RELIGION AND NATURAL LIFE MANNERS AND GUSTOMS

They Only Build Wisely Who Build From the Base Up.

Joyful sound; they shall walk, O Lord, phere of spiritual beliefs in which they dying, he is always lifted from his bed teaspoon soda stirred in the milk, two in the light of thy countenance."- lived, and because they counted these and laid on mother earth; and in many teaspoons soda stirred in the flour, one Psalms, £9:15.

absorbed in religion that he has no time and determined the real conditions that As an illustration of the exclusiveness to think of politics or of national affairs | should be. common sense usually allays our refor losing him.

for the closet or the church, not for the humanity and of the infinite justice that hold of his superior's house or hut. separate places alone, but for every re- is over all. lation of human life. You cannot put your religion in a compartment by itself; it is a spirit, an atmosphere, and national prosperity and permanency a principle which must pervade all.

There is a great difference between the relation which religion must hold to national life with the spirit of

MORALITY AND RELIGION.

never tell the story of the life of a people rency other than character. if you refuse to recognize this mighty

spirit. ments that mark human progress or re- and hate the lie, so look to the things cession, these are of far greater impor- that are higher and turn from those that tance than names and dates, buildings are lower, so catch the vision of infinite and administrations. And back of these values in individuals, in society, and in tides are mighty forces, great, all com- their own lives, that no baits or brbes pelling motives. These forces we call of the pit's devising can turn them from tradition, religion, patriotism. The true the path of duty and light, and so this historian looks for the forces.

deep convictions that our fathers held, most high for this people. because of aspirations and ideals which

"Blessed is the people that know the they cherished, because of the atmos- a most sacred animal. When a Hindu is sugar, two-thirds cup sour milk, one things of such value to them that their places the tail of a cow is guided into his tablespoon ginger; sprinkle granulated When the man of the painfully pious lives weighed as nothing in the balance. faltering grasp, that it may pull him to sugar on before baking; roll thin. appearance tells us that he is so much Ideals have ever dominated the world heaven.

sentment by reminding us that he is so human rights, the conviction as to the mentioned that when money passes besmall a fraction of a cipher that religion | freedom of the conscience, these all tween a low-caste and a high-caste man is none the richer for a monopoly of constitute essentially religious princi- the coin is thrown on the ground by the him and political affairs none the poorer ples. They are born of the recognition one and picked up by the other for fear of man as other man clay, as a being of of defilement. No man can be religious who neglects spiritual heritages and possibilities. the world in which he lives or the na- Men lived and died for these only as pet or enter the same room. Neither tion of which he is a part. Piety is not they conceived of their high duty to must the low-caste man cross the thres-

> . No greater folly could befog our minds | stands outside and bawls. to-day than to think that we can attain

APART FROM SPIRITUAL IDEALS.

national life and the relation which reli- nothing better or greater for her than is still the favorite resource of many a gious and ecclesiastical organizations that she shall be rich in bushels of native, and could all the buried treasure The very separation between wheat and billions of gold. Greater than in the country be brought to light church and state makes the more neces- our need of things is the need of the would probably be sufficient to pay of sary the deeper permeation of our whole strong hand of the nation to hold them the National Debt of the Empire. and the wise heart to administer them.

The foundations of a nation are laid in human lives; what they will be in You cannot escape from religion in form and whether they shall endure dehistory and in human affairs. It makes | pends on the character of the men and no difference whatever whether the women of the nation. They only build name of the deity be in the constitution | wisely who build from the base up, beof a nation or not, the fact of the reli- ginning with character, settling the gious impulse and motive remains. You foundations firm in religious motives might take the mention of religious and moral ideals. In the final clearing names from all history, but you could house of history nations have no cur-

The most we can do for our country is to make men who hold principle and The tide in human affairs, the move- ideals above all else, who so love honor spirit filling all, all move together to We are what we are to-day because of the fulfillment of the purposes of the

HENRY F. COPE.

INSTANCES OF THE EXCLUSIVENESS OF CASTE IN INDIA.

