

ot at all satisfied with on may say that you ng medium, whereas ve been using one of didn't you get results! use you were considernd your product rather le you were appealing illed to make your adompetitively strong in tention. For example, h a copy of the magaer the advertisements. magazine down. What remember you saw? we identified these in



d, go back and look red them, It was their ISPLAY AND INDIVIDthis feature into your will be kept busy. for this problem let us or designs from natural as leaf forms, suitable

vill be answered in this Anyone wishing to reonal reply may have the stamped envelope is tnthe request. The Art Di-Sketch Club, Room 425, Street West, Toronto.

EN IT'S ER FELLOW

me to step lively. My tainment is your intolerce. Your little evening's is my inability to get Riveting is my useful your verge of insanity. whistling, violin-playing lking in the audience are of self-expression and ions to murder.

ima is summed up in the e violinist who kept makaces while his orchestra g a symphony. A puzzled r asked him the reason. sour notes? No. Was the g in the wrong key? No. hing wrong with the . What then? "The truth sed the violinist, "I just music."

i-noise campaign will beke real headway as soon all agree upon just what

ss Death atched Chicks

of war. enter believes that the of the ray would be for ination of agricultural to aid in slaughtering

been experimenting with determining the sex of The tests so far show adicator goes to the left and to the right for hen an egg is tested, he ifield is now trying to ray to the discovery of unborn children.

e closing of a distant the slope of some far haunted with a heart of

quarry, panting, hurt and untangling in a crimson

Late. ian, the dead turned-made nd. Then I oba small study. wling on hands

HIS LUMBAGO HAS NOT COME BACK

Keeps Free Of It With Kruschen

There can be no doubt about the effectiveness of the remedy this man uses against lumbago. Read his let-

About four years ago, I had a bad attack of lumbago. After being in hospital for two weeks taking heat treatment, I started taking Kruschen Salts. Since then, I am happy to say, I have not been troubled with lumbago, I shall still continue taking Kruschen to be sure the lumbago won't come back."-A. C. C.

Why is it that Kruschen is so effective in keeping lumbago at bay? Simply because it goes right down to the root of the trouble, and removes the cause, which is an impure bloodstream. The six salts in Kruschen keep the bloodstream pure and vigorous by promoting a clockwork regularity of all the organs of elimina-

abrogates fundamental American will fill in the remainder of the liberty violates the life principles of trench assuring stout stems and ab-America as a nation." - Herbert | undant deep roots. If the flowers are

"Many people feel perplexed beeause of the municipality of churches and the conflict of their claims." -John Dewey.

designed to establish for all time any particular economic theory, whether of the organic relationship of the individual to the state or of laissezfaire."

"If we would guide by the light of reason, we must let our minds be bold." - Louis D. Brandeis,

"Religion is not a narrow, bigoted unreasonable thing, any more than is art or poetry, to which it is akin."-Sherwood Eddy.

Now Science Explains Why So Many People Past 40

Feel That They're Slipping Losing Their "Grip" on Things



Many people 'round 40 think they're "growing old." They feel tired a lot ... "weak." Have headaches, dizziness, stomach upsets.

Well, scientists say the cause of all this, in a great many cases, is simply an acid condition of the stomach.

the excess stomach acidity. When you have one of these acid atomach upsets, take Phillips' Milk of Magnesia after meals and before

going to bed. That's all! Try this. Soon you'll feel like another person! Take either the familiar liquid "PHILLIPS" or the convenient new Phillips' Milk of Magnesia Tablels. Made in Canada.

ALSO IN TABLET FORM: Phillips' Milk of Magnesia Tab-lets are now on sale at all drug stores everywhere. Each tiny tab-let is the equivalent of a teaspoonful of Gen-vine Phillips' Milk of PHILLIPS'

Milk of Magnesia.

SWEET PEAS.

spade in the ground. There are usual- placed in a bright window, where, ly one or two days in early April preferably, there is a double glass, when it is possible to work up the to prevent cold droughts at night. soil in the warmest part of the garden, and this is the time and place for these flowers. They have best results in a climate where the summer nights are inclined to be cool. They must have extra water during dry weather. It is advisable to sow in a trench and support on brush, strings or poultry netting. The trench should be dug a foot deep and in it put three or four inches of wellrotted leaves, or manure. This, in addition to plant food provides open material in which a deep root system can be developed. On top will be three inches of fine garden soi and place in this the seed, about two inches apart the same deep. Gradu-Whatever violates, infringes or ally the spring and summer rains early July until frost.

