

Do Long Breaths Hurt?

DANGEROUS PLEURISY ALWAYS BEGINS THIS WAY.

Speediest Cure is Nerviline.

Ouch, that stab-like pain in the side is like a hot knife blade in the ribs! Probably got overheated—cooled too fast—now there is congestion, tightness, such soreness you can't draw a long breath.

This is the beginning of Pleurisy. Pleurisy is far too serious to neglect a single instant.

Quickest relief will come from a vigorous rubbing with Nerviline. This trusty old pain reliever will fix you up in no time—will take away the congestion—make you well just as it did Mr. Samuel St. Johns, of Stamford, who says:—"In running to catch a train last week I became much overheated. I put up the train window and rode that way in order to get cooled off. In an hour my side was so full of pain and my breathing hurt so much that I thought I had pneumonia. I always carry Nerviline in my grip, and at destination I rubbed my side thoroughly three times. The warm penetrating effect was soon noticeable and I quickly got relief. Nerviline, I consider, saved me from a serious illness."

Any sort of a cold can be quickly broken up with Nerviline, which is a marvel for reducing inflammation, for relieving congestion in the throat and chest, for curing stitch in the side, lumbago, neuralgia, sciatica or rheumatism. Nothing more soothing or powerful. The 50c. large family size is the most economical. Small trial size 25c. at dealers everywhere.

FOR THE BLIND CHILD.

A School Was Established and Maintained by the Government.

The expenditure of public money upon "schools and school-masters" is regarded by our legislators, and by the people who elect the legislators, as a good investment. The educated man is more useful to the community than his illiterate neighbor; his labor is more productive, he lives a happier and more contented life, taking an intelligent interest in the various questions that come before him for decision; he is not easily misled by the demagogic agitator, and he knows better than to yield to temptations in a criminal direction. For these and numerous other equally good reasons, it "pays the state" to provide facilities for education for all the children of the people, whether born here or coming from a foreign country to make their homes among us—hence our free school system, reinforced to some extent by compulsory education laws. For the blind who cannot be taught to read by sight, a system for reading by touch has been devised, the printed characters representing letters, etc., being embossed on the paper, instead of being indicated by a difference in color. Having learned to read and write, the education of the blind person can be continued to any desired extent, including the subjects taught in public schools for the seeing, music and several handicrafts. Happily, the blind are not sufficiently numerous to necessitate the equipment of many schools for their accommodation, so the scheme of taking the blind child to the free school instead of bringing the free school to the blind child has been adopted. The Ontario School

for the Blind, located at Brantford, admits as pupils blind persons of both sexes, between the ages of seven and twenty-one, without charge for board, tuition or books, but parents are expected to provide clothing and pay travelling expenses. It is a school—not a "Home," nor a Hospital, nor an Asylum—and among the pupils are many who, though not entirely blind, have sight so defective that they cannot receive an education in the ordinary public schools. If any reader of this paper has a child so afflicted, or knows of one in his neighborhood, a letter or post card, addressed to H. F. Gardiner, Principal O.S.B., Brantford, giving the name and post-office of parent or guardian, will help the school to do all the work for which it was established and is maintained by the Government.

KING OBEYED ORDERS.

American Women Mistook Him For Chauffeur.

The King of the Belgians, one of the most democratic of European monarchs, who has been spending the last three weeks in Switzerland, tells the following story:

At Territet the King and Queen were motoring. His Majesty was driving and there were no attendants. The Queen went into a shop to make some purchases. The King was standing near the car, reading a newspaper; when an American woman came out of the shop, jumped into the conveyance and bade the driver to drive her to her hotel. "Certainly, madame," replied the King, complying with the lady's instructions. In the meantime, the Queen came out of the store, and was surprised to find her husband and the car had disappeared. Both quickly reappeared, however, and Their Majesties laughed heartily over the occurrence. Inquiries as to the identity of the American woman were fruitless.

