

THE SECRET OF GOOD HEALTH

Keep the Blood Rich and Pure with Dr. Williams' Pink Pills

The condition of the blood makes all the difference between health and sickness. Impure blood and strong healthy nerves and muscles never go together. If the blood is thin every part of the body becomes weak. The stomach fails in strength and the appetite becomes poor. The body does not obtain enough nourishment from the food, and soon the nerves begin to complain and the person becomes irritable, despondent, worn out and nervous. For a time there may be no actual sickness, only a run-down, weak condition, but there is no defence against disease and from such a condition spring disorders such as anaemia, rheumatism, indigestion, neuralgia, and even paralysis itself.

People with impure, thin blood should take Dr. Williams' Pink Pills for Pale People. Every dose helps to make new, rich blood, and new blood means health and strength. They stop the progress of disease, and red cheeks, good appetite, new strength, declare the general improvement in the health. Here is an example. Miss Ellen Maude McQuodale, Harriston, Ont., says: "I feel it my duty to add my voice to the many now recommending Dr. Williams' Pink Pills. For years I was a sufferer with back-aches, rheumatism and nervousness. I was so bad at times that I was confined to my bed. I felt sleepy and heavy after my meals, and had flashes of light before my eyes, and a difficulty in collecting my thoughts. After using several remedies without benefit I began using Dr. Williams' Pink Pills and used ten or twelve boxes in all. They gave me the best health I have enjoyed for years, and I have not since had the least return of the trouble."

You can get these pills from any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

LOVER'S EXPENSES.

Remarkable Counter - Claim In Breach of Promise Suit.

Love and lucre are the elements in a curious breach of promise case before the Paris Courts, to which the breaker of the engagement has lodged a counter-claim in the form of a bill for expenses. The father of the lady, M. Wiener, who is suing for £460 damages, said that after an engagement of two months defendant, M. Wroubel, broke with his daughter, Bertha. The engagement, continued M. Wiener, had mulcted him in various expenses, including £12 for a celebration dinner and £10 for his daughter's dress on that occasion. He also claimed £400 damages. M. Wroubel replied by presenting the following bill. First he claimed that he broke off the engagement because M. Wiener has not kept a promise to pay him £400. The items of the "expenses" bill were as follows:—

	£	s.	d.
A box of chocolates every evening for two months..	4	7	6
Flowers	3	0	0
Theatres	4	0	0
Presents to young sisters of his fiancée	2	7	6
General expenses	3	0	0
Engagement ring	40	0	0
Other jewellery	14	0	0
Total	70	15	0

He added that he also thought himself entitled to 8s. damages.

AUTOMATIC SPRING BUMPERS

Special Prices to Clear Out an Overstock by August 1st.

The Russell Motor Car, Company, Limited, Toronto, are offering an Automatic Spring Bumper at a greatly reduced price.

This bumper has solved the problem of full elliptic springs. A vertical and horizontal adjustment admits of its being fitted to any car. When fastened to cars with semi-elliptic springs there are no holes drilled in the frame, but a very ingenious hook clamp fastens the bracket firmly to the frame. Prices: brass, \$6.70; nickel, \$7.25.

The Wrong Bird.

Mother—Tommy, a little bird tells me you helped yourself to cake while I was out.
Tommy (aside)—I'll wring that parrot's neck!

GIFTS IN DISHES.

Hostess in London Gives "Surprise" Banquet to Friends.

Gifts in the soup and joint are the latest thing at "surprise" dinners in England. As children we revelled in the "Christmas pudding mystery," that wonderful dish wherein were concealed various coins and wondrous trinkets; but to-day hosts and guests alike are more sophisticated. At a surprise dinner the guests receive unexpected gifts concealed in the bread, fish, sweets and other dishes.

Such a dinner was recently given by a rich hostess to twenty-four guests at her Belgrave Square house, London. Some particulars of the repast are given by Cecil Mar, the authoress.

The menu of the dinner given by the hostess and the various gifts which the guests received may be tabulated as follows:

Bread—When the guests broke their rolls of bread little silver toothpicks were found concealed inside.

Soup—This was served in dainty Sevres bowls with lids. When the liquid was poured into the soup plates the company were presented with the empty Sevres bowls.

Fish—Here was a startling "surprise." Boiled trout was served, and for some time the guests could not discover anything unusual about the course. At last somebody found some trinkets concealed in the mouth of a trout. All the fish had rings, brooches, and other small articles of jewellery concealed in their mouths.

"White" Entree (sweatbreads)—No gift discovered in the dish—a fact which the guests seemed to resent.

"Brown" Entree (lamb cutlets)—Each cutlet had a charming enamelled thimble fitted to the bone over the decorative paper frill.

Joint—This was the only dish which showered gifts on the men. Saddle of mutton was served, and all the little moulds of red currant jelly passed to the male guests contained amber cigarette holders.

Sweets—Jellies had concealed in their midst tiny jewelled scent bottles filled with various perfumes.

Dessert—One fruit was decorated with flowers, which proved to be beautiful enamel brooches.

Are Your Feet Calloused?

