

NEW STRENGTH FOR NURSING MOTHERS

Aching Backs and Tired Limbs Need Not be Endured

Aching backs, tired limbs, attacks of faintness, headaches and backaches, need not be a part of woman's life. There are times when her blood needs special attention, and these times are indicated by one or more of the above symptoms. It is at such times that Dr. Williams' Pink Pills are worth their weight in gold to women, for they actually make the rich, red health-giving blood which makes weak, tired, despondent women, active and strong, and feeling equal to all their household duties. Such a sufferer was Mrs. William Sullivan, Main River, N. B., who says: "I am writing to acknowledge the great good I received through Dr. Williams' Pink Pills. After my baby was born last summer I was so run down that life was really a burden. I had to drag myself about to do my housework, and every moment was one of trial. If I went upstairs I would be breathless and tired out, and my heart would palpitate violently. and I would have a feeling as though I was smothering. My appetite was poor, and my baby was suffering from my weakness. I was advised to try Dr. Williams' Pink Pills and got six boxes, and before they were all quite used I was like a different woman. My appetite returned; I regained my strength, and the work about the house no longer bothered me. As the result of my experience I would strongly urge all weak women and nursing mothers to use Dr. Williams' Pink Pills."

There is no woman, no matter what her station in life, who will not enjoy better health if she occasionally fortifies her blood through the use of Dr. Williams' Pink Pills. The Pills are sold by all medicine dealers or may be had by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

PRINCE OF WALES HUNGRY.

An English actor was a member of a company snowbound in the Sierras while en route from California to the East. Before their train was pulled out of the drifts, they had been reduced to eating the coarse fare of the railroad laborers, and got little enough even of that. So they all had a magnificent hunger on when the train reached a small station at which there was a restaurant, and the Englishman was the first to find a seat at a table. "Bring me in a hurry," he said to the landlord, a burly Western man, "a porterhouse steak, some deviled kidneys, a brace of chops, plenty of vegetables, and two bottles of Bass' bitter beer." The landlord stuck his head out of the dining room door and yelled to somebody in the rear apartment: "Say, Bill, tell the band to play 'Rule Britannia'; the Prince of Wales has come."

Why Should I Use Cuticura Soap?

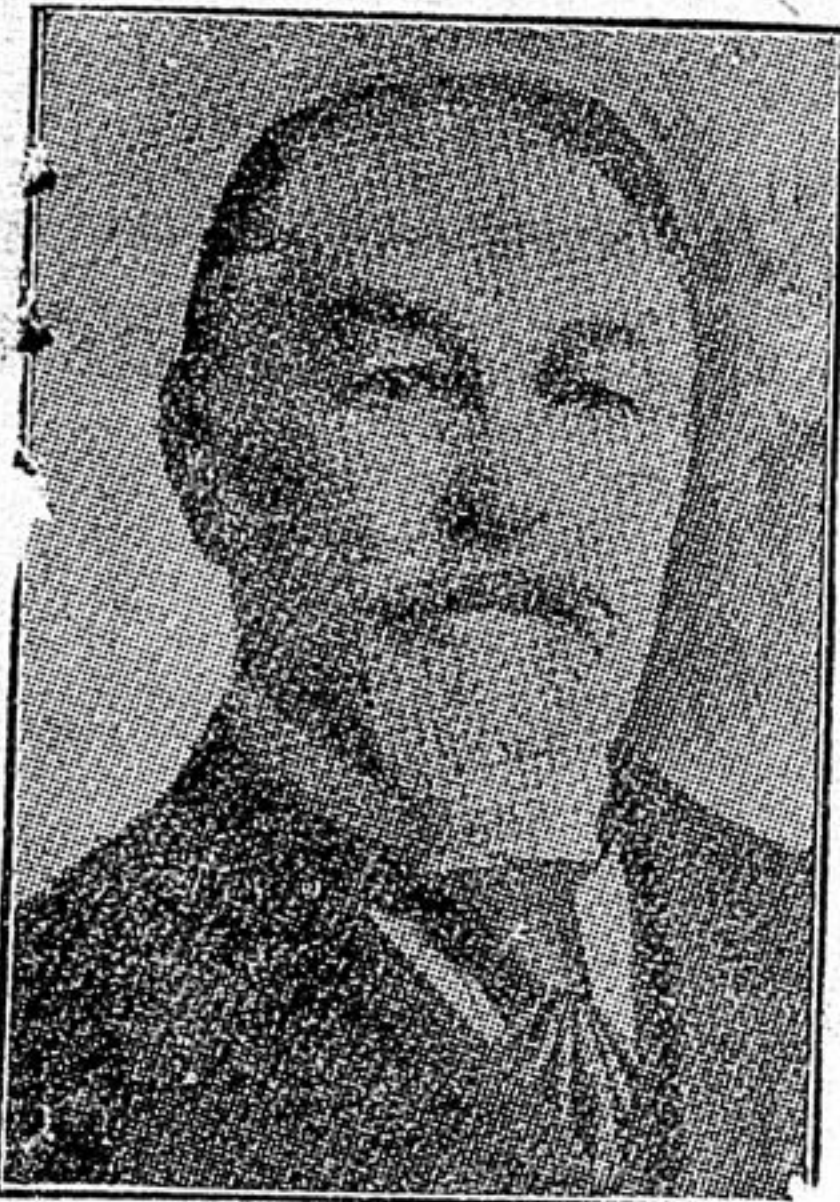
"There is nothing the matter with my skin, and I thought Cuticura Soap was only for skin troubles." True, it is for skin troubles, but its great mission is to prevent skin troubles. For more than a generation its delicate emollient and prophylactic properties have rendered it the standard for this purpose, while its extreme purity and refreshing fragrance give to it all the advantages of the best of toilet soaps. It is also invaluable in keeping the hands soft and white, the hair live and glossy, and the scalp free from dandruff and irritation.