GUARD AGAINST CHOLERA INFANTUM

Cholera infantum is one of the most fatal ailments of childhood and during the hot summer months thousands of little lives are lost by its ravages. The best way to guard against it is to give the baby an occasional dose of Baby's Own Tablets. The Tablets never fail to regulate the bowels and sweeten the stomach, thus preventing cholera infantum, diarrhoea, dysentery and all other stomach and bowel complaints. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

SPILLING THE LICKER.

A Bit of Information Which May be New to You.

Did you know that whisky would take the varnish off wood? No?

Being unfamiliar with the "joy juice" neither did the observer. Consequently maybe here is a bit of information.

A man who had the appearance of one who had too often and too long imbibed too freely shuffled into a saloon and asked the bartender for a drink of whisky. His order was filled in what is said to be the usual way in saloons, viz., the bartender placed a whisky glass, a bottle of whisky, and a glass of water on the bar.

The customer proceeded to fill the whisky glass. And fill it he did, to overflowing. At this juncture the bartender said: "I'll give you a larger glass if you want it." But as his tone was not gentle the customer did not ask for a larger glass. He offered instead, a quartet of words which sounded as if they might have been intended for an apology or an explanation. He then gulped down the whisky and left the place.

"Hardly much money selling that fellow whisky," said another man, who "just happened" to be in the saloon. "Oh, I don't mind what he drinks," said the bartender. "I just hate to see him spill the whisky on the bar, for it takes the varnish off."

The man who "just happened" to be in the saloon made no reply, but since then he has confided to friends that he has been wondering what whisky will do to a man's stomach if it will take varnish off wood, as the bartender said it would.

Fixing Them Both.

"What was her father's present to the bride and groom?"

"Nothing specific. He told the bride that there would always be a room in his house for her, and a job at his factory for the groom."

WATERY BLISTERS INTENSELY ITCHY

Between Fingers, Spread to Tips. Would Swell Up, Itch and Burn. Did Not Dare Put Hands in Water. Cuticura Soap and Cuticura Ointment Cured.

Carman, Manitoba.—"A breaking out between my fingers was the first trouble. It was very itchy and spread to my finger tips affecting the nails. It first appeared in watery blisters and they were so intensely itchy I scratched them and let the water out making sores. They would swell up, itch and burn and finally the nails would loosen and come off. I spent many, sleepless nights. I did not dare to put my hands in water except to wash them."

"I kept using ointments, Ointment, but was not cured. Sometimes the remedies would help a little but I was not free from it altogether. I was that way for nine years trying everything. I heard of Cuticura Soap and Ointment and sent for them and before I had used them half a dozen times I noticed an improvement. By washing with the Cuticura Soap and applying the Cuticura Ointment frequently I was cured in three months." (Signed) Miss Florence E. Sanderson, May 20, 1913.

For more than a generation Cuticura Soap and Ointment have afforded the most economical treatment for affections of the skin and scalp that torture, itch, burn, scale and destroy sleep. A single set is often sufficient. Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. For a liberal free sample of each, with 32-p. book, send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

"QUICK SERVICE."

A Restaurant Where the Waiter Used Roller Skates.

I had to pass several hours in a certain small town in which there was no hotel, writes a Youth's Companion contributor. Late in the afternoon I saw on a window the words, "Restaurant. Quick Service," and I was so hungry that I made up my mind to take a chance.

I entered a very long, low-studded room, evidently occupied at one time as a bowling alley. A broken, dilapidated show case stood on the cheaply built counter. Two or three dirty glass jars contained some broken candy. A few ancient looking cookies lay in a box with glass front. Two tables with eight chairs each, and a few poorly printed signs that bore the bill of fare, comprised the furnishings of the place. No one was visible. I sat down at the table, and instantly a harsh voice appeared to proceed from the solid wall behind me. "What'll ye have?" it said.

