

REMEDY SO SPEEDY OR EFFICIENT.

A real cramp cure?

Yes, a real one—in a twinkling the cramp is a dead one, and the last squirm is over, once you get a stiff dose of Nerviline on the inside.

This isn't mere talk-it's a solid, truthful fact. No other remedy-not a single one-will cure cramps so quickly and harmlessly as Nerviline. It hits the spot in a jiffy and saves a heap of misery.

"Last Saturday night my stomach felt like an infernal machine," writes T. P. Granger from Hartford. "I was awakened from a sound sleep and found myself suffering the worst kind of torture. I was so doubled up I could hardly cross my room. I had used Nerviline before for the same thing and took a real good dose. Once I felt the warm, soothing sensation of Nerviline in my stomach I knew I was

all right. It finished the cramps-

just one single dose."

Sickness at night is rendered a nightmare of the past if Nerviline is handy. It may be earache, toothache or cramps. Nerviline in every case will cure at once and save calling the doctor. Nerviline is a family physician in itself. The large 50c. family size bottle, of course, is most economical. Small trial size costs a quarter. All dealers sell Nerviline.

#### LORD CROMER.

How He Successfully Encountered Wily Egyptian Officials.

"The Living Sphinx of Egypt," such was the title once bestowed That will mean your dethroneupon Lord Cromer, the great pro- ment." And before Lord Cromer consul and maker of modern left the palace he had in his pocket Egypt, who at the moment of writ- the order he had demanded from ing is reported to be lying seriously the despotic Khedive. ill at his London residence.

Lord Cromer used quick and daring methods in dealing with Egyptian risings. At one time Cairo was almost openly disaffected, and the British garrison was small. His ren well is a great boon to every Jail Birds Are Given Officials Stalordship, however, caused it to be mother. This is just what Baby's known that a regiment was on the Own Tablets do. An occasional way from India, but he was careful dose keeps the little stomach and not to explain that it consisted of bowels right and prevents sicksick-leave and time-expired men ness. During the hot summer and bandsmen.

All the able-bodied soldiers in garrison were ordered to parade all over the town in small parties, and the natives did not take in the fact that they were a sort of stage army -the same men over and over again. The last straw was when Lord Cromer coolly put on flannels and publicly played game after game of tennis. This final piece of bravado nipped the threatened rising in the bud.

Several times during his early days in Egypt Lord Cromer's life was in danger. An English visitor who resembled him was found stabbed to death, having been killed in mistake for the great pro-consul; while on another occasion a dervish was found to have a knife concealed in a petition which he was about to present to his lordship.

And it was because he was always a man of deeds, not words, When the Eskimos Select Husbands touch me! You factory man! Lookthat Lord Cromer became known as the "Sphinx of Egypt." He made himself a power in Egypt which admitted of no rivalry, and, although in 1883, when he was chosen agent and Consul-General, highly-placed Egyptians told him it would be the whale dance, when the Eskimos

# Keep Cool and Comfortable

Don't spend so much of your time cooking during hot weather, and your family will be healthier without the heavy cooked foods.

Give them

# Post Toasties

They're light and easily digested and yet nourishing and satisfying. No bother in preparation-just pour from the package and add cream and sugar - or they're mighty good with fresh berries or fruit.

"The Memory Lingers"

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

impossible to do away with bribery and the buying and selling of justice in the land, the answer was,

"I am here to change all that." Lord Cromer once went to the Khedive to demand the instant dismissal of a high official who was the Khedive's intimate friend. Enraged at the request, the Khedive refused point-blank to dismiss



Lord Cromer.

"Well," Lord Cromer replied, quite coolly, "unless I have an order of dismissal in five minutes I will go and cable to England at once that I am coming home.

#### HOT WEATHER AILMENTS

A medicine that will keep childmonths stomach troubles speedily turn to fatal diarrhoea or cholera infantum and if Baby's Own Tablets are not at hand the child may die within a few hours. Wise mothers always keep the Tablets in the house and give their children an occasional dose to clear out the stomach and bowels and keep them well. Don't wait till baby is illthe delay may cost a precious life. Get the Tablets now and you may feel reasonably safe. Every mother who uses the Tablets praises them and that is the best evidence that there is no other medicine for children so good. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Co., Brockville, Ont.

