

AN INVITATION TO SICKNESS

Thin, Watery Blood Leads to a Breakdown in Health

Thin, impure blood is an invitation to sickness. The blood is at work day and night to maintain the health and any lack of strength or purity in the blood is a weakness in the defense against disease. Anæmia is the doctor's name for lack of blood—watery blood. There may be an actual loss in the quantity of the blood, or one or more of its constituents may be lacking. The surest symptom of anæmia is pallor. The trouble is particularly common among young girls between the ages of fourteen and eighteen, but it is also found in women of all ages, and quite frequently attacks men. It is nearly always present and prevents recovery after grippe, fevers, malaria, and operations and for this reason a tonic medicine is required in all these cases to enrich the blood, build up the nerves and restore health and strength. And there is no other tonic as good as Dr. Williams' Pink Pills, as has been proved in thousands and thousands of cases, among them that of Miss Annie Turner, Marie Joseph Post Office, N.S., who says:—"Dr. Williams' Pink Pills have been of inestimable benefit to me. I was so badly run down that I could hardly go about, was not able to help in the work about the house. As my health grew worse the trouble brought on some species of fit, and when these attacks would come on I would sometimes remain unconscious for half an hour. After many other medicines had failed to help me, my brother got me a supply of Dr. Williams' Pink Pills and I began taking these. In the course of a few weeks I felt much better, and after taking the Pills for a time longer I was again in the full enjoyment of good health. I feel that I cannot praise Dr. Williams' Pink Pills too highly and I recommend them to all weak girls."

You can get these Pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

AT AN AFTERNOON TEA.

"Speaking of poets, that fellow over yonder is evidently a poet."
"I've seen him at a good many receptions, but I never heard him uncock any poetry."
"Maybe not, but just look at him cat."

Never ask a friend for a candid opinion unless you are sure you want it.

For 1911-1912 the total estimated number of men in the German Navy exceeds 60,000.

SCIENCE AND SUPERSTITION.

The Shah of Persia's Experience With Radium.

Radium—most mysterious of the new mysteries in modern science—is so little familiar to unscientific men that the panic of the Oriental potentate described in a recent book by Mons. Xavier Paoli, a French detective, is easily understood.

Once, while in Paris, the Shah of Persia, Muzaf-far-ed-din, expressed a wish to know something of Professor Curie's discovery. Monsieur Paoli made the necessary arrangements. Complete darkness is of course needed if radium is to reveal itself in all its brilliancy. With endless trouble Paoli persuaded the monarch to descend into one of the hotel cellars that had been arranged for the purpose.

But at length his majesty, with all his suite, proceeded to the underground apartment. Professor Curie closed the door, switched of the electric light, and uncovered his specimen of radium. Suddenly a shout of terror between the roar of a bull and the yell of a man being murdered rang out, and was echoed by a hundred others.

"Amid general excitement and consternation," writes Monsieur Paoli, "we flung ourselves upon the electric switches, and turned on the lights."

"Then we beheld a strange spectacle. In the midst of the prostrate Persians, with his arms round the neck of his grand vizier, and his round pupils dilated to their very rims, stood the Shah, shouting at the top of his voice in Persian: "Come away! Come away!"

"The switching on of the light calmed his mad terror as if by magic. Realizing the disappointment and chagrin he had caused Monsieur Curie, the Shah tried to compensate him by the offer of a decoration. But the austere man of science," concludes Paoli, "though fit to decline it."

MOTHERS PLEASSED WITH BABY'S OWN TABLETS

A mother who has once used Baby's Own Tablets for her little one never fails to show her pleasure at the result. She at once realizes that they are the ideal medicine for baby—being absolutely safe and free from injurious drug and at the same time a sure cure for all the little ills from which babies suffer. Mrs. P. Theriault Paquetville, N. B., writes:—"Please send me another box of Baby's Own Tablets. I was extremely pleased with the last. My baby was greatly troubled with constipation and vomiting, but the Tablets quickly cured her." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

GOLD BY ELECTRICITY.

Can Now Be Pulled Up from 12,000 Feet Below Surface.

