

ANAEMIC GIRLS SEEM EVERYWHERE

Nine Out of Every Ten Show Symptoms of This Serious Trouble.

So steadily does anaemia undermine the health of young, growing girls and young women that it is rightly regarded as one of the greatest enemies of her sex. Nine women out of ten are bloodless, more or less, and in many cases neglect has allowed anaemia to develop into hopeless decline. There is a security and new strength for weak tired girls and women in Dr. Williams' Pink Pills for Pale People. They actually make the new, good blood of health that banishes the "always tired" weakness, and the continual backaches of anaemia. They drive away headaches, the low spirits, the palpitation of the overworked heart and the fits of nervousness that mark the women whose weak blood is unable to nourish their wasting frames. Dr. Williams' Pink Pills have given health to unhappy anaemics in cases too numerous to record. Here is one example. Miss Hattie B. White, Whitehall, Ont., says:—"Some two years ago I became very much run down. I consulted a doctor who told me that it was a bad case of anaemia and nervousness. I had most of the symptoms that accompany this trouble, such as headaches, a tired feeling, poor appetite, and pallor. The doctor's medicine did not seem to help me and then I began changing from one medicine to another, but with no better results. Finally at the suggestion of my mother I decided to try Dr. Williams' Pink Pills. I got two boxes and by the time I had taken them I began to feel better. This cheered me very much, and I continued using the Pills until I had taken nine or ten boxes. When I was again enjoying the very best of health, and had gained in weight as well. I have proved in my case that Dr. Williams' Pink Pills are a cure for anaemia, and can recommend them to similar sufferers."

Sold by all medicine dealers or by mail at 50 cents a box, or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

What a Woman Can Do.

She can do a first-class job of carpenter work with a pair of shears. She can fix almost anything with a hairpin and a bottle of glue. She can smile when she is miserable and weep when she is happy. She can make a \$57 hat out of an old birdcage and some trimming off an old party gown. She can put away things where nobody (including herself) can ever find them. She can suffer the privations and hardships of a martyr to preserve her figure. She can make a full meal out of a nickle and a dish of ice cream.

To lead a dissipated life may be called a kind of death.

'MARVELOUS' CURES OF SKIN ERUPTION

Four Children Constantly Scratching. Nearly Tore Limbs Off. Cured in a Month by Cuticura Soap and Ointment

"Two of my daughters and two of my sons were suffering from very bad heads, the doctor ordering my daughters to have all their hair cut off so as to prevent it from spreading all over their heads, and to get to the seat of the trouble in order to be able to rub some ointment, which he gave them, well into the sores. These sores started in small blotches which got larger and larger and then burst and spread all over their heads, and in some cases down their backs and bodies. The doctor said it was eczema, but they seemed to be daily getting worse. The sores formed like little blisters, then filled with matter, and looked like abscesses. They became all inflamed and irritated, causing them to be constantly scratching themselves. This made the sores burst, and the matter flowed all over their heads. We had to cut their finger nails and at times to put gloves on their hands. The irritation was so bad, to keep them from digging into the sores, and at night they would nearly tear their limbs off. The blisters would be literally covered with blood."

"The teachers would not let them attend school for fear of infection spreading among the other children, so I resolved to try the Cuticura Remedies, which I found to benefit my children greatly. I continued with the Cuticura Soap and Cuticura Ointment for one month, and the result is a marvelous cure." (Signed) George Arthur Robinson, 37, Fitzwilliam St., Hoyland Common, St. Barnsey, Yorks, Eng., Jan. 3, 1911.

Although Cuticura Soap and Ointment are sold throughout the world, a liberal sample of each, with 32-p. book on the skin will be sent free, on application to Potter, D. & C. Corp., 46 Columbus Ave., Boston, U. S. A.

WHEN HINDUS MAY BEG.

Nine Cases in Which One May Be a Mendicant.

The Hindu Shastras (says the Times of India) consider that begging is allowable and "virtuous" in nine cases, namely:

- Where a man wants to marry and is unable to defray the expenses of marriage, or wishes to perform a costly sacrifice, or to travel;
- Where he has given away all his wealth to priests, or seeks wealth for his Guru, or for the maintenance of his father, or his mother;
- Where he seeks wealth for his own study or is ill.

The ascetic may beg; having given up all concern with the world, his case may be placed on a par with that of the person who has made over all his wealth to priests. It is degrading for an able-bodied person who does not fall under any of the nine categories mentioned to throw himself on the charities of others. A person in distress, as for example during a famine, may be treated as one who is ill. The Buddhist and Jain ascetics may beg like their Brahmin brethren; and a multiplication of the ascetic orders has led to a multiplication of mendicants.

