

STRAINED HIS BACK WHILE LIFTING

WAS IN A BAD WAY TILL HE USED DODD'S KIDNEY PILLS.

They Removed the Bad Effects and Now William Sharam is as Well as Ever Again.

Murray Harbor South, P.E.I., Oct. 10—(Special).—Hurt through straining his back while lifting, Mr. William Sharam, general storekeeper here, got so weak that he could scarcely hold up. To-day he is enjoying the best of health once more and when asked how he got his health back he unhesitatingly answers, "Dodd's Kidney Pills."

"Having sprained my back with heavy lifting," Mr. Sharam says in telling his story, "it brought on Urinary and Kidney Trouble. I got so weak that I almost fainted and could scarcely hold up. I was terribly troubled with having to get out of bed so frequently to urinate."

"After using many medicines with no good results, I tried Dodd's Kidney Pills. I have used ten boxes in all and now I can sleep without being disturbed and my old trouble has vanished."

Dodd's Kidney Pills cure the Kidneys. Cured Kidneys cure numerous diseases, including Rheumatism, Dropsy, and Bright's Disease.

STORIES OF DEAN HOLE.

Dead Churchman Was the Keenest of Sportsmen.

The British papers are recalling many stories of the late Dean Hole, cleric gardener and sportsman.

He once observed that if he had not been brought up a dean he would have preferred to be either a master of foxhounds, a head gardener, or a bookseller. Another time, in talking in praise of fruit, the Dean observed that if England were deprived of her apple tart, he would for the time be compelled to emigrate. He would like, he added, to see a Minister of Horticulture and degrees to match—such as D.D., Doctor of Damsons; M.A., Master of Apples.

Three of four years ago the Dean and Mrs. Hole landed at Dover much exhausted, having had a rough Channel crossing. To fill out the time of waiting for the train, the Dean pored over the railway regulations. "Ah," he said, addressing the station inspector, "it's one consolation after such a crossing and this tiresome wait that we go back half-price." "I don't understand, sir," was the official's reply; "there is no special reduction." "Oh, yes there is," said the Dean; "I've just been reading all your notices, and you state that you take returned empties at a much reduced rate."

The Dean told a good story about alcohol. Persons who live among habitual drunkards are apt to fancy that all the world is drunk. One of the most beloved of bishops was seated on a bench in some public grounds and was talking to a little maiden who came by, some seven years of age. "I must go now," he said, "and you must help me to rise, but I'm afraid you'll find me very heavy." "Oh, no," she replied, "you're not half so drunk as father often is."

CAN DRINK TROUBLE.

That's One Way to Get It.

Although they won't admit it many people who suffer from sick headaches and other ails get them straight from the coffee they drink and it is easily proved if they're not afraid to leave it to a test as in the case of a lady in Connellsville.

"I had been a sufferer from sick headaches for twenty-five years and anyone who has ever had a bad sick headache knows what I suffered. Sometimes three days in the week I would have to remain in bed, at other times I couldn't lie down the pain would be so great. My life was a torture and if I went away from home for a day I always came back more dead than alive."

"One day I was telling a woman my troubles and she told me she knew that it was probably coffee caused it. She said she had been cured by stopping coffee and using Postum Food Coffee and urged me to try this food drink."

"That's how I came to send out and get some Postum and from that time I've never been without it for it suits my taste and has entirely cured all of my old troubles. All I did was to leave off the coffee and tea and drink well made Postum in its place. This change has done me more good than everything else put together."

"Our house was like a drug store for my husband bought everything he heard of to help me without doing any good but when I began on the Postum my headaches ceased and the other troubles quickly disappeared. I have a friend who had an experience just like mine and Postum cured her just as it did me."

"Postum not only cured the headaches but my general health has been improved and I am much stronger than before. I now enjoy delicious Postum more than I ever did coffee." Name given by Postum Co., Battle Creek, Mich.

"There's a reason," and it's worth reading."

MYSTERY OF THE SEA.

British Steamer Disappears on a One-day Cruise.

The latest mystery of the sea is also the most inexplicable. The *Juverna*, a brand-new steamer, left the Clyde, with a crew of about fifteen hands, on August 14th for the one day's run to Kingstown, where she was to be delivered to her owner, Mr. H. Flynn, of Liverpool. From that day to this nothing has been seen or heard of her.

There was no bad weather to account for her disappearance; there is scarcely any possibility of her having struck on a submerged rock; and no ship of the thousands that plough these waters has sighted her flying signals of distress.

On her maiden voyage of one day, over a course where she would be scarcely out of sight of land, she has completely disappeared, and the sagest of the shipping experts are at a loss to account for it.

"It is the most remarkable disappearance I have ever heard of," said one of the experts at Lloyd's. "The only hypothesis I can think of is that she may have collided with some outgoing vessel and that both have sunk."

