

TO FIND THE SOUTH POLE

MR. E. H. SHACKLETON'S FORTHCOMING EXPEDITION.

The Famous Explorer Tells of the Preparations That are Being Made.

Hitherto all attempts to solve the mysteries of the unknown land in the immediate neighborhood of the South Pole have ended in failure, but the latest explorer to make the attempt—Mr. E. H. Shackleton, who was third lieutenant on the Discovery, and who, with two others, can boast of having traveled farther south than any other living man—is hopeful that he will at last reach the coveted goal.

There will be several novelties about my coming expedition on the Nimrod," he told a writer in London Tit-Bits, "and, profiting by past experience, I am confident that, even if we do not actually reach the South Pole, we shall, at any rate, attain the highest southern latitude. For the first time in the history of expeditions of this kind a motor-car will be taken, made of steel, specially adapted to withstand the extreme cold we shall encounter. It will, by the by, be driven by a spirit which has been tested to work in very low temperatures, and it is also provided with wheels of three different sorts for use on surfaces

VARYING IN HARDNESS.

"For the first time, too, Siberian ponies will be taken to the Antarctic and although this is also in the nature of an experiment, yet from the hardness and strength they must have developed in Siberia's frozen plains I have every hope that they will prove of great assistance; but should they prove unsuitable we shall, at any rate, always have the dogs to fall back upon.

"The reason why the dogs were comparative failures on the Discovery Expedition was, I feel sure, largely due to the fact that their food deteriorated when we were passing through the Tropics. This, however, will be carefully guarded against in my coming expedition, and altogether our party, which will probably number about twenty-eight to thirty members, are confident of success.

"During the four months of darkness which we shall encounter we shall, of course, live in huts, devoting our time to scientific studies, which will absorb

A LARGE SHARE OF ATTENTION;

while three of the members of the party—the magnetician, the biologist, and the geologist—will devote themselves entirely to special researches within a radius of about a hundred miles of the quarters we shall establish ourselves in for the winter. Although the Nimrod starts almost immediately, I shall not join it finally until about the middle of October in New Zealand, as past voyages show that the later the start the more favorable are its conditions, owing to the fact that the pack ice is dispersed by the end of January.

"When do we hope to return? Well," replied the intrepid explorer, with a smile, "that largely depends on circumstances, as can be readily understood. In the attempt to discover the South Pole one must at all times be prepared for severe disappointments. However, all being well, it is hoped that the Nimrod will turn her head homewards about the end of January, 1909. Against any possible chance of failure we shall, in any case, take out with us sufficient food to last for fully two years; while the expedition will also be

PROVIDED WITH A LIFE-BOAT,

furnished with a motor engine and capable of carrying sufficient provisions to keep a party of twelve 'going' for from ten to eleven weeks.

"On the way home, if things 'pan out' as we hope, we shall pursue an in-and-out course, taking soundings here and there, because thereby we hope to discover whether the many patches of land which have been sighted really do form part of the great, mysterious Antarctic Continent. We shall go west as far as the season permits, afterwards coming home by way of the Indian, Pacific and Atlantic Continents. But," and there was a twinkle in the explorer's eye, "January, 1909, is a long way off, and no doubt before that date we shall have encountered some very slipping experiences indeed."