Australian Business Customs-Many of Them Are Practical and

Convenient.

of caste, which a native of India will do

They may not stand on the same carhe wants to communicate with him he

"Hoarding" is very commonly adopted by those who have money, and mother earth is probably the principal of all Indian banks. To dig a hole in the floor He does not love his land who desires of his house and bury his money there

THE INDIAN SHOPKEEPER

sils on the floor of his shop, surrounded by his various goods, and his client addresses him from the street or gutter. He never rises to serve a customer. The latter is expected to take whatever he requires, everything being within reach.

The barber is a very important person in India, where every man is obliged to shave, and forbidden by his religion to do the work himself. The barber has an official appointment in the Hindu village, with an endowment of land to support its dignity and a vested right to the shaving of its inhabitants, which can be prohibited by legal injunction in case of infringement.

Women occupy a very inferior position in India. A wife may not walk by the side of her husband, but only follow respectfully behind him. She may not eat with him, must content herself with his leavings when he has finished, and must not even speak to him in the society of others.

Every Hindu girl is a wife or a widow at fourteen. Girls have actually been married before they were a year old, and from four to six years they very commonly cease to be single. Eight is a marriageable age, and twelve is the maximum, except in a few districts.

"Are you happy?" "I am happy. This is one of the commonest forms of salutation in the East, corresponding to

our "How d'you do?" CUNNING SERVANTS.

Native servants to Anglo-Indians have console themselves with a new mistress an artful way of obtaining Christmasrather than grieve over the loss of an boxes. They seize the opportunity to The passionate regard which pet ani- old one. Of course, there are exceptions present to their masters and mistress a mals and birds sometimes acquire for to the rule, and one of these proves that dali, or complimentary offering, which cannot very well be declined. Of course, when a native tips you, you must tip him back, and return nothing less respeciable than silver for his copper.

The Australian of the cities speaks of the rest of his continent as "the bush." The dwellers in the agricultural country speak of the district farther inland as the over, have been fairly common of late sienced last year to go abroad in search back country." Those themselves in the back country have behind them a land partly unknown, and therefore attractive to the adventurous, which they call the "Never-Never Land."

Many of the Australian business customs are gractical and convenient. The banks shut at three o'clock, and most offices at five. At six o'clock the shops put up their shutters, and everyone is at home or on the way home. It is a short day, but a busy one, for the Australian is not far behind the American when it comes to "hustling round."

The Australian larrikin has his counterpart in the English hooligan. The former, however, is usually a member of an organized "push" or gang, governed sometimes after the style of secret society. That these "pushes" are organized on a sound basis is evident from the fact that they often provide funds for the legal defence of a member ACCUSED OF SOME CRIME.

For several years women have held equal electoral privileges with the men in Australasia. It has been found, too,

The spectacle of husband and wife rot belonging to a west of England gation, one of the choristers falling with mining together is by no means an unfamily who became greatly attached to it. The congregation fled in terror common one in Australia, the man the young mistress of the house. The from the building. One woman was working below in the mine while the latter, a beautiful girl of eighteen, un- killed, and two others were so gravely woman turns the windlass which lifts fortunately died from pneumonia, and injured that they are not expected to the debris from the shaft. Australian the parrot became as grief-stricken as recover. The chorister who fell with race-courses have known at least one the other members of the family. In the masonry was not seriously injured. woman who trained her own racehorse, and more than one woman who plied the calling of a bookmaker.

For shooting and fishing in Australia no licenses are required, but a sportsman must have a knowledge of the close seasons, and of the kind of animals pro-

tected throughout the year. All children in Australia are drilled, bu! the elder boys are attached to the Australian Military forces by means of the cadet corps. Almost every large school has its band of cadets, who wear neat khaki uniforms and are armed with light rifles, in the use of which they are frequently instructed. Every year these boys have shooting matches, and the scores prove that among the youngsters there are many who have al- culty in maintaining union between your ready become skilled marksmen.

SELECTED RECIPES.

Molasses Cookies .- Two cups molasses, According to Hindu belief the cow is two eggs, one cup lard, one cup brown

Salmon Turbit.-One large can salmon, six large crackers rolled fine; mix well. Make a dressing of one tablespoon The ideals of liberty, the conception of almost anything to preserve, it might be of butter mixed with one tablespoon of flour; one pint of hot milk; season with salt and pepper; boil for three minutes and pour over the salmon. Mix well and pour in a buttered pan and bake twenty minutes.

