CHILDREN'S HAIR.

A child's head, like its skin, body and limbs, is very tender, and susceptible to injury from a coarse brush or comb in the hands of an attendant not always gentle. The oil or grease put upon the head to produce the idea of smoothness acts only as a means to imprison dirt and other secretions that should be cleaned away, in order to induce a healthy growth of hair, and preserve the vigor of the scalp itself. From infancy the child's head should be washed. Pure boiled rain water is best for stimulating the tender scalp. Dry with a soft cloth thoroughly, and protect the head from cold while damp. When dry, brush the hair gently the its immediate farming suburb in the pletely cured in a short space of time way it grows upon the baby's head. vicinity of the old Court House Jail. by the most wonderful of all remedies Don't use a brush intended for the head of a grown person, but have in the baby concerning Mr. A'ex. Russell, a wealthy ing in a'most every issue of the Post basket a little soft bristle one.

feeble circulation, the child's hair is ney disease from which he had endur- owed to investigate this case which has very light and thin, resembling an ar- ed great distress. tificial wool. It is lifeless and dry, separating into little locks. The scalp needs troubled for many years with a kidney will be read with interest by the thousa gentle stimulant which will be found and urinary disease which in spite of ands of young girls all over Canada. in the following:

Glycerine, one ounce; good cologne, ment me beyond endurance. four ounces; ammonia water, one-eighth

Rub into the little scalp, while still in passing urine. moist from washing, with gentle friction of the finger tips. It will render and friends interested advised me to the hair soft, glossy and flexible. It use Dodd's Kidney Pills of which I have is volatile and contains no gum or used one dozen boxes." natural oils contained in each strand ease I enjoy is worth a hundred times of hair.

Neglect of this duty is one of the "Such a medicine as Dodd's Kidney prime causes of harsh, dry and brittle Pills should be used by every aged pertreatment is given the scalp in child- kidney treatment." hood fewer bald heads would be seen, and none of the stunted and scrubby growths in after years.

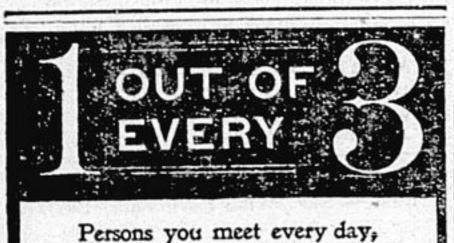
JEWELLED PINS.

Real jeweled pins will be worn this season and during the winter, not only in the hair arranged a la Japonaise, but they will appear upon dress hats and elegant evening bonnets. Jewel cases and caskets are being searched for odd pins, slides, brooches and other ornaments which have been put away as obsolete to no w furnish decoration for variou sportions of the toilet. The fashion of wearing real gems in the coiffure arose from an example set by the Princess of Wales, who began the solete to now furnish decoration for at a very fashionable church wedding at the Brompton Oratory in a violet velvet bonnet, the soft plumes run through with a superb diamond-hilted sabre and the brim dotted with small real gems. This fashion, though really appropriate only to royalty, has been adopted by wealthy cosmopolitan women, but the display of diamonds worn in such form seems not quite in good taste, and the risks attending it are obvious.

CHOOSING A TITLE.

Jim Simmons has just returned from a bicycle ride round the world. He is going to write a book about it.

What does he call it? 'People I Have Run Up Against!'



OF BRIGHT'S DISEASE

or some trouble of the kidneys, urinary or female organs.



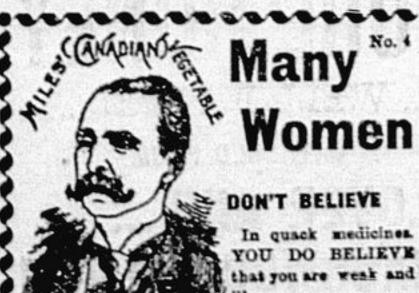
WHAT CAN BE DONE?

In such a serious condition you must secure the best remedy you can find in the market AT ONCE.

There is only one absolutely sure cure for these troubles, and that is



'It has stood the test of time."



