

BABY LOVES HIS BATH



CUTICURA SOAP

No other keeps the skin and scalp so clean and clear, so sweet and healthy. Used with Cuticura Ointment, it soothes irritations which often prevent sleep and if neglected become chronic disfigurements. Millions of mothers use these pure, sweet and gentle emollients for every purpose of the toilet, bath and nursery.

Cuticura Soap and Ointment are sold throughout the world. A liberal sample of each, with 32-page booklet on the care and treatment of the skin and scalp, sent post-free. Address Potter Drug & Chem. Corp., Dept. 21D, Boston, U. S. A.

A GUINEA-PIG DINNER.

The Animals Are Easily and Cheaply Raised.

Why not eat the guinea-pig? And why not rear guinea-pigs for the provision market? These are perfectly serious questions. The guinea-pig (which is not a pig at all, but a rodent related to the rabbits, and which does not come from Guinea, but from South America) is as edible as a hare or a squirrel—a little bundle of fat, perfectly wholesome, flesh. It is small, to be sure, but so are several other game animals that we seek for the table; a full-grown one will weigh nearly two pounds, dressed.

The animal, which is rarely a pavy, is nice in its habits, and feeds wholly on grain and green vegetables. It is not subject to the internal parasites, such as tape-worms, that afflict so many rabbits, and its flesh tastes much like that of a squirrel. Its relatives, the rock-cavy, the agouti and the capybara, are highly esteemed in South America.

When the Spaniards conquered Peru, they found the ancestors of our pet cavy an ordinary and favorite food. The natives prepared them much as we do a sucking pig, by scalding and scraping off the hair, and then roasting or baking the carcass whole. European travellers since have found the meat excellent when thus baked or roasted, when made into stews, or served in a curry. It is best when the animal is about a year old. Guinea-pigs are easily and cheaply reared, increase rapidly, and could readily be furnished by the thousand to town markets, or kept to serve the home table. It is a waste of opportunity not to make use of the animal for food.

Hurrah, No More Lame Backs!

This Case Proves That The Best and Strongest Liniment Ever Made Is Nerviline.

When it comes to determining the real merit of a medicine, no weight of evidence is more convincing than the straightforward statement of some reliable and well-known person who has been cured. For this reason we print the verbatim statement of Juan E. Powell, written from his home in Carleton. "I am a strong, powerful man, six feet tall, and weigh nearly two hundred. I have been accustomed all my life to lift great weights, but one day I overdid it, and wrenched by back badly. Every tendon and muscle was sore. To stoop or bend was agony. I had a whole bottle of Nerviline rubbed on in one day, and by night I was well again. I know of no liniment possessing one-half the penetration and pain-eradicating properties of Nerviline. I urge its use strongly as an invaluable liniment and household cure for all minor ailments, such as strains, sprains, swellings, neuralgia, sciatica, lumbago, rheumatism, and muscular pain."

No better medicine for curing pain was ever put in a bottle than Nerviline—rub it on and rub it in—that rubs out all aches, pains, and soreness. Large family size, 50c., trial size 25c., all dealers, or The Catarrhose Co., Buffalo, N. Y., and Kingston, Ont.



Future Emperor and Son.
Crown Prince Frederick William, of Germany, and his youngest son, Prince Frederick. The Crown Prince has grown irritable lately under the rigid discipline of the military division to which he is attached.

Impertinent Things.
The phonograph talks back.
The pitcher has lots of lip.
The dictionary gives us impudence.
The wagon sticks its tongue out.
We get sauce from the fruit jar.

A WONDERFUL DISCOVERY

An eminent scientist, the other day, gave his opinion that the most wonderful discovery of recent years was the discovery of Zam-Buk. Just think! As soon as a single thin layer of Zam-Buk is applied to a wound or a sore, such injury is insured against blood poison! Not one species of microbe has been found that Zam-Buk does not kill!

Then again. As soon as Zam-Buk is applied to a sore, or a cut, or to skin disease, it stops the smarting. That is why children are such friends of Zam-Buk. They care nothing for the science of the thing. All they know is that Zam-Buk stops their pain. Mothers should never forget this.

Again. As soon as Zam-Buk is applied to a wound or to a diseased part, the cells beneath the skin's surface are so stimulated that new healthy tissue is quickly formed. This forming of fresh healthy tissue from below is Zam-Buk's secret of healing. The tissue thus formed is worked up to the surface and literally casts off the diseased tissue above it. This is why Zam-Buk cures are permanent.

Only the other day Mr. Marsh, of 101 Delorimier Ave., Montreal, called upon the Zam-Buk Co. and told them that for over twenty-five years he had been a martyr to eczema. His hands were at one time so covered with sores that he had to sleep in gloves. Four years ago Zam-Buk was introduced to him, and in a few months it cured him. To-day—over three years after his cure of a disease he had for twenty-five years—he is still cured, and has had no trace of any return of the eczema!

