

NEILL THE SHOE MAN. Is making specialties of RUBBERS, OVERSHOES, AND FELT GOODS. The Largest Retail Business in Canada. 9 STORES.

XMAS SLIPPERS AT SALE PRICES.

Until Christmas we will sell Ladies Fine Slippers in Vici Kid and Undressed Kid Gray, Red, Tan and Bronze at 75c. to \$1 off regular prices.

A few Lines of Imported Slippers at half price.

Extra value in White Kid and Patent Leather Slippers. Our Moccasins are so cheap every boy and girl can have a pair.

We wish all our Customers a merry Christmas.

JOHNSTON & SISSON, The Leading Shoe Store, First Door East of Daly House.

The Watchman.

THURSDAY, DEC. 19th, 1895.

A Warning to Fat People.

A Berlin professor has just discovered that for fat persons to employ any means whatever to reduce their flesh is likely to injure their health and shorten their lives.

'Fat men, do not try to make yourselves thin. It is thus that Prof. Eulenbourg, of Berlin, advises you in one of the last numbers of the German Medical Weekly.

It is not that he would advise you to persist in your obesity, but he has discovered that all means that you may employ to be rid of it would have the effect of ruining your health, and even shortening your life.

It seems to be clearly provided that we can not make ourselves thin with impunity. Nature creates the fat and lean, and it is the part of wisdom for one and the other to resign themselves to their condition.

Why did not Prof. Eulenbourg, instead of discovering the dangerous chemical properties of the remedies for obesity, try to discover that obesity was graceful, and more beautiful than the opposite state?

another. Is it not time to honor the ancient idea of fat beauty? Would it not prevent the disastrous effects of all the remedies for obesity?

ENGLAND'S WONDERFUL WALKER.

Sturgess Recently Broke All Records by Covering Over Eight Miles in an Hour.

England's athletic prowess has received a severe setback at the hands of Americans this year, but she is yet able to console herself with the thought that she at least possesses the greatest walker on earth in the person of W. J. Sturgess.

Satisfied that he could cover eight miles within the hour, the London A. C. afforded him the opportunity at its autumn meeting, held recently at Stamford Bridge.



W. J. STURGESS.

credit before the stipulated time had run out. This knocks to flinders the previous best amateur record of 7 miles, 1,487 yards and 2 feet, made by H. Curtis, as well as Griffin's professional hour record of 8 miles 173 yards.

Eleven men opposed Sturgess, and they were conceded plenty of start, but at such a clip did the champion travel that he was making his own pace at the four mile mark.

The following table shows what he did:

Table with 4 columns: Distance, Min., Sec., Distance, Min., Sec. Rows include 1 mile, 2 miles, 3 miles, 4 miles.

Sturgess is a member of the Polytechnic Harriers and astonished every one by walking H. Curtis, who had held the championship since 1890, completely off his legs for this year's title.

American Cricketers in England.

If the team of Quaker City cricketers that is to go to England next year does as well as its predecessors of 1884 and 1889, it will very handsomely represent this country.

How to Make Minute Pudding.

Ingredients: Three cupfuls of milk, 2 cupfuls of boiling water, a cupful of flour, 2 eggs, a teaspoonful of salt. Put 2 cupfuls of the milk into the double boiler and use the remaining cupful to mix the flour to a cream.

How to Remove Foreign Bodies From the Nose.

Instruct the child to take a deep, full breath. The unobstructed nostril should then be held and the child told to breathe hard through the nose.

How to Make Spanish Cream Pudding.

Spanish cream pudding is made by taking one-third of a box of gelatin, a quart of milk, 4 eggs, 1 1/2 cups of sugar, a teaspoonful of vanilla and a pinch of salt.

How to Keep Geraniums in Winter.

To keep geraniums in winter take the plants out of their pots, trim off the leaves and outer branches, shake off all the soil from the roots, hang them in bunches, necks upward, in a dry, dark closet or cellar where they cannot be touched by the light.

FRENCH COACH HORSES.

The Government of France Breeds Them and Spares No Expense.

Normandy is a district embracing five departments—viz, Seine Inferieure, Orne, Eure, Calvados and Manche, which together form a territory reasonably compact and measuring about 75 miles each way.

A registry has been kept by the government for nearly 100 years for the improvement of the coach horse and other breeds. The government agents purchase annually, usually in October, some of the best 3-year-old stallions to be found in the country, which are afterward kept for service at a very low fee, being sent out to numerous stations accessible to the farmers, who are thus enabled to secure the use of the best at merely nominal expense.

Naturally the prices paid by the government are liberal, last year 100,000 francs, equivalent to about \$20,000, having been thus invested in the purchase of one lot consisting of four choice coach horses. The public officials are very careful in making their selections, not only having regard to pedigree, size, conformation, action and color, and requiring a most thorough veterinary examination, but also subjecting the colts to a severe speed test.

I had the opportunity of observing and timing one while being driven in a cart from Caen to the village of Cagnieu on a tour of inspection. Mr. A. Leveue, with whom I made the trip, drove a beautiful 4-year-old chestnut mare that had never been driven single until after being taken out of the plow a month before I saw her.

The French stallions when not at the stations are kept at the government studs. These establishments are called haras, the name being derived from the Arabic "farnas," meaning a horse. There are several government haras in France, that at St. Lo, or Loo, near the department of Calvados, being the most important.

Results of Experiments.

In a report of the agriculturist of the Massachusetts hatch station brief reference is made to fertilizer experiments with grass, oats, potatoe and corn, and to hill versus drill culture for corn; to white mustard and crimson clover as catch crops; to Panicum crusgalli and P. miliaceum, and to varieties of soja beans. The appearance of tubercles on the roots of some varieties of soja beans and not on others was noted.

