

## A MOTHER'S PRAISE OF BABY'S OWN TABLETS

Mrs. B. S. Baker, East Margartville, N. S., writes: "No mother would recommend for her baby any medicine of which she was not absolutely sure. A baby's life is too precious. A mother is always pleased to recommend to other mothers something that has been valuable in restoring the health of her own child. That is why I can highly recommend Baby's Own Tablets. They cured my baby who was suffering from constipation and I feel that I cannot praise them enough. I would advise all mothers with sickly babies to give them a trial, well knowing what the result will be." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

### HINTS FOR THE HOME.

When cutting bread and butter very thin, dip the knife occasionally in very hot water.

An old fowl should be skinned before cooking, either for boiling or roasting.

When choosing beef press it with the thumb, and if it rises quickly, it is of good quality.

Washing tubs which are not in constant use will crack unless some water is kept in them.

An onion for soup should be stuck with six cloves and added after the soup has been skimmed.

Wooden spoons and pastry boards will repay a good scrubbing with sand in preference to soap.

Combs should not be washed. Clean them by passing a piece of soft rag between the teeth.

Only have just what saucepans are in constant use—otherwise, some are certain to be left to rust.

Ginger poultices are as efficacious as mustard and will not blister. They should be made in the same way.

When hanging out clothes, hang skirts by the bands, night-dresses by the shoulders, and stockings by the toes.

A nourishing dish may be made from cooked meat by stewing it very slowly in good gravy for an hour or an hour and a half.

T Clean Carpets.—A correspondent tells that she keeps her carpets clean and fresh-looking by wiping them over with a cloth wrung out in ammonia and water once a month, after sweeping.

### RED.

It's the Red Blood Corpuscles that Proper Food Makes.

An Ohio woman says Grape-Nuts food gave her good red blood and restored the roses of youth to a complexion that had been muddy and blotchy. She says:

"For 10 years I had stomach trouble which produced a breaking out on my face. The doctors gave it a long Latin name, but their medicines failed to cure it. Along with this I had frequent headaches, nervousness and usually pain in my stomach after meals.

"I got disgusted with the drugs, stopped them and coffee off short, and quit eating everything but fruit and Grape-Nuts, with Postum for my table beverage.

"The headaches, stomach trouble and nervous weakness disappeared almost like magic, which showed that when the cause was removed and good food and drink used nature was ready to help.

"My blood was purified and my complexion became like a young girl's, while my weight was increased from 90 to 120 pounds in a few months—good, solid, firm flesh, where it used to be soft and flabby.

"I recommended Grape-Nuts and Postum to one of my friends, who was afflicted as I had been. She followed my advice, and in a short time was restored to complete health, and in about 8 months her weight increased from 100 to 148 pounds.

"Our doctor, observing the effect of Grape-Nuts and Postum in our cases, declared, the other day, that he would hereafter prescribe these food products for gastritis." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

### CAN YOU FOLLOW THIS?

Ethel—Bella told me that you told her that secret I told you not to tell her.

Madge—She's a mean thing! I told her not to tell you.

Ethel—Well! I told her I wouldn't tell you she told me—so don't tell her I did.

## MAKING SAFE INVESTMENTS

LAND AS A MEDIUM IN WHICH TO INVEST.

Too Speculative for Those of Small Capital Depending on Their Income—Many Good Features, However, for Those Who Use Care—Not Readily Saleable—Income Usually Small.

The articles contributed by "Investor" are for the sole purpose of guiding prospective investors, and, if possible of saving them from losing money through placing it in "wild-cat" enterprises. The impartial and reliable character of the information may be relied upon. The writer of these articles and the publisher of this paper have no interests to serve in connection with this matter other than those of the reader.

Next to real estate mortgages, probably, real estate itself forms the best known medium of investment in Canada. While mortgages are never purchased for their speculative possibilities—as was noted in a recent issue, they lack this feature altogether—real estate is, unfortunately, too often bought for no other purpose than the hope of making a quick profit. Of course, land may be purchased on the outskirts of growing cities with a reasonable prospect of making a profit; but real estate so purchased can no longer claim the title of investment; it is a pure speculation, although often a reasonably safe one.

Land purchased for investment must be land capable of returning an income to the purchaser over and above a moderate allowance for repairs, renewals and contingencies. Such land must, therefore, be capable of producing crops, or must have buildings erected on it which are sufficiently desirable to be rented at a rate which produces the return above mentioned.

Now, such investment has not only reasonable safety, but—in Canada—great prospects of appreciating in value. But, just as in the case of mortgages, the purchaser must use great care to choose a place that is growing and has good prospects of continuing to grow.

