

## CHRONIC CATARRH NOSE AND THROAT

"At the Advice of Friends I Tried Peruna and the Results Have Been Highly Satisfactory."—So Writes Mr. Pilon.



MR. RAOUL PILON, 116 Rue Notre Dame, Lachine, P. Q., Can., writes: "I write you a few words to express to you my satisfaction at being cured. I was afflicted with catarrh of the throat and nose and suffered much. I was greatly discouraged. I had a bad breath and bad taste in my mouth in the morning."

"I took treatment for some time without obtaining relief. At the advice of friends I tried Peruna and the results have been highly satisfactory. At the end of four months I was completely cured."

Neglected catarrh becomes chronic. Having developed into the chronic stage, a longer and more persistent treatment will be required to cure it than if the disease were treated at the onset.

However, Peruna will bring relief, whether the catarrh is acute or chronic. If you are wise you will keep Peruna on hand and take a few doses at the first appearance of a cold or cough, and thus save yourself both suffering and expense.

Patients have the privilege of writing to Dr. Hartman for free advice. A book on "Chronic Catarrh" will be sent upon request.

### PERSONAL PARAGRAPHS.

#### Interesting Gossip About Some of the World's Great People.

From boyhood Dr. Nansen, the Polar explorer, accustomed himself to the use of snow-shoes, and would often go forty or fifty miles on them without taking any food with him. He had a great dislike to any outfit for his excursions.

Lord Rosse is a man of scholarly and scientific attainments, and is the owner of the historic telescope at Birr Castle whose construction by his father was one of the romances of science, the total cost of the undertaking being more than \$100,000.

When Mr. Rider Haggard was a child, a very old doll of battered wood, hideously ugly, was one of his favorite playthings, and also of the other children in the family. An old nurse used to call this doll "She," and in after years the novelist borrowed the name for the heroine of his most famous book.

Canon Lyttelton, head master of Eton, is a strong believer in all manly games for bringing out a youngster's best qualities. While he has a rooted objection to football and cricket being the staple topic of conversation amongst boys, he thinks that if popular pastimes were to be discouraged at the great public schools there would be a falling off in keenness which would be very harmful.

The Duchess of Rutland is one of the most accomplished women of her time, and has beauty, grace and charm. From girlhood she has been devoted to drawing and sketching, and had circumstances placed her in a different position in life, she would have made fame and fortune as a portrait-painter. The duchess is also a good sculptor, and has executed several family busts, among these being one of her eldest son, who died in childhood.

Signor Caruso, the famous tenor, is the son of a Neapolitan engineer, who was turned adrift by his father as a youth because of his partiality for an operatic career, which his parent assured him would infallibly bring him to grief. And, as a matter of fact, he did have a very hard time of it at first to make both ends meet, and more than once contemplated turning his attention to some more lucrative calling. Fortunately, however, recognition came in time to prevent this.

Count Prosper d'Epinau, who has been decorated in Paris by the British Ambassador with the Victorian Order, is in the odd position of being a British subject and yet a Frenchman at the same time. He was born in the Island of Mauritius some sixty-five years ago. The island, of course, is inhabited by a French-speaking population, and once formed part of the territories of France. Both the count's parents being French, the count is regarded in France as a Frenchman, but being under the British flag he is just as surely a British subject.

Bertha Krupp, the heiress of the great German ironmaster, has received a new title—"Queen Krupp." Her income goes on increasing, as does her state and power. The reserve of the Essen works, according to a balance-sheet just published, amounts now to nearly \$20,000,000 a year. Bertha Krupp is absolute owner of her kingdom. In Essen alone

she has 40,000 workmen toiling for her, who, with their families, make more than 200,000 persons dependent upon her now. If other concerns be added, we have a total of 300,000 dependents.

The Queen of Roumania ("Carmen Sylva") is ardently pursuing her philanthropic idea, which first took practical shape last year, of collecting the blind of her country into one city, to which Her Majesty has given the name "Vatra Luminosa." Already a limited number of blind families are working there as makers of rope, nets, chairs, and brushes; and continuous extension is taking place as funds permit. The plan is to house each family in a cottage with a tiny garden, and to group all the dwellings around a white church and school, workshops being provided within easy reach.

The Prince and Princess of Wales, should they carry out the intentions with which they are credited of paying a visit to South Africa, will add yet another to their record of things which no Prince and Princess of Wales have done before. The first Prince of the Blood to visit South Africa was the Duke of Connaught. Prince Arthur of Connaught made a brief appearance there in his regimental capacity, towards the finish of the war. As Prince George of Wales, the present Heir Apparent and his brother, the late Duke of Clarence, saw Cape Town in their midshipman days when the Bacchanal touched there.