"That seems almost incredible, but it is not more so than the one thing which we know to be true—that she went for a day's run, and has been lost for three weeks."

The *Juverna* was of about 400 tons burden, 150 feet in length, and was fitted with triple expansion engines. She was turned out by the Garston Graving Dock Company.

Minard's Liniment Relieves Neuralgia

Miss Joyce—"Yes, Jack and I are to become partners for life." Miss Means—"And you will be the senior partner. How nice!"

Heart relief in half an hour.

A lady in New York State, writing of her cure by Dr. Agnew's Cure for the Heart, says: "I feel like one brought back from the dead, so great was my suffering from heart trouble and so almost miraculous my recovery through the agency of this powerful treatment. I owe my life to it."—19

"According to the doctors, most people eat too much," said the niggardly landlady. "You wouldn't be so uncomplimentary as to say that could possibly be true of any of your lodgers, would you, Mrs. Irons?" asked one of them.

Minard's Liniment Cures Dandruff.

A NATURAL CONCLUSION.

"So you want to marry my daughter," remarked the old gentleman. "I certainly do," replied the youth. "Well, what are your prospects?" persisted the old gentleman.

"My dear sir," replied the youth, "the prospects of any fellow who marries the daughter of a man as rich and influential as you are ought to be splendid."

Death or lunacy seemed the only alternative for a well-known and highly respected lady of Wingham, Ont., who had travelled over two continents in a vain search for a cure for nervous debility and dyspepsia. A friend recommended South American Kidney Cure. One bottle helped, six bottles cured, and her own written testimony closes with these words: "It has saved my life."—20

INSURING THEIR CHILDREN.

"I believe 95 per cent. of the children here are insured," said the head-master of a school in one of the poorest East End districts in London, England.

"But how can the parents of those children afford insurance-premiums?" he was asked—several ill-fed, half-clothed and bare-footed little ones being indicated.

Calling one of these children to him, the master asked, "Tommy, when does the 'insurance man' call?" "Every Saturday, sir," said the boy, "and mother pays him 1s 5d a week. Billy was ill a little while ago and mother paid up 10s 7d as soon as the doctor went."

"There is great ignorance among these people as to the amount they will receive in case the child dies," continued the schoolmaster. "Oh! we leave that to the insurance man, they say, when asked about the amount."

"In every case that I have had to bring to the notice of the National Society for the Prevention of Cruelty to Children the children were insured. It is always passive cruelty with these £5 and £10 children—the cruelty of neglect."

"Nearly all my 'hoppers' are insured. Hundreds of infants under six months are at present with their mothers in Kent. Several women with babies in their arms have called here with reference to their other children doing 'hopping.'"

"In many cases the only protection these babies will get against wet weather will be a condemned army tent. But then, they are insured."

"Thrift? Oh, dear no!" he continued, when asked to account for the popularity of child insurance among the very poorest. "The only thrift these people know is the saving-up in the school penny bank for a 'bean.' This insurance is not thrift. It is effected in the hope of getting a big return for a small outlay. This hope is often realized."



There are very few cleansing operations in which Sunlight Soap cannot be used to advantage. It makes the home bright and clean. 1B

"The first duty of an attorney," said the eminent lawyer to his new student, "is to see that justice is done." "H'm!" said the student. "And I hope you will excuse me if I remark that I have noticed that the lawyer who can succeed in doing her the ofttest generally gets the biggest fee."

South American Kidney Cure is the only kidney treatment that has proven equal to correct all the evils that are likely to befall these physical regulators. Hundreds of testimonials to prove the curative merits of this liquid kidney specific in cases of Bright's disease, diabetes, irritation of the bladder, inflammation, dropsical tendency. Don't delay.—22

Visitor—I suppose you long to get out? Striped Party—Not exactly, mum. I'm in fur bigamy an' dare's tree of 'em.

Stanstead Junction, P. Q., 12th Aug., 1893. Messrs. C. C. Richards & Co.

Gentlemen,—I fell from the bridge leading from a platform to a loaded car while assisting my men in unloading a load of grain. The bridge went down as well as the load on my back and I struck on the ends of the sleepers, causing a serious injury to my leg. Only for its being very fleshy would have broken it. In an hour could not walk a step. Commenced using MINARD'S LINIMENT and the third day went to Montreal nearly well. I can sincerely recommend business and got about well by the use of a cane. In ten days was mended it as the best Liniment that I know of in use.

Yours truly, C. H. GORDON.

A flirt is a girl who is afraid she will be left at the post.

Piles Cured in 3 to 6 nights.—One application gives relief. Dr. Agnew's Ointment is a boon for Itching Piles, or Blind, Bleeding Piles. It relieves quickly and permanently. In skin eruptions it stands without a rival. Thousands of testimonials if you want evidence. 35 cents.—23

The world is too busy to hand the chronic grumbler what he deserves.

