

THE WATCHMAN-WARDER.

LINDSAY, THURSDAY, OCTOBER 24th, 1901

75c. a Year in Advance; \$1 if not so Paid

Bargain Friday and Saturday OCTOBER 25 and 26.

These Bargain Occasions are Red Letter Days for Buyers of Dry Goods, Furs, Mantles and Dress Goods will be prominent this week.

Table listing various goods such as Coperens Electric, Fur Coats, Ladies' Mantles, and other clothing items with their respective prices and bargain status.

E. W. McGAFFEY LINDSAY'S LEADER IN LOW CASH PRICES.

Advertisement for shoes featuring an illustration of a boy and a girl in boots, with the text 'Shoes that Speak'.

Little Gent's mannish Lace Boots, Boys' Buff Lace Boots, Misses' Box Calf Boots, Youths' reliable School Boots.

R. NEILL, Sole Agent for 'The Slater Shoe' - 90 Kent Street, Lindsay

Table with two columns for 'New Advertisements' containing various notices and offers.

New Advertisements.

TO RENT.—A good fifty acre farm, one mile south of Lindsay.

FARMERS AND OTHERS wishing to borrow money on farm property will find it to their interest to write or see me before placing their loans.

FARM TO RENT.—100 acres, in Manvers, near Lifford, P.O., blacksmith shop, school, church and postoffice close at hand.

STRAYED.—From the premises of the undersigned, lot 37, S. P. R., Eldon, on or about the 11th of August.

STRAYED.—From lot 8, con. 6, Eldon, three yearling steers, mostly red, and one white heifer with red spots on ears.

TEACHER WANTED.—To teach the Junior department, S. S. No. 4, Fenelon, for 1902.

JACKSON'S ISLAND FOR SALE.—Four acres beautifully situated in Sturgeon Lake, half way between Sturgeon Point and Bobcaygeon.

FARM FOR SALE OR TO RENT.—Lot 22, Con. 4, Brock township, about 1 1/2 miles southwest of Manilla Junction.

FARM FOR SALE OR RENT.—South half, lot 3, con. 9, Fenelon, 100 acres, clay loam.

FARM FOR SALE.—Three hundred acres, lot 16 and west half of 15 in the 4th concession of the township of Eldon.

FOR SALE OR RENT.—That valuable property situated on lot 5, con. 11, Eldon, containing ninety acres, more or less.

MORTGAGE SALE OF TOWN PROPERTY.—Under and by virtue of the power of sale contained in a certain mortgage.

BARGAINS IN LANDS.—Several parcels—50, 100, 300 to 500 acres for sale in the townships of Fenelon, Boxley, Laxton and Digby.

New Advertisements

RESIDENCE WANTED.—In Central part of town; five or six rooms; must be in good condition.

FEMALE TEACHER WANTED.—For S. S. No. 4, Somerville, for the year 1902.

TEACHER WANTED.—For School Section No. 4, Eldon. Duties to commence first new year.

JOHN W. GRAY, teacher of Artistic Violin Playing and Musical Culture, will accept a limited number of pupils.

TEACHER WANTED.—For S. S. No. 5, Mariposa, for 1902. Second class professional certificate.

AYRSHIRE BULL FOR SALE.—Pedigreed yearling bull, sire and dam bred by Caldwell Bros., Mount Forest.

CHEESE FACTORY WANTED TO BUY.—Producing from 75,000 to 100,000 pounds cheese in season.

TEACHER WANTED.—For union school section No. 16, Manvers. Duties to commence first of next year.

STRAYED.—From the premises of the undersigned, THREE SPRING CALVES, nearly all red.

BREEDING STOCK FOR SALE.—The subscriber offers for sale a number of thoroughbred Cotswold Shearling Rams.

RESIDENCE AND ACRE LAND FOR SALE.—In southwest part of town good frame house nearly new.

FOR SALE OR TO RENT.—The undersigned offers for sale or to rent that 74 acres constituting lot 19, of con. 5, Mariposa.

VALUABLE FARM FOR SALE.—The undersigned are prepared to receive offers for the purchase of the south half of lot 10 in the 8th con. of the township of Ops.

NOTICE TO CREDITORS.—In the estate of John Magwood, of the town of Lindsay in the County of Victoria, gentleman, deceased.

New Advertisements

HOUSE TO RENT.—In north ward. Seven rooms, kitchen, woodshed, etc. In good condition.

TEACHER WANTED.—Male or female for school section No. 5, Fenelon. Personal application preferred.

FEMALE TEACHER WANTED.—For S. S. No. 8, Verulam, for the year 1902. Salary usually paid \$215.

STRAY PIG.—From the premises of the undersigned, lot 24, con. 1, Ops, on or about Oct. 15th.

STRAY HEIFER.—Came into the premises of the undersigned, lot 21, con. 15, Mariposa, a grey heifer, about three years old.

STRAYED LAMBS.—Came onto the premises of the undersigned, lot 7, con. 10, Ops, on or about Sept. 15th, 1901.

ONE HUNDRED AND FIFTY ACRE FARM FOR SALE.—adjoining Village of Cannington. Fine brick dwelling and good outbuildings.

