

## THE FAMILY CIRCLE.

Household Matters Discussed in a Homely Way.

## THE TREATMENT OF COLD FEET.

Latest Recipes—Newest Fashions, and Other Gossip.

(Compiled by Aunt Kate.)

MME. BATAZZI'S EPIGRAMS ON WOMEN.

I. There is no heroine without a hero; Take him away, her courage drops to zero.

II. What wondrous inconsistencies A woman's acts disclose; She bites the hand that would caress, And kisses gives for blows.

III. Love that from pity is not exempt After marriage oft turns to contempt.

IV. There are many widows who've found Their first experiment cursed; So married a second husband To revenge themselves on their first.

V. I wearied of life in society; In wedlock I sought for extraction; I found, I confess it, satiety, But somehow found not—satisfaction.

VI. When a wife has a secret to tell, sure as fate It is that her husband possesses her hate.

VII. The effect of their marriage is queer With some men—quite turning the head— Making all women lovely appear, Excepting the one they have wed.

### Treatment for Carpets.

Once a month all Brussels carpets in daily use should be treated to cornmeal and salt; mix a small handful of salt to every quart of cornmeal; dampen it very slightly, sprinkle over the carpets and sweep thoroughly. It will remove dust and coal smut, and brighten the colors wonderfully. When the spring and fall cleaning is done, have the carpets well swept, then sprinkle with cornmeal and salt and rub one width at a time with clean cloths which should be changed when soiled. The Ingrain and three-ply carpets should be well shaken, the spots washed in a pail of clean warm soap and water, then rinsed and dried. When they are tacked down, wipe them all over with a flannel cloth rung from hot water. I think Brussels carpets are almost, if not quite, as cheap in the end as ingrain or three-ply, for they last much longer, look better, and do not need to be taken up more than once in two or three years, while the ingrain and three-ply ought to be shaken as often as every three or six months, if used constantly. The dust and dirt sweep off Brussels, and it sits into the other carpets. Velvet carpets last a long time, but are very hard to sweep. After the monthly cleaning, when the dust is well settled, wipe the furniture over with a flannel cloth dipped in kerosene. This is the best method I know of for the purpose. It dries quickly, does not injure the furniture in the least, and the odor soon passes away. Silver and plated-ware can be cleaned beautifully and expeditiously by rubbing them with a piece of flannel dipped first in kerosene then in whiting. It should then be polished with a piece of chamois skin. (Kerosene should be kept away from the fire).

### To Cure Cold Feet.

People who write or sew all day, or rather those who take but little exercise, may warm their cold feet without going to the fire. All that is necessary is to stand erect and very gradually to lift one's self up upon the tips of the toes, so as to put all the tendons of the foot at full strain. This is not to hop or jump up and down, but simply to rise—the slower the better—upon tiptoe, and to remain standing on the points of the toes as long as possible, then gradually coming to the natural position. Repeat this several times, and, by the amount of work the tips of the toes are made to do, in sustaining the body's weight, a sufficient and lively circulation is set up. Even the half-frozen car-driver can carry this plan out. It is one rule of the "Swedish movement" system; and, as motion warmth is much better than fire-warmth, persons who suffer with cold feet at night can try this plan just before retiring to rest.

### Married People Would Be Happier

If home trials were never told to neighbors. If they kissed and made up after every quarrel. If household expenses were proportioned to receipts. If they tried to be as agreeable as in courtship days. If each would try to be a support and comfort to the other. If each remembered the other was a human being, not an angel. If women were as kind to their husbands as they were to their lovers. If fuel and provisions were laid in during the high tide of summer work. If both parties remembered that they married for worse as well as for better. If men were as thoughtful for their wives as they were for their sweethearts. If there were fewer silks and velvet street costumes, and more plain, tidy house-dresses. If there were fewer "please, darlings" in public, and more common manners in private. If wives and husbands would take some pleasure as they go along and not degenerate into mere toiling machines. Recreation is necessary to keep the heart in its place, and to get along without it is a big mistake. If men would remember that a woman can't be always smiling who has to cook the dinner, answer the door-bell half a dozen times, and get rid of a neighbor who has dropped in, tend to a sick baby, tie up the cut finger of a 2-year-old, gather up the playthings of a 4-year-old, tie up the head of a 6-year-old on skates, and get an 8-year-old ready for school—to say nothing of sweeping, cleaning, etc. A woman with all this to contend with may claim it as a privilege to look and feel a little tired sometimes, and a word of sympathy would not be too much to expect from the man who during the honeymoon wouldn't let her carry as much as a sunshade.

