

## Spent Her Money For No Benefit

THEN MISS J. M. GODIN USED  
DODD'S KIDNEY PILLS.

And Her Kidney Disease and Female Weakness Disappeared—She Is Now a Strong, Healthy Woman.

Minzouette, Gloucester Co., N.B., March 23. — (Special). — "I have been suffering from the Kidneys ever since I was a child," says Miss J. M. Godin, of this place. "When I grew to womanhood I was told I was suffering from female weakness, so I tried several kinds of medicine, spending a good many dollars for nothing.

"Last winter I became so weak I was on the point of giving up my work. I could not sleep at night and could hardly get up the stairs without having palpitation of the heart and feeling quite exhausted. "Reading of symptoms of Kidney Disease in Dodd's Almanac, I soon found out my case was similar, so I sent at once for four boxes of Dodd's Kidney Pills. I began to feel a change at the very beginning, for I slept well the very first night. Those four boxes did me more good than all the medicine I had taken before, and I have remained strong ever since. I am now as well as can be."

All women who suffer should look to the Kidneys. They are the main-spring of health. Keep the Kidneys strong by using Dodd's Kidney Pills and they will take care of the rest of the body.

## THE RULING PASSION.

The Business Instinct Uppermost  
In a Perilous Situation.

It is not hard to keep from being flooded if you are only sufficiently in earnest about it. In an article in the Wide World Magazine, Mr. Malcolm Savage Treacher tells the story of a German mountain climber who did not forget to be economical, even in the midst of deadly peril.

A party was crossing a glacier on the slope of Mont Blanc when one of the travellers called to the others to stop and listen. Strange cries came from the ice beneath their feet.

"Some one has fallen into a crevasse!" exclaimed one of the party. "His groans seem to indicate that he is already beyond help."

"We must do what we can, in any case," responded one of the guides; and he began a long and perilous descent into what proved to be the bottom of a concealed crevasse. At the bottom they found the poor gentleman who had fallen. He was, however, quite unhurt, sitting comfortably upon a bench of ice.

"We've come to save you," said one of the guides.

"You save me?" answered the gentleman, quite tranquilly. "How do you know I want to be saved?"

## Healthy Boys and Girls

Always Hungry

And for a quick, easily prepared lunch, a generous dish of

## Post Toasties

and Cream

Can't Be Beat!

The nutritious part of white Indian Corn, skilfully cooked, rolled thin, and toasted to a rich golden brown.

Ready to eat right from the package—crisp, nourishing and delicious.

Children can't seem to get enough of Post Toasties, and they can eat all they want because this food is as wholesome as it is appetizing.

—sold by Grocers.

Canadian Postum Cereal Co., Ltd.  
Windsor, Ontario.

"Because you called to us for aid," said one of the bewildered guides.

"Perhaps I did," replied the German, "perhaps I didn't. You came, anyhow. Now, what'll you take to rescue me?"

And before he would allow the guides to hitch him to the rope and drag him to the surface, he compelled them to set down in writing the exact amount they would require for the performance of their life-saving duty. He was a business man, whatever anyone could say against him—and moreover, he knew the guides of Switzerland.

## MEASURE LIMIT OF FATIGUE.

The Bounds of Strength May Now  
Be Ascertained.

Professional fatigue can be measured from the variation of the tracing or sketch of the movements of the heart. According to the experiments of Jules Amar, explained by Professor Dastre, it has been seen that as the power developed by the muscles increases, the form of the cardiograms is changed. Their summit becomes more and more pointed. The undulation on the right, that is supplied by the contraction of the heart, lowers progressively. After the contraction, that drives back the blood, an aspiration is produced, the value of which goes on increasing. In all works of strength, carrying of burdens up stairs, fatiguing walking, running, work with the hammer, Mr. Amar has noticed curves that have an aspect identical to the physiological limit of fatigue.

## A Nova Scotia Case of Interest to All Women

Halifax Sends Out a Message of Help  
to Many People.

