

## PRESERVE BABY'S SKIN



## With CUTICURA SOAP

Assisted when necessary by Cuticura Ointment. They keep the skin and scalp clean and clear, sweet and healthy, besides soothing irritations which often prevent sleep and if neglected become chronic disfigurements.

Cuticura Soap and Ointment are sold throughout the world. A liberal sample of each, with 32-page booklet on the care and treatment of the skin and scalp, sent post-free. Address: Pottery Drug & Chem. Corp., Dept. 3K, Boston, U. S. A.

### OSLER'S NEW PHILOSOPHY.

First Two Hours of Day Right Ensures Success of Whole Day.

A few years ago the startling assertion of Dr. Osler, that the usefulness of life ended at 60 years of age, amazed the world. The assertion did not check the energetic young fellows of 60 from going right ahead and doing things. The doctor may have intended that his utterances should be taken in a scientific Pickwickian sense, for in meeting him one would never believe him responsible for such a grim edict. Now that Dr. Osler is himself approaching the "age limit," he may modify his original statement, and with the honors of knighthood "thick upon him," Sir William Osler may take a brighter purview of long life as the sunset of 80 approaches, according to the National Magazine.

One bit of philosophy lately advanced by Dr. Osler seems destined to live to bear good fruit. There is no use, he remarks, in worrying about yesterday and to-morrow—to-day is what we must take care of. When one stops to think of it, most of our real worries come from regrets for misdeeds yesterday or from apprehensions or possibly unhappy to-morrows, little realizing that between the sunset and sunrise of to-day lie all-important and imperative duties. Dr. Osler insists that when one starts the day with the first two hours going right, smooth sailing for all day is fore-

Toasted to a  
Golden Brown!

Sounds "smacking good,"  
doesn't it?

That's

## Post Toasties

Tender, thin bits of the best parts of Indian Corn, perfectly cooked at the factory, and ready to eat direct from the package—fresh, crisp and clean.

There's a delicate sweetness about "Toasties" that make them the favorite flaked cereal at thousands of breakfast tables daily.

Post Toasties with cream and a sprinkling of sugar—

Delicious  
Wholesome  
Easy to Serve

Sold by Grocers everywhere.

Canadian Postum Cereal Co., Ltd.  
Windsor, Ontario.

casted. This reminds me of the admonition of dear old grandfather, who used to say "Never get up in morning without a hearty laugh. If you can't think of anything humorous tickle yourself." In other words, let your day begin with a temperamental sunrise, for cheery words and thoughts constitute a radiant dawn that glows on into noontime brightness, whether the weather outside be indicative of gloom or a threatened tempest.



Princess Elizabeth.

A new picture of the Crown Princess of Roumania, who has been mentioned as a possible bride for the Prince of Wales.

### ILLS OF CHILDHOOD.

Every mother should be able to recognize the symptoms of the little ailments that attack her children. She should also be in a position to treat them promptly. To do this she should keep a supply of Baby's Own Tablets in the house at all times. The Tablets never fail to be of help to little ones. Mothers who are anxious for the welfare of her little ones will receive free for the asking a valuable little book on the care of infants and young children. Concerning the Tablets, Mrs. G. L. Bonham, St. George, Ont., says: "I can recommend Baby's Own Tablets as a safe and sure medicine for little ones. I have raised four babies with their aid and would not be without them." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

One enemy will give a man more free advertising than a dozen friends.

**Try Murine Eye Remedy**  
If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Tonic Good for All Eyes that Need Care. **Murine Eye Remedy Co., Chicago**

The kicker is bad enough, but he has several advantages over the man who whines.

Minard's Liniment Cures Diphtheria.

### Wet Grounds.

An Irishman was fishing in a river when it began to rain heavily. Pat, not desiring to get soaked through, sought shelter under a railway bridge spanning the river, and here he plied his rod with true Waltonic zeal, utterly regardless of the trains that incessantly thundered to and fro overhead. Presently another individual appeared on the scene and politely asked Pat what he was doing. "Fishing," was the laconic retort. The stranger laughed. "Pray what is the use of fishing under the bridge while such an infernal noise continues?" "Oh, shut up, man," replied Pat, indignantly. "Sure, ye don't know these fish. They'll come under here to git out av the rain!"

