

Mr. Alfred Pleau, an expert machinist, 173 St. John St., Quebec City, Can., writes a letter to the Peruna Drug Mfg Co., given below:



MR. ALFRED PLEAU.

PERUNA STRENGTHENS THE ENTIRE SYSTEM.

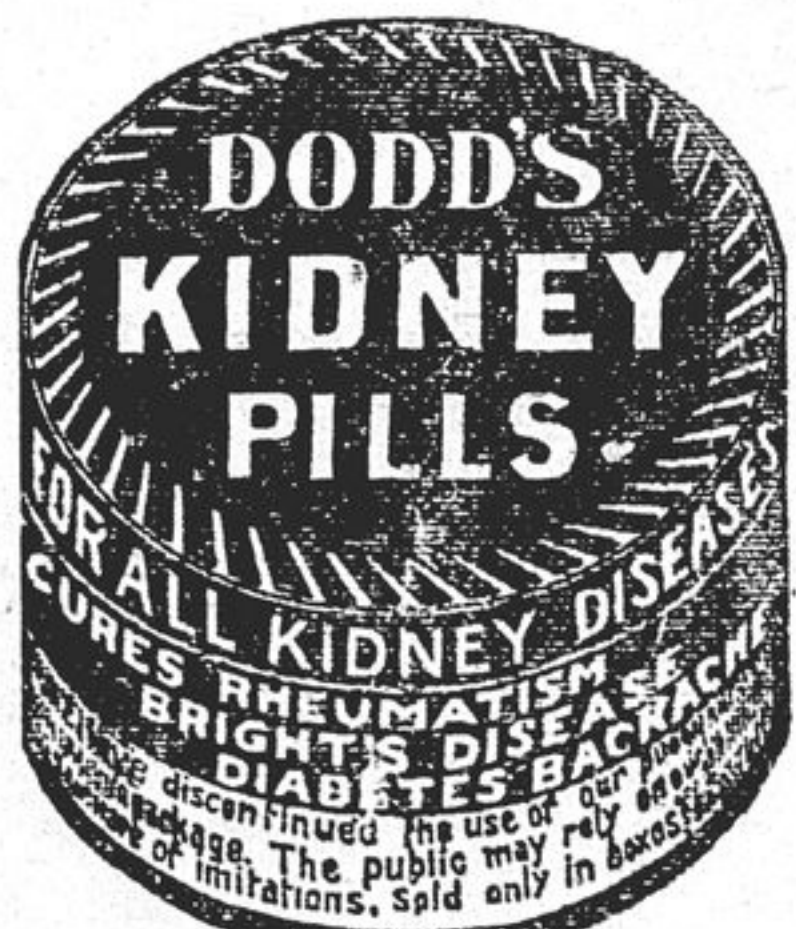
"Two years ago, an accident necessitated my confinement for several weeks. The good health I had enjoyed was slipping away and there developed a complication of diseases. My physician said my case was one of general debility. Among the many ailments which developed was a serious attack of catarrh, which annoyed me considerably and kept me awake whole nights. I decided to give Peruna a trial and soon found it acting as a wonderful tonic to my system. The catarrh grew less severe and shortly afterward disappeared, as did also the various other maladies. I attribute my prompt relief and ultimate cure entirely to the use of Peruna and gladly recommend it."

SENTENCE SERMONS.

The petulant are powerless. Little trials fit for large trusts. It takes more than sentiment to make a saint. A good hoe is a first-class prayer against weeds. The religion you can live by will do to die by. The man who stops for praises misses perfection. The double mind never comes from an excess of brain. The largest gifts to God cannot cover the least robbery of man. It's the little everyday helpfulnesses that make every day heavenly. The song in your own heart will sustain you longer if you share it. It's a poor plan to advertise the sweets of religion with a sour face. The handsomest people are those who let happiness get into their faces. The devil can beat any of us at the business of making fine sentiments. The deed is the only indorsement of a good sentiment recognized by heaven. Some folks never appear to enjoy life's roses until they sit down among its thorns. Many a church is trying to make up for the puffy in the pulpit by the starch in the pews. You are wasting affection if you are pining for angels before you have learned to love folks. Get heaven into people and you will not need to worry about getting people into heaven. It will take more than the small change in your Sunday pocket to work any great change in this world. Many a man who is writing guide books to glory hasn't enough religion to secure a ticket on the "Seeing Heaven" car.