Easy to remove lumps by applying Putnam's Corn and Wart Extractor. This purely vegetable remedy acts painlessly and is guaranteed. Insist on "Putnam's" only, 25c. per bottle.

It Might Have Been.

"My son, this is disgraceful. Your school report shows that you are the last boy in the class of twenty-two."

"It might have been worse, father."

"In what way?"

"There might have been more boys in the class."

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT.

MRS. A. LIVINGSTONE.
Lot 5, P. E. I.

I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT.

Mahone Bay, JOHN MADER.
I was cured of a severely sprained leg by MINARD'S LINIMENT.

JOSHUA A. WYNACHT.
Bridgewater.

Not Necessarily Chronic.

"What is a cure for the ailment known as writer's cramp?"

"All the cases I have ever known have been relieved by an increase in the writer's salary."

Minard's Liniment Cures Distemper.

Irrigating a Continent.

The rainfall in Australia is very unequal. Although there are frequent and heavy rains on the eastern highlands, the climate of the plains to the west is exceedingly dry, and the government of New South Wales is planning a system of irrigation so that the soil, which is naturally rich, can be cultivated. There will be an immense reservoir with a dam 240 feet high, to collect the winter floods of the Murrumbidgee River for use in the summer. The reservoir will be one of the largest in the world; it will hold 33,000,000,000 cubic feet of water—a quantity greater than that in Sydney Harbor. Some of the irrigation canals will probably be at least 1,000 miles long. The government is already advertising for applicants for the land that will become available for cultivation, and has issued a pamphlet describing the progress of the work.

HANDS SO SORE COULD NOT SLEEP

Chapped and Cracked. Could Not Put Them in Water. Skin Red and All Swollen. Cuticura Soap and Ointment Cured in Two Days.

Emerald, P. E. I.—"I got my hands chapped and they cracked. If I would close my hands the cracks would bleed. I could not put them in water or do hardly any work. The skin was red and my hands all swollen. They were so sore I could not sleep. I tried everything I could get in the drug store, and all kinds of ointment, and they did me no good till I used Cuticura Soap and Ointment. They cured my trouble in two days. Cuticura Soap and Ointment are the best that can be made." (Signed) C. W. Murphy, Dec. 23, 1911.



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ERUPTIONS COVERED FACE

415 Huntley St., Montreal, Quebec.—"My one year old son was troubled with eczema in the face. It started with redness and irritation, then it was like a pimple. Afterwards it was an open sore with matter oozing out, causing itching and keeping him from sleeping at night. His face was covered with eruptions. After unsuccessful attempts with different remedies, I tried Cuticura Ointment, which I used one week and he was completely cured of eczema." (Signed) Mrs. J. N. Racicot, Nov. 15, 1911.

Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. For a liberal free sample of each, with 32-p. book, send post card to Potter Drug & Chem. Corp., Dept. 52D, Boston, U. S. A.

CITY'S ODD INDUSTRY.

Birmingham Manufactures World's Supply of Jew's Harps.

The pre-eminence of Birmingham, England, in the manufacture of guns, jewellery, pens and bedsteads is known all over the world, but a number of small articles are also produced, some of which are of a decidedly curious character, and for which the Birmingham maker has to some extent created his own market.

For example, it is not generally known that Birmingham is the principal source of the jew's-harp. For sixty years the industry has been carried on in the vicinity of Ashtedrow, a venerable quarter of the city, by members of the Troman family. Originally the industry came from Halesowen, and the jew's-harps are still made in a little home smithy strongly reminiscent of its Black Country origin. Great Britain is no longer the best market, enormous quantities being exported, especially to half-civilized countries. The Zulu musician, for example, has taken very kindly to the jew's-harp, and needs a specially large size to suit his somewhat capacious mouth.

Fatal Absent-Mindedness.

"I was very happy," said the confessor, "when, after years of wooing, she finally said 'Yes.'"

"And why did you break off the engagement so soon after?" asked his friend.

"Man, it was she who dissolved it."

"Really?" said the friend. "How did that happen?"

"It was due to my accustomed absent-mindedness. When a few days later I called at her home I again asked her to marry me."

Minard's Liniment Cures Diphtheria.

It is cheaper for two women to love one man than for one man to love two women.

Minard's Liniment Cures Colds, Etc.

Out of the Frying Pan.

"When she married, ten years ago, she stated freely that it was simply to avoid working for a living."

"What does she do all the time?"

"Takes care of seven small children."



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EYES AND NOSES INSURED.

British Companies Write Policies for Professional People.

There has been of late, in England, a great increase in the business of insuring the various important parts of the anatomy of professional persons. The latest is Miss Grace Tyson, an actress, now appearing at the London Opera House, who has insured her eyes for £5,000. She has a reputation for emotional expression of the eyes, hence her care of them.

According to an insurance manager, Paderewski has his hands insured for about £40,000, Caruso has insured his voice, and the case of this actress is not the first where a person has insured the eyes.

A policy was recently taken out by a scientific man on his eyes owing to the fact that his research work was a constant strain, and in this instance the premium was rather high. Policies have been taken out by several well-known artists who are afraid that they may lose the use of their hands.