Protection For Tender Plants.

The best method of protection depends on what kind of plants are to be protected. For deciduous plants a barrel, well ventilated and filled with dry leaves or hay, and so covered as to keep out all water, a Rural New Yorker correspondent has always found good.



A STARTLING ANNOUNCEMENT!

Would be to advertise that I am selling Stoves for less than half their value. While I don't sell goods quite that cheap, nevertheless I am offering exceedingly good value in

COAL STOVES! COOKING STOVES and BOX STOVES

at the present time. These are all from the best foundries in the Dominion, and anyone in want of a reliable Cooking Stove, or a handsome Coal Stove will save money by consulting WOODS, the well-known stove dealer.

TIN WARE and PJUMMING

in all its branches. Competent workmen. Jobbing of all kinds a specialty with us. Prompt service and satisfaction guaranteed.

W. G. WOODS, Sign of the Blue Front

A NEW DISCOVERY, Pilkie's Diphtherine.

A sure cure for all afflictions of the throat, Diphtheria, Tonsitis, Quinsy, croup, etc. The efficacy of this Medicine has been proven beyond a doubt by those who have used it. It never yet failed to effect a cure.

Gunsmith and Machinist.

JOS. KING is prepared to do all kinds of forging, mill work, etc., in the best manner and on the most reasonable terms.

THE PERFECT TEA

MONSOON TEA

THE PERFECT TEA IN THE WORLD FROM THE TEA PLANT TO THE TEA CUP IN ITS NATIVE PURITY. 'Monsoon' Tea is packed under the supervision of the Tea growers, and is advertised and sold by them as a sample of the best quality of Indian and Ceylon Teas.

NEW BICYCLE

GENERAL REPAIR SHOP

W. WEBSTER, Practical Machinist, Tool-Maker, Lock and Gunsmith.

Repairs anything from a Clock to a Steam Engine. Lawn Mowers sharpened and repaired. Sewing Machines repaired in first-class style. NO. 28, NORTH WILLIAM STREET.

Treasurer's Sale of Lands FOR TAXES IN THE TOWN OF LINDSAY

TOWN OF LINDSAY. Whereas by virtue of a warrant issued by the Mayor of the Town of Lindsay and authorized by the Corporation of the said Town bearing date the 15th day of December, 1895, and to me directed commanding me to levy upon the following parcels of land for the arrears of taxes due the same, I hereby give notice that unless the said taxes and cost are sooner paid, I shall, on Wednesday, the nineteenth day of February, 1896, at the hour of four o'clock in the afternoon, at the Court House, in the Town of Lindsay, proceed to sell by public auction the said lands or so much thereof as may be sufficient to pay such arrears of taxes and all lawful charges incurred.

Table with columns: Street, Lot, Part, Acres, Arrears, Cost of Advertisement and Commission, Total. Lists various parcels of land with their respective details.

LINDSAY Planing Mill.

When a man builds a house there are two things he wants, good dry material and first-class work. Having over 20 years experience in the factory line, and employing only first-class workmen and the only proper mode for drying lumber, I am able to give my customers the best of everything in the shape of

Sash, Doors, Blinds, Mouldings, Newells Balusters

STRAYED CATTLE.

Strayed from the premises of the undersigned, Lot 3, Con. 7, Township of Fenelon, near the Village of Cameron, three yearling heifers—one a milky grey color, one a light red with star on forehead, the other a dark red with black nose. Word can be left at THE WATCHMAN office or with the owner, G. H. DUNN, Cameron P.O.

INSURANCE THAT INSURES

Policies issued while you wait. Only first-class Companies represented.

MONEY TO LOAN

on Mortgages and Notes, apply to R. G. CORNEIL, 8 William-st., Lindsay

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PATENTS

CAN I OBTAIN A PATENT? For a person to get and to know the opinion, with respect to the patentability of his invention, is a matter of the highest importance. A Patent is a right which the law gives to an inventor for a limited period of years, during which he has the exclusive right to make, use, and sell his invention.

Four Boys' Suits. Illustration of a boy in a suit.

A Merry our Cu

Orange Pie—three eggs with a when light add butter. Stir in two oranges, the egg, half a cupful of flour into which of baking powder, Roll, and bake the filling, peel seeds, slice, sprig place between the take the grated the juice one, ha a tablespoonful cupful of water starch. Serve in

STOP WEARING A TRUSS

By a new device recently patented in U.S. and Canada by CHAS. CLUTHE. RUPTURE CAN BE CURED WITHOUT A TRUSS. CHEAP BY MAIL. Your name to us means comfort to you. A Post Card will do it. CHAS. CLUTHE, 134 KING ST. WEST, TORONTO - CANADA.

G. M. McFadden,

HOUSE, SIGN AND DECORATIVE PAINTING, FRESCOING GRAINING KALSOMINING STAINED GLASS.

JAS. SMITH & CO.

15 KENT-ST., LINDSAY. SANITARY ENGINEERS. PLUMBERS AND STEAM FITTERS. TIN AND SHEET IRON WORKERS. ETC. TROUGHING, ETC.

HOT AIR FURNACES. STOVES, ETC., put in and repaired. Work done in town and country. Estimates given on all kinds of work. First-class workmen employed.

HOT WATER HEATING. A specialty; also house drainage. See our new Angle Lamp, cheaper than low and light, and gives better light. Only cost 1/2 cent per hour to run. We sell STOVES at manufacturers' prices. JAS. SMITH & CO.