Light Cake.—Cake will be light if you add the sugar last. Put in a little at a time. Do not beat it in, but lift the batter up with a strong-beating spoon again and again, until the sugar has disappeared, then add more until all has been used. This rule applies to all cakes without shortening.

Walnut Cookies.—Use one cup walnut meats, chopped fine, one of sugar, one egg, well beaten, two tablespoons milk, lies try rubbing the screen door of the one heaped teaspoon baking powder, kitchen with kerosene. This will preflour to make rather stiff dough to roll.

one cup sugar, pulverized, beaten to a cream. Add yolks of eight eggs well they are placed in sour milk or vinegar beaten, then one pound cornstarch and and left until the mould comes off easily, the whites of eggs, alternately, a little at when they are washed in water. They a time. Flavor and make in loaf or gem tins. The whites of eggs are not beaten | clean the grooves in the side of the lid. separately or whipped.

the second meal by removing the bones equal proportions. Reduce to a paste and breaking into small pieces. Then with cold water and fill in the cracks put a layer on the bottom of a baking when the stove is cool. It will soon dish, over it a layer of cream sauce, harden. and then a layer of cracker crumbs. Repeat until the fish is all used, always ing out after separating the whites, as having the cracker crumbs on top. is the case in making angel cake and Place in the oven and bake to a nice icings: Try to replace the shells as brown color.

allow a half-pound of sugar and a pint fresh for days in a cool place. of water to three pounds of sugar. When the syrup is boiling hot drop in the crabapples. They will cook quickly. dish containing three tablespoonfuls of When done, fill a jar with the fruit and vinegar and salad oil or butter, a little fill up the crevices with syrup.

wise, boil, then drain. Slice a half-onion finely; add it and salt and pepper; render a little ham fat or bacon; stir over the whole. Then put in a tablespoon of vinegar or more if desired.

Nuggel Candy.-Two cups of granulated sugar, one-half cup corn syrup (you must have this kind of syrup), one-half cup water. Cook until brittle. Whites of two eggs beaten to a froth; pour the syrup mixture into the ggs; add onehalf cup chopped nuts, flavor, and beat until it pours out nicely.

Mix chopped parsley with grated cheese. Parsley is a great nerve tonic. Meal from Small Steak.—Soak two of milk; mash fine; add one egg or potatoes or more, small onion chopped meat; salt and pepper to taste. Pat in flat cakes and fry until brown. Caution must be taken not to add too much

Tomalo Butter.-Seven pounds of tomatoes, three pounds of sugar, one pint of vinegar, one ounce of cinnamon, onehalf ounce of cloves, ground; boil till thick. Can and seal.

Fudge Cookies.—Four eggs well beaten, two and one-half cups brown sugar, one-half cake chocolate, one cup nuts, one scant cup flour, one teaspoon vanilla, mix in order and bake in moderate oven twenty-five minutes; cut in any shape desired.

Perpermint Candy Ice Cream.-A delicious ice cream can be made of threefeurths of a pound of old-fashioned peppermint candy dissolved in one quart of cream. The candy sweetens, colors, cackle, but happening ter look down she and flavors the cream.

Strawberry Jelly .- Take berries; wash and cover with water enough to come to top of berries; boil for eight minutes. Then drain in jelly bag. Can juice until apples are cheap; then take apples, cook as if for apple jelly, etc. Then take your strawberry juice; use two cups of strawberry juice and the same of apple juice and four cups of sugar. Boil twenty minutes, and you have firm strawberry

sugar and enough water to cover. Boil Office, ten miles orf. About sunset he until it threads from spoon. Stir this came back and asked me ter hedp him into the white of one egg, beaten stiff. gather the eggs. Well, gentlemen, we Add one cup of peanuts ground fine. took out six dozen hard-shilled eggs, Take salted wafers and spread with the which the old yaller hen had laid that paste. Let stand a while.

pudding or mincemeat, if after the suet | "Agreed," said Sam; but when we is chopped it is added to the molasses come ter look for her all we could find and the two boiled together for a few was her bill an' claws an' a few feaminutes, then strained, the objectionable thers. The fact is, the old hen had laid particles of suct will not be found in the herself all away. mixture.

