

About the ... House

IN STRAWBERRY TIME.

Strawberry Charlotte. — Line individual glasses with strips of sponge cake. Soak until soft one-fourth box of gelatine, in as little water as possible. Add one-half pint of fresh strawberry juice and sweeten to taste. Heat in a double boiler, not tin, until gelatine is dissolved. When cold and beginning to jell, stir in one-half pint stiff whipped cream. Stir on ice until thick, and fill glasses. This will serve about six people. Measure cream before whipping.

Strawberry Salad. — Cream one-half a neufchatel cheese with the blade of a silver fork; add a tablespoonful of thick cream, a salt-spoonful of salt, a teaspoonful of sugar, a teaspoonful of lemon juice, and half a cup of fresh strawberry juice; arrange the crisp inner leaves of lettuce on a platter in nests, and pour over the cream; if liked, a salt-spoonful of mustard may be worked into the cream. Be sure it is beaten until perfectly smooth.

Strawberry Sherbet. — One quart of berries, mashed; sprinkle over with one pint of sugar; add the juice of one lemon, and a half pint of water, in which has been dissolved a teaspoonful of gelatine; freeze as you would ice cream.

Strawberry Jelly. — 1 quart strawberries, one large cup sugar, juice of one lemon, two-thirds of a package of gelatine soaked in one cup cold water, one pint boiling water; mash the berries and strain through a coarse muslin; mix sugar and lemon juice with the soaked gelatine; pour over the boiling water; stir until clear; then strain through a flannel bag; add the strawberry juice; strain again without squeezing the bag; wet a mould with a cylinder in the center; pour in the jelly and set on ice to form. When serving fill the center with sweetened whipped cream.

Canned Strawberries. — Do only a few berries at a time; hull, wash and discard all under or overripe berries; weigh your fruit, and to every pound add a quarter of a pound of white sugar; fill pint jars with fruit and sugar, and place in a vessel of cold water; put over the fire and let it come to the boiling point; as the juice is exhausted and the fruit settles, fill with berries in other jars, until part of the jars are full to the brim; do not stir or mash, but pour one jar into another carefully; seal before removing from the fire; take the kettle off, and when the water has cooled remove sealed jars of fruit. If jars are perfectly sealed the fruit will keep perfectly.

Strawberry Preserves. — Allow three-quarters of a pound of sugar to every pound of strawberries; put them in a kettle in layers of fruit and sugar and set the kettle on the back of the stove until a syrup is formed. Now allow it to come to a boil, stirring occasionally from the bottom of the kettle. Spread thinly on platters and set in the sun to dry.

Strawberry Jam. — Allow three-quarters of a pound of sugar to each pound of strawberries; put the berries and sugar together in the preserving kettle and mash fine; boil for twenty minutes, stirring to keep from burning and to make the jam of a smooth consistency; pour into jelly tumblers and seal like jelly when it is cold.

Fruit Punch. — Crush one cup of ripe strawberries and mix with one-half cup of water; powdered sugar is better than granulated. Add half a pint of cold water and let it strain through a fine wire strainer until clear; add the strained juice of one lemon and one and one-half pints of cold water; mix and set in the refrigerator until needed.

EMERGENCY SUPPLIES.

In every household there should be kept on hand supplies and appliance to be used in the sick room and in cases of emergency.

A closet or cupboard should be set apart for these supplies, and should be easy of access and known to all the family. Besides the medicine chest there should be a small waiter, a spirit lamp, a safety lamp, matches, a measuring glass, one or two tumblers and spoons, a small vessel for heating water, a mixing bowl and a small pitcher. There should also be a canful of mustard and one of flour and a small basin for toilet purposes.

On account of the efficacy of hot-water applications, no family should be without at least one hot-water

bag; two—one small and one large—would be better. Hot water should be always on hand when there is sickness in the house.

A screen is a valuable addition to a sick room, as it can be used to protect the bed from drafts, and the patient's eyes from a strong light, or to shut from sight any part of the room where work is done or where there is temporary disorder. It is also a very good idea to have a fever-thermometer to test the temperature, and every mother should know how to use it.

Have a shelf in your closet or cupboard devoted to bundles of old muslin for bandages and plasters, and rolls of flannel for hot applications or when it is necessary to retain heat. It is also good policy to keep absorbent cotton and surgical plaster on hand, to use in case of cuts and hurts.

No household should be without a supply of disinfectants, such as carbolic acid, sulphur and coppers. Here is a disinfectant that is satisfactory, and can be made up quickly at home: Put one teaspoonful of salt in a pailful of cold water, then dissolve one-half dram of nitrate of lead in a cupful of hot water, and add to the pail, stirring until it is thoroughly mixed. All the above disinfectants, with the exception of sulphur, are poisonous to drink, and should be used with great care.

DR. HAMMOND'S OPINION.

Expert Testimony on Wheeling—The Revival.

Dr. Hammond, one of New York's most foremost physicians, and an active member of the New York Athletic Club, was recently interviewed by a representative of the New York press, and asked his opinion as to the merits of cycling as exercise. The doctor stated very decidedly that he considered it absolutely the best possible, if taken with discretion. He of course excluded all persons with very weak hearts, or people of extremely delicate constitutions, but said that nearly every patient going through his hands rode a bicycle when convalescent, and that it was remarkable what progress they made towards health.