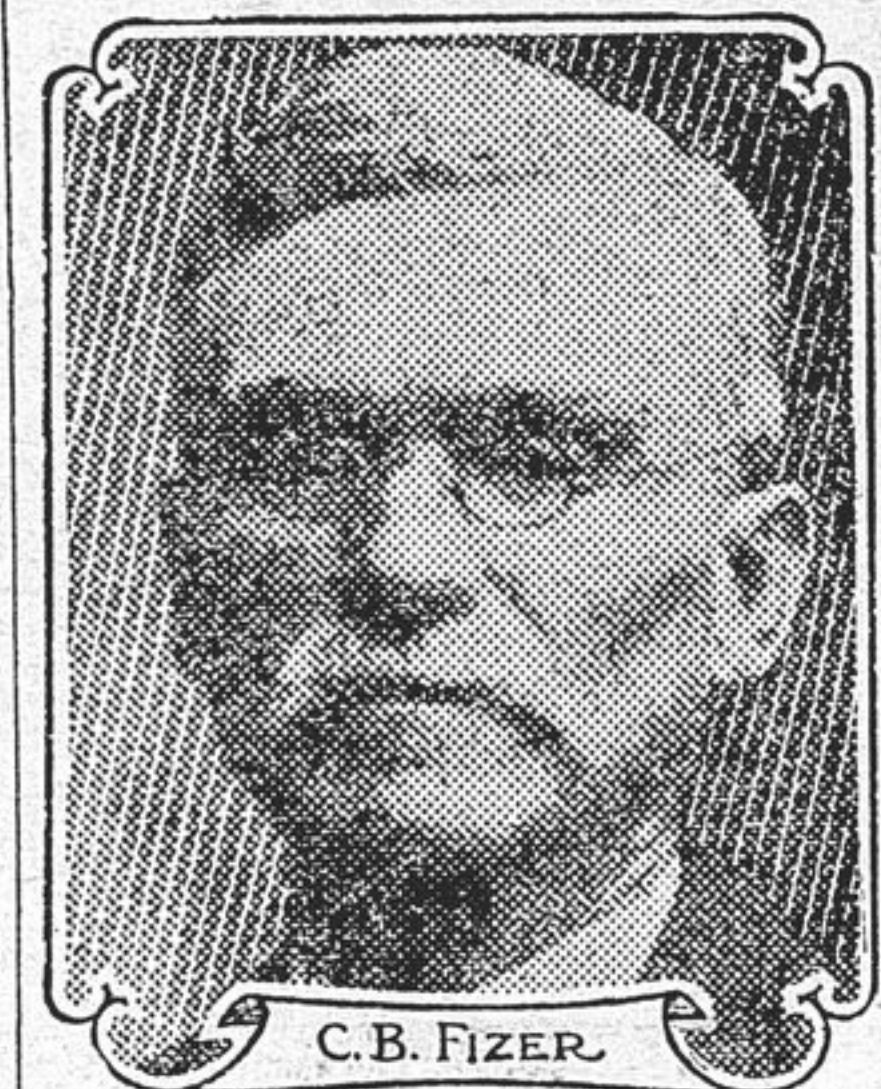
BABY'S DANGER.

More little lives are lost during the hot weather months than at any other time of the year. In the summer months little ones are the victims of diarrhoea, cholera infantum, dysentery and stomach troubles. These come suddenly and without warning, and when a medicine is not at hand to give promptly the short delay may mean death. During the hot weather months Baby's Own Tablets should be kept in every home where there is a young child. An occasional use of the Tablets will prevent stomach and bowel troubles. Or if the troubles come unaware a prompt use of this medicine will bring the child through safely. Mrs. J. Renard, New Glasgow, Que., says: "I cannot speak too highly of Baby's Own Tablets. One of my children had a severe attack of diarrhoea which the Tablets promptly cured." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Ever notice that the chronic joker is the first to get mad when the joke is on him?

KIDNEY TROUBLE

Suffered Two Years—Relieved In Three Months.



C. B. FIZER.

M. R. C. B. FIZER, Mt. Sterling, Ky., writes:

"I have suffered with kidney and other trouble for ten years past. Last March I commenced using Peruna and continued for three months. I have not used it since, nor have I felt a pain.

"I believe that I am well and I therefore give my highest commendation to the curative qualities of Peruna.

Pe-ru-na For Kidney Trouble.

Mrs. Geo. H. Simser, Grant, Ontario, Can., writes:

"I had not been well for about four years. I had kidney trouble, and, in fact, felt badly nearly all the time.

"This summer I got so very bad I thought I would try Peruna, so I wrote to you and began at once to take Peruna and Manalin.

"I took only two bottles of Peruna and one of Manalin, and now I feel better than I have for some time.

"I feel that Peruna and Manalin cured me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna."

It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the time, else the system suffers. There are times when they need a little assistance.

Peruna is exactly this sort of a remedy. It has saved many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

BRITISH VIEW OF WEST

REMARKABLE DEVELOPMENT OF THE PRAIRIE PROVINCES.

Towering British Journalists Speak of the Possibilities of the West.

Some of the British journalists who recently visited Canada express astonishment at the rapid progress of the prairie provinces and their letters to their journals contain a vast amount of information. Wm. Redwood of The Western Daily Press, Bristol, thus speaks of the possibilities of the west.