DO YOU KNOW

that you can easily regain health, strength and vigor! MILES' (Can.) VECETABLE COMPOUND

and Miles' Sanative Wash for sale by all Druggists at 75c and 25c, impart vitality and energy, and make the life of the "Mother Sex" worth living.

Explanatory pamphlet, "Woman's Triumph," sent free on application.

By Orders alled promptly from the laboratory was

"A. M. C." MEDICINE CO., #78 St. Paul St., Montreal.

WITH INTENSE PAIN BEYOND ENDURANCE

In This Case Local Physicians Failed and Life Not Worth Living.

WELL UP IN YEARS.

His Cure Complete and Permanent- From the Leamington Post. Dodd's Kidney Pills Triumph The attention of the Post has lately Again.

"Local physicians failed to help me being equally benefitted. The symp-

grease that obstructs the pores. The "As the result of using this medicine ends of the hair should be clipped every I have been completely cured and I few weeks. It induces a flow of the believe permanently so. The relief and

hair in young and old. If intelligent son as I believe that all of us need "I say all this in the hope that it may be published, and thus prove to be

the means of guiding others." DREADFULLY NERVOUS.

Gents:-I was dreadfully nervous, and for relief took your Karl's Clover Root Tea. It quieted my nerves and strengthened my whole Nervous System. I was troubled with Constipation, Kidney and Bowel trouble. Your Tea soon cleansed my system so thor-

and strength. Mrs. S. A. Sweet, Hartford, Conn. Sold by all druggists. Sore Eyes .- The Golden Eye Salve is one of the best articles now in the market for sore or inflamed eyes, weakness of sight, and granulation of the lids.

IN PENETRATING POWER. No remedy in the world equals Nerviline-nerve pain cure. Neuralgia and rheumatism are relieved almost instantly, and the minor aches and pains are cured by a single application. Nerviline-nerve pain cure-is sure to cure.

A MEAN TEACHER.

tle Jack to Mrs. Thorn's school again? the person of Miss Ella Beacon, who to her all last year, and I paid her \$60 soon she died, as life had no charms for it, and the mean, stingy thing didn't for her. To our reporter she declared give him a single prize, not one, and that life had been a burden, but after they don't cost but a couple o' dollars suffering in this way for months, and

HEART PAINS LEAVE IN A DAY.

Unable to Attend to Her Duties-And a Great Sufferer from Heart Trouble -Induced to Try Dr. Agnew's Cure for the Heart, and It Proved a Wonder Worker.

These are the words of Mrs. W. T. Rund'e of Dundalk, Ont .: "I was a great sufferer with severe pain in the region of my heart. For a time I was quite unable to attend to my household duties. I was induced to try Dr. Agnew's Cure for the Heart, and I must say the result was wonderful. The pain immediately left me, and after the first day I have had no pain or trouble since."

-Mamma-" Where's papa?" Flora -"He's down stairs." Mamma-"What is he doing?" Flora-" His bicycle is out of breaff and he's giving it some more."

Itching, Burning, Skin Diseases Cured For Thirty-Five Cents.

Dr. Agnew's Ointment relieves in one day and cures Tetter, Salt Rheum, distressing symptoms which invariab-Scald Head, Eczema, Barbers' Itch ly lead to a premature grave unless Ulcers, Blotches and all eruptions of the skin. It is soothing and quieting and acts like magic in the cure of all baby humors; 35 cents.

FOOD FROM KANGAROO TAIL. The tail of the kangaroo is the fleshiest part of the animal It is considered cheeks. They are a certain cure for all dainty food when boiled in its own skin, troubles peculiar to the female system. dainty food when boiled in its own skin, which afterward may be drawn off like

A VETERAN'S STORY.

At Eighty Years' of Age One Box of Dr. Agnew's Catarrhal Powder Cures a Case of Fifty Years Standing-It Relieves

Colds and Catarrh in Thirty Minutes.

George Lewis of Shamokin, Pa., writes: "I am eighty years of age, I have been troubled with catarrh for fifty years, and in my time have used a great many catarrh cures, but never had any relief until I used Dr. Agnew's Catarrhal Powder. One box cured me completely, and it gives me great pleasure to recommend it to all suffering from this malady."

Broker (to his valet)-"John, I have lost a lot of money, and have had to get an inferior brand of cigars. Do you intend to remain with me?"