HIS CONVINCING MANNER.

Mrs. Gaswell—Everything at this tavern is first class. What's the reason you're grumbling about something all the time?
Mr. Gaswell—If we don't kick, Miranda, everybody'll think we're pleased here because we ain't used to having fine things.



COULDN'T AFFORD IT.

"Papa, I will marry George!"
"Never!"
The young girl's eyes flashed, and the hot, passionate blood of her forefathers, to say nothing of her own, mantled her cheeks with an angry flush. The old man was excited, too. Parent and child confronted each other, and neither quailed.
"Do you refuse me that alone which will make me happy?"
"Your happiness is very dear to me, my daughter."
The old man assumed a lugubrious tone and bowed his head sadly. But the girl, although she was just turned eighteen, had read a few books and divined the situation at once or sooner.
"Do not seek to deceive me, papa."
"Child, child, it is for your good that I deny your request."
The beautiful woman shivered. Her lips curled scornfully or thereabouts.
"What wouldst have me do, sir?"
With infinite grace he led her to a seat. He considered it a great endorsement to have things come his way thus.
"My child, you said marry." She nodded.
"I say elope." She started.
"Then I may marry George?"
"Most assuredly. But no wedding at home, if you please."
He looked at his watch. "Bless you, my daughter. I am willing to pay for a very stylish elopement, but a wedding at home—no, indeed! Tell George not to slint himself on carriage hire and hotel bills. I will cheerfully meet the expense. You may elope sumptuously and I'll furnish the cash. But I can't possibly afford a wedding at home."
Like the sensible girl that she was, she consented to the sacrifice after a good long cry.

LOST A COURSE.

She—"It must have been provoking to you last night when you upset your plate of soup in Mrs. de Smeat's lap at dinner."
He—"Yes; and you know it's bad form to ask for a second plate of soup."

DIFFERENT VIEWPOINTS.

"One woman," remarked the mere man, "is just as good as another—if not better."
"And one man," rejoined the fair widow, "is just as bad as another—if not worse."

MAKE THIS YOURSELF

GIVES RECIPE FOR SIMPLE HOME-MADE KIDNEY CURE.

Inexpensive Mixture of Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble.

Here is a simple home-made mixture as given by an eminent authority on Kidney diseases, who makes the statement in a Toronto daily newspaper, that it will relieve almost any case of Kidney trouble, if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:
Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.
A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire Kidney and Urinary structure, and often overcomes the worst forms of Rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the Rheumatism by forcing the Kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause these afflictions. Try it if you aren't well. Save the prescription.

Sometimes a woman has a good time crying because she isn't having a good time.

A Merry Heart Goes all the Day.—But one cannot have a merry heart if he has a pain in the back or a cold with a racking cough. To be merry one must be well and free from aches and pains. Dr. Thomas' Electric Oil will relieve all pains, muscular or otherwise, and for the speedy treatment of colds and coughs it is a splendid medicine.

RETRIBUTION.

"Why, man, what's the matter?"
"I have just had one of those lightning lunches."
"Well?"
"And now I've got thundering pains."

When a man aims at nothing he seldom misses his target.
Billson—"Whose pocket-book is that you are advertising for?" Jimson—"My own, of course." "Get out! Containing a roll of bank-notes and a large number of cheques. Finder can keep money if he will return papers! Get out! You don't see a roll of bank-notes or a cheque once a year." "No; but Bertha Bullion's father takes the paper I advertised in, and he'll see that advertisement." "Humph! Where did you get the money to pay for that big ad.?" "Bertha lent it to me, bless the darling!"

Nurses' & Mothers' Treasure
—most reliable medicine for baby.
Used over 50 years. First compounded by Dr. P. E. Picault in 1855.
Makes Baby Strong
Restores the little organs to perfect health. Gives sound sleep, without resort to opium or other injurious drugs.
At drugists', 25c. 6 bottles \$1.25.
National Drug & Chemical Co. Ltd., Montreal.