### Physical Exercise.

Care should be taken not to discourage

the young in their natural fondness for physical exercise. Many boys and girls have relinquished sports eminently fitted to invigorate and strengthen them, and which they thoroughly enjoyed, because of slighting remarks of their elders, and from fear of being thought childish. We cannot estimate the evil consequences that may follow when we persuade a young girl that good hard play is unladylike, or a boy that it is unmanly. On the contrary such sports should receive our most thorough respect and most cordial sympathy. Not to shorten, but to prolong the time during which they may be suffered to promote health and happiness should be our aim; and when the taste for them declines our effort should be to replace them by more congenial exercise, but never to sink into physical inaction ourselves, or to countenance it in any one over whom we may exert an influence.

### Fashion Notes.

Fringes are out of date, except for cloaks. Lace as a popular trimming has no rival.

Crape frills for the neck and sleeves are new. Roses are the favorite flowers for corsage bouquets.

The white necktie for evening dress has been revived. Satin ribbons continue to be worn by fashionable women.

Narrow bands of fur are now often seen on evening dresses. Dresses that fit tight to the figure are no longer de rigueur.

Very wide sashes of aesthetic ribbon will be worn again next summer. Lovely ball dresses are made of chenille spotted tulle worn over satin.

High corsages are higher than ever, the collar reaching almost to the ears. Black silk house dresses are effectively trimmed with red satin or velvet.

Ornamental combs of amber, coral, ivory and onyx-shell are in great demand. Solid silver pins with large heads are much used as lace-pins in place of bar-pins.

Many of the newest evening toilets are almost completely covered with embroidery. A black velvet, velveteen or plush dress may be prettily trimmed with terra-cotta satin pipings.

### CLUBS AND FUNDS.

The Postmaster of the U. S. Shuts Down on Swindling Firms—How Many Canadians Lost Their Money.

The U. S. Postmaster-General issued an order recently forbidding the delivery of registered letters or the payment of money orders to Flemming & Merriam, R. E. Kendall & Co., Charles J. Henri & Co., Cudworth & Co., and Bennett, Koltzman & Co., of Chicago. These "firms" are all in the same business, and have duped quite a number of Hamiltonians from time to time who have responded to their advertisements. They purport to operate on the Board of Trade by a fund or club system which puts \$100 into their own pockets to every \$1 that reaches their customers. Their circulars, which have been sent to every part of the country, are very alluring, all the details of the plans of operation being given, and statements made of the monthly profits on a \$10 share, which run from 5 to 85 per cent., according to the circulars. In order to lead small investors on, large returns are made, but if a person puts in \$100 or \$500 the chances are that he will be informed that the market went against him. Notwithstanding the exposure of the same, which the members of the Board of Trade say is an untrustworthy one, these firms have been doing an enormous business. Flemming & Merriam are the oldest, and next to them come Kendall & Co. These two concerns have

TAKEN IN SINCE JAN. 1ST FULLY \$80,000 and the others probably \$40,000. Secretary Randolph, of the Board of Trade, devotes a good deal of his time to answering letters of inquiry about them, his uniform reply being that they are not members of the Board and have no standing in the trade. Reputable commission merchants and the newspapers are also in receipt of similar letters, as are the Post-office officials.

Some time ago one of the Post-office Inspectors was detailed to locate these people and ascertain who they were, and his investigations resulted in the order referred to above. While the game is blocked so far as the mails are concerned, the express companies are still open to the firms, their receipts through them being \$10,000 or \$15,000 a month.

The Chief Inspector says: "None of these firms are known to the State Inspection Department as warehousemen, grain receivers or shippers, nor in any way connected with the actual grain trade." They pretend to be commission merchants, but this is untrue, except as to one member of one firm, who has done a little trading. All of them are believed to be connected together, and run by two or three men. Flemming came from Detroit, where he was in partnership with one McKinney, who is now serving a term in State's Prison for fencing stolen goods, and Flemming himself was arrested there for alleged fraud.