In many cases the asceticism is nominal and is a cloak for avoiding work and the anxieties connected with it. But such dishonest mendicancy finds no support in the Shastras.

In the permissible cases certain rules are to be observed.

Thus a man may beg for the expenses of his first marriage, which is enjoined as a duty, but not for his second marriage during the lifetime of the first wife.

If he begs in the latter case, he is told, somewhat coarsely, that he must look upon the offspring by the second wife as if it belonged to the donors of the expenses.

Similarly the Hindu ascetic should not go out on his begging round early in the day; he must beg when the householders have eaten, and the dishes have been removed. If he gets no alms, he should not despair, and when he does get food he should not unduly rejoice. He should barely support life, and not indulge his palate.

THE BEST MEDICINE FOR YOUNG CHILDREN.

Mrs. Ulderice Roberge, Lac Long, Que., writes:—"I have used Baby's Own Tablets for my baby who suffered from stomach trouble and vomiting, also from constipation and they completely cured him. I can recommend them to all mothers as the very best medicine for young children. The Tablets are superior to all other medicines, not only because they promptly cure stomach trouble, constipation, colic, etc., but because they are guaranteed to be absolutely safe and free from all harmful drugs. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont."

BRAZIL'S TURN IS COMING.

Larger By 50,000 Square Miles Than the United States.

While we have heard a good deal lately about the growth of the Argentine Republic, says the Springfield Republican, less has been said of the rapid progress made by Brazil, a country of enormous possibilities. In estimating its future it is well to remember that it is larger by some 50,000 square miles than the United States, excluding Alaska and our island possessions, while in natural resources it is probably not inferior. Its development, of course, has been much slower, but its turn is now coming. A recent British consular report calls attention to the fact that San Paulo, which ten years ago had but 100,000 people, has now a population of 380,000 and expects in fifteen years to reach the million mark.

Twenty years ago it had no industries, to-day there are 300 considerable factories representing a capital of \$50,000,000 and having an annual output of \$60,000,000.

This is a hopeful symptom, and it must be considered that in its interior regions which have hardly been explored Brazil possesses an enormous wealth of valuable raw material, vegetable and mineral. The success of the United States in reclaiming the Panama zone has been taken by many to mark a new era for the tropics; certainly as the world's demand for tropical products increases Brazil will increase steadily in prosperity and population.

Minard's Liniment Cures Distemper.

IT SATISFIES MILLIONS OF PEOPLE

Worth your while to test it

LIPTON'S TEA

Sustains and Cheers.

EZE
(PRONOUNCED EASY)
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You move and those "EZE" cords slide. Shoulders free, shirt smooth, buttons secure. Each Pair Insured Against Breakage for 365 Days. Genuine stamped "EZE" on buttons—50c. At dealer's or post-paid for 60 cents.

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BRINE CURE FOR HORSES.

Novel Bath Experiment at Droitwich for Afflicted Animals.

A brine bath, in which four horses can stand in hot brine, is now in existence at Droitwich, England. The bath has been built at the rear of Mr. Everett's garage, in St. George's Square, with a sloping way down which the horses can walk in four stalls, where they will find themselves in about 2 feet 6 inches of warm brine. After standing in this for the number of hours ordered by a veterinary surgeon, they will be brought out, dried, and properly bandaged, to avoid all risk of catching cold.

Droitwich brine is twelve times as strong as ordinary sea water, and the cure is intended for race horses, polo ponies, and hunters. Mr. Everett says that he has for years used the brine, made hot, on lame horses, by dipping bandages in it and applying them to the legs. He has found the cure successful for strains, bangs, and rheumatism. He also found it very good while he looked after his father's stud farm at Finstall Park for foals and yearlings who were weak in the legs.

Minard's Liniment Cures Colds, &c.

In Europe at present there are over 7,000 living centenarians, of whom the great majority hail from the Balkan region. Bulgaria can lay claim to nearly 4,000. Serbia more than 1,700; but in England, according to recent statistics, there are fewer than a hundred, and in Denmark only two.

Minard's Liniment Cures Diphtheria.

An Artful Approach.

"Son why don't you play circus? It's great fun. First you make a sawdust ring."
"Where'll I get any sawdust, dad?"
"Here's the saw. Just saw some of that cordwood into stove lengths. You can have all the sawdust you make."

DODD'S KIDNEY PILLS
CURES ALL KIDNEY DISEASES
CORALLI RHEUMATISM SEVERE BRIGHT'S DISEASE GRAVE DIABETES BACKACHE
NUMBER 23 THE PR...

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Scent for Sleep.

