

## ECZEMA ITCHED AND BURNED

Rash on Legs and Back. Scratching Irritated Breaking Out. Used Cuticura Ointment. Disease Vanished.

Kentville, N. S.—"For about five years I was bothered with a light rash which would appear most heavily on my legs and back. This troubled me most in the spring of the year. They said it was eczema. The eczema itched and burned and my scratching irritated the breaking out. After it broke out I could not obtain more than three hours' sleep each night it pained me so. My legs and back were a solid mass of itching sores.

"I was given some salve and after using this preparation about a week the disease became worse and I could not obtain any rest at night. I used all the patent preparations on the market but they only seemed to increase the suffering and afforded me no relief whatever. About this time a friend recommended Cuticura Ointment to me. However, I had lost faith in all remedies and told him so, but he insisted that I try Cuticura Ointment so I purchased a box. The first application gave relief and in about a week the sores were healing and I was able to obtain a good night's rest, the first I had enjoyed for many months. I continued the treatment for another month and by that time all signs of the disease had vanished." (Signed) Willard F. Allen, May 16, 1913.

For more than a generation Cuticura Soap and Cuticura Ointment have afforded the most economical treatment for affections of the skin and scalp that torture, itch, burn, scale, and destroy sleep. Sold everywhere. Sample of each mailed free, with 32-p. Skin Book. Address post-card Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

### GRAINS OF GOLD.

The world is a wheel, and it will come round aright.—Beaconsfield.

It were endless to dispute upon everything that were disputable.—William Penn.

However mean your life is meet it and live it; do not shun it and call it hard names.—Thoreau.

Riches are the baggage of virtue; they cannot be spared and left behind, but they hinder the march.—Bacon.

Worship is transcendent wonder; wonder for which there is now no limit or measure; that is worship.—Carlyle.

To avoid an occasion for our virtues is a worse degree of failure than to push forward pluckily and make a fall.—R. L. Stevenson.

Disappointment falls heavily upon elderly people; they may submit better than the young, but they do not so easily revive.—Mrs. Ewing.

Man's highest merit always is, as much as possible, to rule external circumstances, and as little as possible to let himself be ruled by them.—Goethe.

Nature, purity, perspicuity, simplicity never walk in the clouds. They are obvious to all capacities, and where they are not evident they don't exist.—Voltaire.

Many a good sailor has been wrecked on the sea of matrimony.

## Simplified Breakfasts

Make for good days

From a package of fresh, crisp

## Post Toasties

fill a bowl and add cream or milk.

Then, with some fruit, a cup of Instant Postum, and a poached egg or two if you like, you have a simple breakfast that is wholesome and satisfying.

Toasties are bits of corn carefully cooked, delicately seasoned, and toasted to an appetizing "brown" without being touched by hand. They look good, taste good, and

"The Memory Lingers"  
Sold by Grocers—  
Everywhere!

Canadian Postum Cereal Co., Ltd.  
Windsor, Ontario.

### AN AMERICAN PEERESS.



Lady Newborough.

She was Miss Carr, of Kentucky, and married Lord Newborough thirteen years ago. A smart dresser and a lavish entertainer.

### Lame back Strengthened, Stiffness Taken Right Out

Was Relieved in an Hour, and Cured Over Night.

A lame back? Quite unnecessary. All you have to do is to rub on Nerviline. It's simply a wonder for backache—relieves after one rubbing. "Nothing possibly could cure an aching back faster than Nerviline," writes Mrs. Arthur Kobar, of Lower Chelsea, N. S. "I caught cold and was so prostrated with pain I could not bend over. We always have Nerviline at home, and I had the painful region rubbed thoroughly with this grand liniment. At once the pain departed. The lameness was rapidly reduced and in an hour I was able to be about my housework. I was rubbed again just before retiring, and awoke as usual in the morning without a sign of my back trouble."

There is no sort of muscular pain that Nerviline won't cure quickly. Thousands swear by it for rheumatism, neuralgia, sciatica and lumbago. It sinks to the core of the pain—right through muscle, tissue and nerve—it penetrates where no oily, greasy liniment can go and invariably cures quickly. If you have an ache or a pain anywhere—use Nerviline—it will cure you. Family size bottle, very large 50c.; trial size 25c. at all dealers.

### RAILWAY EARNINGS.

And Value of the Land Owned by the C.P.R.

The earnings on our Canadian railways during 1913 amounted, broadly, to \$200,000,000. These figures include all the subsidiary lines, and other affiliations of whatever nature; but the figures are remarkable. Thirty years ago the C.P.R., which now shows gross annual earnings of \$140,000,000, could hardly buy axle grease. Its 25,000,000 acres of land were worthless. The land now sells at the rate of from \$5 to \$35 per acre. That worthless land in its totality represents a cash value of nearly \$350,000,000. The lands still to be sold will realize \$200,000,000. The commissioner, which the London paper of Lord Northcliffe's called Answers sent out to investigate conditions in the Dominion, regrets in one of his letters that the C.P.R. should have sold its land—any part of it—to speculators in the early days. The company regrets that policy today itself; but at the moment there did not seem any alternative. The people could not be coaxed at the time to settle in the wilderness; and the company needed money; and the big parcels were parted with—parcels which in their unoccupied state are the wonder of the incoming settler, who has to go further back while the splendid lands lie idle close to the railway. Of course, not an acre is sold now except to the genuine settler, but the point of value is that in the course of a comparatively few years our Canadian railways, which began in feebleness and doubt, without great faith in the future, and mocked at by critics, can show the enormous earnings, in a twelve-month, of \$200,000,000.