The most remarkable client of all was a lady who insured her nose. She was very proud of it—it was a Roman nose—and as she did a considerable amount of motoring there was always a possibility that she might meet with an accident. Besides insuring her life, she took out a policy on her nose, and for ten years paid the premium regularly.

An armless man who did all his writing with his toes insured his feet for £500. One evening, when he was out walking, he stumbled and fell and injured one of his toes so badly that it had to be amputated. He claimed his insurance money and got it.

SERGEANT-MAJOR UNDER GENERAL FRENCH

VETERAN OF BOER WAR WHO LOST HEALTH ON THE VELDT TELLS EXPERIENCE.

Good Advice for All Who Have Indigestion or Stomach Disorders.

In his home at Waldegrave, N.S., no one is better known than Sergt.-Major Cross, late of the 4th Queen's Own Hussars. Speaking of the ill-effects of a campaign upon a man's constitution, the Sergt.-Major writes: "I served under General French during the late Boer war, in the capacity of Sergt.-Major. It was perhaps owing to a continued diet of bully beef, hard tack, and bad water, but at any rate my stomach entirely gave out. I was in such a state that I could eat nothing without the greatest suffering. The army doctors did not help me much, and since leaving the service I have been very miserable. Some few months ago a friend told me he had been a great sufferer from indigestion until he tried Dr. Hamilton's Pills; they cured him. I confess it was without much faith I bought a box, but the first dose made me feel better than I had been for a long time. Dr. Hamilton's Pills completely cured, and now I can eat everything and anything. I have recommended them to others and in every case the result has been similar to mine."

Quick, sure results attend the use of Dr. Hamilton's Pills. They cure disorders of the stomach, correct indigestion, make you feel uplifted and strengthened. To renew or maintain health, Dr. Hamilton's Pills always prove a good prescription. 25c. per box, five boxes for \$1.00, all dealers, or the Cattarbozoo Co., Buffalo, N.Y., and Kingston, Ont.

Surprised at Her.

Here is an instance of the soft answer that should turn away wrath: Wife (at 3 a.m.)—"This is a nice time for a husband to come home." Husband (good-humoredly)—"Oh, Mary! This is not a nice time for a husband to come home. I am surprised at you saying such a thing. You ought to set your husband a better example."

Minard's Liniment Cures Cargat in Cows.

The Uses of Birds.

Sir Harry Johnston has recently urged the British Government to prohibit the African trade in the plumage of such birds as white herons, egrets, ibises, glossy starlings, and kingfishers. All those birds, and many others that are killed for their feathers, feed upon insects, ticks, and other creatures that act as hosts for disease-breeding organisms. According to Sir Harry, the variety of tsetse-fly that causes sleeping-sickness is particularly abundant in all those parts of Western and Central Africa where the plumage-hunters have reduced the number of the insect-eating birds. He proposes that a law be passed to prohibit the importation of the skins and feather of such birds into Great Britain and Ireland.

Clark's

All ready baked to a nicety; whole, mealy and full flavored. Heating only is necessary.



FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

FRUIT, STOCK, GRAIN AND DAIRY Farms in all sections of Ontario. Some snaps.

FACTORY SITES, WITH OR WITHOUT Railway trackage, in Toronto, Brampton and other towns and cities.

RESIDENTIAL PROPERTIES IN Brampton and a dozen other towns.

H. W. DAWSON, Colborne St., Toronto.

3,000 FREE HOMESTEADS AND IMPROVED farms, \$15.00 to \$45.00 per acre. Best grain and mixed farming country. Write Commissioner, Board of Trade, Humboldt, Sask.

MALE HELP WANTED.

AT ONCE—MEN WANTED TO LEARN Barber Trade. Great demand. Good wages. Twenty to thirty advertised for daily in Toronto papers alone. Can teach you in six to eight weeks. Send for Catalogue. Moler College, 221 Queen East, Toronto.

STAMPS AND COINS.

STAMP COLLECTORS—HUNDRED DIFFERENT Foreign Stamps, Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

The Heart of a Piano is the Action. Insist on the "OTTO HIGEL" Piano Action

RICHELIEU & ONTARIO NAVIGATION CO.

NIAGARA TO THE SEA

Your Vacation Trip WHERE TO GO

Niagara Falls, Toronto, Thousand Islands, St. Lawrence Rapids, Montreal, Quebec and the Saguenay River—one of nature's most impressive scenic wonders.

Low rates for tickets including meals and berths. For information apply to local ticket agents or Hugh D. Paterson, Gen. Agt., Toronto, Ont., or H. Foster Chaffee, P.T.M., Montreal, Que.



Has Some Mercy On Him.

"Does your husband give you all the money you want to spend?"
"My goodness, no. Why, even I would not even think of being that extravagant."

When Your Eyes Need Care

Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Murine Eye Salve in Asseptic Tubes, 25c and 50c. Murine Eye Remedy Co., Chicago

Helpful.

Mrs. Grimly—Is there no way you can break yourself of that habit of talking in your sleep?

Mr. Grimly (tremulously but hopefully)—Do you think it would help any, my dear, if you'd let me talk more when I'm awake?

Zambuk

is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!

All Druggists and Stores—50c.