Five years ago, this territory, measuring 1,000 miles in length and from 300 to 900 miles in breadth, had a population of 466,860, and a grain crop of 43,230,000 bushels. Last year the population was nearly 1,000,000, and the cereal harvest gave a return of 200,000,000 bushels, of which nearly one-half represented wheat. This crop was grown on an acreage less than 4 per cent. of the net area of land available for arable cultivation, and in the north-west, estimated at 200,000,000 acres. Today some 35,000,000 acres are held for actual settlers, and 35,000,000 by railway companies, land companies and private speculators, leaving still 125,000,000 acres of the public domain unalienated, and available under liberal conditions

FOR NEW COMERS.

Upwards of 11,000 miles of railway lie in this region, and an additional 4,000 to 5,000 miles are now let for construction. Settlement for some years has been in advance of railway construction, with the result that as the railways are built into new districts traffic is found waiting on a scale that renders the line a paying investment from the outset. The existing lines have done their best to cope with increasing traffic, but the difficulty has been to get rolling stock delivered with sufficient rapidity to keep pace with the demand. According to the last quinquennial census (1900) of the three prairie provinces of the Dominion, the population is given at 801,000. Of these 453,396 were males and 347,604 females. In Manitoba the sterner sex are in a majority of 45,000, or 25 per cent. Saskatchewan 48,000, or 32 per cent; and in Alberta 58,000, or 30 per cent. There are 120,439 farms in the three prairie provinces, as compared with 54,645 in 1901, an increase of 65,814 holdings. Manitoba, the smaller of the three provinces, has a total of 35,441. Saskatchewan 54,787, and Alberta 30,211 farms. Ninety per cent. of the settlement during the last five years has taken place in the two latter provinces. The live stock figures for the whole region for 1906, compared with 1901, are: Horses 683,919, against 340,329; milk cows 348,000, against 244,216; other horned cattle 1,560,592, against 698,407 in 1901.

The great alternative industries to wheat growing in Western Canada are DAIRYING AND STOCK RAISING. In Alberta cattle ranching occupies a

Nurses' and Mothers' Treasure

—safest regulator for baby. Prevents colic and vomiting—gives healthful rest—cures diarrhoea without the harmful effects of medicines containing opium or other injurious drugs.

Cures Diarrhoea
25c.—at drug-stores.
National Drug & Chemical Co., Limited,
Montreal.

leading position, and it is considered certain that it will flourish still more as the change now in progress from raising cattle on the open range to that of small herds on small holdings is carried out. In Alberta the 1906 census gives 101,250 milk cows and 850,000 other cattle, as compared with 46,960 milk cows and 329,390 other cattle in 1901. These figures are evidence of the possibility of a dairying industry as well. From the first the Canadian government fostered this industry in the west by establishing creameries or butter factories in the newer settlements, and taking upon itself the risk of making butter and creating a market. The farmers now run these creameries on a co-operative basis. During 1906 over 3,000,000 pounds of butter were turned out by these creameries in Alberta, against less than 400,000 pounds in 1902. The average price obtained at the creameries was 10½d. It is confidently believed that this industry has a splendid future.

CHARACTER.

We are building every day in a good or evil way, and the structure as it grows will our inmost self disclose. Till in every arch and line all our faults and failings shine. It may grow a castle grand or a wreck upon the sand. Do you ask what building this, that can show both pain and bliss, That can be both dark and fair? Lo! its name is Character.

Build it well wht'er you do,
Build it straight and strong and true,
Build it high and clean and broad,
Build it for the eye of God.

Myer—"I'm going over to the barber's shop to get a hair cut." Gyer—"Why don't you get them all cut while you are at it?"

Give Holloway's Corn Cure a trial. It removed ten corns from one pair of feet without any pain. What it has done once it will do again.

A peasant in a remote part of Ireland was one day standing at the door of his cabin when an English tourist passing stopped to speak to him. As he did so he saw the children inside the house playing with a pig. "My good fellow," he said, "why have you that pig in the house? It does not seem right." "Why not, sorr," answered Pat, "why not? Sure and hasn't the house every accommodation that any reasonable pig would require?"

Pleasant as syrup; nothing equals it as a worm medicine; the name is Mother Graves' Worm Exterminator. The greatest worm destroyer of the age.

Fiery Orator (after he had delivered his speech): "I had no difficulty in making myself heard, had I?" Auditor: "Oh, no; we heard you all right, but we—didn't exactly know what you were talking about."