## THE WHALE DANCE

and Wives.

A very primitive custom of the natives of the Bering and arctic coasts of Siberia, a custom that has come down from generations of savage ancestors, is the annual celebration of abashed. select their wives.

When the sun moves southward at the end of the short summer season, and the ice closes up the northern sea, the whales come down to open water. Then in celebration of the season's catch, the ice dwellers assemble for the whale dance, which lasts twenty-

one days. The great dance circle is prepared, and in the centre the dancers, both male and female, perform the most savage of evolutions and motions to the accompaniment of rhythmless beating of the tomtoms and weird chanting. The dance songs tell of the prowess of the hunters and of the history of the tribe. The movements of a cruel suggestion? the women are surprisingly graceful, and they mean to show in their dance that, as daughters of a great people, they are possessed of all the qualities such women should have. The men execute pantomimic scenes of the hunt, and go through all the motions of the kill: they spear the ice bear, slay the walrus and seal, and finally, with extraordinary contortions, vanquish the mighty whale.

During the last days of the feast, when the time arrives for the selection of husbands and wives, the man performs his mate dance before the woman he has picked out. In pantomime he promises to provide her generously with the fruit of the hunt, both food and fur. If she is pleased with him, she walks out and dances her acceptance, and shows how she will look after the igloo. When they have danced before each other, they are married after the custom of the tribe, and he leads her off to his walrushide lodge.

During the dance they feast on whale. The skin of the baleen whale is about an inch thick, and looks like rubber. The solid blubber between it and the true flesh is usually about fourteen inches thick. The black skin and the blubber, the latter cut to the thickness of the former, is called moktuk, and is considered a great delicacy. It is eaten raw, and although it sounds

# OVER GIRL'S FACE

Hands and Arms. Burning and Painful. Suffered Day and Night from Itching. Cured by Cuticura Soap and Cuticura Ointment.

St. Veronique, Que.- "My little girk got ringworm all over the face, hands, and arms. I was given a sort of white ointment and like a phial of water to wash with. After eight days of this treatment the ringworms instead of healing became dark red and were spreading, then were

child suffered day and night from the great itching. I was very disturbed. "One evening I found a sample of Cuticura Soap and Ointment that I had requested the year before. So I commenced a wash with the small piece of Cuticura Soap. then applying the Cuticura Ointment and at the end of three days the child was suffering less. Then we wrote to some friends in Montreal to get some Cuticura Soap and Ointment for us. After fifteen days' treatment the ringworms were crusted over and

whitish, then on the twenty-fifth day they

were all dry and cured." (Signed) Mrs.

burning and painful. The

Marie Louise Riou, May 26, 1913. When you buy a fine toilet soap think of the advantages Cuticura Soap possesses over the most expensive toilet soap ever made. In addition to being absolutely pure and refreshingly fragrant, it is delicately yet effectively medicated, giving you two soaps in one, a toilet and a skin soap at one price. Cutlcura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. For a liberal free sample of each, with 32-p. book, send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

repulsive to the civilized ear, is most palatable. It has a flavor something like that of chestnuts.

#### THE MARK OF CULTURE.

tus in Nigeria.

In the land of the Niger says Mr. P. Amaury Talbot in the London Times, little or no stigma attaches to jail birds.

In fact, prison residence is often governor of Southern Nigeria once complimented a chief of the interior on his knowledge of English, to air, "of course I be fit to talk I used Dr. Hamilton's Pills. English mouth! I learn all that when I live long time for prison."