All druggists sell Zam-Buk at 50c. box, or we will send free trial box if you send this advertisement and a 1c. stamp (to pay return postage). Address Zam-Buk Co., Toronto.

BRICK VERSUS HOLES.

The Provident Citizen and the Improvident One.

Save something, if it is only \$1 a week. The interest on a year's savings will buy a first-class hat or pair of shoes. And the \$2 will meet many unforeseen conditions. It will also increase your confidence. Put it into a savings account that you cannot easily disturb. Learn to resist the temptation to spend, and every payday add a little bit to what you already have, thus making a little bit more, as the popular song runs. The time will come for you when an opportunity will afford itself to secure a lasting advantage by reason of your ready cash. The improvident will wonder at your luck, a thing that really doesn't exist. Study the rudiments of banking and learn that every dollar working for you is also assisting others to become prosperous. Then you will understand why the frugal and provident citizen constitutes a brick in the wall of community strength, while the idle and wasteful member is as near being a hole as useless matter can be. Become a brick!

"Do you know, old man, that young fellow saved me from absolute bankruptcy last year. 'How was that?'" "He married the girl I had been engaged to for months."

Bright, Ruddy Cheeks For Pale Girls

No Longer Any Need to Be Pale, Weak or Anemic.
By Following the Advice of Miss McEwen You Can Quickly Become Strong Again.

The pallid girl always lacks appetite. What little she eats is badly digested. At night she is restless, she dozes, but doesn't sleep soundly. Vital force must be increased, new blood must be supplied and a general rebuilding take place before she will feel like she ought.

Dr. Hamilton has invaluable experience in these cases and found nothing so prompt in building up young women as his vegetable pills of Mandrake and Butternut.

Dr. Hamilton's Pills begin by cleansing the system and purifying the blood; they also improve digestion and render food ready for absorption. Additional nourishment is also supplied and the patient is fast strengthened and invigorated.

Full of spirit, ruddy and strong is the girl that assists her system by the use of Dr. Hamilton's Pills.

The following recent letter from Miss Etta McEwen, of Haliburton, speaks for itself:

"In using Dr. Hamilton's Pills I find my system is wonderfully built up. It is certainly the most effective remedy I ever used. I have now a good appetite, sleep more soundly, and awaken in the morning feeling quite refreshed."

"Formerly I felt tired and depressed. I looked as if a severe illness were hanging over my head."

"Nothing could give quicker results than Dr. Hamilton's Pills and I strongly advise every young woman to use them."

All dealers sell Dr. Hamilton's Pills, 25c. per box or five boxes for \$1.00 by mail from The Catarrhose Co., Buffalo, N. Y., and Kingston, Ont.

Time Will Tell.

A story is going the rounds about a local jurymen, an Irishman, who cleverly outwitted the judge, and that without lying. He came breathlessly into court saying, "Oh, my Lord, if you can excuse me, pray do! I do not know which will die first, my wife or my daughter." "Dear me! That's sad," said the innocent judge. "Certainly you are excused." The next day the Irishman was met by a friend, who, in a sympathetic voice, asked, "How's your wife?" "She's all right, thank you." "And your daughter?" "She's all right, too. Why do you ask?" "Why, yesterday you said you did not know which would die first?" "Nor do I. That is a problem which time alone can solve."

Minard's Liniment for sale everywhere.

Security.
Milligan—If I be after laving security aquil ter what I take away, will yez thrust me till next wake?
Sands (the grocer)—Certainly.
Milligan—Well, thin, sell me two av thim hams, an' kape wan av thim till I come agin.