STARTING PLANTS IN BEDS.

Where many plants are wanted, the best arrangement for starting seed indoors is a hot bed, though "The U. S. Constitution was not where only a few plants are required, a shallow box in a sunny window will be sufficient. A hot bed simply consists of an old window assh laid on a wooden framework about inches high, which contains two inches of fine garden soil on a layer of fresh, slightly strawy, horse manure In an open place and facing south dig a pit of the same dimensions as the window frame and about a foot deep. Into this put the manure. (1 frost prevents digging, simply pile on top of the ground.) When well pressed down, the layer of manure should be about 18 inches thick. It is held in place by the sides of the pit and the frame. On top is placed two inches of light garden soil, preferably mixed with a little sand. The window is fitted snugly into place on top and should be about 15 inches above the soil at the back and 9 inches at the front to allow rain to run off and also to catch the full rays of the sun. At first the soil will heat rapidly but in about three days it will have cooled to around 80 degrees, which is the proper temperature. The seed is planted in rows about two inches apart, and the bed watered frequently. On warm days it will be necessary to ventilate by raising the window frame an inch or so. When the second set of leaves develop thin. The seedlings are transplanted to a cold frame, which is the same as a hot bed only without the heating manure, about three weeks before going outside. Here they are hardened thoroughly before being set out in their permanent quarters. No heating material is needed in the house, otherwise the procedure is

All you have to do is to neutralize | Earning Capacity **Determines Fare Paid**

Earning capacity and social status will determine how much a man pays for his fare on the Hamburg (Germany) Elevated Railway under new fare scales just introduced.

Bachelors earning less than 100 marks (£5 at par) a month, and fathers of familes earning less than 150 marks a month will pay only 10 pfennigs (1d) for each journey on the municipally-owned lines. People who are better off will pay 20 pfennigs. Students will continue to pay only 10 pfennigs.

> I BUILD BONES, I'M VITAMIN D.

> HEALTH &STRENGTH

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The "Lift" and Energy of Cod Liver Oil I FIGHT GERMS, PLUS PEOPLE NEED ME EVERY, GREATER EFFICIENCY

Vitamins A and D, abundantly found in Scott's Emulsion, bolster up tired, Winter-worn bodies, restoring vitality and strength. But Scott's Emulsion gives you more: Emulsification—the minute breaking up of the particles—making for quicker assimilation, easier digestibility. Yet none of the virtues of pure cod liver oil are lost. One of the PLUS values you get only in

Scott's Emulsion. SCOTTS MULSION THE COD LIVER OIL WITH THE PLUS VALUE

For Sale by Your Druggist



By Gordon L. Smith

practically the same. Boxes about Sweet Peas must be planted just three inches deep are filled with a as soon as it is possible to get a mixture of sand and light soil and

The Future

Reginald H. Wiggins, M.D., C.M., L.M.C.C.

"Child training is the most important problem before the nation today."-Frank R. Cheley.

come, and the future of the race. picked daily, they will bloom from date information of the rearing and this germ and probably produce an training of their children, these ar- antidote. Meanwhile, we can only ticles are appearing in the press.

The press is the most effective

means of making this knowledge available to those who need it. Mothers always-and increasingly fathers too-are showing more and member that influenza is infectious. even more interest in this vital pro- It can be passed from one individual blem. Mothers of young children; to another. Anything which tends young mothers surprised and baffled, to lower the powers of resistence a small infant to authority; older place. Two factors seem to be worth mothers unable to adapt their meth- considering; the first of these is ods of child training (apparently successful with one child) to the varying needs of their several children. Mothers and fathers of adolescent boys and girls; fathers who really desire to know the nature and needs of their growing boys; grandmothers who find their own tried methods of discipline ineffectual and in conflict

demanding it. As we all know, conditions in the world today are not satisfactory. For this state of affairs, we are very lar-

up-to-date and sound advice on the

care and training of children and are



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children's work to rectify matters. In later years, whether they will be capable of the task depends on the care and training they are receiving

(A series of these articles will appear weekly in this paper. Next week: "The Child's Physician,"

THERE'S FLU IN THE AIR

Wise Precautions and Prompt Treatment May Keep You From This Disabling Affliction.