Physical Pain and mental anguish afflict the victims of skin diseases. Get rid of both by rubbing Werber's Ointment on the heated, itching, disfigured face. The relief given is among the wonders of medicine.

Often a man imposes on himself when he taxes his memory.

A man isn't necessarily generous because he gives himself away.

Poor coffee furnishes grounds for much domestic dissatisfaction.

It is a Liver Pill.—Many of the ailments that man has to contend with have their origin in a disordered liver, which is a delicate organ, peculiarly susceptible to the disturbances that come from irregular habits or lack of care in eating and drinking. This accounts for the great many liver regulators now pressed on the attention of sufferers. Of these there is none superior to Parmedee'n Vegetable Pills. Their operation though gentle is effective, and the most delicate can use them.

SPAIN'S CANDY RAILROADS.

Visitors Have to Pay for a Ticket Merely to Go on the Platform.

In Spain the railroads do not lose a chance to make a little profit, even in the case of the non-travellers. When you see somebody off in that country you must pay for the privilege.

The railroads all sell billetes de ascenso, which are good for the platform only. These cost generally five centimos, equivalent to a cent in our money.

Just why this is done it is hard to see, because persons entering a train cannot very well avoid the conductor, who is always making trips to inspect the carriages. If a person attempted to steal a ride in a carriage he would have small chance of getting away with it. If caught he would have to pay a penalty of just twice the fare between the point where he was discovered and the point where tickets last were inspected.

IN A FOG.

Even Blind Men Lose Their Way—The Ground "Sounds Different."

Nothing has such a bewildering effect as fog. Only animals find their way by scent can get about in it with any certainty, says Chums.

Birds are entirely confused by it. Tame pigeons remain all day motionless and half asleep, huddled up, either in or just outside their houses.

Chickens remain motionless for hours during heavy fogs. No bird sings or utters a call, perhaps because it fears to betray its whereabouts to an unseen foe.

During one very thick fog a blind man was found wandering about a certain district of London.

This man was in the habit of coming up every day from a suburb, carrying notes and parcels, and had scarcely ever lost his way before. Asked why he had gone astray, for he was quite blind, and it was supposed that weather would have made no difference, he said that in a fog the ground "sounded quite differently."

Tested by Time.—In his justly-celebrated Pills Dr. Parmelee has given to the world one of the most unique medicines offered to the public in late years. Prepared to meet the want for a pill which could be taken without nausea, and that would purge without pain, it has met all requirements in that direction, and it is in general use not only because of these two qualities but because it is known to possess alternative and curative powers which place it in the front rank of medicines.

Much of the charity that ought to begin at home doesn't begin anywhere.

A man never realizes what a sponge he is until he falls into a puddle of water and mops it all up.

ITCH, Mange, Prairie Scratches and every form of contagious Itch on human or animals cured in 30 minutes by Wolford's Sanitary Lotion. It never fails. Sold by all druggists.

To-morrow never gets here, but yesterday is always at our heels.

It's easier for some women to set a ten than a good example.

Star gazing doesn't pay unless you are an astronomer.

In Fields Far Off.—Dr. Thomas' Electric Oil is known in Australia, South and Central America as well as in Canada and the United States, and its consumption increases each year. It has made its own way, and all that needs to be done is to keep its name before the public. Everyone knows that it is to be had at any store, for all merchants keep it.

She—"It is said that a woman's voice will go much farther than a man's." He—"I don't doubt it. I know it goes much longer."

If you are out of sorts get a bottle of Ferronin the best tonic, and you will be surprised how quickly that tired feeling will wear off. \$1.00 bottles. All dealers in medicine.

If some people have any common sense they evidently think it is too common to use.

Nearly all infants are more or less subject to diarrhoea and such complaints while teething and as this period of their lives is the most critical, mothers should not be without a bottle of Dr. J. D. Kellogg's Dysentery Cordial. This medicine is a specific for such complaints and is highly spoken of by those who have used it. The proprietors claim it will cure any case of cholera or summer complaint.

SHE KNEW BETTER.

"Yes," said the harrassed mistress, breathing a sigh of relief, as she reflected that at last the long, long search was over, "I think you will suit me very well indeed. I pay \$100 a year, two evenings a week, alternate Sundays, and one day a month."

"Yes, mum," said the perfect treasure, with a countrified curtsy that brought delight to the heart of her new mistress.