Such residence is indeed looked upon as giving a sort of official status. At Calabar some prisoners were out cleaning the road, when a clerk, dressed in the height of Pills." fashion, high collar, patent leather boots, and the smartest of suits, went by. In passing, he flicked one of the bending laborers with a little splendid contempt. "You dare a me!" Here he pointed to the Butternut. broad arrows prominently displayed over his simple vest and loin cloth. "I be government man! See here!" And the dandy passed on

# No Alimony-Just a Separation

Peaceful, quiet separation, no damage done, everybody happy again-that's the situation when you divorce your corns with Putnam's Corn Extractor. Acts like magic-don't use any but "Putnam's"it's the best, 25c., at all dealers.

# Heaping Up Insults.

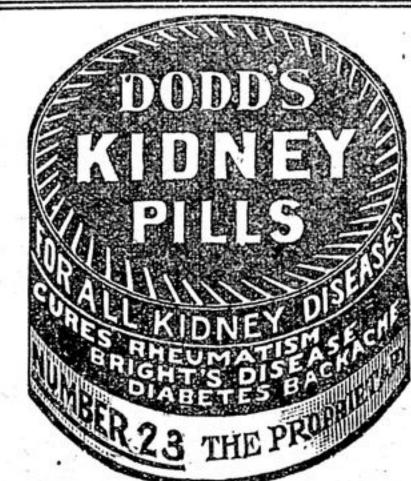
Mrs Bryde-I told my husband was going to give something of my owncooking and he said I'd better try it on the dog first. Wasn't that

Her Friend - Very! And thought your husband was so fond

#### Damaged Victor.

"Where's your little brother?" "He hurt himself." "How?"

"We were seeing who could lean out of the window the farthest and he won."



#### A DESERT PROBLEM.

How the Cadi Settled a Difficult Matter.

The Arabs stopped at an oasis to have luncheon; one had three dates, and the other had five, which they were to eat together. Presently a stranger came up, and asked permission to share their meal, which they cheerfully granted. After all had eaten, the stranger thanked them for the food they had given him, left eight ducats, and rode away.

The Arab who had the three dates said, "Here are eight ducats for eight dates-one ducat for each date; therefore three ducats are mine.' But the other Arab argued differently, and contended that he should have seven ducats, and the first man one. The case was referred to the cadi of the nearest town, who upheld the second man's contention! This is the way he reached his decision:

The three men divided eight dates; there were two and twothirds for each, or eight-thirds. The first Arab had three dates, so he contributed nine-thirds to the whole but he are eight-thirds him.

GOOD WEEKLY IN LIVE TOWN IN Business in connection. Price only \$4,000. Terms liberal. Wilson Publishing Company, 73 West Adelaide Street, whole, but he ate eight-thirds him- Toronto. self, so he gave only one-third of a date to the stranger. The second Arab contributed five dates, of fifteen-thirds; he ate eight-thirds himself, and gave seven-thirds to the stranger.

So reasoned the cadi, and he gave the first Arab one ducat and the second seven ducats.

# Nova Scotia Case of Interest to All Women

Halifax Sends Out a Message of Help to Many People.

Halifax, N.S., Dec. 15.-When interviewed at her home at 194 Argyle St., Mrs. Haverstock was quite willing to talk of her peculiarly unfortunate case. "I was always 'blue' and depressed, regarded as conferring the mark of felt weak, languid and utterly unfit culture and distinction. The last for any work. My stomach was so disordered that I had no appetite. What I did eat disagreed. I suffered greatly from dizziness and sick headache and feared a nervous breakdown. which the man replied with a proud Upon my druggist's recommendation

"I felt better at once. Every day I improved. In six weeks I was a well woman, cured completely after different physicians had failed to help me. It is for this reason that I strongly urge sufferers with stomach or digestive troubles to use Dr. Hamilton's

Dr. Hamilton's Pills strengthen the stomach, improve digestion, strength- ance." en the nerves and restore debilitated systems to health. By cleansing the blood of long-standing impurities, by swagger cane he was carrying. At bringing the system to a high point once the aggrieved party sprang of vigor, they effectually chase away erect. "What!" he exclaimed with weariness, depression and disease. Good for young or old, for men, for women, for children. All dealers sell

#### Coward.

"My husband is a coward." "What makes you think so?"