GETTING READY.

"Bob, I promised you a bicycle if you passed your examinations, and here you have failed completely. What in the world have you been doing with all your time?"
"I've been learning to ride a bicycle, father!"

GREAT STRAIN.

"What a marvellous strain that is!" said the musical genius.
"Yes," said the unappreciative one, "I, too, feel it!"

INSPECTOR SCORED.

Indignant School Teacher—"You've got to have a pull to get ahead."
Inspector H.—"Yes? But you've got to have a head to get a pull."

Some persons have periodical attacks of Canadian cholera, dysentery or diarrhoea, and have to use great precautions to avoid the disease. Change of water, cooking, and green fruit, is sure to bring on the attacks. To such persons we would recommend Dr. J. D. Kellogg's Dysentery Cordial as being the best medicine in the market for all summer complaints. If a few drops are taken in water when the symptoms are noticed no further trouble will be experienced.

A STRONG POSSIBILITY.

He—"Darling, I have won you; I would now have your father, to boot."
She—"Oh, Alfred, I'm afraid if it comes to booting, he'll have you!"

Be There a Will Wisdom Points the Way.—The sick man pines for relief, but he dislikes sending for the doctor, which means bottles of drugs never consumed. He has not the resolution to load his stomach with compounds which smell villainously and taste worse. But if he have the will to deal himself with his ailment, wisdom will direct his attention to Parmelee's Vegetable Pills, which, as a specific for indigestion and disorders of the digestive organs, have no equal.

HE WANTED THE SECRET.

A very aggressive crusade in favor of intemperance has recently been going on in a Scottish city, and a young philanthropist who had given large sums of money to help the cause, meeting a convert one afternoon, inquired how he was getting along. The man kept well back.
"Ah, Robert, said the gentleman sadly, "I'm afraid you've been drinking again. I can smell it in your breath. Why not give it up altogether? You never smell the odor of liquor in my breath."
"No, sir; I never did," was Robert's reply; then, in a most anxious tone of voice, he added: "What d'ye dae for it?"
Better a word in season than an hour's lecture out of season.

NATIONAL DEBT.

Said the counsel who was cross-examining the Scotch peasant: "You state that you were just going home to a meal when this happened. Let us be quite clear on this point; tell me, sir, with as little prevarication as possible, what meal it was that you were going home to."
The Scotchman turned, and facing his questioner, said: "Ye wad like tae know what meal it was?"
"Yes, sir, I should," replied the counsel sternly.
"Weel then, it was oatmeal."

PHONETIC.

"Miss," said the polite conductor, "your fare."
"I beg your pardon, sir," the damsel rejoined haughtily, freezing him with a look. "Brunettes is the fashion now."

A Clear Healthy Skin—Eruptions of the skin and the blotches which blemish beauty are the result of impure blood caused by unhealthy action of the liver and kidneys. In correcting this unhealthy action and restoring the organs to their normal condition, Parmelee's Vegetable Pills will at the same time cleanse the blood, and the blotches and eruptions will disappear without leaving any trace.

MOMENTUM.

Colonel Corn (as he was called) was the first time an automobile going at a 40-mile (mph): "By golly, but them horses must have gave that wagon a good start before they broke loose."

ITCH, Mange, Prairie Scrathees and every form of contagious Itch in human or animals cured in 30 minutes by Wolford's Sanitary Lotion. It never fails. Sold by all druggists.

ALL SENTENCE.

"That judge's manner is rather dogmatic, isn't it?"
"Well, I would say it is inclined to be sentimental."

Only those who have had experience can tell the torture corns cause. Pain with your boots on, pain with them off—pain night and day; but relief is sure to those who use Holloway's Corn Cure.

EVOLUTIONARY IMPROVEMENT.

A fond grandfather and father were admiring the new baby.
Fond Grandfather: "I declare, that youngster is a great deal more intelligent than you were at his age."
Insulted Parent: "Naturally; he has a great deal brighter father."

When you face misfortune it is time to turn your back on discouragement.