### Postmistress is Quite Well Again

FOUND COMPLETE CURE IN DODD'S KIDNEY PILLS.

Mrs. Gray, Who Was Nervous and Run Down for two Years, Tells How She Found New Health.

Tichborne, Frontenac Co., Ont., May 11 (Special).—Mrs. H. Gray, the popular postmistress here, is telling her friends of the great benefit she has received from taking Dodd's Kidney Pills.

"For about two years," Mrs. Gray says, "I was all run down. My sleep was broken and unrefreshing, and I suffered from shortness of breath and heart flutterings. I finally decided that the Kidneys were the cause of my trouble and decided to try Dodd's Kidney Pills. I took four boxes in all, and I feel quite strong and like myself again. I certainly think Dodd's Kidney Pills are a good medicine."

The experience of the postmistress is similar to that of thousands of other Canadian women. They were weak, run down, nervous and in bad health generally. They took Dodd's Kidney Pills and are strong and well again.

The reason is that when the Kidneys get out of order they fail to strain the impurities out of the blood, and general lassitude and weakness ensues. The natural cure is to cure the Kidneys. The experience of thousands of others tells you that Dodd's Kidney Pills cure the Kidneys.

### Intense Cold Is Healthful.

Without having gone anywhere near either Pole, writes a correspondent of the London Chronicle, I have had my experience of the fact that intense cold outside stops the cold in the head. We were six men, essaying the ascent of the Grand Combin, in the Alps (over 14,000 feet). From our first attempt we were driven back by a thunderstorm, and a stay of some hours to dry in the hut with the stove going woke up all the microbes. When we returned to the hut next day from the valley there were at least four severe colds among us, with sneezing, sore throats, etc. On the third day we traversed our peak, slowly cutting snow and ice steps in weather memorably bitter even for that height. On the other side it suddenly occurred to me that I had no "cold" left, and the others made the same discovery.

### Ladies' First.

Mother, pointing to an engaged couple—"Sarah, they do be sayin' that him an' her is going to be married."

Daughter—"Don't say 'him an' her,' ma; say 'her an' him.' Its etiquette to put ladies first."

### Good Prospect for Corn Crop

Every one with corns will be pleased to know that Putnam's Corn Extractor is guaranteed to cure hard, soft or bleeding corns in twenty-four hours. Painless and sure is Putnam's Extractor, 25c. at all dealers.

But a girl who is an expert at making angel cake may have a demon disposition.

Only One "BROMO QUININE" To get the genuine, call for full name, LAXATIVE BROMO QUININE. Look for signature of E. W. GROVE. Cures a Cold in One Day. 25c.

An ordinary cold is one of the very few ailments the modern physician has been willing to undertake to cure without a surgical operation.

Minard's Liniment Lumberman's Friend

### Maligned.

She—I hear that your friend, Mr. Drinkleigh's habits are very irregular.

He—Nonsense! Regular as a clock—he's never sober after dinner.

The way to success is not a chute, but a ladder.

### Regularity

of the bowels is an absolute necessity for good health. Unless the waste matter from the food which collects there is got rid of at least once a day, it decays and poisons the whole body, causing biliousness, indigestion and sick headaches. Salts and other harsh mineral purgatives irritate the delicate lining of the bowels. Dr. Morse's Indian Root Pills—entirely vegetable—regulate the bowels effectively without weakening, sickening or griping. Use

Dr. Morse's Indian Root Pills

### GLOW WORM'S GLIMMER.

Fifty Times as Strong as Illuminants of Mankind.

The efficiency of a firefly's light is fifty times that of our ordinary illuminants. This does not mean that it is fifty times brighter, but that for the space it occupies it gives fifty times the light.

Herbert E. Ives and C. W. Jordan relate in the Lighting Journal how they measured the light of a firefly. They held glowworms, which are the larvae of fireflies and give a steady, unwinking light, against a disk of white blotting paper under an illumination of 190-metre candles, and by an equation, into which it is unnecessary to go here, calculated that the glowworm's light was equivalent to .043 candlepower per square centimetre. Their conclusions are as follows:

"This calculation is made on the basis of the light furnished by the glow worm under natural conditions. By various kinds of stimulation its brightness may be much increased. The flash of the firefly is probably many fold, perhaps fifty or one hundred fold, as bright as the steady glow of the larva. Such conclusions as have been drawn with respect to the adequacy of the intrinsic brilliancy which we measured hold of course for the same insect under more intense exertion."

