

# EVERY WOMAN WHO SUFFERS

CAN FIND SURE RELIEF IN DODD'S KIDNEY PILLS.

Mrs. J. Oliver Tells How She Lost Her Pains and Weakness When She Used the Old Reliable Kidney Remedy.

Elgin, Ont., May 3 (Special).—Women who suffer, and there are thousands of them in Canada, will hear with interest the experience of Mrs. J. Oliver of this place. She has suffered and found a cure and she has no hesitation in saying that cure is Dodd's Kidney Pills.

"I suffered for over a year from Backache and Fainting Spells," Mrs. Oliver states. "I was tired and nervous all the time and the least exertion would make me perspire freely. My feet and ankles would swell and I had a dragging sensation across the loins. I saw Dodd's Kidney Pills advertised and bought some. Twelve boxes cured me."

All women who suffer should use Dodd's Kidney Pills. They make healthy Kidneys and healthy Kidneys are the first rule of health for woman. The female organs depend almost entirely on the Kidneys for their health. No woman can hope to be healthy and happy unless her Kidneys are right. The Kidneys need occasional help or they must become tired or sick. And almost any woman can tell you out of her own experience that Dodd's Kidney Pills are the help they need.

## SUCH IS FAME.

He was a foreign nobleman on a visit to England, and he took the keenest interest in all that pertained to the history of the neighborhood in which he found himself.

Strolling one day, he met a burly laborer returning from his daily toil.

"I say, my good friend," he said, "was there not a big battle fought somewhere here?"

"Well—er—yes, me lord!" stammered the laborer recognizing his interrogator. "I did have a few rounds with Joe, of Milligan's farm, a little while back; but I'd no idea your lordship had heard of it."

If some men had their lives to live over again they probably wouldn't leave so much for their heirs to scrap over.

A Pill for Brain Workers. — The man who works with his brains is more liable to derangement of the digestive system than the man who works with his hands, because the one calls upon his nervous energy while the other applies only his muscular strength. Brain fag begets irregularities of the stomach and liver, and the best remedy that can be used is Parmelee's Vegetable Pills. They are specially compounded for such cases and all those who use them can certify to their superior power.

Patient: "Are you sure, doctor, that this health food that you have recommended is nourishing?" Doctor: "Sure? Why, I know it. The man who introduced that health food not only lives, but supports a large family on it."

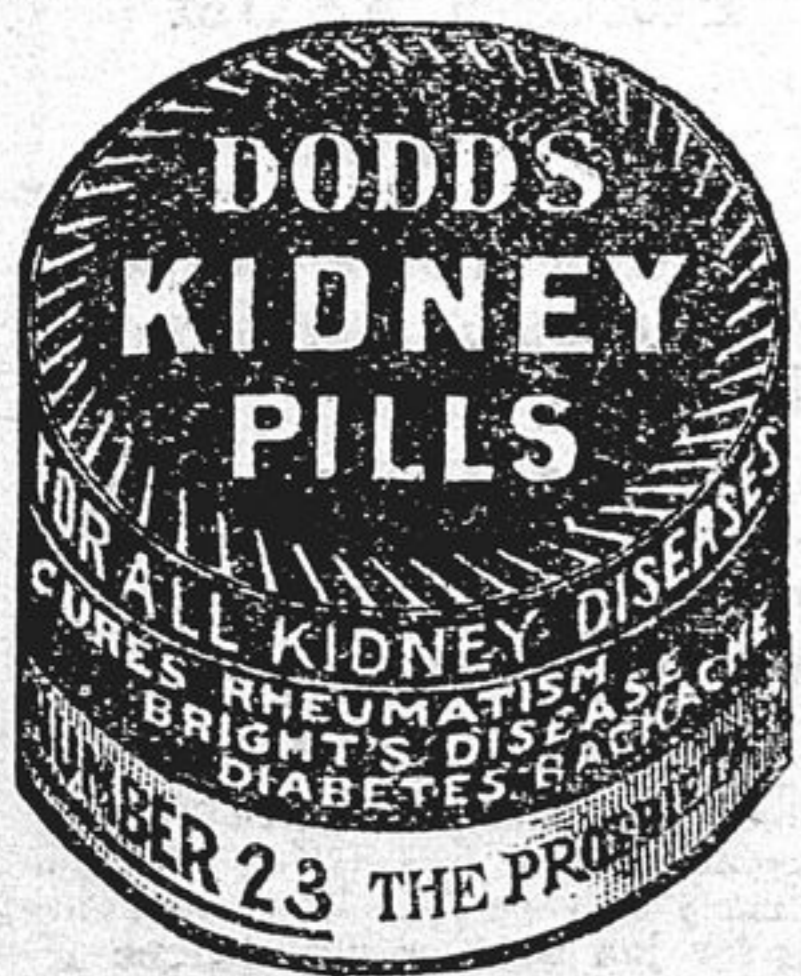
Does Your Back Ache? Don't experiment with imitations but get the genuine, the "D & L" Mental Plaster. It cures. Davis & Lawrence, Co., makers.