Mr. Henry Arthur Jones, the well-known dramatist, the other night provided New York, the home of the "freak" dinner-party, with a new sensation. He gave a dinner-party in honor of American dramatists. The guests present numbered forty-six, including the Hon. Joseph Choate, the former Ambassador to Great Britain, and many other gifted after-dinner speakers. The proceedings lasted from eight o'clock to twelve. Then there was a dramatic pause, and at a signal from Mr. Jones the great partition forming one of the walls of the room slowly moved away, and a second dinner-party was revealed. At the tables sat all the most prominent actors and actresses in New York, who had just arrived from the theatres. Neither those who had dined nor those who were about to dine were aware of the presence of the others. A tremendous ovation was given to Mr. Jones as the two companies realized his position as dual host.

### JUVENILE ECONOMY.

"Tommy," said the fond mother, "isn't it rather an extravagance to eat both butter and jam on your bread at the same time?"

"No, ma'am, it's economy," the boy answered. "The same piece of bread does for both."

**Stops Colic**—and all stomach and bowel disorders. Makes puny babies plump and rosy. Proved by 50 years' successful use. Ask your druggist for it.

**Nurses' and Mothers' Treasure**  
—25c.—6 bottles \$1.25.

National Drug & Chemical Co., Limited  
Montreal.

### THE WAY.

Fred: "I've just lost a rich aunt."  
Ned: "Did she die suddenly?"  
Fred: "No, she isn't dead at all, but her niece jilted me."

It will stick to you always, of course it will, because it's the "D & L" Menthol Plaster and made to stick on until it drives away the pain. Unexcelled for lame back, neuralgia, rheumatism and all pain.

Some one said that a man could get drunk on water—so he can on land, can't he?

Something That Should be Rubbed In.—Whenever pain is felt in the limbs or back, take Dr. Thomas' Electric Oil; pour a little in the hand, and applying it to the surface beneath which the pain lies, rub briskly. If the first application does not afford relief, which is not usually the case, keep rubbing. The Oil will gradually penetrate to the affected part and relief will come.

### PARADOXICAL.

"There is one sort of thief who is always even eager to restore what he stole, and yet feels no penitence for his theft."  
"What sort of thief is that?"  
"The man who steals a kiss."

**DODD'S KIDNEY PILLS**

CURES RHEUMATISM BRIGHT'S DISEASE DIABETES BACKACHE

CORALL KIDNEY DISEASE

Discontinued the use of any other medicine. The public may rely on the genuineness of the original, sold only in boxes.

## A WEALTHY MANITOBA FARMER

Tells How He Spent Three Thousand Dollars in Search of Health.

Physicians were entirely baffled by the case of Mr. Robert Squires, of Shoal Lake, Man. He owns a thousand acres of land in the West, and said he was willing to give it all to be restored to health. His trouble started with an ordinary cold that was neglected. Let Mr. Squires tell his own story:—

"I have spent over three thousand dollars in my search for health; have traveled from place to place looking for suitable climate. I came to the conclusion that climate made no difference in curing throat or lung troubles. At the health resorts consumptives died there as at any place else. I determined to find a home remedy. I think I tried every one of the so-called cures for consumption. The only remedy that ever helped me was Psychine, and a significant fact about Psychine is that it is not a 'cure-all,' like the others, but specially for throat and lung diseases. Psychine was the last remedy I tried, and I wish it had been the first. My case was a very bad one, and no hope was held out by any one of the eminent medical men that I would get well."

"A friend advised me to use Psychine. The first few bottles gave great relief from coughing, and seemed to ease the pain in the lungs. Within a month the cough and night sweats had disappeared, and I had greatly regained my strength. I used ten bottles, but my case was a serious one, and I didn't begrudge the cost, for I was completely cured after medical men considered my case hopeless. My lungs are now sound, and no sign of disease whatever is apparent."

### "ROBERT SQUIRES,

"Shoal Lake, Man."  
Thousands of others have borne similar testimony to the power of Psychine to not only cure coughs, colds, a gripper, catarrh, bronchitis, chills, night sweats, but also consumption and all wasting diseases. It strengthens the stomach, aids digestion, and builds up the entire system. It is a never-failing remedy.  
Psychine, pronounced Si-keen, is for sale at all drug stores at 50c and \$1.00 per bottle, or at Dr. T. A. Stocum, Limited, 179 King Street west, Toronto.