Pickups.—Take small scraps of meat beef, veal, mutton, ham; also carrots dursn't give him one, as they was afeer'd and boiled rice that have been left over it would exterminate the whole feathered from previous meals. Run all through tribe on the face of the earth; an', bemeat chopper or chop fine. Add minced sides, the supply of eggs would hev exonion, parsley, pepper, and salt to ceeded the demand." taste. Soak a slice of stale bread in water, squeeze out, and crumb this into the chopped meat. Add one egg. Mould into small flat cakes, roll lightly in flour, fry brown in butter or bacon drippings.

A DRESSMAKER'S HINT.

If you are one of the women, and do they not number legion, who find diffiwaists and skirts, try this, which is un- aided by an alarm clock.

failing and is adaptable to the thinnest.

mull or the heaviest cloth:

On the outside of every waist, exactly at the waist line, attach a piece of dressmeker's belting, at least an inch wide in the centre of the back, leaving the ends loose. Have it fit very snugly about the waist, fastening with a hook and eye in

On the outside, 11/2 inches each side of the centre of the back, sew large size hooks, points down and out, sewing through the goods to the belt. Then on the inside of the skirt band, at the bottom of the band, sew eyes in a standing position to hook over the hooks on the waist. Very fleshy persons, wide across the back, should use three hooks and eyes, putting one in the exact centre, the others about two inches either side. By keeping the distance the same on each garment skirts and waists will be interchangeable, and, as can be seen, since all the strain and weight of the skirt comes on the belting, which faxtens around the body, there is no possibility of tearing the thinnest fabric.

On waists that are worn outside the skirt-band the hooks would of course be put on the inside of the waist, points in, with the eyes on the outside of the skirtband. But the principle of support is the same, and is very satisfactory.

USEFUL HINTS.

Take a whisk broom, cut it stubby with shears, and use it to silk sweet cern. You can make quick work of it.

When canning fruits and making jelvent the flies clustering there, ready to Sand Cake.-Use one pound butter, come in when the door is opened.

Tops of fruit cans can be cleaned if should also be scrubbed with a brush to

If the slove is cracked a good cement Leflover, Fish.—Fish may be used for 13 made from wood ashes and salt in

To keep the yolks of eggs from drynearly as possible over the unbroken Crabapples .- To each pound of fruit | yolks and stand on end. They will keep

Tough steak may be rendered more tender by laying for two hours on a pepper, but no salt; turn every twenty String Bean Salad .- Cut beans length- minutes. Oil and vinegar soften the fibres without extracting the juices.

KITCHEN HINTS.

For ironing day a fire of cinders is better than fresh coal.

Turpentine mixed with stove polish prevents rust and gives a brighter gloss than the use of water.

A little green sage placed in pantry will keep out red ants.

Hot fruit requires hot jars. Cold fruit requires cold jars.

The proportions of sugar and fruit used in canning vary greatly. The amount given below is an average for slices of stale bread in a small quantity canning. Sugar to a quart jar: Cherries, six ounces; strawberries, eight yelks of two, one cup of cold mashed ounces; raspberries, four ounces; blackberries, six ounces; quinces, ten fine; add 10 cents worth of chopped ounces; plums, four ounces; pears, six ounces; peaches four ounces; pineapples, six ounces; crabapples, eight ounces; rieplant, ten ounces.

SOMETHING LIKE A HEN.

Yer see, my brother Sam was a natral genus, and war allus tryin' some way fer inwent fer make hens lay, an' one day he rigged a machine that did the thing up brown. It war nothin' more or less than a hen's nest with a false bottom. When the hen got on that ere nest, and layed, the egg dropped through inter a basket. Arter Sam got the thing fixed, he put it inter the hen house, an' stood outside, an' peeped through a creck to see the thing work.