## SPRIG SOG.

By dose is clogged, by eyes are red, By throats is sore and raw, By joints all ache, so does my head, By breath is hard to draw.

But spring is here, with all its cheer,

So let us cease to fret, Ad sig ad sbile ad clig a while To W'iter fladdles yet.



## GOING ABOUT IN CHINA.

Useful Sedan Chair in the Crowded Streets of the Cities.

There are but two ways to go about the Chinese city—on foot or in a sedan chair, writes a Canton correspondent. The streets are from four to eight feet wide, the average being probably about six feet, and wheeled vehicles are out of the question. Even the jinrikisha cannot be used here. If you try to make your way on foot the density of the moving masses renders progress almost impossible and rowdies and pickpockets are numerous, so that the best plan is to take a responsible native guide and chairs.

These chairs are carried by two, three and sometimes four men, according to the weight of the passenger. The two bamboo poles by which the chair is supported are about eighteen feet long and are joined at the front and rear ends by a crosspiece. After you have taken your seat the coolies raise the ends of the poles to their shoulders and are off at a dog trot, only interrupted by a "congestion of traffic," which occurs very frequently.

It is surprising to see how rapidly they can go through the crowded streets; the whole line of chair carriers are yelling all the time, as are the other people who are carrying burdens, for as there are no carts in use the entire merchandise of the city is transported in the same manner, not in chairs of course, but slung on poles carried across the shoulders.

The noise resulting from the simultaneous shouting of every one in sight, both in front and in the rear, for the stream is flowing in both directions, is enough to make one wonder if the long expected riot has not begun.

## ZAM-BUK CURED HER BABY.

Mothers will find the following statement of more than passing interest, showing, as it does, how Zam-Buk ends the skin-disease of children, even when ordinary remedies have completely failed. Mrs. C. W. Bowerbank, of 100 Denison Avenue, Toronto, says:—

"Not long ago my baby's face broke out in an eruption. The spots would crack and be very irritating and sore. At other times they itched fearfully, and caused the child to scratch and rub, thus making the sores very inflamed and painful. I tried all sorts of ointments and salves, but they somehow did not seem able to remove the trouble. Zam-Buk proved very different, and a few applications gave the child relief. The sores are now healed completely."

"Since that time my little daughter has had occasion to use Zam-Buk for skin trouble. She broke out in blotches on her hands and arms, and in her case also Zam-Buk effected a cure."

It is a sure cure for pimples and eruptions, eczema, ring-worm, ulcers, cuts, burns, bruises, poisoned sores, chronic wounds, bad leg, piles, festering sores, and all skin injuries and diseases. Druggists and stores everywhere sell at 50c. a box, or post free for price from Zam-Buk Co., Toronto; 3 boxes \$1.25. You are warned against cheap and harmful imitations sometimes represented to be "just as good."

The snow man quickly melts, but it's different with the heart of the ice man.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

In order to succeed you must have push. You can't even run a lawn mower without it.

Perry Davis' Painkiller. It's effects are almost instantaneous. Cures cuts, burns and bruises. Taken internally cures cramps, diarrhoea and dysentery. Avoid substitutes. There is but one "Painkiller"—Perry Davis—25c. and 50c.

Some men envy their hair—when it comes out on top.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

## STATION TO COST \$31,000,000.

A union station representing an expenditure of \$31,000,000 is nearing completion at Leipsic, Germany. It will be one of the largest stations in the world, and it will be used by 13 railway lines. There are now five railroad stations in Leipsic, and these are to be abandoned with the opening of the new station.

Practical Yankee: "Well, yes, sir. I give up to you. Shakespeare was a genius; but he didn't kinder seem to put it to a practical use. Never benefited civilization with a washing machine, nor a patent turnip-peeler, nor anything of that sort. Still, he was a smart man."

## TOO LIBERAL.

Mrs. Smith suddenly imbued with a spirit of neighborly interest in a lady who was just recovering from influenza, said to her little son:

"Willie, dear, just run across the street, and ask how old Mrs. Brown is this morning."

Willie returned in five minutes, wearing the look that spoke of defeat sustained.

"Well, have you seen Mrs. Brown?" the mother asked.

"Yes; and she said I was to tell you it's none of your business how old she is."

## A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial burden? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E. CURRAH, Windsor, Ont.

The robbery of graves is the one crime in China for which the thief may be killed on the spot by anyone finding him in the act.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

No language can describe the feeling of a deaf mute when he steps on a tack in the dark.

For Chills, Frost Bites, Bruises, Sprains, nothing equals the famous old remedy, Perry Davis' Painkiller. Keep a bottle always on hand. Equally good to check Chills and break up Colds. At all druggists.

The cost of keeping up the public drinking-fountains and cattle-troughs in London is nearly \$10,000 per annum.