"We want a man for our information bureau," said the manager, "but he must be one who can answer all sorts of questions and not lose his head." "That's me," replied the applicant. "I'm the father of eight children!"

The merits of Bickel's Anti-Consumptive Syrup as a sure remedy for coughs and colds are attested by scores who know its power in giving almost instant relief when the throat is sore with coughing and the whole pulmonary region disordered in consequence. A bottle of this world-famed Syrup will save doctor's bills, and a great deal of suffering. Price 25 cents, at all dealers.

"She said I might kiss her on either cheek," "What did you do?" "I hesitated a long time between them."

Weak and Sickly People envy those in robust health. No need to stay sick when by the use of the best tonic, "Ferrovin," you can get rich blood and renewed strength and vigor.

When a baby cries in a man's arms he immediately discovers that it wants to go to its mother.

There can be a difference of opinion on most subjects, but there is only one opinion as to the reliability of Mother Graves' Worm Exterminator. It is safe, sure and effectual.

### THE DIALECT'S ALL RIGHT.

Waitress (handing stogy looking steak): "And what will you have to follow, sir?"  
American Customer: "Indigestion, I guess!"

### YOUR SUMMER OUTING.

If you are fond of fishing, canoeing, camping or the study of wild animals look up the Algonquin National Park of Ontario for your summer outing. A fish and game preserve of 2,000,000 acres interspersed with 1,200 lakes and rivers is awaiting you, offering all the attractions that Nature can bestow. Magnificent canoe trips. Altitude 2,000 feet above sea level. Pure and exhilarating atmosphere. Just the place for a young man to put in his summer holidays. An interesting and profusely illustrated descriptive publication telling you all about it sent free on application to J. D. McDonald, Union Station, Toronto, Ont.

### THE NUMBER INCOMPLETE.

Perhaps he invented the story, but a well-known photographer tells this for a fact. A woman entered his studio.  
"Are you the photographer?"  
"Yes, madam."  
"Do you take children's pictures?"  
"Yes, certainly."  
"How much do you charge?"  
"Three dollars a dozen."  
"Well," said the woman, sorrowfully, "I'll have to see you again. I've only got eleven."

### FREE MEALS FOR MOTHERS.

Seven Eating Houses in Paris for Poor Women With Babies.

Paris has seven free eating houses expressly for poor mothers. Last year they furnished 37,000 meals.

The restaurants are small but scrupulously clean. Over the door is the sign, "Free Restaurant for Mothers."

Nothing is charged for at any of these cozy places. No meal ticket, so repugnant to many unfortunate but high-spirited persons, is required. No persons but women can enjoy the hospitality, and the only requirement of a woman is that she be a mother who nurses her child.

Not only are the mothers benefited physically by the wholesome food, but hundreds of little lives have undoubtedly been saved. The women, too, are taught how to care for their children, so that the little ones, instead of being a burden and a terror, become real blessings to poor homes.

Tested by Time.—In his justly-celebrated Pills Dr. Parmelee has given to the world one of the most unique medicines offered to the public in late years. Prepared to meet the want for a pill which could be taken without nausea, and that would purge without pain, it has met all requirements in that direction, and it is in general use not only because of these two qualities, but because it is known to possess alterative and curative powers which place it in the front rank of medicines.

Tell a woman her face is her fortune, and she is complimented. Hint to a man that his cheek is his most valuable asset, and he is likely to get mad.

We must go from heated rooms to the cold outdoor air, and the change sets us coughing. Curing colds is not hard for Allen's Lung Balm. A neglected cold is troublesome and dangerous.

The mean age of death in Great Britain is 62 years 6 months.

Are you a sufferer with corns? If you are, get a bottle of Holloway's Corn Cure. It has never been known to fail.

Mother: "Willie, you're a good little boy. I left my purse on the bureau, and you didn't take a penny from it." "No, mother, Papa says it's wrong to take anything when you're sure to get caught."

You are right in regarding erysipelas as a dangerous disease. Anoint the swollen, itching skin with Weaver's Corate. And take Weaver's Syrup internally.

He: "What fearful bills! How much will your dress cost next year?" She: "Goodness! How do I know? I shall have to see what the woman next door wears before I can tell you."

It is a Liver Pill.—Many of the ailments that man has to contend with have their origin in a disordered liver, which is a delicate organ, peculiarly susceptible to the disturbances that come from irregular habits or lack of care in eating and drinking. This accounts for the great many liver regulators now pressed on the attention of sufferers. Of these there is none superior to Parmelee's Vegetable Pills. Their operation though gentle is effective, and the most delicate can use them.