It is unknown as yet to what depth mining operations on the Rand will be carried on in the future. So many different factors enter into the question, such as value of the reefs, working costs, underground temperature, etc., that it is impossible to speak definitely on the point, but it may be anywhere between 6,000 and 12,000 feet from the surface. Ten years ago it seemed as though the ultimate depth capable of being reached would depend entirely upon the ability of the mechanical engineers to design suitable plants to wind ore successfully from great depths, and much speculation prevailed upon the subject. Since the application of electricity to winding purposes became an accomplished fact that difficulty seems to have well-nigh disappeared, and the ultimate depth to which mining operations can be taken on the Rand appears to be governed more by the value of the reefs as they grow in depth than by any other factor. At all events, engineers on the Rand now regard the deep winding problem with every complacency, feeling sure that, by the adoption of stage winding, they will be able to wind the ore from any depth mining engineers can successfully extract it.—Cassier's Magazine.

KNOWS NOW.

Doctor Was Fooled by His Own Case For a Time.

It's easy to understand how ordinary people get fooled by coffee when doctors themselves sometimes forget the facts.

A physician speaks of his own experience:

"I had used coffee for years and really did not exactly believe it was injuring me, although I had palpitation of the heart every day. (Tea contains caffeine—the same drug found in coffee—and is just as harmful as coffee.)"

"Finally one day a severe and almost fatal attack of heart trouble frightened me and I gave up both tea and coffee, using Postum instead and since that time I have had absolutely no heart palpitation except on one or two occasions, when I tried a small quantity of coffee which caused severe irritation and proved to me I must let it alone."

"When we began using Postum it seemed weak—that was because we did not make it according to directions—but now we put a little bit of butter in the pot when boiling and allow the Postum to boil full 15 minutes, which gives it the proper rich flavor and the deep brown color."

"I have advised a great many of my friends and patients to leave off coffee and drink Postum, in fact I daily give this advice." Name given by Canadian Postum Co., Windsor, Ont.

Many thousands of physicians use Postum in place of tea and coffee in their own homes and prescribe it to patients.

"There's a reason," and it is explained in the little book, "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

REAL EQUALITY FOR WOMEN.

New Swedish Bill Gives Them Same Rights as Men.

The Suffrage Bill just introduced by the Government indicates that Sweden will be the first independent country to grant women the fullest electoral privileges. The bill provides that women shall have the vote on exactly the same conditions as men.

Many interesting features are involved. The bill allows a husband to cast his wife's vote, and an amendment is being prepared which gives wives of sailors, fishermen, soldiers, etc., who are absent on the day of election, the right to cast their votes for them.

Under the present Swedish law a man loses his vote if he is a bankrupt, or has not paid taxes for the last three years. Under the new bill if a woman is living with a bankrupt, a pauper or a non-tax-paying husband she loses her vote unless she has a separate marriage settlement. Otherwise she is to be treated exactly the same as a man, and she may be elected to either chamber of Parliament with the express condition that she may resign her seat whenever she pleases.

She (tearfully)—"Our engagement is at an end, and I wish to return to you everything you have ever given me." He (cheerily)—"Thanks, Blanche! You may begin at once with the kisses!" They are married now.

PICKERING'S PEERS.

As his father, the Earl of Clarendon, is no longer a young man, Lord Hyde's much-talked-of action in emigrating as a farmer to Canada with his wife and children and his brother-in-law, Lord Somers, has not that air of permanent exile about it which lends, as a rule, a definitely depressing quality to such actions, says the London Bystander. Indeed, it is probable that



Lord Hyde.

health considerations, especially for his children, are the prime reasons for a step which is certainly an unusual one for a former young man about town, the heir to a rich earldom and a fine estate, and the son of a life-long courtier. In Edwardian days Lord Hyde, who is dark and well set-up, though slightly lame, was one of the few young



Lord Somers.

men about the Court, and it was at Dublin in the gay days of the Dudley Vice-royalty that he met his fair-haired, blue-eyed wife, the daughter of that Mrs. Somers Cox who was the adopted daughter of the painter Watts. Her brother, Lord Somers, though he had a long minority, succeeded to a somewhat attenuated fortune, the bulk of the Somers estates.

Debt is a temple that has more entrances than exits.



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"Kitty," said her mother, rebukingly, "you must sit still when you are at the table!" "I can't, mamma," protested the little girl; "I'm a fidgetarian!"
Mr. Henpeck—"Is your beef tender to-day?" Butcher—"Yes, sir; it's as tender as a woman's heart."
Mr. Henpeck—"Then, I'll take a pound of sausages."

Well, Well!

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