While its first cost is a few cents more than that of ordinary toilet soaps, it is prepared with such care and of such materials, that it wears to a wafer, often outlasting several cakes of other soap, and making its use, in practice, most economical. Cuticura Soap is sold by druggists and dealers everywhere, but the truth of these claims may be demonstrated without cost by sending to "Cuticura," Dept. 7M, Boston, U. S. A., for a liberal sample cake, together with a thirty-two page book on the skin and hair.

FREDERIC HARRISON.

Mr. Frederic Harrison, the famous leader of the Positivists, friend of Ruskin and Carlyle, was eighty years of age last October, and he came in from an eight-mile walk at tea-time with springy step and alert bearing. It was his ordinary daily exercise, and not at all in the nature of a birthday celebration.

Mr. Harrison is spending the evening of his days near Hawkhurst, in Kent, where he delights in his garden and grounds, which he has made very beautiful. He rose on his birthday at 7.30, breakfasted at 8.30, and was engaged from 9.30 till luncheon-time with the morning



Frederic Harrison.

newspapers, his correspondence, and his new book, "Autobiographic Memoirs." His mornings work included the writing of twelve letters. Arriving home at five o'clock after his walk, he spent half an hour in showing visitors round his garden. Then there was a little rest before dinner. At eleven it was bedtime. An unbroken sleep of eight hours every night and an interest in every waking hour, that is Mr. Harrison's happy lot at eighty. He is engaged on another work, "Among My Books." He writes about 1,500 words a day.

CHILDHOOD DANGERS.

No symptoms that indicate any of the ailments of childhood should be allowed to pass without prompt attention. The little ailments may soon become a serious one and perhaps a little life passes out. If Baby's Own Tablets are kept in the house minor troubles can be promptly cured and serious ones averted. The Tablets are guaranteed absolutely safe and can be given to the newborn babe as well as the growing child. Mrs. Arthur Drapeau, Mont Carmel, Que., says: "I can give Baby's Own Tablets to my little one without fear, well knowing the beneficial results that will follow their use." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Norway's coast line, which measures 1,700 miles in a straight line, becomes 12,000 miles if followed round the fjords. In these are over 150,000 islands.

True religion never speaks of what it has done or is doing, neither has it any pomps or vanities, but does its work silently and without hope of reward, at least in this life.