It is astonishing how many people are caught in

### THIS CLUB OR FUND GAME.

Exposure seems to do no good. The Postmaster-General has taken the right course, but what he has done will only stop the bulk of the business for a while. As soon as they are requested to do it the gudgeons and fools from Maine to California will send in their surplus cash by express, and Flemming and his partners will be in clover, as before. There is no State law by which they can be reached, though, as Bradstreet's manager said: "We refused to take such firms as subscribers, because convinced that they are frauds and swindlers."

FAILED IN BUSINESS.—A dry goods dealer in St. Thomas, Chas. J. Tucker, a young man formerly clerking in Burlington, induced his mother to assist him in starting in business one year ago; unfortunately for her he did not succeed, consequently he had to assign with liabilities of \$2,200 and assets of a similar amount. He may get a settlement with his creditors and possibly profit by his dearly bought experience.—*Monetary Times.*

True love cannot be divided, and must be voluntarily and unconstrained.—*Don Quixote.*

## ASYLUM CRUELITIES.

Extraordinary Tale by an Alleged Lunatic.

## SANE, BUT CONFINED FOR YEARS.

An Erie, Pa., telegram says: In to-night's Herald, Dr. Julius Sevin, a practitioner of this city for more than half a century and at one time Erie's leading physician, makes allegations of shocking cruelty among the insane inmates of the State Asylum at Dixmont. Dr. Sevin returned to Erie a few days ago after sojourning eight years in the asylum as an insane patient. His dismissal on the grounds of sanity was brought about by powerful local influences exerted in his power, and he now states that but for gross deception and the blackest treachery practised he ought to have been restored to his home and friends nearly seven years ago. About eight years ago Dr. Sevin's mind gave way under a sad bereavement and he was committed to Dixmont for treatment. He states that in less than eighteen months he regained his mental faculties and applied for discharge but that he was told to be satisfied where he was. All his letters addressed to his family in Erie never went beyond the asylum, and he says he was subjected to the most bitter indignities. All his pathetic appeals for restoration were unheeded, and month after month and year after year rolled on without a chance of escape until some months ago the heart of a young attendant named George Haefler was touched by Dr. Sevin's pitiful condition, and he consented to mail the doctor's letters, detailing the horrors of his captivity. The letters reached his friends here who had begun to think his infirmity incurable, and the President, Judge W. A. Galbraith, interested himself in the matter. The result was that within a short time the doors of Dixmont were thrown open to Dr. Sevin. The old gentleman says one of his companions, a young German named Thumb, of Pittsburg, who had also recovered but was retained, was brutally kicked by a keeper. He fell insensible, and in falling inflicted a terrible gash in the head. In a few days he died, and the Superintendent of the hospital, Dr. Reed, received a report that Thumb had died from a fit of epilepsy. Dr. Sevin also declares that Wm. Constantine Neunsteil, an accomplished scholar and as sane as any living man, is the prisoner of his wife's paramour, who regularly pays for the husband's support in the asylum. He was sent to Dixmont a few years ago on a petition of the wife. "Over sixty patients," says Dr. Sevin, "who are sane are confined in Dixmont to-day with no hope of release. Oh! I could mention instances of men who are imprisoned there the victims of outrageous plots. What I have said is not half what I know." Dr. Reed is the Superintendent of the State Asylum, and Sevin says his infirmities prevent him from exercising proper supervision, and that he has to depend upon young doctors.

### Long Life Not Desirable.

Were some angel to say to a man, "You shall live 1,000 years if you wish, but all things else shall keep on in their wonted order, and you shall not possess the privilege or the capacity to die during that period," would the proposition be accepted by one who paused to think a moment? Within the first 100 years all the old and familiar faces, loved and longed for, would pass away, leaving to the votary of an enforced longevity 900 years of solitude, without family ties, without social relations—a memory of nothing but graves, graves; a dream peopled with ghosts. There would be no difficulty as to the question of subsistence, of course—for the modern Methuselah could make his own terms with the proprietors of museums from century to century. But even life as a phenomenon loses its novelty at last, and the old man would long and beg and pray for death. I have heard men of 80 complain quaintly of the solitude that life was becoming to them.—*E. G. Fairfield.*

### Deserves It Well.

Nothing ever introduced for the cure of any ailment deserves the high reputation it has so rapidly gained as Putnam's Painless Corn Extractor, the great and only sure cure for Corns, Bunions, etc. It acts promptly, it acts painlessly, it acts efficiently, it acts in the most radical manner. No pain, no discomfort. Putnam's Corn Extractor is the acme of perfection as a safe cure and painless remedy for Corns. Beware of imitations and substitutes. A. C. Polson & Co., props., Kingston, Ont.