THAT SCHOOL QUESTION.

While this question is now settled from a National and political standpoint, and while over One Hundred and Fifty Canadian young men and women have settled it for themselves from a personal standpoint by attending the present session of the Central Business College, Toronto, it still remains for the careful consideration of parents who have sons and daughters to educate and of young people who desire to prepare for the Active duties of Commercial life. The splendid new prospectus of this College may aid in arriving at a decision. It can be secured by mailing a postal to the Principal, Mr. W. H. Shaw, Gerrard and Yonge Sts., Toron-

IN THE SHADOW OF DEATH

THE CONDITION OF MANY YOUNG GIRLS IN CANADA.

Pale Faces and Rloodless Lips-Given to Headaches-Extreme Weakness, Heart Palpitation and Other Distressing Symptoms-The Means of Cure Readily at Hand.

been frequently called to a remarkable cure in the case of a young girl living Cobourg (Special)-No end of quiet within a few miles of this town, whose talk has been created in this town and life was despaired of, but who was com-This was the out-come of something Dr. Williams' Pink Pills. Since readfarmer who though we'll up in years of the cures effected by the use of this Sometimes, from delicate health or has been cured of a long standing kid- medicine, we felt it to be a duty we so urgently been brought to out no-Of this case he says:-"I have been tice, and we are sure the interview

medical treatment continued to tor- as well as by the parents of such inment me beyond endurance. teresting patients. The young lady "My trouble was bladder and urinary in question is not anxious for notoriety, of an ounce; oil of origanum, thirty difficulty. Was subject to acute at- but is willing to make her case known tacks of inflammation and intense pain in order that others who are similarly afflicted may have an opportunity of



toms in her disease differed in no way from those affecting thousands of young gir's about her age. She was suffering from e me weakness, caused by oughly that I rapidly regained health an impovish a condition of the blood, and her chances of life seemed to grow less every day. The best and brightest fade away as well as others, but when we see a young girl sixteen years, who should be in the best of health, with cheeks agrow with the rosy flush of youth, and eyes bright and flashing, just the opposite, with sallow cheeks, bloodless lips, listless in every motion despondent, despairing of life with no expectation or hope of regaining health, and with only one wish left, that of complete rest, physical and mental, we think it one of the saddest of sights.

In the quiet little hamlet of Strangfield, in Essex County, just such a case was presented to the sorrowing eyes Mrs. Gadd-Are you goin' to send lit- of loving friends a few months ago in Mrs. Gabb-Indeed I won't. He went frequently said she did not care how after trying all sorts of remedies prescribed by physicians or furnished by friends from some cherished recipe handed down from their grandmother, but without being benefitted in the least, she was at last persuaded by a neighbor to give Dr. Williams' Pink Pills a fair trial; but she had tried so many remedies without getting relief that she still refused for some weeks. However, after repeated urgings by her parents and friends she began the use of the pills. Before one box was taken she experienced some relief, and after the use of a few more boxes she was restored to perfect health, and there are few young girls now who enjoy life more. She says she owes her life and happiness to Dr. Williams' Pink Pills, and is willing that all the world shall know it. Her case attracted much attention and her perfect recovery has

created much comment. The facts above related are important to parents, as there are many young girls just budding into womanhood whose condition is, to say the least more critical than their parents imagine. Their complexion is pale and waxy in appearance, troubled with head-aches, shortness of breath, on the slightest exercise, faintness and other prompt steps are taken to bring about a natural condition of health. In this emergency no remedy yet discovered can supply the place of Dr. Williams' Pink Pills, which build anew the blood, strengthen the nerves and restore the glow of health to pale and sallow young or old. Pink Pills also cure such diseases as rheumatism, neuralgia, partial paralysis, locomotor ataxia, St. Vitus' dance, nervous headache, nervous prostration, the after effects of la grippe, influenza and severe colds, diseases depending on humors in the blood, such as scrofula, chronic erysipe-las, etc. In the case of men they effect a radical cure in all cases arising from mental worry, overwork or excesses of any nature.