To Starve is a Fallacy.—The dictum to stop eating because you have indigestion has long since been exploded. Dr. Von Stan's Pineapple Tablets introduce a new era in the treatment of stomach troubles. It has proved that one may eat his fill of everything and everything after the meal will aid the stomach in doing its work, 60 in a box, 35 cents.—24

Some people forgive and forget and others forget to forgive.

For Over Sixty Years

Mrs. Winslow's Soothing Syrup has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, allays pain, cures wind colic, regulates the stomach and bowels, and is the best remedy for Diarrhoea. Twenty-five cents a bottle. Sold by druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup." 22-40

The man who has to ask his wife for car fare every morning has no use for a mother-in-law.

To prove to you that Dr. Chase's Ointment is a certain and absolute cure for each and every form of itching, bleeding and protruding piles, the manufacturers have guaranteed it. See testimonials in the daily press and ask your neighbors what they think of it. You can use it and get your money back if not cured. 50c a box, all dealers or EDMANSON, BATES & Co., Toronto.

Dr. Chase's Ointment

The first time a man is nominated for a back township office he thinks it is up to him to save the country from ruin.

Minard's Liniment for sale everywhere

"How that woman hates me!" "But she spoke nicely enough." "Yes; but that was just done for effect. If you remember, she didn't turn and look at my new dress."

When you think you have cured a cough or cold, but find a dry, hacking cough remains, there is danger. Take

Shiloh's Consumption Cure

The Lung Tonic at once. It will strengthen the lungs and stop the cough. Prices: S. C. WELLS & Co. 505 25c 50c \$1. LeRoy, N.Y., Toronto, Can.

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Comprehend facts - not advertisements. The popularity of Blue Ribbon Soap is a fact.

TRADE MARK

USE—
"ISLAND CITY"
HOUSE AND FLOOR
PAINTS
Will Dry in 8 Hours.
On Sale at all Hardware Dealers
P. D. BODS & CO., Montreal, Toronto, Vancouver.

Potatoes, Poultry, Eggs, Butter, Apples

Let us have your consignment of any of these articles and we will get you good prices.

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MONTREAL TO LIVERPOOL.
Moderate Rate Service.
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Can be done perfectly by our French Process. Try it! BRITISH AMERICAN DYEING CO.
MONTREAL, TORONTO, OTTAWA & QUEBEC

STAMMERERS

THE ARNOTT INSTITUTE, BERLIN, ONT.
For the treatment of all forms of SPEECH DEFECTS. We treat the cause, not simply the habit, and therefore produce natural speech.
Write for particulars.

There is no end to the trouble in a family that has two heads.

Lifebuy Soap — disinfectant — is strongly recommended by the medical profession as a safeguard against infectious diseases. 22

All poor people are more or less persecuted by society at large.

Minard's Liniment Cures Burns, etc.

WASTED REGRETS.

Do not waste time and vital forces in continual regret. There is nothing so exhausting to mind and body as regret.

"If I only had not done this or said that—if I could go back—if I could live that day over again!" What folly it is to indulge in weak repinings of that nature!

No human being ever did go back; no lips were ever allowed to unsay words; no feet ever permitted to untread steps once taken.

It is useless to plead with life to let you unlive the past. Take your lesson, and go on into a wiser future.

Let your resolutions become a part of your character, making it stronger and braver. Let your errors make you kinder.

Because you have been weak, because you have suffered through weakness, let your human sympathy be great, and your charity broad. Be a guide and a counsellor to others who are tempted, if they will listen to you.

DOWN WITH DIFFICULTIES.

You will find that the habit of minimizing annoyances or difficulties, of making the best of everything that comes to you, of magnifying the pleasant and the agreeable, and reducing to the least possible importance everything that is disagreeable and unpleasant, will help you wonderfully—not only in your work, but also in your attainment of happiness.

It transforms the disagreeable into the agreeable, takes the drudgery out of distasteful tasks, eases the jolts of life wonderfully, and it is worth infinitely more than money. The sunny, buoyant, cheerful soul manages, without losing his equilibrium, to glide over difficulties and annoyances which throw others off their balance and make them miserable and disagreeable. By the alchemy of serenity he extracts from the annoying rocks in his path the precious metal, which enables him to do something worth while.

H.B.K. BRAND

BIG SHIRT

Made big enough for a big man to work in with comfort. Has more material in it than any other brand of shirt in Canada. Made on the H.B.K. scale it requires 39½ to 42 yards per dozen, whereas common shirts have only 32 to 33 yards.

That's the reason why the H.B.K. "Big" Shirt never chafes the armpits, is never tight at the neck or wristbands, is always loose, full and comfortable and wears well.

Each shirt bears a tiny book that tells the whole history of the "Big" Shirt, and also contains a notarial declaration that the H.B.K. "Big" Shirt contains 39½ to 42 yards of material per dozen.

Sold at all dealers but only with this brand:—

H.B.K. BRAND

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