

THE LAST RESORT

When all else failed, the Doctors said, "try Fruit-a-tives"

And "Fruit-a-tives" cured Mrs. Cadieux

PLANTAGENET, ONT., JANUARY 31st, 1910.
Backache and General Breakdown. I failed from 125 pounds down to 80 pounds, stomach, vomiting nearly all the time. I expected to die, and took many remedies for me and, as a last resort, one of the doctors told me "to try Fruit-a-tives—if they would not cure me, nothing would."



Mrs. LAURENT CADIEUX

My husband bought "Fruit-a-tives" from Mr. Arthur Kelleau, merchant of Plantagenet, and I started taking them at once, and inside of ten days, I was able to leave my bed. My stomach got strong and I could eat and retain my food. I gained rapidly and soon had my usual good health back again, and today I weigh as much as ever, 125 pounds."

Mrs. LAURENT CADIEUX.

Even the doctors are recommending "Fruit-a-tives". They realize now that these wonderful fruit juice tablets will positively cure all Stomach Troubles, Indigestion and Dyspepsia—and they are using "Fruit-a-tives" in their practice.

Few people realize the vital importance of keeping their blood pure. Impure blood is the chief cause of Stomach Troubles, because it is from it that the stomach obtains the fluid which digests food. When the blood is laden with impurities, the dissolving fluid (or Gastric Juice) will be impure. These impurities may come from a congested liver, from Constipation, from weak kidneys, from an inactive skin, or from all four. Naturally, the ordinary "digestive powders" and "pepsin tablets" will not cure the trouble, because they only help to dissolve the food—they do not go to the seat of the trouble. "Fruit-a-tives" is the greatest remedy ever discovered for all forms of Indigestion, Dyspepsia and other Stomach Disorders, because "Fruit-a-tives" is unequalled as a blood-purifying medicine. "Fruit-a-tives" acts directly on the liver, regulates the bowels, strengthens the kidneys, stimulates the skin, and thus rids the whole system of all impurities. "Fruit-a-tives" will positively cure you of any kind of Indigestion. "Fruit-a-tives" is sold by all dealers at 50c a box, 6 for \$2.50 or trial size, 25c. If you are unable to obtain "Fruit-a-tives" conveniently, do not accept substitutes but send to "Fruit-a-tives" Limited, Ottawa and the regular size packages will be mailed you, postpaid, on receipt of price.

Interesting Budget From Islay Vicinity

Islay, April 30.—Master Carl Moynes was under the parental roof for the week end last week, afterwards returning to his scholastic duties at the Collegiate Institute, Lindsay.

Mr. and Mrs. George Metcalfe, of this district, were visiting at Fenelon Falls on Saturday of last week.

Mr. Joe Lee, of Cameron district, visited Islay and made a call at Mr. George Metcalfe's home on Sunday last, returning in the evening.

Rain falling at the commencement of last week again interfered with the seeding arrangements of many of the residing farmers.

Mr. Charles Metcalfe, assistant to Mr. Joe Lee, was visiting his father's home on Sunday of last week.

Mr. W. H. Warwick, of Cameron Point, paid a visit to Islay on Monday last, calling at the home of Mr. Marshall Moynes.

The farmers of the district who possess sheep, are being well rewarded in the number of lambs their ewes are rearing. One prominent resident had a ready offer for every one he possessed, which offer he accepted.

The many friends of Me. G. Hewie are glad to see that he is now convalescent after his long period of sickness.

The Islay branch Women's Institute hold their next monthly meeting, which is also the annual one, at the home of Mr. D. R. Spence, on Thursday next, the 12th May. As the business of the meeting is extensive, new members having to be elected, new members received, auditing of books, and new papers given in, it is most important that every member should be present at this meeting. Will members kindly bear this in mind. Music will be also given.

Mr. and Mrs. Will. Parrington and family, of Long Point, were guests at Mr. and Mrs. H. Boyd's on Wednesday of last week.

Mr. John Cowieson, of this district, has had his father, Mr. Alex. Cowieson, of Orillia staying with him for an indefinite period.

Several residents of the district attended the ceremony at the re-opening of Hartley church on Sunday of last week. They speak well of the excellent sermons given at the afternoon and evening services by the Rev. E. Elliott of Oakwood and former pastor of the church. There was a large congregation.

Mrs. J. Cowieson paid a visit to Mrs. Murchison's home at Glenora, for a couple of days in last week.

Mr. and Mrs. Thomas Graham, of this district, were in Lindsay town on Saturday of last week.

Mr. D. R. Spence, of this locality, was in Lindsay on business and visiting his son Claire, who is a student at the L.C.I. on Saturday last.

The younger generation of the district are busy forming up their best blood, so as to be in the running ball teams are called upon to show with other districts when the base-ball skill at the game.

Mr. and Mrs. John Currins were in Lindsay on business on Saturday of last week.

The district Sunday school is flourishing, and the success in the attendance is most gratifying to its organizers and gives pleasure to its superintendent and teachers.

Mr. John Cowieson, accompanied by his daughter, Miss Birdie Cowieson, drove to Lindsay on Saturday last.