### He Counted Them.

"Go and see if there are any crows on that field of corn," said the farmer to his new hand.

The boy went and came back with the news that he had counted fifty-four.

"Did you drive them away?" asked the farmer.

"No, sir," replied the boy, "I thought they were all yours."

### He Could.

"Can you support my daughter and give her everything she wants?"

"I can support her and give her her principal want."

"And what is that?"

"Me."

Minard's Liniment Cures Cargat In Cows.

### A WONDERFUL DISCOVERY

An eminent scientist, the other day, gave his opinion that the most wonderful discovery of recent years was the discovery of Zam-Buk. Just think! As soon as a single thin layer of Zam-Buk is applied to a wound or a sore, such injury is insured against blood poison! Not one species of microbe has been found that Zam-Buk does not kill!

Then again. As soon as Zam-Buk is applied to a sore, or a cut, or to skin disease, it stops the smarting. That is why children are such friends of Zam-Buk. They care nothing for the science of the thing. All they know is that Zam-Buk stops their pain. Mothers should never forget this.

Again. As soon as Zam-Buk is applied to a wound or to a diseased part, the cells beneath the skin's surface are so stimulated that new healthy tissue is quickly formed. This forming of fresh healthy tissue from below is Zam-Buk's secret of healing. The tissue thus formed is worked up to the surface and literally casts off the diseased tissue above it. This is why Zam-Buk cures are permanent.

Only the other day Mr. Marsh, of 101 Delorimier Ave., Montreal, called upon the Zam-Buk Company and told them that for over twenty-five years he had been a martyr to eczema. His hands were at one time so covered with sores that he had to sleep in gloves. Four years ago Zam-Buk was introduced to him, and in a few months it cured him. To-day—over three years after his cure of a disease he had for twenty-five years—he is still cured, and has had no trace of any return of the eczema!

All druggists sell Zam-Buk at 50c. box, or we will send free trial box if you send this advertisement and a 1c. stamp (to pay return postage). Address Zam-Buk Co., Toronto.

### GOT A COLD YET?

If So, Try the Deep Breathing Cure For It.

In the season when coughs and colds are prevalent any method of preventing them and checking the first symptoms without drugs may be of inestimable value, says a physician.

When you find you have a cough, and before it gets to be deep-seated, go into the air and practice deep breathing. Draw air into the lungs until they are completely distended, raising the arms above the head during inspiration to more fully expand the chest. Hold the air in the lungs for a few seconds; then breathe it out slowly. Repeat the operations a dozen times or more, and after an hour try it again.

Persistency in this treatment will often cure a newly-contracted cough in a few hours. If the cough is of long standing, pain may be felt under the shoulder-blades and across the chest during the breathing, but, as this is caused by the tearing away of adhesions of the lung tissue, it will usually pass away in a day or two, and the fact that it is felt shows that the lungs need thorough inflation.

### Eugenics.

Susie (aged six): "And when we grow up we'll be married, won't we, Bobbie?" Bobbie (sadly): "No, Susie, I can't marry into your family. Your papa has weak eyes and your auntie has spasms."

### ARE HARD TIMES COMING?

Yes, for the man that wears tight boots, but his corns are relieved quickly by Putnam's Corn Extractor. No pain, and certain cure. That's Putnam's. Use no other, 25c. at all dealers.

Mother—"Mabel, why do you take two pieces of cake?" Mabel—"Cause, ma, you told me not to ask twice for it."

LIQUID SULPHUR cures rough skin.