Shiloh's Cure Cures Coughs and Colds QUICKLY

Use Shiloh's Cure for the worst cold, the sharpest cough—try it on a guarantee of your money back if it doesn't actually CURE quicker than anything you ever tried. Safe to take, nothing in it to hurt even a baby. 34 years of success commend Shiloh's Cure—25c., 50c., \$1. 315

Get Your Roofs Shingled Right For Less Money And Less Work

Tools A-Plenty

You can put on a roof that will last a hundred years and be the right kind of a roof every minute. Or you can put on a ten-year roof that will probably leak after the first rain hits it, and keep leaking till it is rotted away.

Either roof will cost you about the same in money at the start. But the "Oshawa" shingled roof will be FIRE-PROOF—literally; and wind-proof—actually; and lightning-proof—positively. That's the hundred-year roof!

And that "Oshawa" shingled roof will be weather-proof for a century. We'll GUARANTEE in every way for a quarter-century—from now till Nineteen-Thirty-Two.

Guaranteed in writing for 25 years—and you needn't ever paint it, even! That's saying something, isn't it? What would your mill-man say if you asked him to guarantee cedar shingles for even ten years? He certainly would make remarks!

And even the best cedar-shingled roof will be leaking badly inside of ten years. Seven out of ten of them leak the first time it rains. No wood-shingled roof is fire-proof for a minute, and the first high wind that catches a loose shingle—whooosh! goes half your shingled roof over into the next township.

as wood-shingles; fire-proof, water-proof, rust-proof, lightning-proof; easier to put on; and GUARANTEED. That's the "Oshawa" proposition! Tell us the measurement of any roof, and we'll tell you exactly what it will cost to roof it with less work and for less money.

Plenty of facts that concern your pocket-book come to you as soon as you ask for our free book, "Roofing Right." A post card will do to ask on.

Why don't you ask now?

The Pedlar People Of Oshawa
MONTREAL TORONTO OTTAWA LONDON WINNIPEG VANCOUVER
321-3 Craig St. W. 11 Colborne St. 423 Sussex St. 69 Dundas St. 76 Lombard St. 615 Pender St.

BEER* HELPS DIGESTION

WHAT little alcohol there is in Ontario-brewed beer greatly aids the stomach to digest its food,—ask your own doctor if beer with meals wouldn't be good for you.

Beer increases the flow of gastric juices, and so helps much to cure dyspepsia. The right use of beer tones the whole digestive tract,—makes the system get all the good of food instead of but part of that good.

*BEER is a term which covers lager, ales, porter, and stout and, in the practice of Ontario brewers, implies beverages made under most hygienic conditions, from Ontario barley (the best in the world) malt, hops, and pure water. 102

THE POINT OF VIEW.

Doctor: "I want to get the humor out of those boils."
Patient "Humor! Great Scott, doctor, I can't see where the fun comes in!"

One of the greatest blessings to parents is Mother Graves' Worm Exterminator. It effectually expels worms and gives health in a marvellous manner to the little one.

There are dear wives and dearer wives; one kind is dear to a man's heart, the other is his pocket book.

MACHINERY FOR SALE.

DYNAMO

300 lights, first-class order. Will be sold cheap and must be gotten out of the way owing to 600-light machine taking its place. S. Frank Wilson, 73 Adelaide Street West, Toronto.

FAN BLOWER

Buffalo make, number four, 9-inch vertical discharge, 24 inches high; perfect condition. Superintendent, Truth Building, 73 Adelaide St. West, Toronto.

Every Woman
is interested and should know about the wonderful **MARVEL Whirling Spray**. The new Vaginal Springs. Best—Most convenient. It cleanses instantly.
Ask your druggist for it. If he cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sealed full particulars and directions invaluable to ladies. **WINDSOR SUPPLY CO., Windsor, Ont.** General Agents for Canada.

He can't get away because it's a **NEWHOUSE TRAP**. Newhouse Traps will catch and hold the gnuemouse. Properly trapped springs, accurately adjusted, do the work. One can't wriggle loose—the clasp of the jaws holds the cat's paw and side. The most powerful animal can't jump a Newhouse Trap—escape. Write for mine. Made only by **ONIDA COMMUNITY, Ltd., Niagara Falls, Ont.**

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