## The Beauty of a Clear Skin.

The condition of the liver regulates the condition of the blood. A disordered liver causes impurities in the blood and these show themselves in blemishes on the skin. Parmelee's Vegetable Pills in acting upon the liver act upon the blood and a clear, healthy skin will follow intelligent use of this standard medicine. Ladies, who will fully appreciate this prime quality of these pills, can use them with the certainty that the effect will be most gratifying.

Sheep in parks sleep on the roadways on clear, cold nights, because then the grass is colder than earth or stone.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Iron ships soon go to the bottom when abandoned. Wooden ships float for weeks, months, and sometimes for years.

A Men's Lung Balm, in which there is no opium, cures sore throat and sore lungs, as it allays the inflammation and ridges you of the mucus that stops up the air passages. 25c, 50c, \$1.00 bottles.

The dog owner by your neighbor is nearly always a howling success.

Why go limping and whining about your corns when a 25 cent bottle of Holloway's Corn Cure will remove them? Give it a trial and you will not regret it.

Some people tell the truth merely for the sake of stirring up trouble.

"Perfectly Trustworthy" is the character of Bickle's Anti-Consumptive Syrup. It can be used with the utmost confidence that it will do what is claimed for it. It is sure in its effects, as the use of it will clearly demonstrate, and can be relied upon to drive a cold out of the system more effectively than any other medicine. Try it and be convinced that it is what it is claimed to be.

To every man is given his opportunity to do something worth while.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Owing to a law prohibiting them, whips are never used in Moscow.

Mother Graves' Worm Exterminator is pleasant to take; sure and effectual in destroying worms. Many have tried it with best results.

Rock is the safest and easiest material to cut a tunnel through.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

## SAID UNCLE SILAS:

"A woman that does all her own work for a family of eight, includin' the washin', when she kin just as well afford help, ain't no martyr. She's a chump."

# BOVRIL

IS LIQUID LIFE.

BOVRIL is pure concentrated Beef and to ensure supplies of prime Beef for our needs we have just recently acquired 438,082 acres of the finest grazing land in the world, in the Argentine Republic, and 9,000,000 acres in North West Australia.

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## Thoroughly Cooked Food

ALL cereals should be thoroughly cooked to get the best results for food purposes. In our Canadian Agricultural Colleges they have tested the effect of cooking on the solubility of foods:

Read this table:

ROLLED OATS	P. C. Solids Soluble in Water.	WHEAT FLOUR	P. C. Solids Soluble in Water.
Time Cooked.		Time Cooked.	
Uncooked	8.43	Uncooked	6.97
30 minutes	14.95	20 minutes	27.40
2 hours	18.79	2 hours	37.19
5 hours	29.93	5 hours	39.37
8 hours	34.30	8 hours	39.59

You will notice the gradual rise in percentage due to long cooking. Very few homes are equipped to spend the time or fuel necessary to properly prepare cereals. By a system of steam pressure and heavy machinery the ORANGE MEAT people thoroughly clean and steam cook the wheat, then malt and flake each grain, after which it is dried and toasted. This produces the largest percentage of solubility; a process totally impossible in ordinary kitchen.

This company are giving away a cash prize of Seven Hundred Dollars. See post-card in every package.

AGENTS: If the firms from whom you order your supplies are giving satisfaction, stick to them. If not, try our goods. We supply pure teas, coffees, spices, perfumes, toilet requisites, etc., at the lowest prices. The Home Specialties Co., Dept. A, Toronto, Ont.

WARREN GZOWSKI & CO. Members Toronto Stock Exchange. Traders Bank Building, 25 Broad Street, TORONTO. NEW YORK

STOCKS AND BONDS We are now specializing in COBALT Stocks. Write us for information.

When a mother says her boy is full of mischief the neighbors realize that it means trouble to them.

"By Medicine Life May be Prolonged."—So wrote Shakespeare nearly three hundred years ago. It is so to-day. Medicine will prolong life, but be sure of the qualities of the medicine. Life is prolonged by keeping the body free from disease. Dr. Thomas' Electric Oil used internally will cure coughs and colds, eradicate asthma, overcome croup and give strength to the respiratory organs. Give it a trial.

Servia is the most densely populated country in the Balkan States.

## Do You Want Money?

Have you a little knowledge of Farm Stock? Then write us AT ONCE. \$5 to \$10 weekly salary or commission. No experience. Do part of the work on your own farm, or act as agent. Something absolutely new. Greatest money making opportunity. FARM STOCK VETERINARY CO., Toronto.

CALVES Raise Them Without Milk. Booklet Free. Steele Briggs Seed Co., Ltd., Toronto

WANTED GIRL FOR GENERAL HOUSEWORK. Small family. Write Mrs. T. I. Soburn, 124 Spadina Road, Toronto.

Farm For Sale 7,000 profit-paying Farms in 14 States. Strout's New Monthly Bulletin of Real Bargains, profusely illustrated, mailed free. We pay your R.R. free. E. A. STROUT CO., Box 0 1, World's Largest Farm Dealers, University Bldg., Syracuse, N.Y.

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ALEXANDER WARDEN, (Late treasurer Presbyterian Church in Canada)

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