Nearly all infants are more or less subject to diarrhoea and such complaints while teething and as this period of their lives is the most critical, mothers should not be without a bottle of Dr. J. D. Kellogg's Dysentery Cordial. This medicine is a specific for such complaints and is highly spoken of by those who have used it. The proprietors claim it will cure any case of cholera or summer complaint.

Not long ago Lord Kinnaird, who is always actively interested in religious work, paid a surprise visit to a mission school in the east end of London and told a class of boys the story of Samson. In concluding his narrative his Lordship added, "He was strong, became weak, and then regained his strength, enabling him to destroy his enemies. Now, boys, if I had an enemy, what would you advise me to do?" A little boy after meditating on the secret of that great giant's strength shot up his hand and exclaimed, "Get a bottle of 'air-restorer.'"

All the world loves a cheerful flatterer.

Minard's Liniment Cures Diphtheria.

NOW'S THE TIME.

Now's the time to be a-doing,
If there's work that must be done,
While the earth itself is wooing
Favors from the shining sun.
Not to-morrow; you may never
Hear the bells of morrow chime,
But for every brave endeavor
Now's the time!

Now's the time to be a-moving,
If in life you've any aim;
If you're anxious to be proving
What in merit is your claim.
Don't—ah, don't to-day postpone it!
Is not idleness a crime?
If you have not overthrown it,
Now's the time!

Say not even, "I will do it
Without failure by-and-by."
That's a time with no date to it—
In the shadows let it lie!
Seize the present! It is flying
Ever from you as you climb.
Now, if you are bent on trying—
Now's the time!

A Boon for the Bilious.—The liver is a very sensitive organ and easily deranged. When this occurs there is undue secretion of bile and the acid flows into the stomach and sours it. It is a most distressing ailment, and many are prone to it. In this condition a man finds the best remedy in Parmelee's Vegetable Pills, which are warranted to speedily correct the disorder. There is no better medicine in the entire list of pill preparations.

WHAT SHE WANTED.

Lady in shoe store—"These shoes pinch terribly. Haven't you anything larger?"

Salesman—"You asked me for number twos, madam. I can give you number threes or number fours, or—"

Lady—"The idea! I want something larger in number twos."

When Try Murine Eye Remedy
No Smarting—Feels Fine—Acts Quickly.
Try it for Red, Watery, Watery Eyes and
Gravitated Eyelids. Illustrated Book
in each Package. MURINE is com-
pounded by our oculists—not a Patent
Medicine but used in successful Physi-
cians' Practice for many years. Now
dedicated to the Public and sold by
Druggists at 25c per bottle. Murine
Eye Salvo in Aseptic Tubes, 25c-50c.

Murine Eye Remedy Co., Chicago

Mrs. A.—"Your husband always dresses so quietly." Mrs. B.—"He does not. You ought to hear him when he loses a collar-stud!"

Minard's Liniment Cures Cargat in Cows.

A growing tree can be cut down and converted into paper suitable for printing purposes within 24 hours.

For Asthma and Catarrh.—It is one of the chief recommendations of Dr. Thomas' Electric Oil that it can be used internally with as much success as it can outwardly. Sufferers from asthma and catarrh will find that the Oil when used according to directions will give immediate relief. Many sufferers from these ailments have found relief in the Oil and have sent testimonials.

In New South Wales, Australia, any person taking part in a strike is liable to a penalty of £1,000, or to be imprisoned for two months.

Minard's Liniment Cures Colds, Etc.

