

THE MEANING OF

THE MYSTIC
7-7-7

On Monday, July 7, which is the 7th month of the year, we commence a 7 Day Wonder Sale. For fuller meaning see bills.

TERRILL BROS.

FISHERIES OF CANADA

Dominion Has Most Extensive Fisheries in the World—Commercial Food Fishes

Canada possesses the most extensive fisheries in the world. The waters in and around the Dominion contain the principal commercial food fishes in greater abundance than the waters of any other part of the world. The fertility of Canadian waters is shown by the fact that apart from salmon, all the lobsters, herring, mackerel and sardines, nearly all the haddock, and many of the cod, hake and pollock landed in Canada are taken from within our territorial waters. The coast line of the Atlantic provinces, from the Bay of Fundy to the Straits of Belle Isle, without taking into account the lesser bays and indentations, measures over 5,000 miles; and along this great stretch are to be found innumerable natural harbors and coves, in many of which valuable fish are taken in considerable quantities with little effort.

On the Pacific coast, the province of British Columbia, owing to its immense number of islands, bays and fjords, which form safe and easily accessible harbors, has a sea-washed shore of 7,000 miles. Along this shore and within the limits of the territorial waters, there are fish and mammals in greater abundance, probably, than anywhere else in the whole world.

In addition to this salt-water fishing area, we have in our numerous lakes no less than 220,000 square miles of fresh water, abundantly stocked with many species of excellent food fishes. In this connection, it may be pointed out that the area of the distinctly Canadian waters of what are known as the Great Lakes—Superior, Huron, Erie and Ontario—forms only one-fifth part of the total area of the larger fresh-water lakes of Canada.

The total marketed value of all kinds of fish, fish products and marine animals taken by Canadian fishermen in both the sea and inland fisheries, during the last fiscal year amounted to \$34,667,872.

HOW TO INDUCE SLEEP

Many Different Schemes Suggested For Victims of Insomnia

A sufferer from insomnia retails a number of counsels he has received, of which the first comes from the poet M. Leconte, who says:

"Open your window wide. Lie with your head as low as possible and you will sleep like a post."

Another very well known man writes:

"Accustom yourself to take an hour or two's rest in a deck chair after every meal. Take down from your shelves some old-fashioned novel of which you have an affectionate remembrance as one of the joys of your youth, and read it while you are in your deck chair. The more you are wearied by the better you will sleep. The secret of a good night is not to tire yourself out in the evening but to lie away the time, to get comfortably bored until the time comes for going to bed. The more your brain is dulled the better night you will have.

"An important point, though a difficult one, is to avoid any dread of insomnia. Personally I derive benefit, though it may have just the opposite effect on another person, from calculating the multiples of 2 or 3 as far

as I can go; thus 2-4-6-8-10-12, etc. Or else I count elephants; one elephant and one elephant make two elephants, two elephants and one elephant make three elephants; three elephants and one elephant, etc.

"Finally take no meat in the evening. For lunch eat nothing but fruit, stewed for preference, and for dinner a vegetable soup, vermicelli, ashed potatoes, and one or two biscuits.

"If this does not do the trick, as a last heroic remedy put a damp napkin around your head at night covered with a piece of oilskin and tied on with a bandage. Sleep should come in ten minutes. But I look upon this device as calculated in the long run to impede the natural action of the organs of the body."

EQUINOCTIAL GALES

A Popular Fallacy, According to One Who Has Studied Them

From childhood up we have all heard of equinoctial gales which many appear to fear with alarm. Equinox means, of course, equal day and night, so about the 21st of March when the sun crosses the equator in its northerly course and again on the 21st of September when it recrosses it in its southerly course, we are told by the so-called weatherwise that great gales will occur. We are not informed where, but presumably at least throughout the northern hemisphere—for naturally if the sun in crossing the equator exercises such an influence in one portion of the globe, it must equally do so in all the remaining portions. No reasons are given why the passage of the sun across the equator should occasion such an upheaval of atmospheric pressure, and meteorologists are at a loss to discover that such conditions do exist, however, the statement is made by irresponsible individuals that this is the case and accepted by the great majority of people as a fact.

Figures taken from a carefully prepared table, according to Mr. B. C. Webber, prove conclusively that there is no marked increase in storm energy about the time of the equinox, and that a term of any other six days in any other part of the months of March or September.

Vagaries of Electric Current

Stray electric currents from a railroad are supposed to cause the trees on one side of a Brussels street to bud again and some times blossom after they once have shed their leaves every fall.

Motorists' Telephones

Telephones are being installed in small houses along the main highways in England by an organization of motorists to enable members to summon aid or repairmen when their cars meet with mishaps.

Telling the Time

To permit a person to tell the time while lying in bed an Englishman has invented an electric clock which projects a magnified reproduction of its face on the ceiling when a button at the end of a cord is pressed.

Simple Reflector

An extremely simple reflector has been invented which can be snapped upon an incandescent lamp bulb and freely moved to any position around it.

For sealing fruit jars a Wisconsin man has patented an implement that presses the tops against the rubber rings until air tight joints are formed.

MODERN DESPATCHING

Telephones Displacing the Telegraph For the Actual Handling of Trains

The new system of despatching trains by telephone inaugurated by the Grand Trunk Railway between Montreal and Toronto has been in use long enough for a thorough and satisfactory test. It is intended eventually to despatch by telephone over the entire system.

The method followed is slightly different from the ordinary telephone line in that it is always under the direct control of the chief train despatcher so that the wire cannot be used by operators at way stations except through his office. It is a marked improvement on the old telegraph system which was subject to interruption while being used for transmitting train orders. The telephone is exclusively used for handling orders for the movement of trains, ordinary railroad business being still conducted by means of telegraph.

The old rules are still made use of. All orders are repeated back to the despatcher by the operator for reference to the original copy before the signal "O.K." is given. The numbers of trains and engines, the stations, names of conductors and engineers and other important parts of orders are spelled out in full both in transmission and repetition.

Kites vs. Balloons

In exploring the air in the interest of meteorology box kites have carried self recording instruments to altitude of 12,000 feet, while balloons have taken them up nearly 60,000 feet.

"Autoists' Ankle"

A fatty degeneration of the ankle and leg muscles of men who use automobiles in preference to walking has been described by a physician as a new disease chargeable to motoring.

"Is he a man of his word?"

"Only when he gets to singing 'I won't go home till morning.'"

Strength of Concrete

A concrete motion picture theater recently built in England is 80 feet long by 45 feet wide and 18 feet high, yet the walls are only two inches thick.

Known Centuries Ago

Asphalt was known to the ancients and is said to have been used as a binder in masonry by the Babylonians.

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