Halifax, N.S., Dec. 15.—When interviewed at her home at 194 Argyle St., Mrs. Haverstock was quite willing to talk of her peculiarly unfortunate case. "I was always 'blue' and depressed, felt weak, languid and utterly unfit for any work. My stomach was so disordered that I had no appetite. What I did eat disagreed. I suffered greatly from dizziness and sick headache and feared a nervous breakdown. Upon my druggist's recommendation I used Dr. Hamilton's Pills.

"I felt better at once. Every day I improved. In six weeks I was a well woman, cured completely after different physicians had failed to help me. It is for this reason that I strongly urge sufferers with stomach or digestive troubles to use Dr. Hamilton's Pills."

Dr. Hamilton's Pills strengthen the stomach, improve digestion, strengthen the nerves and restore debilitated systems to health. By cleansing the blood of long-standing impurities, by bringing the system to a high point of vigor, they effectually chase away weariness, depression and disease. Good for young or old, for men, for women, for children. All dealers sell Dr. Hamilton's Pills of Mandrake and Butternut.

## OIL UPON TROUBLED WATERS.

Secret of Phenomenon is That It  
Is Extremely Viscous.

Literally as well as figuratively, to pour oil upon the troubled waters is to calm them to a degree. This has been known from time immemorial, although its scientific explanation is not any too familiar even at the present day. The secret of the phenomenon lies in the fact that oil is extremely viscous. That is to say, it is of a rosy consistency, sticky and adhesive, and can be spread out into a very thin but comparatively strong sheet.

In lubricating a bearing, for instance, it forms a tenuous film between the metals and so protects them from the wear of direct contact with each other.

Oil is lighter than water, and when poured upon it, remains upon the surface. As the surface tension of water is stronger than that of oil, the oil is immediately drawn out over the water in a very thin body, forming a sort of blanket, which presents considerable resistance to the motions of the element beneath. The water waves still roll almost as high as before, but they are unable to break into ripples, so that the stormy sea, when oil-covered, presents a surface of huge undulations, but smooth ones.

Ships are able to ride such waves with comparative ease. It is the waves that break that present the real danger to the mariner.

## A Resemblance.

"Slack makes me think of an electric button.

"Why so?"

"He won't accomplish anything unless he's pushed."

The man who gets the most of it seldom gets the best of it.

## Cold, Damp Winds Full of Catarrh

HALF THE VICTIMS OF CATARRH,  
BRONCHITIS, AND THROAT  
IRRITATION, CONTRACT  
THE DISEASE THIS  
MONTH.

Only One Preventive Known.

The germs of these diseases that have accumulated during recent months are warmed into life by the sun, taken up in the strong winds and spread broadcast throughout the land.

It is impossible to avoid the inhalation of these germs, and we betide the person whose bronchial tubes or air passages in the head and lungs are in a weak, inflamed condition at this season.

There is but one known method of destroying these disease germs after they have entered the air passages—the inhalation of Catarrhazone.

Catarrhazone alone of all the thousand and one remedies can be carried in the air we breathe to the minutest cells of the respiratory organs, where it destroys the germs, heals all the irritated surfaces, and effects a permanent, lasting cure.

"My nostrils were so stuffed up with Catarrh that my head ached all day. At night I could scarcely sleep because of the awful droppings from my nose and throat—which kept my stomach in a constant state of disorder. But Catarrhazone cured me—strengthened my throat and gave me protection against repeated coughs and colds. I urge all sufferers to use Catarrhazone."

—J. P. Andre (Salesman), Hamilton, Ohio. Catarrhazone is a guaranteed cure for every form of throat trouble, Bronchitis, Asthma, Catarrh. It has cured others, why not you? Two months' treatment price \$1.00. All dealers, or the Catarrhazone Co., Buffalo, N.Y., and Kingston, Ont.

## SPAIN'S GREAT LOTTERY.

Kingdom Peeved Because Aliens  
Drew Prizes.

Spain conducts a national lottery all the year, with the largest prizes distributed at Christmas time. There is disgust in the kingdom because in the recent drawing the two chief prizes were to rank outsiders. Buenos Ayres drew \$1,200,000 and London \$600,000, and the ticket buyers were respectively a commercial firm and a bank. Part of the fourth and fifth prizes also enriched foreigners.