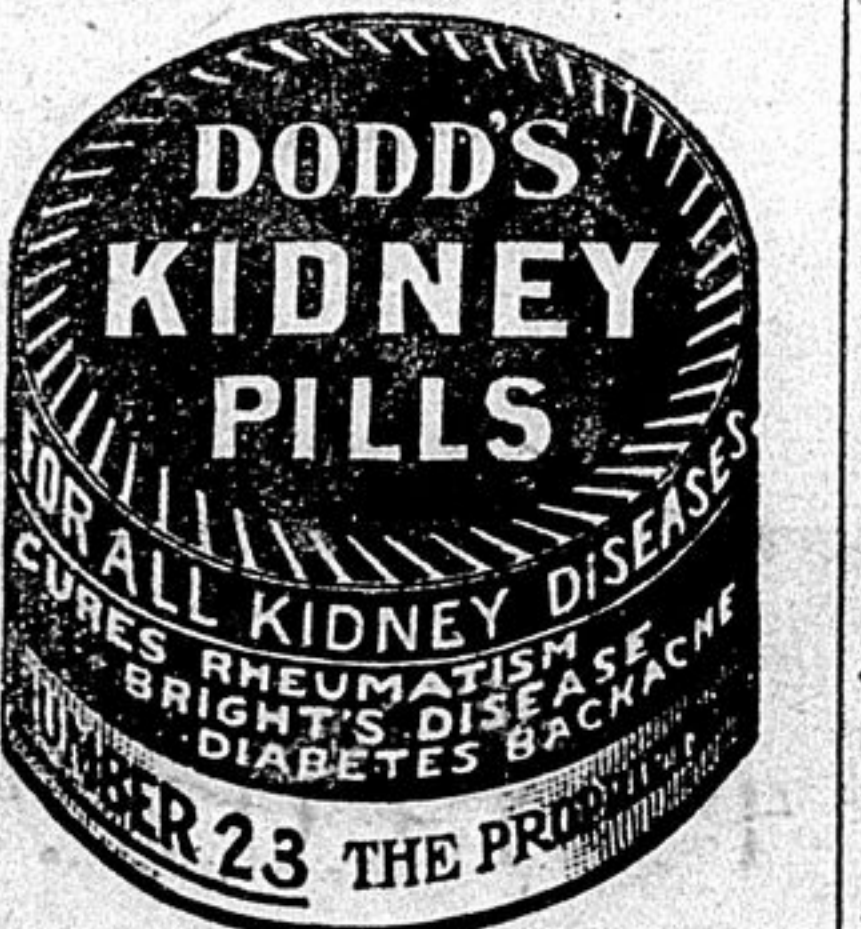
"Money, you know, is man's worst enemy." "I suppose that's why some folk like him for the enemies he has made."

IMPERIAL YEAR AT THE FAIR.

This is Imperial year at the Canadian National Exhibition and H.R. H. the Duke of Cornwall will perform the opening ceremonies on Monday, August 26th.

WHEN THE KING DINES OUT.

Wherever King George dines, whether in the midst of a public assembly or in the house of an intimate friend, his own servants accompany him. They attend exclusively to him throughout the banquet, receiving the dishes from the servants and handing them to their royal master.



ED. 7 ISSUE 27-12

The Empire's most delicious beverage

LIPTON'S TEA

SOLD IN AIRTIGHT PACKAGES ONLY

"King Oscar" Sardines

DELICIOUS, ZESTY, NUTRITIOUS, TASTY.

The very thing for a refreshing lunch in hot weather.

Get Them From Your Grocer

Trade supplied by John W. Bickie & Greening, Hamilton.

COW COMFORT

is guaranteed to keep flies off your Cattle

\$2.00 PER GALLON

Dilute with 4 gallons of water.

Write for a gallon now to

THE MACLAREN IMPERIAL CHEESE CO. LTD., WOODSTOCK, ONTARIO.

Sole Mfrs.—The Sapho Manufacturing Co., Limited, Montreal.

WHEN HE DID BEGIN.

Father (to his son whom he has reproved for lying)—I never told a lie when I was small.

Hans—Well, how old were you, father, when you began?

An Always Ready Pill.—To those of regular habit medicine is of little concern, but the great majority of men are not of regular habit. The worry and cares of business prevent it, and out of the irregularity of life comes dyspepsia, indigestion, liver and kidney troubles as a protest. The run-down system demands a corrective and there is none better than Parmelee's Vegetable Pills. They are simple in their composition and can be taken by the most delicately constituted.

Above all things, be on your guard against your temper. It is an enemy that will accompany you everywhere to the last hour of your life.

Minard's Liniment Co., Limited.

Dear Sirs.—This fall I got thrown on a fence and hurt my chest very bad, so I could not work and it hurt me to breathe. I tried all kinds of Liniments and they did me no good.

One bottle of MINARD'S LINIMENT, warmed on flannels and applied on my breast, cured me completely.

C. H. COSSABOOM.
Rossway, Digby Co., N. S.

Heck—"If I ever marry I'll rule the roost or know why." Peck—"You'll know why all right."