The many friends of Mr. I. Christian are glad that he is now able to resume his farm works after his sickness.

Miss Mamie Naylor was visiting friends at Fenelon Falls for a few days last week.

Miss Grace Metcalfe, daughter of Mr. George Metcalfe, has decided not to go to Verulam for the summer months, but will in all probability be with Mrs. John Everson of this district.

Some new faces have been noticed of late, and it is surmised that new arrivals from the home land have

UNIFORMITY

WHAT do we mean by uniformity in flour? We mean stability and dependability, every barrel like every other barrel, every baking like every other.

Now, uniformity in flour comes only from eternal vigilance. It is the result of everlasting care and watchfulness at the mill. It can only be produced by the most advanced methods of milling and the most expensive up-to-date equipment.

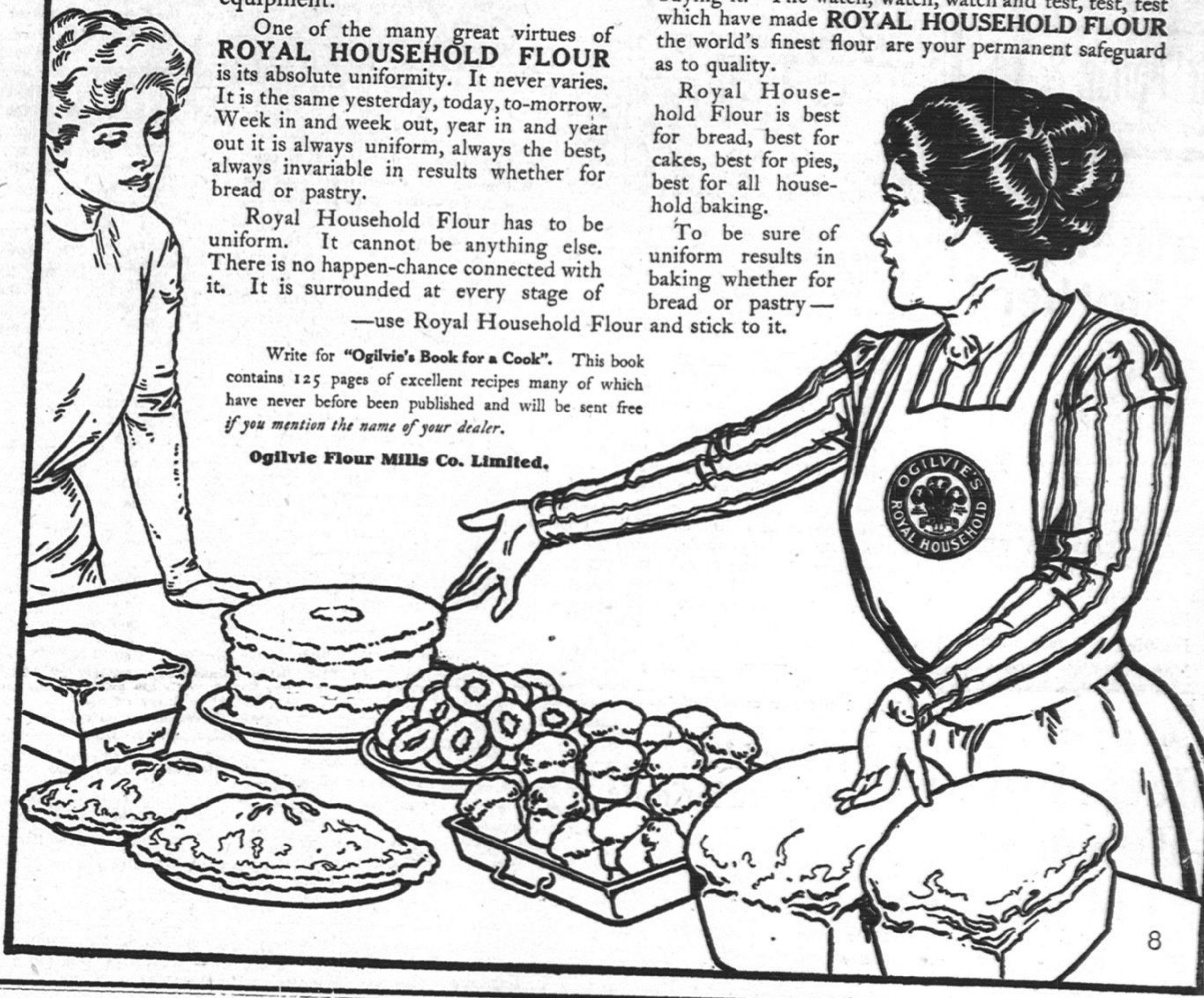
One of the many great virtues of ROYAL HOUSEHOLD FLOUR is its absolute uniformity. It never varies. It is the same yesterday, today, to-morrow. Week in and week out, year in and year out it is always uniform, always the best, always invariable in results whether for bread or pastry.

Royal Household Flour has to be uniform. It cannot be anything else. There is no happen-chance connected with it. It is surrounded at every stage of

—use Royal Household Flour and stick to it.

