feet into the air, it formed twenty mud "boilers" that threw mud thirty feet high, and opened seven broad steam holes, from which steam escaped under great pressure. Some of the sand and mud that it sent up was, it is said, carried as far as Lake Rotomahana, three and a half miles away. At last accounts, jets of steam were issuing from the many fissures in the crater wall.

How to Cook Roman Meal Porridge.

Invariably use double boiler, or set boiler in basin of boiling water. Have water boiling in both vessels, that in inner one salted to taste. Slowly stir in one cup Roman Meal to each two cups water. Cover, set in outer vessel, and never stir again even while serving. For early breakfast cook at evening meal and warm in morning, using a little less Roman Meal. It's a dark nut-brown, granular, rich porridge. It nourishes better than meat, prevents indigestion and positively relieves constipation or "money back." Ask your doctor. All groceries, 10 cents and 25 cents.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision. "We are to have a Jewish rabbi for dinner to-day," said a lady to her servant. For a moment the maid surveyed her mistress in grim silence. "All Then she spoke with decision. "All I have to say is," she announced, "if I have to have a Jewish rabbi for dinner you'll cook it yourself!"

Three Good Ones.

"Give three reasons for saying the earth is round," confronted Sandy in an examination paper. "My teacher says it's round, the book says it round, and a man told me it was round."

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

Minard's Liniment Cures Dandruff.

Minard's Liniment Co., Limited, Dear Sirs,—I can recommend MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results. Yours truly, T. B. LAVERS, St. John.

Minard's Liniment Cures Burns, Etc.

Minard's Liniment Co., Limited, Dear Sirs,—I can recommend MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results. Yours truly, T. B. LAVERS, St. John.

Minard's Liniment Co., Limited, Dear Sirs,—I can recommend MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results. Yours truly, T. B. LAVERS, St. John.

Every Stiff Joint Limbered, Rheumatism Cured!

That Old Family Remedy "Nerviline" is Guaranteed for the Worst Cases.

CURES NEURALGIA, BACKACHE, LUMBAGO.

Rheumatism to-day is unnecessary. It is so well understood and so readily curable that every day we have reports of old chronics being freed of their torment.

"I can speak confidently of the Nerviline treatment, for the simple reason that it cured me," writes Albert B. Cornelius, from Kingston. "You can't imagine how stiff and lame and sore I was. Nights at a time I couldn't sleep well. I followed the Nerviline directions carefully—had it rubbed into the sore regions four or five times every day. Every rubbing helped to reduce the pain. The swelling went down. I got a fair measure of relief in a week. I also took two Ferrozone Tablets with my meals. They increased my appetite and spirits, purified my blood and toned up my system generally."

"I am as well to-day as a man could be—in perfect good health. I give Nerviline all the credit."

A large family size bottle of Nerviline costs only 50c., or the trial size 25c., and is useful in a hundred ills in the family. Whether it's toothache, earache, headache, neuralgia, lame back or a cold, Nerviline will cure just as readily as it will cure rheumatism. For family use nothing equals Nerviline.

MOTHER.

In the darkness of night, With the bright stars above, The boy-soldier thinks Of the mother he loves, Whom he left far away, And to whom he is worth more than gold.

Is the value too high? Then some dear mother try, Whom has sent out her son As her share of the fight For the cause of the right, And, God willing, he'll never return.

There are things on this earth, Who can value their worth? Like a mother. And when it's her son, Then her heart strings are torn For the one she has borne, That the country has called to its side.

"The Lord gave the child," She did say through the pain, As she grasped her fair son to her breast, But God knows of her claim, He'll come home, 'haps, again, Though the servant of hell does his worst.

There are things on this earth, So wise Solomon said, Were beyond him. How can man define Why a mother's weak arm Can a nation's thrall break, And her words make of Babel a calm?

Think then of mothers,— The ones who have lost Their all in this world,—"my son," Bow down in your reverence And give praise to God That through mother your battles are won. —Dan Douglas.

France, September, 1915.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision.

Three Good Ones.

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision.

Three Good Ones.

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision.

Three Good Ones.

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision.

Three Good Ones.

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision.

Three Good Ones.

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision.

Three Good Ones.

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision.

Three Good Ones.

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

Minard's Liniment Cures Burns, Etc.

The Maid's Decision.

Three Good Ones.

Minard's Liniment Relieves Neuralgia.

Birds have an extra eyelid, which can be drawn over the eyeball to protect it from the strong sun, while the proper eyelid remains open, enabling them to see.

KNEW BRITAIN RULED WAVES.

Count Von Reventlow Apologizes for German Fleet's Inactivity.

Count Von Reventlow, the naval expert of the Tages Zeitung newspaper, in an article on the comparative strength of the British and German fleets, says in part:

"No one cognizant of the circumstances doubted an instant at the beginning of the war, or before, that it would be impossible to dispute with success British mastery of the ocean. If the building programme of the German fleet had been further advanced at the beginning of the war, and if instead of a slackening in building in consequence of Viscount Haldane's negotiations the buildings had been accelerated, and if it had been possible to continue this acceleration for a series of years the situation unquestionably would have been better. But the British may thank their supremacy not alone because of their great numerical superiority but because of their geographical position."

The British, Count Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the Germans have only one point in the restricted Holland triangle, and the German fleet, therefore, will always be in a position of strategic inferiority until this condition is remedied. The writer backs the demand made by Albert Ballin, managing director of the Hamburg-American Line, made some months ago, that Germany at the end of the war must have a more extended base line.

Count Von Reventlow says, have as a base a long line of coast with many harbors and supporting points, against which the