"He insists that I have got to tell the landlord that he must paper the parlor or we'll move."

## Minard's Liniment Cures Diphtheria.

Able-Bodied Youths Scarce.

Of every 100 persons subject to military duty in Germany, 58.9 per cent. of the farmer lads are fit for My ignorance perhaps I show service, against 31.9 per cent. in | In springing this one but Berlin proper, which shows the This thing I'd really like to know, smallest percentage of able-bodied youths of any place in the empire. The statistics, which are for the year 1912, have just been made public. Wilmersdorf, one of the Greater Berlin municipalities, which has the lowest death rate of any city of Germany, furnishes 48.2 recruits for service among every 100 men examined, a figure exceeding that of any other large city in the coun-

YOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting—just Eye Comfort. ) Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

#### A Young Diplomat.

"Pa, would you be glad if I saved you a dollar?" "I certainly would, my son."

"Well, you remember you promised if I brought a good report from my teacher you'd give me a dollar, and I didn't."

#### A Good Idea.

"That's a good idea, ma'am," said the new servant, having the soda and water mixed in them bottles with squirts. I done the scullery floor in half the time, and there's three bottles left out of the dozen.

Minard's Liniment Cures Colds, Etc. ED. 7.



FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

NEWSPAPERS FOR SALE.

#### MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

#### Nora's Reference.

Nora was applying for a place as cook and when asked for a reference presented the following:

"To whom it may concern: "This is to certify that Nora Foley has worked for a week and we are

SUMMER TOURIST RATES TO THE PACIFIC COAST.

Via Chicago and North Western Ry. Special low rate round-trip tickets on sale from all points in Canada to Los Angeles; San Francisco, Portland, Seat-tle, Vancouver, Victoria, Edmonton, Calgary, Banff, Yellowstone Park, etc.. during July, August and September. Excellent train service. For rates, illustrated folders, time tables and full particulars, address B. H. Bennett, General Agent, 46 Yonge Street, Toronto, Ontario.

#### His Wish.

She (during the quarrel)-I only married you to spite Fred Johnson. He (ruefully)-I wish to heaven you'd married Fred Johnson to spite

Minard's Liniment Cures Garget in Cowe.

#### Miduight Vocations.

Cats are getting to be a nuis-

"Maybe we could compel them to

have licenses." "I don't know that it would help much. But I think they ought to have to take out licenses to sing."

Digby, N.S. Minard's Liniment Co., Limited. Gentlemen,-Last August my horse was badly cut in eleven places by a barbed wire fence. Three of the cuts, (small ones) healed soon, but the others became foul and rotten, and though I tried many kinds of medicine they had no beneficial result. At last a doctor advised me to use MINARD'S LINIMENT and in four weeks' time every sore was healed and the hair has grown over each one in fine condition. The Liniment is certainly wonderful in its working.

#### JOHN R. HOLDEN. Witness, Perry Baker.

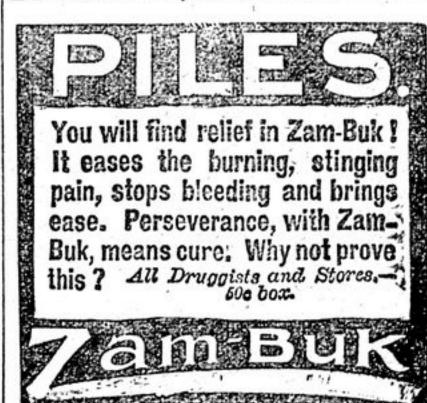
Ignorant.

Minard's Liniment Cures Distemper.

"What does the cut worm cut?"

#### An Acre of Tickets.

The London General Omnibus Company issue something like 2,-000,000 tickets in the course of a single day, and for those people who like to have such matters elaborated into statistical details it may be remarked that a day's supply of tickets weighs about one ton. If placed end to end would stretch from London to Dover, would cover a space of nearly an acre, or if placed flat on top of one another would reach to a height of 1,666 feet.



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