Write for "Ogilvie's Book for a Cook". This book contains 125 pages of excellent recipes many of which have never before been published and will be sent free if you mention the name of your dealer.

Ogilvie Flour Mills Co. Limited.



FOR SALE.—The pure bred Clydesdale, Prince Newbridge. He is a light bay, stripe, hind feet white, and was foaled July 5, 1905. He was got by Lavender (imp.) (3375), (11396), he by Young MacQueen (2290), tracing back to Sir William Wallace (123). Prince Newbridge's dam was Rose MacQueen (3298). The fine young Clyde had a good season last year, and is bound to be in great demand this year. Address Wesley Reeds, Burnt River, or apply on the premises, lot 13, con. 8, Somerville.

Get to the Factories Early

Mr. D. J. Cameron, instructor for the Lindsay district, writes as follows to Farm and Dairy, Peterboro: "One of the first mistakes that we notice on the part of some makers is the fact of the maker not getting to the factory in the spring early enough. A great many makers will be getting to their factories only a day or two before the season opens. The result is that they will not be in shape when the milk begins to come to the factory. Such a maker will get behind. Some men have been a day or two behind all summer just on this account. "I would strongly advise makers to get to their factories early. Get the factory and surroundings in good condition before the milk comes in. Be in good shape to receive the milk on the first morning."

POPULATION INCREASING.

The vital statistics for the month of April shows that there were 10 deaths, 5 marriages and 15 births during the month in Lindsay.

SENTENCED TO DEATH.

It happens every time you treat a corn with "Putnam's" Corn destroyer returns. Nothing so certain and painless as Putnam's Corn Extractor—try it. Fifty years' success guarantees its merit.

Homeseekers' Excursions

VIA TO WESTERN CANADA
CANADIAN PACIFIC

Low Round Trip Rates

GOING DATES

April 5, 19, June 14, 28, Aug. 9, 23, May 3, 17, 31, July 12, 26, Sept. 6, 20.

Through Special Trains Toronto to Winnipeg and West. Leave Toronto 2.00 p.m. on above days

Through First and Second Class Coaches, Tourist and Tourist Sleepers. Apply to nearest C.P.R. Agent or write R. L. Thompson, D.P.A., Toronto. T. C. Matchett, Agent, Lindsay

Ask for Homeseekers' Pamphlet

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Then choose the right School in which to get your education.

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It is noted throughout Canada for high-class work. Thirty-four of our students have lately accepted our positions. The demand for our graduates is constant. College open all year. Enter now. Magnificent Catalogue free.

W. J. ELLIOTT, Principal
Corner Yonge and Alexander-sts.

FOR SALE.—I HAVE BEEN IN-

structed to sell two good ranches without delay, one branch in the township of Laxton, containing 600 acres, and one in the southern part of Somerville, containing 200 acres. Both these properties can be purchased at very low rates.—I. E. Weldon, solicitor, Lindsay.

now started on their farming experiences with some of the neighboring farmers. Their visits will be welcomed.

Mr. and Mrs. Dave Graham and family were visitors at Mr. and Mrs. Marshall Moynes' home on Sunday of last week.

It must be gratifying to the farmers to see the fall wheat making such good headway in its growth at this early date.

Mr. and Mrs. J. Cory, of Mariposa, with their young child, were the guests of Mr. and Mrs. Marshall Moynes on Sunday.

The mosquitoes are now making their presence felt to those who may be driving through the swampy roadways.

BIRTHS.

SNELL.—On Saturday, April 23, to Mr. and Mrs. Snell, Scotch Line, a son.

SAWYERS.—On Wednesday, April 27, to Mr. and Mrs. Benj. Sawyers, of Lutterworth, a daughter.

RETTIE.—In the township of Somerville, on Thursday, April 26th, the wife of Mr. Wm. Rettie, a son.

MARRIAGES

KENNEDY.—In Lindsay, on April 29, Mary Ann Kennedy, relict of late Robert aged 90. Funeral will leave the residence of her daughter, Mrs. Ellsworth, Queen-st., east, on Sunday at 2 o'clock, interment at Riverside cemetery.

DEATHS.

BENTLEY.—In the township of Verulam, on Thursday, April 21,

EASY TO ROOT OUT.

THE LARGEST AND BEST
ROOT CROPS
JUST AS SURE AS YOU'RE SURE OF ANYTHING
IF YOU USE
STEELE - BRIGGS SEEDS

STEELE BRIGGS SEED CO. LTD.
HAMILTON-TORONTO-WINNIPEG

Ingle's Planing Factory

Again in full swing under the management of Geo. Ingle. First-class workmen have been engaged, and the factory re-stocked with the best material.

PLANED AND MATCHED LUMBER FOR SALE
Sound and dry. All kinds of interior finish kept in stock and manufactured to order. Corner Cambridge and Wellington-sts.

GEORGE INGLE, Proprietor

NO DISTURBANCE. Bobcaygeon, April 30.—This is the day is over they will have done last day before local option. Therethemselves proud. We hope to see a does not seem to be anything par-fair, honest effort to keep the law, ticular to other days. A few river and that this place having taken drivers came in to town early to such a step may never regret it.