

SPRING BLOOD IS WATERY BLOOD

How to Get New Health and New Strength at This Season

Spring ailments are not imaginary. Even the most robust find the winter months most trying to their health. Confinement indoors, often in overheated and nearly always badly ventilated rooms—in the home, the office, the shop and the schools, taxes the vitality of even the strongest. The blood becomes thin and watery and is clogged with impurities. Some people have headaches and a feeling of languor. Others are low-spirited and nervous. Still others are troubled with disfiguring pimples and skin eruptions, while some get up in the morning feeling just as tired as when they went to bed. These are all spring symptoms that the blood is out of order and that a medicine is needed. Many people take purgative medicines in the spring. This is a serious mistake. You cannot cure yourself with a medicine that gallops through your system and leaves you weaker still. This is all that a purgative does. What you need to give you health and strength in the spring is a tonic medicine that will enrich the blood and soothe the jangled nerves. And the one always reliable tonic and blood builder is Dr. Williams' Pink Pills. These Pills not only banish spring weakness, but guard you against the more serious ailments that follow, such as anaemia, nervous debility, indigestion, rheumatism, and other diseases due to bad blood.

Mrs. Freeman Leslie, Greenwich, N.S., writes: "We have found Dr. Williams' Pink Pills the very best family medicine there is. I was completely run-down and could not sleep or do my work. I was very nervous and the least sound startled me. I began using Dr. Williams' Pink Pills and they soon brought me back to the best of good health. They also cured my husband when he was suffering from a severe attack of rheumatism." If you are ailing this spring you cannot afford, in your own interest, to overlook so valuable a medicine as Dr. Williams' Pink Pills. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Some men who pose as high-flyers land with a dull, sickening kerchug.



M. CALMETTE,

editor of Figaro, who was shot dead by the wife of M. Caillaux, the French Minister of Finance. Those who have met M. Calmette will recognize this as a striking likeness.

An exchange has aptly stated that Mme. Caillaux's murderous act, in one instant, ruined her husband's political career, which M. Calmette, with all his efforts as editor of Figaro, had failed to accomplish.

All One

"The wind is tempered to the shorn lamb," quoted the Wise Guy. "And I suppose those that are not shorn have the wool pulled over their eyes," suggested the Simple Mug.

Pierre Goby, a French scientist, has made an apparatus by which X-ray photographs may be taken of the internal structure of microscopic objects. It will contribute largely to our knowledge of minute animal life.

A GOOD MEDICINE FOR LITTLE ONES

Baby's Own Tablets are an excellent remedy for little ones. They are a gentle laxative which sweetens the stomach, regulate the bowels, banish constipation, worms, colds and simple fevers, and make the child happy, healthy and strong. Concerning them Mrs. Pierre Toussaint, Ste. Sophie de Levrard, Que., writes: "I have found Baby's Own Tablets an excellent remedy for my little ones and would not be without them." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

LI AND GLADSTONE.

When the Great Chinaman Visited the "Grand Old Man."

So completely was Li Hung Chang's time taken up during the first four days in England, writes Mr. William F. Mannix in the "Memoirs of Li Hung Chang"; so busy was he "with small things and great, small people and famous," that he had no time for his memoirs. The peaceful quiet of Mr. Gladstone's country home, accordingly, greatly pleased the viceroy, and there he found time for his neglected diary.

Hawarden, Eleventh Day in Memory of the Peaceful Jade Emperor. Only here, in the home of the greatest living Englishman, have I found real rest since I left the boat at Dover. Here I have enjoyed for a day such a rest as I have not known since I bid good-by to China; for it is a pleasurable rest to see and know this "Grand Old Man." It is delightful to learn his thoughts and to see things of this world as he sees them. It is the highest prize of public service to be able to retire to such a home life as his, amid the respect of the world and the love and admiration of his countrymen. If I could be any other person than Li Hung Chang I should want to be William Ewart Gladstone, the Grand Old Man of England.

Mr. Gladstone met me at the handsome, green-covered station upon my arrival. A great crowd of the country people were there, and hats were raised and handkerchiefs fluttered as our party descended from the train. Then there was long and hearty applause as we shook hands, both of us bareheaded. I do not know when before, in public, I have been seen without a head covering.