Scent has other attractions than a mere appeal to the nose. Anybody, for instance, who suffers from insomnia may find relief in perfumes. Collect a number of fresh pine-needles, and fill a bag with them; carefully rip open your pillow and place the bag amidst the feathers in the pillow. The perfume of the pines is often an excellent soporific. A bag of dried hops used in the same way is just as good. Dried rose-leaves, mixed with dried clover-heads, give out a delicious perfume, and helps a weary one to woo the god of sleep. A teaspoonful of eau-de-Cologne in a warm bath is most refreshing, while scent placed on the forehead of anyone who suffers from headache generally gives relief.

A New Way to Make Money.

I am making a fortune selling Pure Fruit Candy. Any brainy person can do likewise; so if you want to make more money than you ever possessed send ninety-six cents in Canadian stamps to cover the expense of mailing Seventy-seven Pure Food Candy Formulas, and the moulds to make the candy. I will send them prepaid, and help you start in business. I am glad to help others, who, like myself, need money. People say, "the candy is the best they ever tasted"—therein lies the beauty of the business—the candy is eaten immediately and more ordered. You don't have to canvas; you sell right from your own home. I made \$12.00 the first day; so can you. Isabelle Inez, Block "L" Negley, Pittsburg, Pa.

Necessary.

"Do you believe in divorce?"
"No."
"Then you are in favor of abolishing it?"
"Oh, no, I don't believe in wet weather, but it seems to be necessary sometimes."

Minard's Liniment Co., Ltd.
Gentlemen,—In July, 1905, I was thrown from a road machine, injuring my hip and back badly and was obliged to use a crutch for 14 months. In Sept., 1906, Mr. Wm. Ourdree, of Lachute, urged me to try MINARD'S LINIMENT, which I did, with the most satisfactory results, and to-day I am as well as ever in my life.
Yours sincerely,
his
MATTHEW X BAINES.
mark

What to Avoid.

The Tourist—"Which is the best hotel in this town?"
The Native—"There ain't no best. I kin only tell you which is the worst."

The "SALADA" Tea Co. have issued a writ for \$5,000.00 against W. Brittain, Grocer, of Toronto, for selling bulk tea in paper bags as "Salada" Tea. Genuine "SALADA" is sold only in sealed lead packets.

At the accession of Queen Victoria, the amount of the British National Debt stood at nearly £788,000,000, while at the end of last year the net amount of the Debt was about £678,000,000.

Minard's Liniment Cures Garget in Cows.

Careless of Him.

Newlywed—"Before I married you I used to save \$2,000 a year!"
Wife—"Oh, indeed! So you've been holding all that back on me, have you? Hand it over!"

Cure For Consumption.—For consumption, weak lungs, lingering coughs, laryngitis and bronchitis. Names and addresses of those only given a few days to live by specialist and doctors, after taking this cure are alive and well, will be sent on request. Write Wm. R. Copeland, 511 Pape Ave., Toronto, Ont.

Helping it Along.

"It's almost certain that she'll marry that good-for-nothing chap."
"Has the engagement been announced?"
"Not yet. But they'll get married all right."
"What makes you think so?"
"Her mother and father have both started in to knock him."

Some people have automobiles who ought to have babies.

One must be a genius to be a successful barber. One is reminded of the tonsorial artist who operated in the same village for fifty years and never made a mistake. In his early days a handsome boy sat into his chair. "Shave, sir?" asked the barber. "You flatter me," laughed the youth. "You flatter me. No, I can only use a hair-cut." Years passed. In fact, thirty years did it. The same man came to the same barber. "Hair-cut, sir?" asked the barber. "You flatter me!" sighed the man. "No—only a shave."

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has no terrors for me - It's simply my delight
Even Professional Dyers can't equal my Perfect Results
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Send for Free Color Card, Story Booklet, and Booklet giving results of Dyeing over other colors.
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SEVENTY-SIX ACRES WITH GOOD buildings and apple orchard; about five miles from Hamilton.

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CANCER, TUMORS, LUMPS, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

WANTED—BLACK, SILVER AND Cross Foxes, Marten, Fisher and Mink, alive. Blake Vannatter, Ballinafad, Ontario.

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BROWN'S NURSERIES,
WELLAND COUNTY, ONT.

Keeping Up Appearance.
"Did the burglars who broke into your house get anything?"
"About three hundred dollars' worth of jewellery."
"I didn't know you had that much jewellery."
"I didn't, but three hundred dollars' worth of jewelry looks better in the papers than a 'twelve dollar watch.'"

THE GREAT KIDNEY PILLS
FOR THE KIDNEYS

Sample free if you write National Drug & Chemical Co. of Canada, Limited, Toronto.