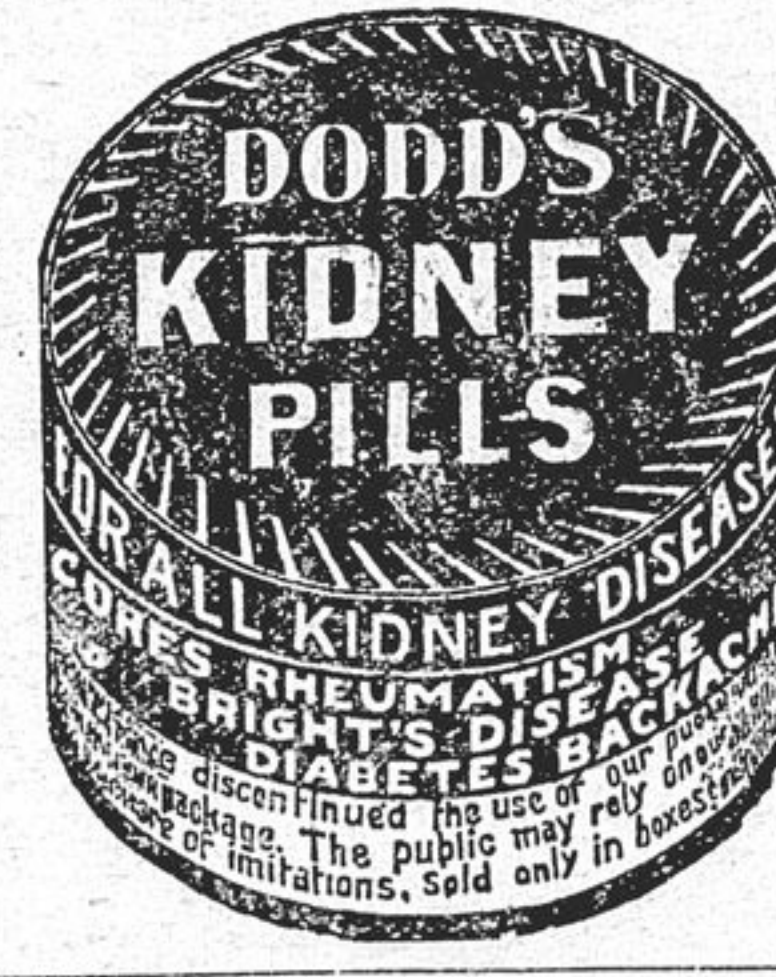
"There's only one thing," continued the lady of the house—"references. Have you got any?"

"Well, no, mum. I had some, but I tore 'em up."

"You tore them up? Oh, you foolish girl!"

"Ah, but you wouldn't have thought so, mum," said the treasure impressively, "if y'd read 'em!"

"Dessert," said he, "I hope is pie?" His manner made her smart. She was not cross, but her reply was "just a little tart."



T N U

ISSUE NO. 39-07



Nothing you can wear costs you so little in real comfort, real service and real satisfaction as

Pen-Angle Guaranteed Underwear

Warranted to you by the dealer, by the maker to him. Form-fitted for comfort's sake; won't stretch, won't shrink. Made in many fabrics and styles, at various prices, in form-fitting sizes for women, men and children. Trade-marked in red as above.

NOT LACKING.

"I am sorry, my dear sir; but I neglected to bring my surgical instruments with me."
"That will be all right, doctor. The plumber who has been working in the cellar has left his tools here."



Steel Side-Walls for Modern Homes

Far surpasses wood, plaster or paper in beauty—matches perfectly any art scheme—any color scheme—makes the rooms REALLY airy—gives protection against fire—these are some of the reasons why YOUR house—why any modern building anywhere should have PEDLAR ART STEEL SIDE WALLS. Cost little—last indefinitely. Let us send you the whole tale in print and pictures. The book is free.