Lord Lytton (Owen Meredith) is at work upon a biography of his father, the late Lord Bulwer Lytton, three volumes of which will be published in the spring. A feature of great interest will be an autobiography of the novelist up to the age of 22, and there will be a great quantity of correspondence, together with hitherto unpublished compositions of the late earl.

CHEAP AND GOOD.—For 50 cents you can purchase from any reliable druggist, a box of Mack's Magnetic Medicine, which contains forty-five doses; this is cheaper than any other similar medicine sold, and while it is cheap our druggists say it is the best, and gives satisfaction in all cases. Read the advertisement in another column.

Rhode Island savings banks, especially in the country, make it a rule to help every person who has money enough to buy the land to build a house. The practice has encouraged hundreds of families in moderate circumstances to acquire homes of their own.

Those who suffer from bilious disorders, and liver complaints, from acidity of the stomach, indigestion, debility and nausea, will find permanent relief from the use of Dr. Wilson's Anti-bilious and Preserving Pills.

It is reported that it is the purpose of Samuel J. Tilden to leave to the city of New York the magnificent mansion just completed in Gramercy Park, together with all its rich treasures of rare books and works of art. The library contains the largest and most valuable private collection of books in New York, if not in the country.

Wm. Schmidt, father of Wm. Stafford, has secured the Olympic Theatre, Chicago.

# DIPHTHERIA

GROUP, ASTHMA, BRONCHITIS, NEURALGIA.

Johnson's Ardyne Liniment (for Internal and External Use) will instantly relieve these terrible diseases, and will positively cure nine cases out of ten. Information that will save many lives, sent free by mail. Don't delay a moment. Prevention is better than cure. I. S. JOHNSON & CO., BOSTON, MASS.

### Veterinary Knowledge.

It is a pleasing sign of the times to witness the increased interest that is being taken by newspapers through the country in veterinary matters. The newspapers are obtaining the assistance of the highest authorities in the answering of questions as to the treatment of the diseases of horses and cattle so that it is the fault of every man possessing these if he cannot treat them for the simpler diseases at least. One of the principal weapons for performing cures is Dr. Dow's Sturgeon Oil Liniment which can be used to advantage in many of the most common diseases such as cracked hoofs, broken knees, sore shoulders, contracted cords, scratches, lameness caused by kicks or almost any reason. One or another of these is always occurring but if attended to at once and Dr. Dow's Sturgeon Oil Liniment freely used will give no trouble.

COLD IN THE NORTHWEST.—A private letter from Birtle, Man., the capital of the Hamilton colony, gives the following as the state of the weather on the undermentioned dates: Jan. 15th, 38°; 16th, 42°; 17th, 40°; 18th, 6 p. m., 40°; 19th, 4 a. m., 62°; 19th, 12 noon, 85°; 20th, 7 a. m., 55°; all below zero.

### An Interesting Letter.

Mr. Jos. A. Millar, of Bismarck, Ont., writes us an interesting letter concerning a neighbor who was afflicted with asthma and influenza. So severely were the organs affected that his condition was a subject of general remark and poor Mr. — was singled out as an object of general pity. He received constant medical attendance, remedy after remedy was tried and still he grew worse. Consumption appeared inevitable and his friends had little hope of his life. But at this time through some means which Mr. Millar does not explain, he began to use Dr. Wilson's Pulmonary Cherry Balsam, a remedy which has now become a household word in that neighborhood. The good results of this remedy were seen almost from the first day; the offensive secretions soon were dried up and the man rejoiced in perfect health.