At once Mr. Gladstone apologized for not having come to London to meet me. But he said that if he had made the trip he would very likely have been ill for a week. He had sent a telegram to me at Windsor Castle to this same effect two days before, and so I had determined to visit him at Hawarden. Accompanied only by Long-li and Bruce (interpreters and secretaries), we took a long walk over his estate, and talked of many matters remote from affairs of state. I was surprised to find how well he knew my life, and he expressed the same feeling when I told him what I knew regarding himself. He spoke of the queen, about Indian affairs, and of home rule for Ireland; and I was certain that he hoped to see that unhappy country better governed before he died. "They have given their best to England," he said, "and in turn have been given only England's worst."

He pointed out some tree stumps to me, and said that in eight years he had kept his health good and his muscles strong by his chopping exercise. It amused me very much, and I told him I would like to see him strike a blow. So he took up the instrument for cutting, and made several great dents in one of the trees. Then he turned to me and said, "Lord Li, did you ever cut down a tree?" I told him I had many a time when I was a boy, but like many other boyish habits, I had outgrown this one also. But he wanted me to try, and I did. However, it was awkward work, for the handle of the instrument caught in my sleeve, and I nearly cut my foot.

Non-Support.

"What are your reasons for wanting a divorce, madam?" inquired the judge. "Failure to support." "But you live in apparent luxury." "He failed to support me for a nomination that I wanted."

In No Hurry.

White—Now that your son has graduated, has he decided where he's going to work?
Green—Where? He hasn't even decided when.

CAUSE OF THUNDER.

It Is Thought that Thunder Is Due to Intense Heating of Gases.

For a long time it was supposed that the noise of thunder was caused by the closing up of the vacuum created by the passage of the lightning, the air rushing in from all sides with a clap; but the intensity of the noise is rather disproportionate, and it is now thought that thunder is due to the intense heating of gases, especially the gas of water vapor along the line of electric discharge, and the consequent conversion of suspended moisture into steam at enormous pressure. In this way the crackle with which a peal of thunder sometimes begins might be regarded as the sound of steam explosion on a small scale caused by discharges before the main flash. The rumble would be the overlapping steam explosions, and the final clap, which sounds loudest, would be the steam explosion nearest to the auditor. In the case of rumbling thunder the lightning is passing from cloud to cloud. When the flash passes from the clouds to the earth the clap is loudest at the beginning. One investigator has given substance to these suppositions by causing electric flashes to pass from point to point through terminals clothed in soaked coarse wool, and he succeeded in magnifying the crack of the electric spark to a startling extent. It is quite possible that further experiments will add to his findings.

LOOK-OUT LADS.

Boys of Norway and Sweden Have a Novel Occupation.

What to do with the boys when they are at that troublesome age consequent upon leaving school presents no little problem in country districts.

Sheep and horse tending, or jobs with but slight responsibilities attached, are what the ordinary country boy drifts into to start with, but the boys of Norway and Sweden have a much more novel occupation.

Along the coast of their country may be seen little sentry-boxes, known as "crows' nests," or "look-outs," perched high on poles near the water's edge. These boxes are reached by a roughly-made ladder consisting of footholds nailed at intervals up the pole until the "nest"



**FOR
MAKING SOAP
SOFTENING
WATER
DISINFECTING
CLOSETS, DRAINS
SINKS, &c.**

is reached. In each "nest" sits a boy, whose duty it is to watch for the schools of fish appearing, and to notify the villagers of the arrival by ringing the bell that is attached to his perch.

These boys can distinguish an approaching school of fish at an immense distance, and the villagers place implicit confidence in the keenness of their eyesight. At the first note of the warning bell they drop their work on the land and hasten to the boats in order to garner the harvest of the seas.

Mr. Gustave Hannel recently gave an exhibition of flying before the King and Queen in the private grounds of Windsor Castle.

Your money back if Gin Pills do not cure.

Rheumatism

When the Kidneys fail to do their work of discharging the uric acid from the system, the result is rheumatism. Until the Kidneys resume this work in a natural healthy way, no cure is possible.

Gin Pills

cure rheumatism quickly and for all time because they are the most perfect Kidney Corrective ever discovered. From all Druggists, 50 cts. per box, 6 for \$2.50 or direct from 181 National Drug and Chemical Co., of Canada Limited, Toronto.