LESSONS ON HOUSEKEEPING AND THE PREPARATION OF FOOD.—The Women Employed by the Government Lectured Here.

At night the Assembly Hall was well filled. Mrs. Hoodless lectured on Education and Miss Bowditch gave exhibitions of cooking certain representative food stuffs.

A Sad Death.—A young man named Thos. Thornton, son of Mr. Robt. Thornton who lives south-west of the town died very suddenly on Wednesday afternoon of last week.

A Little of Everything.—Prince Albert Advocate: The Calgary papers are fond of boasting of their glorious climate.

Electric lighting has proved a boon to the capture of burglars, as witness the Ottawa incident of Sunday morning.

The London Chronicle adds to the list of royal relic hunters in Canada the church wardens of Christ Church Cathedral at Ottawa.

The City of Glasgow has just put a municipal telephone system in operation. It will provide for 20,000 subscribers and will have 16,000 miles of underground wires.

Lord Roberts completed his 69th year on Sept. 30th.

stupidity of the doctor and her own ignorance. When Domestic Science is better understood heavy curtains and such dust catchers would be banished from the home; people would not eat so much then either. Most ailments result from eating too much or the wrong sort of food.

Miss Bowditch spoke of two classes of food that require cooking: the albuminous and the starchy. The former was represented by eggs and the latter by white flour. Albumen must not be cooked at a high temperature, but starch must. Over spirit lamps Miss Bowditch cooked an egg in different ways and showed that when put into cold water over the fire, until it boiled or into boiling water removed from the fire until it cooled the white of an egg was like jelly, but if boiled for a few minutes was hard and indigestible. That illustrated the action of heat on albuminous foods such as eggs, milk and certain meats.

To illustrate that starchy foods need great heat, Miss Bowditch made white sauce. She explained that the particles of starch had to cook till they had expanded to the fullest extent in order to make their food product available. Many people made flour mixtures and let them only come to boiling point. This was not ready for use when at all. They were true of some vegetables and all grain products.

Eggs and liquor should not be given to an invalid together for liquor hardens the white of egg. The white of egg and milk was a most valuable food for delicate people. Before the lecturer was an array of bottles containing the various properties to be found in a pound of eggs and a similar weight of wheat.

These with the utensils occupied three or four small tables, and with Mrs. Hoodless, water steaming and a natly housekeeper supervising them made quite a domestic scene.

Mrs. Hoodless said that if a school was established the government would either supply the outfit or give a yearly grant. In Nova Scotia the government gives \$600 to every school organization with a class of 100.

Dr. Herriman moved a vote of thanks. He said girls should not be allowed to marry until they had a certificate that they were competent housekeepers. He believed a girl's best school was in her mother's kitchen. Mr. Kane, principal of the Separate School seconded the motion with a neat speech. In reply Mrs. Hoodless said that in Norway Dr. Herriman's idea about girls having a certificate before marrying was carried out.

Further lessons in cooking were given in the council chamber on Tuesday afternoon.

At night the Assembly Hall was well filled. Mrs. Hoodless lectured on Education and Miss Bowditch gave exhibitions of cooking certain representative food stuffs.

Mrs. Hoodless is a well-preserved woman with a strong pleasant face and blonde hair. On the platform she makes a good appearance and speaks with great freedom and positiveness. She has a pleasing delivery in a somewhat high-pitched voice if she can keep house as skillfully as she can tell how to do it, her home would be a good place to be quartered in.

She declared that as an officer of the Young Women's Christian Association she had organized classes in housekeeping mainly to see what the young women knew about it. She soon found out that they were in dense ignorance. Then she travelled in America and Europe to study methods. When she returned she was an enthusiast that could not be held down. She found that Canada was the only civilized country in which Domestic Science was a new subject. In Belgium it was a regular subject in the schools.

In the 20th century the scientific discoveries of the 19th would be applied to the preparation of foods and sanitation. The elements of the body and the corresponding elements of food, were now thoroughly understood. For some years attention has been given to getting the right ration for the ox, now it would turn to getting one for the man also.

It was more necessary to teach Domestic Science in Canada now than 50 years ago. Then the home was the manufacturing centre. The food and clothes were all made there and the girls learned how to make them by helping their mothers do it. Now most articles of food and clothing were made in factories and the girls must seek other employment. As a result they must be taught Domestic Science in schools.

In these schools the girls were taught the chemistry of foods, the necessity for cleanliness to avoid disease germs, the laws of health, what to do in emergencies and other related subjects. The best food can be spoiled in cooking, a dirty dish-cloth may bring fever. She knew one woman who put prayer meeting before the lives of her whole family; she had a sick child and on being advised to use a linseed poultice, she made one the shape of a plum pudding, put it on the child, and hurried off to the meeting.

In the school at Hamilton the girls are given imaginary 25-cent pieces and required to buy a meal for six people. One girl spent 15 cents of it in butter but learned better and all got an idea of the value of food stuffs and economy in their use.

Mrs. Hoodless had no patience with anybody who would allow a child to die of cholera infantum. One J. Magwood, H. Magwood and R. J. McLaughlin.

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