The experience the past year was much like the year before, when aliens were the luck winners. Spain clears a good deal through the lottery. It sold more than \$10,000,000 worth of tickets at Christmas, paid \$7,000,000 in prizes, and netted more than \$3,000,000. The lottery handles about \$26,000,000 a year against \$4,000,000 in 1850, so that the institution is growing. Tickets are sold all over the world, but not many in this country.

## Is Your Wife Bad Tempered?

Chances are she has corns that ache like fury. Buy her a bottle of Putnam's Corn Extractor. It acts painlessly, gives instant relief, and cures every kind of corn. Insist on getting only Putnam's Extractor, 25c. at all dealers.

## A Girl All Right.

Mark Twain, so the story goes, was walking on the street one day when he met a woman with her youthful family.

"So, this is the little girl, eh?" Mark said to her as she displayed her children. "And this sturdy little urchin in the bib belongs, I suppose, to the contrary sex."

"Yassah," the woman replied; "yassah, dat's a girl, too."

## Try Murine Eye Remedy

If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Tonic Good for All Eyes that Need Care. Murine Eye Remedy Co., Chicago

## Good Shot.

Wigg—So young Goldie has become a benedict. What was his wife's maiden name?

Goldie—Her maiden aim seems to have been to marry Goldie, and she proved an unusually good shot for a woman.

Minard's Liniment for sale everywhere.

## An Odd Happening.

Minister (announcing from pulpit)—I will add that a lady's watch has been found in one of the aisles, which the owner can have by applying at the vestry. We will now sing the 117th hymn. "Lord, her watch Thy church is keeping."

Minard's Liniment Cures Dandruff.

Ever see a neighbor who was particularly well liked? Sure!

## PREFERRED HEROINES.

Courage and Spirit Have Always  
Been Extolled.

We moderns are popularly supposed to have been the first to profess admiration for the strong-minded woman, whom we proudly or derisively call the "new" woman. Yet if we study history, and not merely hearsay, we find that the heroines of the world were by no means gentle, submissive creatures.

Electra, whom the ancients exalted far above her milder sister Chrysothemis, would certainly have been a suffragette, had she lived in this century, her sense of justice was so developed as well as her powers of imperious persuasion.

Cleopatra, Hyndia, Joan of Arc, however diverse otherwise, were at least alike in rebelling against authority and following their own way.

Rowena would have seemed more attractive had she eloped with Ivanhoe, and we all prefer the nobler Rebecca, who nearly died a martyr because she was among the first lady doctors.

From time immemorial courage and spirit have been extolled, and justly so, too. People who feel deeply cannot always be passive. They wish to control destiny, not to be controlled by it, and sometimes they actually succeed in their desire, through their very refusal, to accept the inevitable.

Obedience is apt to be often over-rated virtue which may be the result of indifference or laziness, a mere craving for peace at any price, instead of a genuine and unselfish humility.

## Dangerous Throat Troubles Prevented by Nerviline

IT ENDS MISERY OF COLDS  
QUICKLY.

Don't wait till night. Get after your cold now,—this very minute, before it grows dangerous you should apply old-time "Nerviline."

Rub your chest and throat, rub them thoroughly with Nerviline. Relief will be immediate. Nerviline will save you from lying awake to-night, coughing, choking and suffering from congestion in the chest and acute pain in the throat.

Nerviline will break up that dull neuralgia headache—will kill the cold and chill at its very beginning—will save you from perhaps a serious illness.

To take away hoarseness, to break up a grippy cold, to cure a sore throat or bad cold in the chest, you can use nothing so speedy and effective as Nerviline. For forty years it has been the most largely used family remedy in the Dominion. Time has proved its merit, so can you by keeping handy on the shelf the large 50c. family size bottle; small trial size 25c., sold by any dealer anywhere.

## Breach of Promise.

He called her lovey dovey,  
And piggy wiggy May,  
In the letter that he wrote her  
Upon a summer's day.  
And now her lawyer has it—  
It's marked "Exhibit A."