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Vaseline

TRADE MARK REGISTERED

A Blessing To Mothers

A mother thinks carefully when choosing an ointment for her baby's tender skin. It must be pure through and through—must contain nothing that can possibly harm. This is what makes "Vaseline" such a great blessing to mothers.

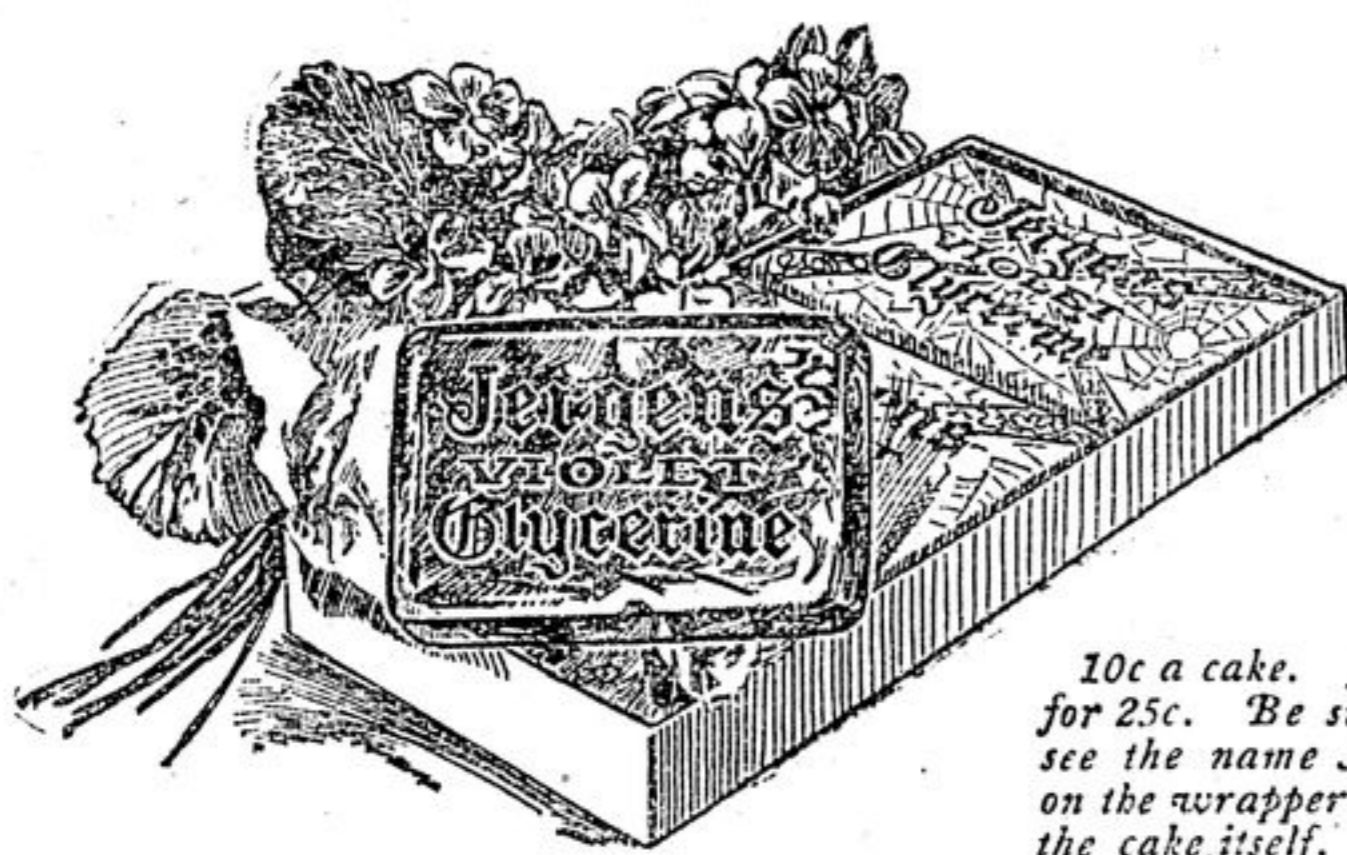
It is pure—absolutely pure—the best and safest ointment for the skin from earliest infancy.

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There are many other reasons why you will like this soap; its instant lather—soft, fine and plentiful, even in the hardest water; the glycerine in it, the finest skin food there is.

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10c a cake. 3 for 25c. Get a quarter's worth