It seems superfluous to discuss this form of investment at great length, as practically everyone has at one time so invested; perhaps for the sake of the rental, or perhaps to obtain a farm or house for his own use. People who buy properties to use invest for the reason that, while it does not return a regular income, it saves a regular expenditure, which amount to the same thing. Few people realize, however, that, as a rule, real estate investments return a very small net revenue. Few large properties return more than 5 per cent.—and probably less—on the investment when all proper allowances are deducted from gross income. In Toronto at present there is a dearth of medium-priced houses for rent. As a result rentals are not only high but constitute a large return on the original cost. But there is always the chance that new building will cause the supply to exceed the demand and rentals will fall as a result.

Many people, too, reckon their rate of income from a real estate investment on the amount invested. It is a better method, and will save many false impressions, if the returns are figured on the market price. If, despite large advances in the price of real estate, the return on the value of a property is reasonably good, when reckoned on the market price, there is no occasion to disturb the investment. If, on the other hand, the return is too low to give a reasonable return, sell the property and reinvest.

Granting that care is exercised, land, producing a regular revenue, is fairly safe, both in regard to principal and interest; it stands a fair chance of appreciating in value; the market price is stable; but the rate of income is often small, when proper reductions are made for repairs, renewals, maintenance, etc; and finally, land is not readily saleable in the sense that a good bond is. No one who has limited means can afford to invest in real estate for the last two reasons. Moreover, many of the drawbacks attached to mortgage investments exist also in the case of real estate.

### MUST BE.

Mrs. Knowall (reprovingly)—Mrs. Nag told me to-day that her husband always keeps her photograph on his office desk.

Mr. Knowall—I suppose that explains why he's always late getting home to dinner.

### THE SWEET THING.

Clara—"He says he thinks I am the nicest girl in town. Shall I ask him to call?"

Sarah—"No, dear; let him keep on thinking so."

### A MARTYR TO HEADACHE

**NA-DRU-CO HEADACHE WAFERS**

25c. a Box at your druggist's. Will make life comfortable for you again. They relieve the worst headache in 30 minutes or less. 31 National Drug and Chemical Company of Canada, Limited, Montreal.

# GILLETT'S PERFUMED LYE

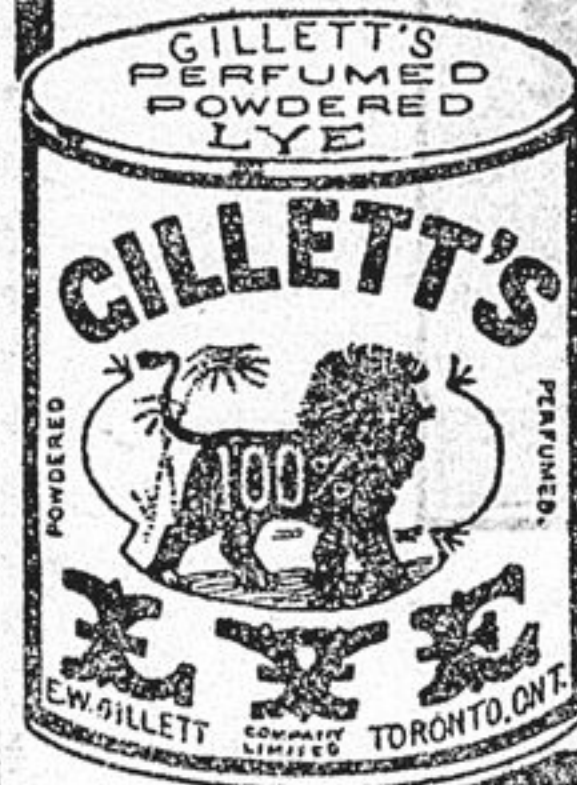
## CAUTION.

Put a strong glass on the label and examine it closely every time. Always look for the name "Gillett's."

Like all good articles, which are extensively advertised, Gillett's Lye is frequently and very closely imitated. In some instances the imitators have actually copied directions and other printed matter from our label word for word. Be wise, and refuse to purchase imitation articles for they are never satisfactory.