In Canada there has been an unprecedented revival in wheeling, and it can be traced to no better cause than to the introduction of the Hygienic Cushion Frame. To use the words of the advertiser, "It is to wheeling what the 'Pullman' is to railroading," and these words put the argument in the proverbial nutshell. It allows the rider to hold a uniform position, while the wheels accommodate themselves to the roadbed. It has made bicycling an absolutely pleasant and healthy form of outing. "Massey-Harris," "Cleveland," "Brantford" and "Perfect" bicycles have this cushion frame.

"I hear there's another rupture of Mount Vociferous?" said Mrs. Partington, as she put on her specs. "The paper tells us about the burning ladder running down the mountain, but it don't tell how it got afire."

Oil City, Feb. 5, 1903.

Massey-Harris Co., Limited,
Toronto, Ont.
Gentlemen.—Please send me one of your 1903 catalogues of farm machinery. I have used no machinery that gives as much satisfaction as Massey-Harris.

New Zealand's capital, Wellington, is not the largest city in the islands. Dunedin, Auckland, and Christchurch are all large.

Minard's Liniment Relieves Neuralgia

Babylon's population could never have exceeded 1,200,000. Probably the number of people in Rome was less than this figure.

For Over Sixty Years.
AN OLD AND WELL TRIED REMEDY. — Mrs. Winslow's Soothing Syrup has been used for over sixty years by millions of mothers for their children while teething, with perfect success. It soothes the child, softens the gums, allays all pain, cures wind colic, and is the best remedy for diarrhoea. It is pleasant to the taste. Sold by druggists in every part of the world. Twenty-five cents a bottle. Its value is incalculable. Be sure and ask for Mrs. Winslow's Soothing Syrup, and take no other kind.

SINGULAR ACCIDENT ALOFT.

The ship Gertrude, on arrival at Falmouth, England, recently, reported two deaths by falling from aloft. A sailor was seized with illness while on the topsail yard, and fell with such force against another seaman who had gone to his assistance, that both were hurled into the sea, and perished before assistance could reach them. Another hand was struck by the falling men, but he managed to preserve his hold, and reached the deck in safety.



Sunlight Soap will not injure your blankets or harden them. It will make them soft, white and fleecy.

1/2 tt.

A LITTLE CHANGE.

A Government Inspector entered a post office, and, seeing a woman at the delivery counter, said: "I was under the impression that a man was in charge of this office." "And so he was," replied the woman sharply, "but I married him. I am in charge now. What do you want?" But the Government Inspector had fled.

Minard's Liniment Cures Burns, etc.

COULDN'T TELL WHY.

Thomas and John were two brothers in the same class, and they were not the brightest boys in the school.

"How do you spell your name, John?" asked the master, as a feeder, on the first day.

"J-o-h-n," responded John with pride.

"Right. And now, Thomas, spell yours."

"T-o-h-m-a-s," responded Thomas with as much pride and confidence as John had shown.

"Oh, no, that isn't right," corrected the master. "Try again." Thomas made several tries, and always the same.

"Well," he said at last, in a tone and manner that would admit of no argument, "if J-o-h-n spells John, why don't T-o-h-m-a-s spell Thomas?"

And the master hasn't yet been able to explain clearly why it doesn't.

Port Mulgrave, June 5, 1897.

C. C. RICHARDS & CO.
Dear Sirs. — MINARD'S LINIMENT is my remedy for colds, etc. It is the best liniment I have ever used.

MRS JOSIAH HART.

7-59

"Yus, my poor brother had no eddication, an' it wur his ruin!" "How was that?" "He forged a name on a cheque an' the spellin' wur bad."

Treherne, Jan. 6, 1902.

Massey-Harris Co., Limited,
Winnipeg, Man.

Gentlemen.—It gives me very much pleasure to inform you that the No. 4 Binder which I purchased from your Agent here last summer has given the very best of satisfaction. Coasting its work to perfection and drawing light—very much lighter than I expected. My crop was very heavy, and some of it very badly down, but your binder did its work splendidly. I had no trouble whatever. I hope you will sell lots of binders for 1903 and save my brother farmers lots of trouble. I wish you every success.

R. M. FERRIS.

GARDENS IN THE ICE.

A glacier, when it dislodges itself and sails away over the Arctic ocean, never travels alone. In the wake of every large one floats a line of similar companions. The Eskimos call this phenomenon "the duck and ducklings," and any one who has watched the progress of the wild duck followed by her brood will appreciate the aptitude of the name. Strange as it may seem, plants grow and blossom upon these great ice mountains. When a glacier is at rest, moss attaches itself to it, protecting the ice beneath, just as sawdust does. After a time the moss decays and forms a soil, in which the seeds of buttercups and dandelions, brought by the wind, take root and flourish. Those who have traveled much in Arctic lands say the poppy does not bloom during the brief northern summer.

DO YOU EAT PEA-NUTS?