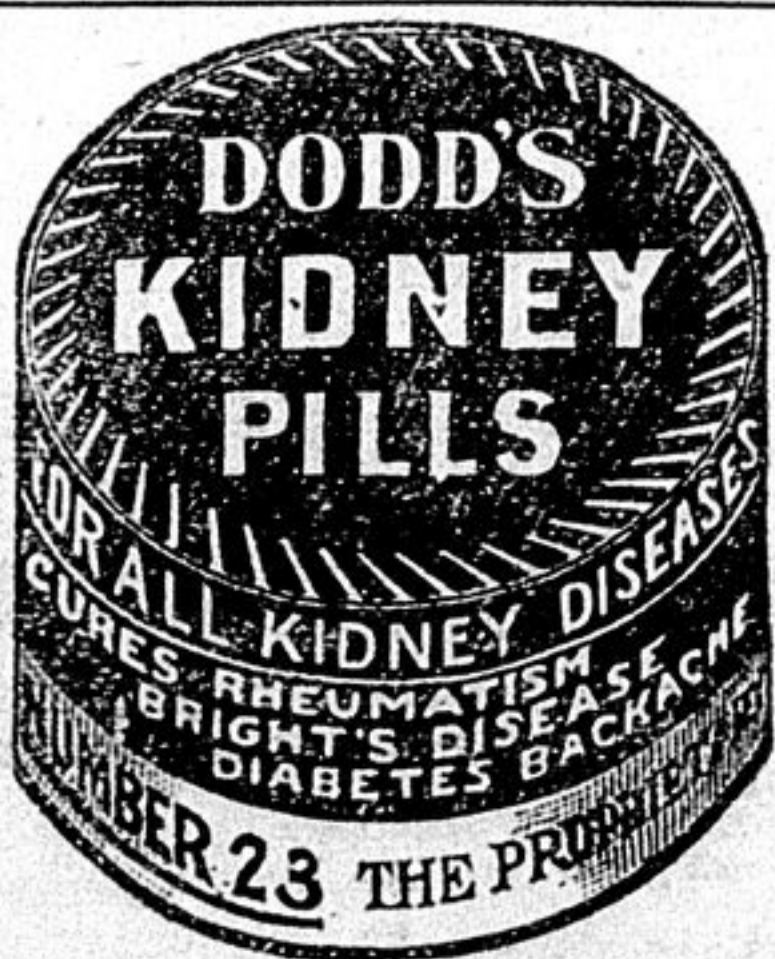
A thing of beauty may be a jaw forever.

Minard's Liniment Cures Distemper.

### Incurable.

Proud Mother—Such enormous sums that we've spent on dear Clara's voice—

Sympathetic Visitor—And you can really do nothing for it?



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### NEW WAY OF USING SHOES.

Missionary's Wife Tells of Amusing Incident.

The wife of a missionary long stationed in Africa confessed recently that she became hysterical with suppressed laughter at the first service that her husband held at the station after bringing her out. She had, indeed, to leave the chapel lest she should disgrace herself by an outburst of an unseemly mirth.

The cause of her discomfiture was an important convert, an aged and venerable chief, with snowy wool and a countenance of ferocious dignity. The young wife had thrown away the day before an outgrown pair of her tiny daughter's ankle ties. They were of a gay scarlet morocco, and when they reappeared at church buttoned neatly through the distended lobes of the old chief's ears and dangling conspicuously against his withered ebony shoulders the spectacle was too much for her—especially in combination with the rest of his costume, which consisted of a dirty blue loin cloth and a headdress made of feathers artistically combined with imported shirt buttons.

### The Reason.

Husband (shaving)—Bother the razor!

Wife—What's the matter, now? You're dreadfully ill-tempered!

Husband—The razor is so abominably dull!

Wife—Dull? Why, I ripped up an old skirt with it yesterday and it cut beautifully.

### Expected Death From Day to Day

Another Case Where Life Was Saved and Health Restored by Nerviline.

We have all read and heard of the agonies of sciatica, but only those who have been tortured by this dread malady can fully appreciate what it must mean to be cured after years of suffering.