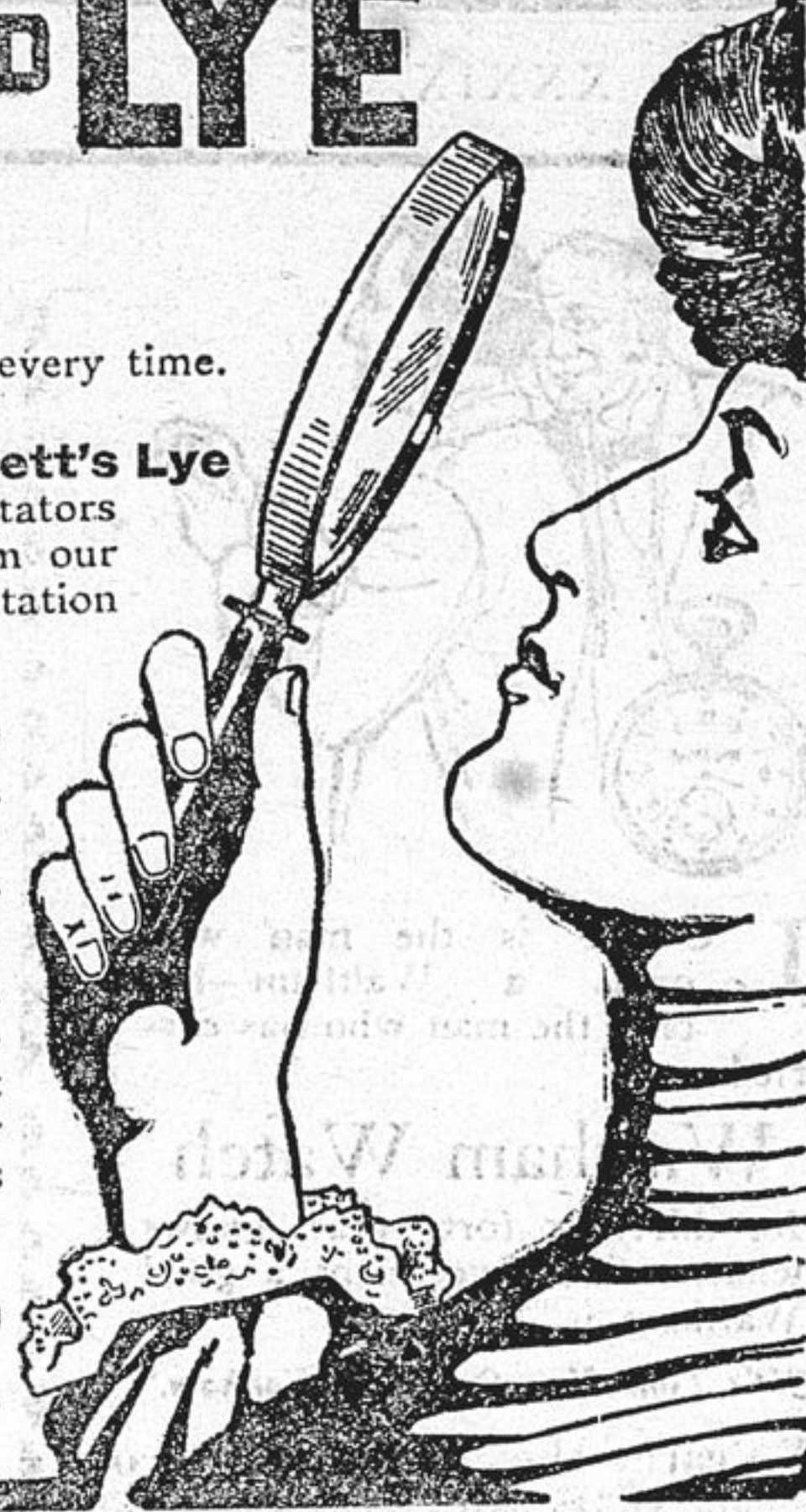
### Insist On Getting Gillett's Lye

and decline to accept anything that looks to be an imitation or that is represented to be "just as good" or "better," or "the same thing." In our experience of over fifty years in business we have never known of an imitation article that has been a success, for imitators are not reliable people. At the best the "just as good" kinds are only trashy imitations, so decline them with thanks every time.



E. W. GILLETT COMPANY LIMITED

WINNIPEG. TORONTO, ONT. - MONTREAL.



### HOUSEHOLD HELPS.

Baked potatoes are much nicer if they are first boiled for ten minutes. Drain thoroughly, and then put in the oven.

Clothes lines should be brought indoors when the clothes are dry. Dry them and put away till required again.

A mirror should never be hung where the direct rays of the sun can come to it, or the glass will soon be spotted.

Clean windows with newspaper slightly moistened with methylated spirit, and you will be surprised with the result.

Before washing flannels shake them well to get rid of any dust that may be in them. Shake again before hanging out to dry.

When grease is spilled on the floor pour cold water on it at once. The water will harden it, so that it can be scraped off with a knife.

Coal ash is a fine polisher for the bright parts of the range. Dip a wet rag into the fine ash, and rub well, and a fine polish will be the result.