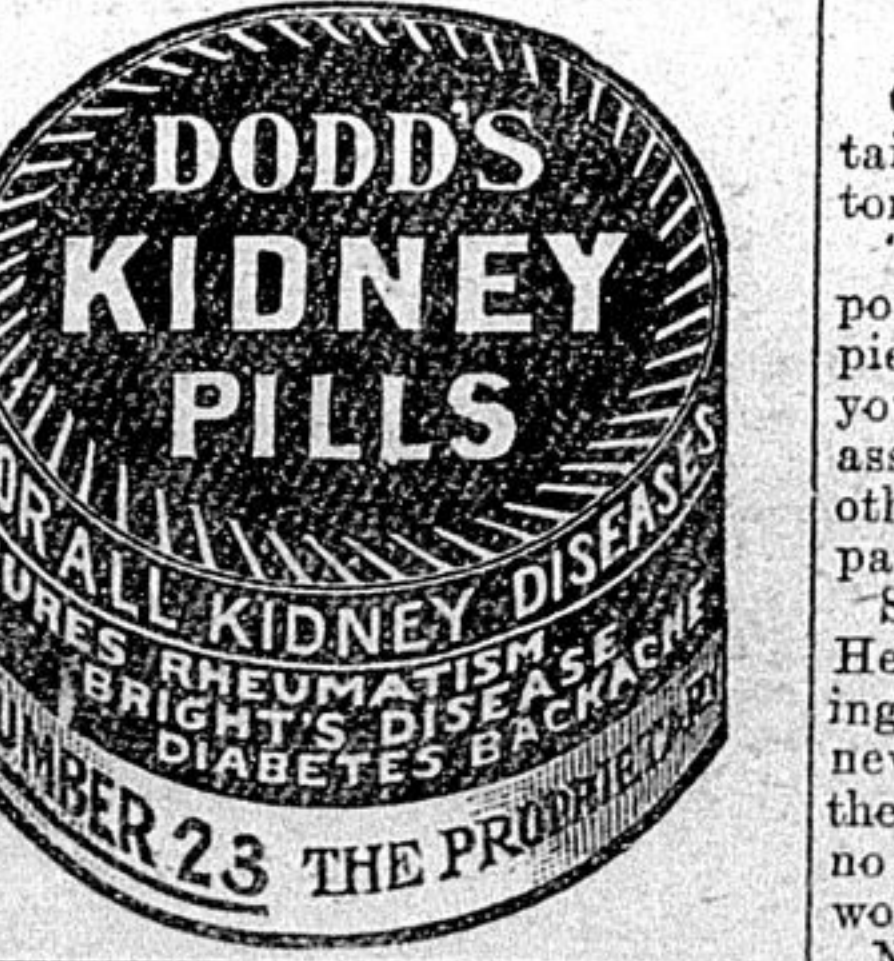
Try Murine Eye Remedy
If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Tonic Good for All Eyes that Need Care. Murine Eye Remedy Co., Chicago

The Latter Kind.
The Man—What kind of a bungalow can you give me for \$3,000
Drafsman—Do you want one to live in or just to refer to?

Minard's Liniment Cures Dandruff.

Paw Knows Everything.
Willie—Paw, do you know everything?
Paw—Yes, my son. Why?
Willie—Well, why doesn't a rose smell good as long as a moth ball smells bad?
Paw—It's time you were in bed, my son.

She—"Was it a simple wedding?"
He—"Yes; two poor 'simps'."



THE MYSTERY OF SLEEP.

Upon It We Depend for Health and Happiness.

That mysterious condition of repose in which our consciousness is in abeyance and which we call sleep has ever been a subject of interest and investigation, but we are still only in the twilight of knowledge in regard to its true nature or the ultimate physical conditions upon which it depends, says Dr. Guthrie Rankin. Cerebral anaemia seems to be an important factor, and this is probably associated with exhaustion of the brain and chemical changes due to an accumulation of fatigue products, with consequent diminished receptivity for afferent stimuli. We are aware that sleep may be disturbed by a multitude of causes, but in its perfect expression we only know it as "Nature's sweet restorer," upon which we all depend absolutely for health and happiness. A hard-and-fast rule cannot be applied to indicate the amount of sleep required by every individual in order to secure complete restoration of nervous energy. No two persons are similarly constituted, for whereas one is refreshed and reinvigorated by four or five hours' repose, another requires seven or eight hours to achieve a like result. Sex, age, temperament, occupation, habits, climate, and environment are all factors of importance which bear upon the faculty of sound sleep, and as each of these conditions is of individual application, it follows that the personal equation makes any general rule impossible of universal application.

Manslaughter in Second Degree.
Cutting corns with a razor is dangerous and useless. The only remedy is Putnam's Corn Extractor, which removes corns and warts in one day. Because painless and safe, use only "Putnam's," 25c. per bottle at all dealers.

Inconsistent.
Hubby—You really must reduce your dress bills, my dear; they are far too large.
Mrs. Newlyn—How inconsistent you men are. You speak just as though I made out the bills.

LIQUID SULPHUR
is the most beneficent medical discovery of the present century. The change in our methods of living has deprived the system of some of its most necessary ingredients. Our grandmothers gave us SULPHUR, but the doctors laughed. It did not assimilate with the blood. The discovery of liquefying SULPHUR has changed the doctor's opinion. LIQUID SULPHUR assimilates readily with the blood. Leading physicians are recommending LIQUID SULPHUR for all blood troubles. LIQUID SULPHUR is a positive cure for ECZEMA. Hundreds are willing to testify to the benefit it has been to them. A few drops three times a day will cure the most acute case of RHEUMATISM.

For sale by all druggists. 60 cents per bottle.

Pater—"I wish Mary's young man would come round after supper."
Mater—"That's all he does come after."

A Good Trait.
"I'm such a poor conversationalist," she said. "What would you advise me to do?"
"Cultivate the habit, madam, cultivate the habit!" he replied quickly.

Minard's Liniment Co., Limited, Carterhall, Nfld.