It is because he feels it his solemn duty to tell to the world his faith in Nerviline that Victor P. Hires makes the following declaration. "For three years I was in the Royal Mail service, and in all kinds of weather had to meet the night trains. Dampness, cold, and exposure brought on sciatica that affected my left side. Sometimes an attack would come on that made me powerless to work. I was so nearly a complete cripple that I had to give up my job. I was in despair, completely cast down, because the money I had spent on trying to get well was wasted. I was speaking to my chemist one day, and he recommended 'Nerviline.' I had this good liniment rubbed on several times a day, and got relief. I continued this treatment four months and was cured. I have used all kinds of liniments, and can truthfully say that Nerviline is far stronger, more penetrating and infinitely better than anything else for relieving pain. I urge everyone with lumbago, neuralgia, rheumatism, or sciatica, to use Nerviline. I know it will cure them."

Get Nerviline to-day, large family size, 50c; trial size, 25c; all dealers or The Catarrhose Co., Buffalo, N. Y., and Kingston, Canada.

### Tempo.

"I wonder why that girl next door insists upon playing the piano day and night?" said the old fogey.

"Oh, just to kill time, I suppose," replied the cheerful idiot.

Minard's Liniment Co., Limited. Gentlemen—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every day ills and accidents of life I consider it has no equal.

I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN, Schr. "Storke," St. Andre, Kamouraska.

### Expert Angler.

She (after quarrel)—You were a struggling youth when I married you!

He—I'll give you credit for landing me.

LIQUID SULPHUR is a disinfectant.

The new Duke of Connaught school was opened at Regina, with an attendance of 400.

Minard's Liniment Cures Colds, &c.

"I asked the young woman in front to remove her big hat so that I could see the stage." "Did she do it?" "No," she said if she held her hat in her lap she couldn't see the stage herself."

LIQUID SULPHUR cures itching piles



## Be Safe!

Don't take too many chances with sprain, splint, curb, ringbone, bony growths, swellings and of lameness. Use the reliable remedy—



Bickerdike, Alta., Jan. 29, 1913.

"I have been using Kendall's Spavin Cure for a good many years with good results. In fact, I am never without it."

H. NEIDORF.

Dr. B. J. KENDALL COMPANY

Enosburg Falls, Vermont, U.S.A. 79

It's difficult for a newly married man to generate much enthusiasm over his bride's beautiful hair after he has seen her pile it on the bureau for the night.

### USE LIQUID SULPHUR IN YOUR BATH.

### EDUCATION.

ELLIOTT'S BUSINESS COLLEGE, Toronto. Canada's Popular Commercial School. Magnificent Catalogue free.

### FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain, or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto

### NEWSPAPER FOR SALE.

COUNTRY WEEKLY NEWSPAPER FOR Sale in good Ontario town. Excellent opening for man of energy. Write Wilson Publishing Company, Toronto.

### STAMPS AND COINS.

STAMP COLLECTORS—HUNDRED DIFFERENT Foreign Stamps. Catalogue Album, only Seven Cents. Marks Stamp Company, Toronto.

### MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Brimman Medical Co., Limited, Collingwood, Ont.

GALL STONES, KIDNEY AND BLADDER Stones, Kidney trouble, Gravel, Lumbago and kindred ailments positively cured with the new German remedy, "Sanol," price \$1.50. Another new remedy for Diabetes-Mellitus, and sure cure, is "Sanol's Anti-Diabetes." Price \$2.00 from druggists or direct. The Sanol Manufacturing Company of Canada, Limited, Winnipeg, Man.

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL" Piano Action

HIGHEST PRICES FOR  
Raw Furs  
Write for List  
W. C. GOFFATT  
ORILLIA, ONTARIO

Now is the Time to Think About your Maple Syrup Business

Consult any of your neighbors who have used the "Champion" Evaporator. They will tell you to install before the snow is on the ground. Costs no more to buy now than in March. Write for free booklet.

THE GRIMM MFG. CO., LIMITED

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Why we pay more for your  
RAW FURS  
We are the oldest RAW FUR HOUSE as well as the largest collectors of CANADIAN RAW FURS in Canada. That means larger experience, larger markets and a LARGER PRICE to you. Ship direct to us. Returns made same day furs are received. Shipments held separate on request. Fall price list now ready. Write for it.

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