Lace curtains should soak for two hours before washing in cold water to which a little borax has been added. They are much easier to wash after, and it rids them of the smell of smoke.

### WOMEN NEED GIN PILLS.

Port Dufferin, N. S. "I was troubled with Kidney Disease for several years. My back was weak. I had terrible headaches, and was so restless that I could not sleep at night. At last a friend told me about Gin Pills. I, at once, got a box and after taking them, I felt better—after three boxes I was cured.

"ETHEL BALCOMBE." Write us for free sample of Gin Pills to try. Then get the regular size boxes at your dealer's, or direct from us—50c. a box, 6 for \$2.50. Money refunded if Gin Pills fail to cure. National Drug & Chemical Co. of Canada, Limited, Dept. W. L., Toronto.

### A WONDERFUL KITCHEN.

William A. Clark's Palace, Fifth Avenue, New York.

The "kitchen wonderful" in the costliest palace in America is now ready to produce food for its millionaire owner, his wife and his guests.

Much has been written of the vast mansion built by ex-Senator William A. Clark of Montana on Fifth-ave., New York, at a cost of \$5,000,000—a flamboyant monstrosity of art, or an architectural gem—depending on how you look at it.

But little has been told of the kitchen—for it is only just completed. It is a laboratory of gleaming white, where housekeeping becomes a wonderful mechanical game. Over it all presides the young wife who once knew direst poverty.

Every foot of space, even on the ceiling, is tiled in spotless white. The working tables are white enameled, with either glass or marble tops. The rest of the kitchen furniture is also of washable white enamel.

The great culinary apartment is cut into a series of six alcoves. Each alcove has its own especially adopted oven, range, or electrical

apparatus. There is an electric pastry mixer, an electrically turned spit for roasting fowls and great joints, and even a little automatic mayonnaise tosser. In each apartment is a clever arrangement of shelves and drawers. Some of the shelves swing around like a dentist's cabinet, holding needed utensils. Little drawers, all labeled carefully, pop open at the touch, holding sugar and spice, and other nice things.

Swinging from the walls are hundreds of cooking utensils, pots and pans galore, no two alike, many of them the invention of the chef who rules the Clark kitchens. An inventory of all these things, as well as of all other supplies, is kept by "the chef of the domestic department."

The pantries off the kitchens are electric contrivances which are really weird. A little electric railway brings in supplies from the storerooms; china, silver, and cut glass are cleaned and polished by electricity, fowls are singed by it, even coal and ashes are dumped by its means.

Sixty tons of ice are frozen at one time in the ice vaults; there

are automatic dumb waiters, which may be set like a clock to stop at a certain floor or room, and an air plant furnishes perfectly fumigated and life-giving air to every part of the mansion.

Besides the kitchen wonderful there are five kitchens attached to separate suites in the house. There is a beautiful nursery kitchen in which trained nurses prepare food for the two little girls of the house. Another is part of the "quarantine suite," supplied with all the apparatus for cooking for the sick.

### GETTING A START.

"Seven years ago I landed in this town with only \$1, but that dollar gave me my start."

"You must have invested it very profitably."

"I did. I telegraphed home for money."

The wise youth enters upon a career by hustling for a job.

**Shiloh's Cure** HEALS THE LUNGS STOPS COUGHS PRICE, 25 CENTS

### ANNUAL MEETING

OF **ONTARIO FRUIT GROWERS**

November 15, 16, and 17

In the New Foresters' Hall, 22 College St., near Yonge, TORONTO

Practical Addresses on Apple and Peach Orcharding, Laying of Orchards, Box Packing, etc.

### APPLE SHOW

In the St. Lawrence Arena, King St., East, Nov. 14th to 18th. Over 2,000 Boxes of Apples on display.

SINGLE FARE ON ALL RAILWAYS



## In the New Home

You want the best when starting in the new home. Above all, you want that home to be snug and warm and comfortable.

You are sure of warmth and comfort with a Perfection Smokeless Oil Heater.

The Perfection is the best and most reliable heater made. It is a sort of portable fireplace.

It is ready night and day. Just strike a match and light the wick. The Perfection is all aglow in a minute.

The Perfection Oil Heater does not smell nor smoke—a patent automatic device prevents that. It can be carried easily from room to room and is equally suitable for any room in the house. Handsomely finished, with nickel trimmings; drums of either turquoise-blue enamel or plain steel.

**PERFECTION** SMOKELESS OIL HEATER

Ask your dealer to show you a Perfection Smokeless Oil Heater, or write for descriptive circular direct to any agency of

The Queen City Oil Company, Limited