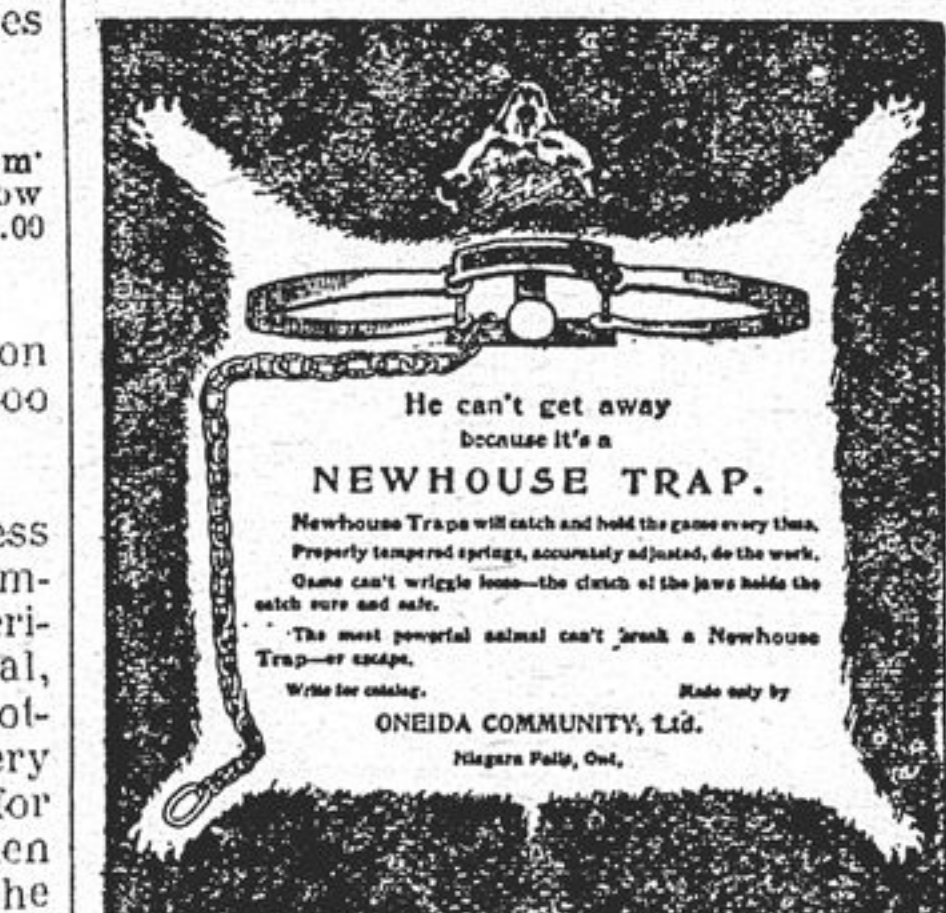
The PEDLAR People
Ottawa Montreal Ottawa Toronto London Winnipeg

MACHINERY FOR SALE. DYNAMO

300 lights, first-class order. Will be sold cheap and must be gotten out of the way owing to 600-light machine taking its place. S. Frank Wilson, 73 Adelaide Street West, Toronto.

FAN BLOWER

Buffalo make, number four, 9-inch vertical discharge, 24 inches high; perfect condition. Superintendent, Truth Building, 73 Adelaide St. West, Toronto.



He can't get away because it's a NEWHOUSE TRAP.

Newhouse Traps will catch and hold the game every time. Properly tempered springs, accurately adjusted, do the work. Once set, it will hold the insect at the jaws while the catch wire and side.

The most powerful natural catch, break a Newhouse Trap—no escape.

Write for name: ONEIDA COMMUNITY, Ltd., Niagara Falls, Ont.

WILSON'S FLY PADS

Every packet will kill more flies than 300 sheets of sticky paper

SOLD BY DRUGGISTS, GROCERS AND GENERAL STORES 10c. per packet, or 3 packets for 25c. Will last a whole season.

QUEBEC STEAMSHIP COMPANY LIMITED.

River and Gulf of St. Lawrence

Summer Cruises in Cool Latitudes

Twin Screw Iron SS. "Campana," with electric lights, electric bells and all modern comforts.

SALES FROM MONTREAL ON MONDAYS at 4 p.m., 23rd September, 7th and 21st October and fortnightly thereafter for Picton, N.S., calling at Quebec, Gaspé, Mal Bay, Percé, Grand River, Summerside, P.E.I., and Charlottetown, P.E.I.

BERMUDA

Summer Excursions, \$35, by the new Twin Screw SS. "Bermudian," 5,500 tons. Sailing 23rd September, 6th, 16th and 26th October, 6th, 16th and 27th November. Temperature cooled by sea breezes seldom rises above 83 degrees. The finest trips of the season for health and comfort.

ARTHUR AHERN, Secretary, Quebec. A. E. OUTERBRIDGE & CO., Agents, 20 Broadway, New York.