There are still many illnesses the causes of which remain unknown, writes a doctor. Throughout the world research is going on day after day in the hope that the cause and cure of these conditions may be discovered. One of these is influenza. But, although its actual cause remains a secret, there is now not the Upon the proper care and adequate slightest doubt that it is due to a training of our children today de germ which is too small to be seen. pends the peace and order of our It is so tiny that it can pass through homes; the character, ability and a close filter which would stop the personality of our citizenship to passages of many organisms.

Experiments have so far progress-So that Canadian mothers and fa- ed that it is now only a matter of thers might have the requisite up-to- time for it to be possible to isolate do what we can to prevent this disabling infection from leading to complications and to cut short its attacks as soon as we are able.

In the first place it is well to reby the first unexpected resistance of makes it easier for infection to take fear. Although, at this season of the year there are usually in the air seeds of influenza, it is asking for trouble to go about in fear of catching it. When you are afraid, your general health suffers and you are less likely to resist infection. There is little to be afraid of if you do catch it. Provided treatment is with those of their children and their prompt and your general health is grandchildren-all these desire some good you stand an excellent chance of making an uninterrupted recovery. The second factor again concerns these same powers of resist-

ance which are definitely lowered by the bad habit some people have acquired of setting out in the cold mornings of winter without any breakfast. Late nights, hot stuffy atmos-

phere and fatigue also lower resist-

Color Renaissance In Men's Clothes

A color renaissance in men's wear is predicted by Raymond Twyeffort, New York tailor for the swanky. "We are sick of gloom and black," he said addressing the annual convention of the National Shoe Retailer's Association. Color is the necessary vitamin to stimulate men's desires." Twyeffort displayed a dark blue cutaway coat and tailcoat with gold fixings on the lapels. He also displayed a red velvet coat for home wear, a brown cocktail-hour suit and plenty of brilliantly-check vests.



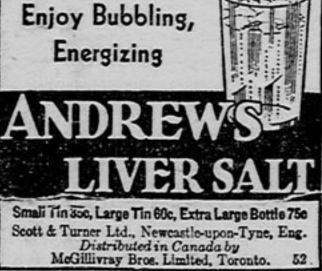
Relieves Congestion - Does Not Blister

At first sign of a cold on the chest apply a Mecca warmth in combination with marvellous healing properties of Mecca Ointment will give quick relief. Full directions in each package. 38





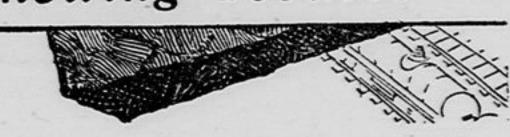
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"I made up my mind years ago that nobody knows much about political economy, including the so-called economists." - Bruce Barton.

"Sooner or later the disturbing realization comes to us that even that which we cannot understand may be true." - Will Durant.



Mrs. Mary C. Kilby of 148 Main St., Woodstock, Ont., says: "I was in a rundown condition, I had no rest at night, felt completely exhausted most of the time and had frequent headaches. It required only one bottle of Dr. Pierce's Favorite Prescription to give me

strength to carry on with my duties."

All druggists. New sixe, tablets 50 cts., liquid \$1.00. Large sixe, tabs. or liquid, \$1.35.

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women report benefit. Let it help

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Your skin trouble—whether it is ec-zema, acne, hives, dandruff, ringworm infection or pimples and blotches—will be positively benefitted by D.D.D., because D.D.D. is a tried and tested Physician's Prescription. D.D.D. was developed originally for his own patients by Dr. D. D. Dennis. It is now manufactured by the makers of Campana's Italian Balm. In 35 years D.D.D. has brought clear, healthful skins to millions. At druggists. Trial size

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If you are growing hard of hearing and fear catarrhal deafness, or if you have roaring, rumbling, hissing noises in your ears, go to your druggist and get 1 oz. of Parmint (double strength) and add to it 1/4 pint of hot water and a little sugar. Take 1

tablespoonful four times a day. This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy, and the mucous stop dropping into the throat. It is easy to take. Anyone who is threatened with catarrhal deafness or who has head noises should give this prescription a trial.

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