From the eatables announced on the different signs, I chose "Cold Beans, 10 cents," and as the inquiry was evidently aimed at me, I shouted back, "Beans for one!" I had scarcely uttered the words when out of the door in the partition at the lower end of the room shot a tall man in roller skates. He wore a red undershirt and corduroy trousers.

With a grinding, roaring noise, he bore down upon me. As he shot past my table, he slid the plate of beans within an inch of my lap, at the same time shouting, "Cough up!" Still skating on he reached the front of the room, described a figure eight near the door, and started to return. I had the dime ready, and as he flew past, he scooped it up, and would no doubt have taken the table cover along, too, were it not for the fact that it was made of oilcloth, and nailed down.

I ate about one-third of the beans and had enough.

Will Quickly Cure Any Sour Stomach

Relieves Fullness After Meals.

"When I was working around the farm last winter, I had an attack of inflammation," writes Mr. E. P. Dawkins, of Port Richmond. "I was weak for a long time, but well enough to work until spring. But something went wrong with my bowels, for I had to use salts or physic all the time. My stomach kept sour, and always after eating there was pain and fullness, and all the symptoms of intestinal indigestion. Nothing helped me until I used Dr. Hamilton's Pills. Instead of hurting, like other pills, they acted very mildly, and seemed to heal the bowels. I did not require large doses to get results with Dr. Hamilton's Pills, and feel so glad that I have found a mild yet certain remedy. To-day I am well—no pain, no sour stomach, a good appetite, able to digest anything. This is a whole lot of good for one medicine to do, and I can say Dr. Hamilton's Pills are the best pills, and my letter, I am sure, proves it."

Refuse a substitute for Dr. Hamilton's Pills of Mandrake and Butternut, sold in yellow boxes, 25c. All dealers, or The Catarrhose Co., Kingston, Ont.

MISUNDERSTOOD ANIMALS.

Here Is a Good Word for the Bear and the Snake.

Boa constrictors and grizzly bears have long been thought of as creatures to be dreaded, but Mr. Enos A. Mills, the noted naturalist, has a good word for the bear, and Dr. Frank Baldwin, recently returned from an exploring trip to the Philippines, speaks of the snake more sympathetically than otherwise.

Mr. Mills declares that the grizzly is the most maligned of animals. He minds his own business, except when he is attacked, and lives on nuts, fruit, bark, grass, carrion, garbage and insects, and, as a rule, kills nothing larger than a mouse. Mr. Mills says he is an excellent mouser, patient and thorough in his methods.

Doctor Baldwin says of the boa constrictor:

"All my reading life I have regarded the boa constrictor with horror and aversion. When I got into the jungle, my great desire was to meet a large boa, in order that I might do him some very real harm. When I did find one, my sentiments were those of pity for the snake. He was stretched across the path, and when the natives saw him, they pounced upon him with yells of delight. On the other hand he seemed dazed.

"With a native for every yard of him, holding him firmly, he journeyed on legs through the jungle and down to the beach. He wriggled feebly, and hissed in a hopeless manner. There they cut his head off, with no more ceremony than they would have used if he had been a chicken, folded as much as they could get of him into a kind of clamshell about three feet in diameter, and built a fire. In an hour he was cooked, and in another hour, this great snake, which had been painfully accumulating feet and inches for years, had disappeared. I must say that I felt a little indignant!"

Isn't This Romantic?

Two toes loved by four corns for five years and sentenced to die by five applications of Putnam's Corn Extractor. If you want to cure corns, "Putnam's" is the only thing—try this painless remedy, 25c. at all dealers.

Her Reason.

"Mummy, can I have that pear that was on the diningroom side board this morning?" "Cos—" "Because what?" "Cos I've eaten it!"

Minard's Liniment Cures Distemper.

BETTER FARMING.

What the C. P. R. Is Doing for Farmers in the West.