Marion Bridge, C.B., May 30, '02. I have handled MINARD'S LINIMENT during the past year. It is always the first Liniment asked for here, and unquestionably the best seller of all the different kinds of Liniment I handle. NEIL FERGUSON.

## Why It Failed.

Visitor—Why did your little paper fail? Bogville Editor—Why, Mrs. Chinn, the village gossip, had the news spread through the town before I could set up my type.

Piles Cured in 6 to 14 Days. Druggists refund money if PAZO OINTMENT fails to cure Itching, Blind, or Protruding Piles. First application gives relief. 50c.

## Slippery.

No wonder that his spirits fell,  
And that he tripped and stumbled there.

For when he tried his love to tell  
She handed him an icy stare.

Minard's Liniment Cures Burns, Etc.

## One on the Customer.

Customer—I'll give you one dollar for that book. That's every cent it's worth.

Shopman—I—I—  
Customer (interrupting)—One dollar, or nothing.

Shopman—Very well, sir. Thanks. Cash! I was trying to say that the retail price of the book was seventy-five cents, but you wouldn't allow me to.

## Clark's Pork & Beans



Highest grade beans kept whole and mealy by perfect baking, retaining their full strength. Flavored with delicious sauces. They have no equal.

## FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain, or Dairy Farm, write H. W. Dawson, Brampton, or 98 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto

## WANTED.

AGENTS FOR WEATHER INSURANCE, low rates, liberal commission. Apply, The Canada Weather Insurance Company, Toronto.

## We will pay you \$120.00

to distribute religious literature in your community. Sixty days' work. Experience not required. Men or women. Opportunity for promotion. Spare time may be used. International Bible Press Company, 182 Spadina, Toronto.

## NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only \$4,000. Terms liberal. Wilson Publishing Company, 73 West Adelaide Street, Toronto.

## NURSERY STOCK.

STRAWBERRIES, RASPBERRIES, FIFTY varieties. Free Catalog. McConnell & Son, Grovesend, Ontario.

## MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

## Well Trained.

The Manager—Yes, we need a man for the complaint desk. Have you had any experience?

The Applicant—I've lived with my wife's relatives for the last four years and I've heard nothing but complaints in all that time.

Minard's Liniment Relieves Neuralgia.

## Hard to Pass.

Blobbs—Bjornnes is an awful scrapper. He reminds me of a plugged dime. Blobbs—In what way? Blobbs—You can't pass him without raising a row.

To Cure a Cold in One Day. Take LAXATIVE BROMO QUININE Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

## Won a Client.

Jenkins—"Didn't that lawyer on the other side give you a terrible overhauling?" Thompson—"Didn't he though? You bet if I have any more law business I'm going to hire him."

## HAIR CAME OUT BY HANDFULS

With Dandruff and Itching Scalp. Scalp Covered with Small Pimples. Used Cuticura Soap and Ointment. Now No Trouble At All.

593 Jane St., Toronto, Ont.—"I was first troubled with my hair getting brittle and later dandruff and itching scalp. I was afraid to comb my hair as it came out by handfuls and the itching was so severe I was miserable. The trouble kept me from sleeping. My scalp was covered with small pimples which seemed to run into one another and form a scab. The dandruff was so bad I was afraid to comb my hair as it made it show so plainly. It looked very badly. I was thinking of having my head shaved.

"For a long time I tried — and several other remedies but they did not cure it. After some months I picked up a paper with the Cuticura Soap and Ointment advertisement and sent right away for a sample of Cuticura Soap and Ointment. On using just the sample my trouble was better. I used six or eight boxes of the Cuticura Ointment also the Cuticura Soap and my scalp healed, the itching stopped and my hair came in quite thick and now I have no trouble at all." (Signed) Mrs. H. Binger, May 27, 1913.

It costs nothing to learn how pure, sweet, effective and satisfying Cuticura Soap and Ointment are in the treatment of poor complexion, red, rough hands, itching scalps, dandruff, dry, thin and falling hair, because you need not buy them until you try them. Liberal sample of each mailed free, with 32-p. book. Send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

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