—A novel bridal trip has been made by a Texan and his wife. W. J. McLane, the owner of a \$100,000 farm in Concho county, made the trip from his home to San Antonio, a distance of 150 miles, with his bride, in a wagon. After a short stay in the city they proceeded on their way to the coast. Mr. McLane is over 50 years old and his wife is about 35.

### Electric Oil Not Eclectic Oil.

The two words have very different significations, as will be seen by reference to Webster. Eclectic Oil has no claim to Electric properties only by the picture on the wrapper, which looks like begging the question. The popularity of Briggs' Electric Oil is such as to induce unprincipled persons to appropriate all the law will allow them to do. The proprietors of the original Electric Oil have no claim to the words Eclectic or Thomas; but to the words Briggs' Electric they do lay claim by right, as they have made them of value to themselves.

Last month there died in a private lunatic asylum at Bonn Peter Grass, a man of humble origin, self-made and self-taught as a painter on glass. He was very secretive, and many of his technicalities died with him. A number of the windows in Cologne Cathedral and in various famous churches were by him.

### Important.

When you visit or leave New York city, save baggage expressage and carriage hire, and stop at the GRAND UNION HOTEL, opposite Grand Central Depot. Elegant rooms, fitted up at a cost of one million dollars, reduced to \$1 and upwards per day. European plan. Elevator. Restaurant supplied with the best. Horse cars, stages and elevated railroads to all depots. Families can live better for less money at the Grand Union Hotel than at any other first-class hotel in the city.

# SEEDS

MY ILLUSTRATED CATALOGUE FOR 1883 containing description and prices of the choicest kinds of Field, Garden, and Flower Seeds mailed free to all intending purchasers upon application. It is the handsomest Catalogue published in Canada, and is invaluable to all who wish to buy Pure Fresh Seeds. Special attention given to preparing seeds for PERSISTENT PASTURE. Prices and full particulars will be found in Catalogue. WM. RENNIE, Seedsman, TORONTO.

# DYSPEPSIA!

And the severer forms of INDIGESTION. A small pamphlet on the above most distressing maladies and their complete cures post free, 5 cents in stamps. By R. KING, Esq., STAFF SURGEON, ROYAL NAVY, ENGLAND. Apply to RICHARD B. FAY, BOX 316 WINDSOR, ONT.

# CONSUMPTION.

I have a positive remedy for the above disease; by its use thousands of cases of the worst kind and of long standing have been cured. Indeed, so strong is my faith in its efficacy, that I will send TWO BOTTLES FREE, together with a VALUABLE TREATISE on this disease, to any sufferer. Give Express and P. O. address. DR. T. A. SLOCUM, 1st Floor St. New York.

# Sawing Made Easy.

The New Improved MONARCH LIGHTNING SAW. It is the cheapest and best. It cuts through green old saw logs, 24" and easy. Send for test trial. Send for full particulars. ESTABLISHED 1852. W. W. WOOD, 123 Randolph St., Chicago.

# SUTHERLAND'S RHEUMATINE

THE GREAT CURE FOR RHEUMATISM.



And all complaints of a Rheumatic nature. RHEUMATISM is not a sovereign remedy for "all the ills that flesh is heir to," but for NEURALGIA, SCIATICA, RHEUMATISM, and complaints of Rheumatic nature.

### IT IS A SURE CURE

From James Murphy, of St. Catharines, Track Boss in the employ of the Great Western Railway.

ST. CATHARINES, May 25th, 1881.

J. N. SUTHERLAND, Esq.

DEAR SIR.—My wife has been suffering for the last year from rheumatism in her left arm and shoulder. A short time ago my daughter brought her a bottle of your Rheumatine. She did not feel any benefit from this one bottle, but concluded to try more. She took four bottles, and is now quite free from pain and through all this bad weather has not had the slightest twinge of rheumatism. We can recommend it to all suffering from rheumatism.

Yours respectfully,  
JAMES MURPHY.

SOLD BY ALL DRUGGISTS.

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Hamilton.