The pea-nut, or ground-nut, ripens under the ground, hence its name. It has a tiny, four-leaved plant, something like the leaves of the trefolium, and, as it grows, so the stem gets pushed under the earth and forms the fruit, or nut. It grows in the warmer countries, and was known to Pliny and other ancient celebrities. Until quite recently, the pea-nut was regarded as synonymous with vulgar tastes, but it has won its way into favor in a manner that is rather startling, and is ousting many of its fellows, considered much superior, from the desert table. United States legislators have become so fond of it that a pea-nut stall near the Capitol is looked upon as a necessity.

GRAINS OF GOLD.

Past experiences give good counsel, but make poor patterns.

The shield of faith was not meant to protect the conscience.

There is a difference between drawing the people and reaching them.

A lie is a loan on which you will never cease to pay manifold interest.

It's no use picking the mote out of your brother's eye with the hatchet of hatred.

It will be time enough to indict others when we have finished the inventory of our own faults.

Nothing is more dangerous than a friend without discretion; even a prudent enemy is preferable.

Whoever you do not wish your neighbor to do to you, do not unto him. This is the whole law; the rest is a mere exposition of it.

Be vigilant. Keep ahead rather than behind the times. Cut this out, and if there be folly in the argument, let us know.

Strive to avoid harsh words and personalities. Do not kick every stone in the path; more miles can be made in a day by going steadily on than by stopping to kick. Pay as you go.

Do not meddle with business you know nothing of. Never buy any article you do not need simply because it is cheap and the man who sells it will take it out in trade.

STATE OF OHIO, CITY OF TOLEDO, } ss
LUCAS COUNTY.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of HALL'S CATARRH CURE, by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY.
Sworn to before me and subscribed in my presence, this 6th day of December, A.D. 1896.

A. W. GLEASON,
Notary Public

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free.
F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists, 75c.
Hall's Family Pills are the best.

Over 1,500 British vessels plying in Eastern waters are manned by Chinese crews.

Dr. August Koenig's Hamburg Drops is the oldest and most renowned blood purifier and health restorer in the world. To ensure perfect health, take Dr. August Koenig's Hamburg Drops.

France grants bounties to builders of large ships. During the past year 38 large sailing-vessels were built in French ports of 2,000 tons or upwards.

Minard's Liniment for sale everywhere

The Academy of Music at New York, will hold 4,700 people. The next biggest opera-house is that at Parma, in Italy. It is built of wood, and will hold 4,500.

Lifbuoy Soap—disinfectant—is strongly recommended by the medical profession as a safeguard against infectious diseases.

Eaton Square is the largest square in London; then comes Cadogan Square, and third, Lincoln's Inn Fields. The fourth and fifth are Belgrave and Grosvenor Squares.

Minard's Liniment Cures Dandruff.

Vienna holds the world's record for suicides. Between January and September last year 250 men and 98 women killed themselves, and 367 made unsuccessful attempts at suicide.



Three Stomachs on a Week's Vacation.

Eat, drink and be merry while giving the digestive apparatus a healthy, wholesome rest! It can be done by the use of

DR. VON STAN'S PINEAPPLE TABLETS.

Pineapple will digest meat in a dish at 103°. The rest cure is the best cure, the only cure for dyspepsia. That's the whole story except that the large tablets digest food, the small ones tone up the digestive apparatus.—Price 35 cents.

Dr. Agnew's Catarrhal Powder

opens a new tunnel in a choked up nostril and lines it with a new membrane. In ten minutes will relieve cold or catarrh or cure the most obstinate headache. A quick cure—a safe cure—not a slow remedy. 15c.

SALADA

Ceylon Tea is the finest Tea the world produces, and is sold only in lead packets.

Black, Mixed and Green. Ceylon tea drinkers try "Salada" Green tea

Manitoba and Northwest Lands

THE GREAT PRAIRIE INVESTMENT COMPANY, (Limited),

Winnipeg, have opened an office for sale of their stock and Manitoba and Northwest land, at 71 Victoria street. The Manager, Mr. J. J. Borebank, will be pleased to give any information to intending purchasers or investors in the West, either in stock, homesteads, improved or unimproved farms. Prospectus furnished and correspondence solicited.

Mr. Binks (suddenly awakened)—"Who—who's there?" Burglar (with pistol)—"Don't yer dare move, or I'll—" Mrs. Binks—"For mercy's sake, don't shoot! You'll wake the baby!"

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BRITISH AMERICAN DYEING CO.
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Wanted to Purchase Any quantity of dry, mixed wood, suitable for brick burning, for early delivery. State cash price, for your location. Address, SIMPSON BRICK CO., 1 Toronto St., Toronto. Telephone Main 707.

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STONE MASONS WANTED.

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Montreal to Liverpool, Boston to Liverpool, Portland to Liverpool. Via Queenstown.

Large and Fast Steamships. Superior accommodation for all classes of passengers. Saloons and Staterooms are amidships. Special attention has been given to the Second Saloon and Third-Class accommodation. For rates of passage and all particulars, apply to any agent of the Company, or
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77 State St. Boston. Montreal and Portland.

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