### VERY DECOLLETE.

"Poor chap! Everything he earns goes on his wife's back."  
"Well, if you'd seen her at the opera you wouldn't think he earned very much."

### Dear Mother

Your little ones are a constant care in Fall and Winter weather. They will catch cold. Do you know about Shiloh's Consumption Cure, the Lung Tonic, and what it has done for so many? It is said to be the only reliable remedy for all diseases of the air passages in children. It is absolutely harmless and pleasant to take. It is guaranteed to cure or your money is returned. The price is 25c. per bottle, and all dealers in medicine sell.

## SHILOH

This remedy should be in every household.

### A TRANSPORTED CHURCH.

A small watering place in Austria named Eichwald can boast of possessing a most remarkable church. It was first built by an Italian architect at Venice, at the expense of Prince Carlos Clary-Aldringen, who is a great admirer of Italian architecture. When it was finished the church was taken to pieces again, and packed in thousands of numbered cases for transportation to Eichwald. At this place in Austria it was eventually rebuilt and then made over to its inhabitants as a free gift from the Prince.

### ALVERSTONE'S RECORD.

Lord Alverstone has the distinction of having made the longest speech of any living lawyer. This was when he appeared as counsel for his country before the Venezuelan Arbitration Commission, and his address occupied sixteen consecutive days.

Only 6 per cent. of all paper produced is used for making books.

## Better Underwear

Keeps your body warm, yet lets your skin breathe—knit, not woven,—it fits, does PEN-ANGLE Underwear.

Guaranteed Against Shrinkage

Trade-marked in red. In a variety of styles, fabrics and prices, for women, men and children, and guaranteed.

## CREAM OF THE WEST FLOUR

A pure, hard Manitoba flour for bakers and others demanding strength, color and uniformity. **STRONG & WHITE** AT YOUR GROCERS

DEALERS EVERYWHERE SUPPLIED WITH FLOUR AND FEED. WRITE US.

WE ALSO MAKE "QUEEN CITY" A BLENDED FLOUR THAT HAS GAINED GREAT FAVOR AS A GENERAL HOUSEHOLD "ALL PURPOSES" FLOUR.

THE CAMPBELL MILLING CO.  
TORONTO JUNCTION ONT

ALBERTA FARM LANDS—IN THE FAMOUS Wetaskiwin district: lists proposition sent on application. H. D. Farris & Co., Box 252, Wetaskiwin, Alberta.

SNAP—FIFTY ACRES VALUABLE PEACH land; buildings; Grimby township; near lake and electric cars; also two lots, ten and twenty acres; farm of 100 acres, fruit and stock. Box 35, Winona, Ont.

## KOOTENAY FRUIT LAND

10 acres in Kootenay Fruit insures an income of \$3,000 a year in 5 years. Write—

## Wolverton & Co., Nelson, B.C.

## \$100,000 in Motor Boats

All sizes from 16 to 40 feet. Latest designs in pleasure and speed models. Complete boat and engine with equipment of our own manufacture. Special prices in boats now.

our own build, but equipped with our up-to-date engine. Write for illustrated catalogue. Canadian Gas Power and Launches, Limited, 145 DUFFERIN ST., TORONTO.

### HOPEFUL.

Mrs. Potts—I can't see why you always stay late at your office these nights. I don't see that you gain anything by it.

Jack Potts (absent-mindedly)—That's so, but I won't always be a loser. Luck will change.

A medical man was wandering through an asylum's wards one day. He came upon a man who sat in a brown study on a bench. "How do you do, sir?" said the doctor. "What is your name, may I ask?" "My name?" said the other, frowning fiercely. "Why, Czar Nicholas, of course." "Indeed!" said the doctor. "Yet the last time I was here you were the German Emperor." "Yes, of course," said the other, quickly; "but that was by my first wife."

Economy enables some people to pile up a lot of money for the benefit of the get-rich-quick promoter.

**Saves A Lot of Bother**

The starch that needn't be cooked. that won't stick. that gives a brilliant gloss with almost no iron-effort. isn't that the starch you ought to have them use on your clothes? Buy it by name. your dealer sells it.

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**Celluloid Starch**

# "PAGE FENCES WEAR BEST"

Made of High Carbon Wire—we'll prove it to you. COILED—not crimped. This makes it still stronger in service. It stays taut. Painted WHITE over heavy galvanizing—rust proof. Experienced dealers to erect it. Leads all in miles as in merit. Get illustrated booklet and 1917 prices before buying.

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