The first hen that went on tew it war the old yaller hen. Sam said arter she'd laid she got up an' commenced ter didn't see nothin'. Thinkin' she'd made a mistake, she shut up her noise, an' sot down agin an' laid anuther egg. This time she looked afore she begun ter cackle, but the egg had gone through. Sam said the old hen looked mad, and sot down agin an' laid anuther-but no go, it warn't there.

Arter she'd laid arf'a-dozen Sam went tarin' inter the house, yellin' hooroar, an' writ out an application for a patent, an' saddled the old sorrel mare, an' Dainty Lunch Sandwich.—One cup of went gallopin' away tew the Patent afternoon. I told Sam we ought ter take Suet Pudding .- When making suet | the old hen orf and give her some corn.

"Did Sam get a palent?"

"No; the Patent Office man said they

ENGAGEMENT ENDED.

"He looks terribly sad." "Yes, his engagement with Miss Perty has come to an end."

"Jilted him, eh?" "No, married him."

Success is pretty certain to come to the man who can get up for work was-

CREATURES WHO FALL IN LOVE WITH GENTLE WOMEN.

Often Display Passionate Regard for Their Owners-Sometimes Die

of Broken Heart. their owners is a striking illustration of the affections of "Tabby" are not alwhat scientists have termed the higher ways of a fickle nature. sense of dumb creatures. Instances of dogs who, through grief caused by the death of their owners, have committed suicide by refusing food and drink, and even by placing themselves on railway

The unique case, however, of a rabbi refusing food because its mistress had gone away came under the notice of a "Pussy." writer recently. The animal-a beautiful Angora-had been presented to the lady by a friend, and became so attached to its new owner that it followed her about like a dog when out of the cage, and refused to be fed by any other per-

BUNNIE INCONSOLABLE.

The lady, who lived in the country, thing the matter with the cat, except was ultimately obliged to stay in Lon- that it was pining for its mistress. don for a few weeks, and because of the inconvenience of having such a com- life was her return, and as this was impanion in lodgings decided to leave her possible the lady in whose charge the pet behind. But the latter was inconsol- animal had been left was obliged to enable. Not even the most tempting mor- dure what she termed the "agonizing exsels could induce it to eat or leave the perience" of watching it slowly die of that hunger would soon break down there to feed it. this obstinacy. But they were mistaken, and in the end the lady was obliged to return to save the life of the animal, though it would leap into her arms.

POLLY'S HEART BROKEN.

SENSE OF DUMB ANIMALS fact, the sad event would seem to have broken "Polly's" heart, for she never attempted to talk afterwards, and refused al! her food. An attempt was made to force food down its throat; but the experiment was a failure, and four days after the death of its mistress the bird was found dead at the bottom of the

Although cats may be said to be more domesticated than dogs, ti will usually be found that they are more ready to

AGONIZING EXPERIENCE.

A well-known lady writer had a very pretty Persian kitten given to her four years ago, and both became greatly attached to one another. Being commisof information for a book, the lady was obliged to leave her pet behind in the care of a lady companion who shared her flat, and who was also attached to

Naturally one would have thought that the latter would not have taken much notice of the absence of its real owner under the circumstances. But a week after the lady had gone abroad it was noticed that her pet seemed ill. It refused its fcod, and an expert being called in he declared that there was no-

The only thing which could save its Naturally the servants thought starvation, because its mistress was not

WILD PANIC IN CHURCH.

A wild panic occurred during vespers tress than it made a movement as at the Church of Villersles-Nancy, near that the women voters outnumber the Nancy, France. While the congrega- men in the Commonwealth, although tion was at prayers the massive stone the majority of women is not a large balustrade of the organ loft fell with one. This case calls to mind that of a par- a tremendous crash among the congre-

ٷؚ۩ؙۣٷ۪ٷؚٷ۩۫ٷ۩ٷٷٷٷٷٷٷٷٷٷٷٷٷٷٷٷٷٷ Scott's Emulsion strengthens enfeebled nursing mothers by increasing their flesh and nerve force. It provides baby with the necessary fat and mineral food for healthy growth. ALL DRUGGISTS; 50c. AND \$1.20.