"It appears, then, that the luminous material of the glow worm, could it be reproduced, would also be a happy mean in intrinsic brightness, far lower than the artificial light sources with which we now try our eyes, yet high enough to permit its use without pre-empting more wall space than we now give to windows."

### Pain In Back All Gone

GIN PILLS Completely Cured.

Mr. B. C. David, of Cornwallis, N.S., says: "About a year ago, I was suffering so much with a dreadful Lame Back and Hips, that I could not stand up straight. I was informed by a friend about GIN PILLS. I got a box. It helped me immediately. I have taken about twelve boxes and the pains in my back and hips are all gone. I cannot speak too highly of your GIN PILLS." 50c. a Box, 6 for \$2.50. Sample free if you write National Drug & Chemical Co. of Canada, Limited, Toronto.

### A Good Judge of Women.

Mistress—Would you like to come on trial for a week.

Applicant for Cook's Position—Sure Oi can tell whether Oi will loike yez in 24 hours.

I cured a horse of the Mange with MINARD'S LINIMENT. CHRISTOPHER SAUNDERS, Dalhousie.

I cured a horse, badly torn by a pitch fork, with MINARD'S LINIMENT. St. Peter's, C. B. EDV. LINLIEP.

I cured a horse of a bad swelling by MINARD'S LINIMENT. THOS. W. PAYNE, Bathurst, N.B.

### Peddler Posted.

She—If you don't go away at once I shall call my husband.

Peddler—I called on him first and he threatened me with you.

### Try Murine Eye Remedy

If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Tonic Good for All Eyes that Need Care. Murine Eye Remedy Co., Chicago

### A Fanatic.

"They say that Briggs is a temperance crank of the extremist kind."

"I should say he is. He wouldn't even buy stocks because they frequently take a drop."

Keep Minard's Liniment in the house.

### Rubbing It In.

"My dear," remarked Jones, who had just finished reading a book on "The Wonders of Nature," "this really is a remarkable work. Nature is marvellous! Stupendous! When I read a work like this it makes me think how puerile, how insignificant is man."

"Huh!" sniffed his better half. "A woman doesn't have to wade through four hundred pages to find out the same thing."

### The Consolation.

"There is one consolation in being homely," she said.

"And what's that?"

"Nearly all the other women are willing to concede that I am sensible and will make a good wife for some man."

Ask for Minard's and take no other.

**Clark's**  
All ready baked to a nicety; whole, mealy and full flavored. Heating only is necessary.

**Pork & Beans**  
CLARK'S PORK & BEANS WITH TOMATO SAUCE  
MONTREAL

## Take Good Care Of The Colts

It's cheaper to raise colts than to buy horses. But it's costly if you lose the colts. Keep a bottle of Kendall's Spavin Cure handy. For thirty-five years has proved it the safe, reliable remedy for spavin, splint, curb, ring-bone, bony growths and lameness from many causes.

## Kendall's Spavin Cure

is sold by druggists everywhere at \$1 a bottle, 6 bottles for \$5. Get a free copy of our book "A Treatise on the Horse" at your druggist's or write us.

Dr. E. J. KENDALL CO., Enosburg Falls, Vt.

### FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain, or Dairy Farm, write H. W. Dawson, Brampton, or 98 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto

### NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only \$4,000. Terms liberal. Wilson Publishing Company, 73 West Adelaide Street, Toronto.

### AGENTS WANTED.

RESIDENT AGENTS IN EVERY town to introduce strictly legitimate, guaranteed investment proposition. You can make \$5 daily or more in spare time in your own home town. One salesman is actually averaging over \$100 each week. We guarantee satisfaction to you and your customers. Address:—The Canadian Magazine Premium Department, Room 302, 53 Yonge St., Toronto.

### MISCELLANEOUS.

ONION GROWERS, GET LITERATURE re onion weeders. R. G. Bruner, Orlinda, Ont.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured with cut pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

**PATENTS**  
OF INVENTIONS  
PIGSON, PIGEON & DAVIS,  
71a St. James St., Montreal  
Write for Information.

### The Star Attraction.

Hostess—I am glad you children decided to come for dinner.

Little Josie—We didn't tum for dinner; we tum to hear Willie's grandpa eat his soup.

Minard's Liniment used by Physicians.

### Blowing It.

"When old Richleigh died he left a request that his dust be scattered to the winds."

"Well, his spendthrift son is attending to that all right."

### Files Cured in 6 to 14 Days

Druggists refund money if PAZO OINTMENT fails to cure itching, blind, or protruding files. First application gives relief. 50c.

### Unfortunate Illustration.

Figg—Do you believe in metempsychosis?

Fogg—Come again, please!

Figg—It's like this. According to that doctrine, my soul, after I get through with it, may inhabit the body of a jackass.

Fogg—Well, I don't know any place where it would feel more at home.

**PILES.**  
You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores. 50c box.

**Zam-Buk**