Dear Sirs,—While in the country last summer, I was badly bitten by mosquitoes, so badly that I thought I would be disgraced for a couple of weeks. I was advised to try your Liniment to allay the irritation, and did so. The effect was more than I expected, a few applications completely curing the irritation, and preventing the bites from becoming sore. MINARD'S LINIMENT is also a good article to keep off the mosquitoes. Yours truly, W. A. V. R.

A man, in speaking of a relative who was hanged, says he died during a tight-rope performance.

Minard's Liniment Relieves Neuralgia.

Perhaps You've Seen Him.
Once upon a time there was a tailor who announced to a customer: "This is an exclusive pattern. Imported stuff. I've got the only piece of this goods in town. When you get a suit of this you may rest assured that you will not see another like it in the city. Exclusive pattern and weave."
So the man was much pleased. He went about the streets thinking, "I'll knock 'em stiff with that new suit. Not another like it in the town. Gay life. There will be no one arrayed like yours truly. I won't see another suit like it." Nor did he. Only about 543 like it, did he see.



CLARK'S SOUPS
Delicately flavoured—Highly concentrated.
WHY WORRY!
Choose your variety and ask your grocer for "Clark's".
FARMS FOR SALE.
H. W. DAWSON, Ninety Colborne Street, Toronto.
FRUIT, STOCK, GRAIN AND DAIRY Farms in all sections of Ontario, some snaps.
FACTORY SITES, WITH OR WITHOUT Railway trackage, in Toronto, Brampton and other towns and cities.
RESIDENTIAL PROPERTIES IN Brampton and a dozen other towns.
H. W. DAWSON, Colborne St., Toronto.
NEWSPAPER FOR SALE.
COUNTRY WEEKLY NEWSPAPER FOR Sale in good Ontario town. Excellent opening for man of energy. Write Wilson Publishing Company, Toronto.
STAMPS AND COINS
STAMP COLLECTORS—HUNDRED DIFFERENT Foreign Stamps. Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.
MALE HELP WANTED.

MEN WANTED
YOUNG MAN BE A BARBER. I TEACH you quickly, cheaply, thoroughly and furnish tools free. We give you actual shop experience. Write for free catalogue, Moler College, 219 Queen St. East, Toronto.
MEN WANTED

MISCELLANEOUS.
CANCEL, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.
CALL STONES, KIDNEY AND BLADDER Stones, Kidney trouble, Gravel, Lumbago and kindred ailments positively cured with the new German remedy, "Sanol," price \$1.50. Another new remedy for Diabetes-Mellitus, and sure cure, is "Sanol's Anti-Diabetic." Price \$2.00 from druggists or direct. The Sanol Manufacturing Company of Canada, Limited, Winnipeg, Man.

RAILROAD
and Telegraphy Courses of the most complete and modern kind taught right at your own home by Shaw's Telegraph and Railroad School, 1 Gerrard St. East, Toronto. Write for particulars and sample lessons. W. H. Shaw, Pres.

FREE! WHOOP HER UP, BOYS!
time and get your choice of the best and most popular of all
Cowboy, Rough Rider, Scout, Baseball or Indian Suits.
Given absolutely FREE for selling only 24 of our beautiful Mexican Draw-work handkerchiefs at 10c each. Your friends will gladly buy several each. No money required. We trust you.
CHIEF MFG. CO.
100 Chief Bldg. Secbo, P. Q.

Rest.
Employer—It takes half my time rectifying your mistakes!
Office Boy—Oh, well, I will take my vacation next week, and you can rest up!

Low Colonist Rates to Pacific Coast.
Via Chicago and North Western Railway. On sale daily Sept. 25th to Oct. 10th inclusive, from all points in Canada to Los Angeles, San Francisco, Portland, Salt Lake City, Seattle, Victoria, Vancouver, Nelson, Rossland, and many other points. Through tourist sleepers and free reclining chair cars from Chicago. Variable routes. Liberal stop overs. For full information as to rates, routes and literature, write or call on B. H. Bennett, General Agent, 46 Yonge Street, Toronto.

The story is told of a young lawyer who was not overwhelmed with clients. A friend, entering the office one day, observed on the desk a cheap alarm clock. "Taking it home," he observed, "to wake you up in the morning?" The lawyer smiled. "No," he replied; "I am keeping it here to wake me up when it's time to go home."

Dr. Morse's Indian Root Pills
exactly meet the need which so often arises in every family for a medicine to open up and regulate the bowels. Not only are they effective in all cases of Constipation, but they help greatly in breaking up a Cold or La Grippe by cleaning out the system and purifying the blood. In the same way they relieve or cure Biliousness, Indigestion, Sick Headaches, Rheumatism and other common ailments. In the fullest sense of the words Dr. Morse's Indian Root Pills are
A Household Remedy