STINGING CORNS,

Next to a stinging conscience, makes life a misery. The stinging pain of a corn may be speedily and painlessly re-moved by the use of Putnam's Painless Corn Extractor. Twenty-four hours after Putnam's is applied the corn may be removed.

Zola says he likes the bicycle for the forgetfulness it bestows.

Be Not Deceived. A Caugh, Hoarseness or Croup, are not to be trifled with. A dose in time of Shiloh's Cure will save you much trouble. Sold by all druggists.

Mary Cowden Clarke spent sixteen years on the "Concordance to Shak-

Karl's Clover Root Tea is a pleasant laxative. Regulates the bowels, purifies the blood. Clears the complexion. Easy to make and pleasant to take, 25 cents. Sold by all druggists.

It is asserted that the Emperor of China has not yet received Li Hung Chang in audience.

Cure the Cough with Shiloh's Cure. The best Cough Cure, Relieves Croup promptly. One million bottles sold last year. 40 doses for 25 cents. Sold by all druggists

Scotts Emulsion.

of Cod-liver Oil, with Hypophosphites, feeds the exhausted tissues and strengthens the nerves.

50c. and \$1.00 at all druggists.

ELECTRIC.

Electricity feeds the brain and muscles; in a word it is nature's food. The Electric Oil possesses all the qualities that it is possible to combine in a medicine, thereby giving it a wide range of application, as an internal and external remedy, for man and beast. The happiest results follow its use, and in nervous diseases, such as rheumatism, neuralgia, sprains, bruises and kindred diseases.

Madge-" How proud Mame is since she ordered her bicycle! Tom-"Well, you know pride goes before a fall."

"Unsurpassed," "excellent," "uneq-ualled," "elegant," "durable," "service-able," "celebrated," "famous," these are the words that are constantly being used when speaking of "Garland Stoves and Ranges" by the thousands of people who have these stoves in practical use. Health, comfort and happiness abound in homes where Garland Stoves and Ranges are used.

She's wise to-day. The wintry mart. She knows of old, I vow, So prudently the fair one starts Her Christmas shopping now.

How's This!

We offer One Hundred Dollars reward for any case of Calarrh that cannot be cured by

Hall's Catrrib Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned have known F. J. Chency for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm. WEST & TRUAX, Wholesale Druggists, Toledo,

WALDING, KIYNAN & MARVIN, Wholesole Druggists, Toledo, O. Hail's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of (h) system, Testimonials sent free. Price 75c. per bottle. Sold by all Druggists. W.P.C 844

Monthly Competition Commencing Jan. 1897, and Continued during the year

\$1,625 IN BICYCLES AND WATCHES GIVEN FREE EACH MONTH FOR Sunlight Soap Wrappers

AS FOLLOWS: 10 First Prizes, \$100 Stearns' Bicycle,\$ 1,000 25 Second " \$25 Gold Watch . . . 625 Bioyoles and Watches given each month 1,625

Total given dur'g year '97, \$19,500 HOW TO For rules and full particulars,

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FOR TWENTY-SIX YEARS. POWDER THE COOK'S BEST FRIEND

Opium and similar drugs may quiet pain to-day, only to have it return again, for these drugs weaken. Scott's Emulsion permanently cures because

it feeds and strengthens.

WANTED—Man or Woman, in every Town and Cleaning Works at Home. No experience required with our new Dye and Outfit. \$12 a cek easily made Full Particulars free. Address,

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A large, finely-equipped, old-established insti-Business Education at Lowest Possible Cost. Graduates always successful. Write for catalogue. W. J. ELLIOTT, Principal

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Affiliated with Institute of Chartered Accountants. Send for Handsome Free Prospectus EDW. TROUT, President. D. H. HOSKINS, Sec'y

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Trail Creek, Rossland, Kootenay, B. C. Gold Mining Stocks, "Josie," "Monte Cristo," "Old Ironsides," "St. Elmo," "California," "Alberta" and "Eldon" also "Big Three" Prospectus of which will be sent on application. Any stock wanted can be secured. For further particulars apply to A. W. ROSS & CO.,

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Amongst an Army of Competitors

CEYLON TEA-STANDS SUPREME Lead Packets only. Black or Mixed. All Bo Wide Awake, and see that You Get