Thousands of mothers can testify to the virtue of Mother Graves' Worm Exterminator, because they know from experience how useful it is.

The man who has something to sell is always an optimist.

Minard's Liniment Cures Distemper.

THE BYPLAY MINSTRELS.

"Mister Interlocutor, can you tell me the difference between a kiss and a sewing machine?"

"No, Mr. Bones, I cannot. Please tell us the difference between a kiss and a sewing machine."

"One seems so nice and the other sews seams nice."

"Mr. Ogo Soakim will now render that beautiful ballad, entitled 'When Mother Found Her Rat in Grandpa's Beard.'"

She—"Just look at the trouble money can get you into." He—"Yes, but look at the trouble it can get you out of."

H. W. DAWSON, Ninety Colborne Street, Toronto.

EIGHT THOUSAND DOLLARS WILL buy beautiful hundred acres in Northumberland County, including Stock and Implements. There is in the stock 4 horses, 10 cows, etc. This is a snap, and can be had on easy terms. Possession at once.

GOOD FARMS IN LINCOLN, WELLAND, Halton, Peel, York, Durham, Northumberland, Prince Edward counties at reasonable prices.

ALBERTA, SASKATCHEWAN AND Manitoba lands in large or small blocks.

FRUIT FARMS—ALL SIZES, IN THE Niagara Fruit Belt.

H. W. DAWSON, Toronto.

99 ACRES IN ESSEX COUNTY—SOIL clay loam; Nineteen acres mixed timber; 1 acre orchard; frame house; frame bank barn. Price Eight Thousand Two Hundred Dollars. Will exchange for 50 acre farm. The Western Real Estate, London.

MALE HELP WANTED.

RAILWAY AGENTS, TELEGRAPHERS and Clerks in great demand throughout Ontario and North West. Six Months will qualify you. Day and Mail courses. Positions secured. Free Book 18 explains. Dominion School Telegraphy, Toronto.

MISCELLANEOUS.

HAY AND FARM SCALES, Wilson's Scale Works, 9 Esplanade, Toronto.

CANCER, TUMORS, LUMPS, etc. Internal and external, cured without pain by our Home Treatment. Write before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

TON SCALE GUARANTEED. Wilson's Scale Works, 9 Esplanade, Toronto.

FARMERS! SEND YOUR NAME AND get valuable information. D. Bell, 93 Argyle Street, Toronto.

THE TORONTO HOSPITAL FOR INcurables offers two years' training; complete course in Massage; Post Graduate Course in Bellevue and Allied Hospitals, New York. Applications will be received by Miss Greene, Lady Superintendent, 130 Dunn Ave., Toronto.

PURIFICO CURES CANCER AND TUMOR

Canadian Branch: Purifico Co., Bridgport, Ont.

Your Overcoats

and faded Suits would look better dyed. If no agent of ours in your town, write direct to Montreal, Box 33, Gold Medalist.

British American Dyeing Co.

LANE MUIR'S CREOSOTE Shingle Stains

Protect—Preserve—Beautify

Samples and Booklets on Application

JAMES LANGMUIR & CO., Limited

137 1/2 Bathurst Street TORONTO

CHALLENGE COLLARS

Acknowledged to be the finest creation of Water-proof Collars ever made. Ask to see, and buy no other. All stores or direct for 25c.

THE LATER THE BETTER.

He—Hurry, dear, or we shall be too late for church.

She—We can't be too late when I'm wearing this old dress and hat.

Warts are disfigurements that disappear when treated with Holloway's Corn Cure.

Hydrophobia is now so rare in Europe that actual cases have only averaged one per annum during the past ten years.

"He pretends to be a very busy man." "By jinks, there's no pretence about it. He supports a wife and seven children on a salary of \$60 a month."

Dr. Morse's Indian Root Pills

are made according to a formula in use nearly a century ago among the Indians, and learned from them by Dr. Morse. Though repeated attempts have been made, by physicians and chemists, it has been found impossible to improve the formula or the pills. Dr. Morse's Indian Root Pills are a household remedy throughout the world for Constipation and all Kidney and Liver troubles. They act promptly and effectively, and

Cleanse the System