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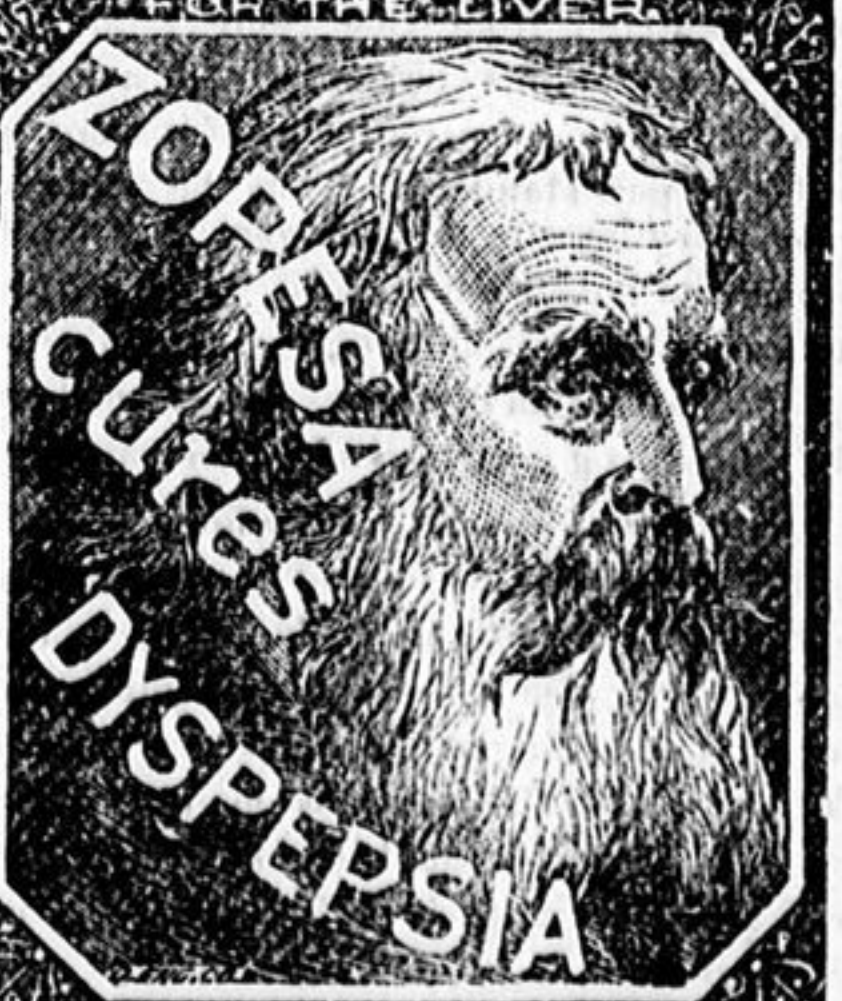
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Electric Appliances are sent on 30 Days' Trial. TO MEN ONLY, YOUNG OR OLD, WHO are suffering from NERVOUS DEBILITY, LOST VITALITY, LACK OF NERVE FORCE AND WEAK, WASTING WEAKNESSES, and all those diseases of a PERSONAL NATURE resulting from ABUSE and OVER-EXHAUSTION. Speedy relief and complete restoration of HEALTH, VIGOR and MANHOOD GUARANTEED. The greatest discovery of the Nineteenth Century. Send at once for illustrated Pamphlet free. Address VOLTAIC BELT CO., MARSHALL, MICH.

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To have fragrant Breath and Teeth like snow. Foolish and careless you'd be, very. If you didn't at once a trial bestow. On that excellent dentifrice—"TEABERRY."

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Indigestion, costiveness or constipation, are immediately cured with ZOFER'S. It stimulates and gives activity to the liver. It increases the dissolving juices of the stomach, and causes the food to assimilate.

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For Old and Young, Male and Female. Positively cures Nervousness in ALL its stages. Weak Memory, Loss of Brain Power, Sexual Prostration, Night Sweats, Spermatorrhea, Leucorrhoea, Barrenness, Femoral Weakness and General Loss of Power. It restores Surprising Tone and Vigor to the Exhausted Generative organs. With each order for TWELVE packages accompanied with five dollars, we will send our Written Guarantee to refund the money if the treatment does not effect a cure. It is the Cheapest and Best Medicine in the market. Pamphlet sent free by mail to any address. Sold by druggists at 50c. per box, or 6 boxes for \$2.50, mailed free of postage, on receipt of money.

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