The C. P. R. "better farming" special trains, operated in connection with the Manitoba Government, went on duty this month in the interests of intelligent and scientific farming in the West. These trains will contain specimens of noxious weeds, most troublesome in the province, and lectures will be given to teach the effectual methods of eradication. There will be models of weed seeds, so that identification will be easy; Manitoba birds, with instructions as to their habits, whether destructive or beneficial; injurious insects will be illustrated on the moving films; a car with cattle, sheep and hogs, in connection with which lectures will be given to young men, especially; a car devoted to home economics for women; where lady demonstrators will teach nursing, sewing, and so forth. To show how thorough and real and close this instruction is meant to be by the Canadian Pacific and the Government, it may be stated that field crops and miniature lay-outs of farm buildings will be shown in two cars for the purpose—while instruction will be given as to the protection of such buildings. Saskatchewan is in need of mixed farming, and there will be special features on two large cars, which will be devoted to stock. On the Saskatchewan train, lecturers will accompany; and instruction will be given in everything practically appertaining to the life of the farm. This idea is intended, of course, chiefly for the new settlers, who may have but a hazy idea of farming. The object both of the company and the Government is that the people should farm to the best of their knowledge and ability, so as to extract from the soil what nature is ready to give, if she be properly coaxed. In carrying out this idea the Canadian Pacific is willing to spend money, knowing that good farming anywhere in the North-west will mean, ultimately, better and more profitable business for itself.

Minard's Liniment Cures Diphtheria.



CLARK'S POTTED MEATS—

Full flavored and perfectly cooked make delicious sandwiches.

The child's delight. The picnicker's choice. Everybody's favorite.

FAIRMS FOR SALE. H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only \$4.00. Terms liberal. Wilson Publishing Company, 74 West Adelaide Street, Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

Willie's Dilemma.

Sister—Willie, if you hang around and listen when Jack calls to-night I shall whip you.

Willie—And Ma says she'll whip me if I don't keep tabs on you and him.

Minard's Liniment Cures Garget in Cows.

Not Quite.

"I sleep with your letters under my pillow," the modern lover wrote. Then he yawned and muttered to himself:

"At least I go to sleep over the letters. I suppose it's the same thing."

Minard's Liniment Cures Distemper.

I bought a horse with a supposedly incurable ringbone for \$30. Cured him with \$1.00 worth of MINARD'S LINIMENT and sold him for \$85.00. Profit on Liniment, \$54.00.

MOISE DEROSCE.

Hotel Keeper, St. Philippe, Que.

No Reason to Cheer.

Squire—"Well, Matthew, and how are you now?"

Convalescent—"Thankee, sir, I be better than I were, but I beant as well as I were afore I was as bad as I be now."

Minard's Liniment Cures Colds, Etc.

A Slight.

"What do you think! A man brought back the umbrella he took from our hall-stand. It speaks well for the honesty of the man."

"Yes, but it's a terrible slight to the umbrella."

YOUR OWN DRUGGIST WILL TELL YOU

Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smearing—Just Eye Comfort. Write for Book of Eye by mail Free. Murine Eye Remedy Co., Chicago.

Also Cautious.

A carpenter sent to make some repairs in a private house entered the apartment of the lady of the house with his apprentice and began to work.

"Mary," the lady said to her maid, "see that my jewel case is locked up at once!"

The carpenter understood. He removed his watch and chain from his vest in a significant manner and handed them to his apprentice.

"John," said he, "take these right back to the shop. It seems that this house isn't safe."

Lots of fool men exchange single bliss for matrimonial blisters.

DODD'S KIDNEY PILLS

CURES RHEUMATISM, GRAVEL, BRIGHT'S DISEASE, DIABETES, BACKACHE.

NUMBER 23 THE PRODUCE

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Delays Sometimes Expensive

Business or social engagement—just a few minutes for lunch—can't wait for service. What can be had quickly?

Order

Post Toasties

with fresh berries or fruit and cream. They will be served immediately, they are nourishing and taste mighty good, too.

Sold by Grocers

—everywhere!

Canadian Postum Cereal Co., Ltd., Windsor, Ont.