AGRICULTURAL NOTES.

An English scientist finds that when Latoes are cooked without removing their skins they lose only 3 per cent of their nutritive quality through extraction of their juices. When the skins were removed before boiling the loss was 4 per cent, which makes the latter way a very wasteful one.

Persistent work pays in net profit and satisfaction. Weeds eat up so much plant food and drink up so much water in a dry time; and yet they can be kept down so cheaply with mower and smoothing harrow and weeder if we use our brains in the way of good management.

Three methods are practiced to preserve the fertility of the soil, to-wit: Rotation of crops, application of commercial fertilizers and the use of barnyard manures. Though all three are often blended the first is of primary importance, as it costs nothing but labor of mind in determining the relative value of crops produced and the condition in which the soil is left.

Luxuriant crops are always produced upon new land where the woods have been burned over. The power of potash in ashes to liberate nitrogen from the humus in the soil is sufficient to make ashes of great value. Rank, rich soil, full of vegetable matter will produce crops much better after an application of wood ashes than if supplied with a good dressing of manure.

CANADA'S PRIDE.

A little over a month hence the Fall year from the 31st of August to the 12 of September.

Every Canadian is very properly interested in and justly proud of the success of this great Exhibition, because it brings prominently before them, as well as the outside world, the vast resources and products of our country, and the progress which is being made from year to year in its Agricultural ing looked forward to with increased interest and pleasurable anticipation, and many are already making arrangements to visit it. By thousands it is made the occasion of their annual holiday outing, and it is usually a very enjoyable one. There is every indication that it will this year fully equal, if not excel, its predecessors. To meet the desires of those who usually look for this kind of thing, a large number of special attractions are being provided, of a new and interesting character. The Live Stock and all other exhibits, except cut flowers and fruit, will be on the grounds from Sept. 3rd, so that the first week of the Fair will be equally as good as the second. All entries have to be made before the 8th of August. The Toronto Exhibition has now become one of the best and most popular educational and entertainment enterprises on this continent, and those who have never visited it | Test at once its efficacy. would be surprised at its magnitude and attractiveness, being almost like a small World's Fair. Prize Lists and Entry Forms can be procured by anyone desiring them by dropping a post card to Mr. H. J. Hill, Manager, To-

BOYS IN THE ROYAL NAVY.

The earliest age at which a boy can enter the royal navy is 15. He must be five feet in height and measure thirty and a half inches around the chest. The standard is altered from time to time, according to the requirements of the navy. A boy must be of good character, able to read and write and have the written consent of his parents or guardian to his entry.

THOUGHTFUL.

man in the world.

In what way? When he gave me my new writing-

desk he had two keys made so that if I lost mine he would have one. Few men would be as thoughtful as that.

Is what gives Hood's Sarsaparilla its great popularity, increasing sales and wonderful cures. The combination, proportion and process in preparing Hood's Sarsaparilla are unknown to other medicines, and make it peculiar to itself. It acts directly and positively upon the blood, and as the blood reaches every nook and corner of the human system, all the nerves, muscles, bones and tissues come under the beneficent influence of

Hoods Sarsaparilla

The One True Blood Purifier. All druggists. \$1.

cure Liver Ills; easy to Hood's Pills take, easy to operate. 25c.



Women

ENJOY LIFE AS THEY OUCHT.

Many are miserable weak and sickly, and suffer untold miseries through ailments pecul-IT IS WRONG. Most all these ills resuit from womb trouble of some sort. No wo-

man can remain weak MILES' (Can.) VEGETABLE COMPOUND

and Miles' Sanative Wash. Prices 75c and 25c. For sale by all Druggists.
They impart vitality and energy, and make the
life of the "Mother Sex" worth living.
Explanatory pamphlet, "Woman's Triumph," free on application.

"A. M. C." MEDICINE CO., 578 St. Paul St., Montreal. Medicines expressed to any address on order.

" SAVED MY LIFE."

It's No Hopeless Wail, but Testimony With a True Ring to It for the Great South Ameaican Cures.

WONDERFUL TESTIMONIALS.

RHEUMATISM .- The Great South American Rheumatic Cure is safe, harmless, and acts quickly. Gives instant relief and an absolute cure in one to three days; works wonders in the most acute forms of rheumatism and neuralgia. "I was crippled so that I had to use a stick to get about," writes James A. Anderson of Calgary, N.W.T. 'At times I suffered untold misery. tried every medicine under the sunspent six weeks in the hospital under special treatment, without any relief. I A TROUBLE THAT MAKES THE LIVES was induced to try South American Rheumatic Cure. After using two bottles I threw away my stick and went to work, and have worked every day The Only Rational Treatment is to Resince, and that was two and a half years ago."

KIDNEYS .- "I believe it saved my life," is the positive testimony of Mr. James McBrine, of Jamestown, Huron Co., Ont., in speaking of the miraculous cure of a complication of kidney trou-

grand medicine, and I owe my life to and sometimes brought on violent fits

HIS FORTUNE.

of your joyful expression of countenance? Have you received a fortune? I have my dear fellow, I have. Congratulations. And the figure? It's a b-o-yl

ONE MINUTE CURE FOR TOOTH-ACHE.

trating at once to the diseased nerve. Nerviline-nerve pain cure-cures tooth- Worrell further says that Pink Pills ache in a moment. Nerviline, the most were also of the greatest benefit to marvelous pain remedy known to sci- her husband, who suffered greatly with ence, may be used for all nerve pains. rheumatism in his hands and arms.

They neatly take off the top of a boil- lief from the pain he was enduring. ed egg, and enable a person to quickly Seeing how much benefit his wife had get at the contents.

HOW TO CURE CORNS.

right way. Get the best always. Put- which had formerly made his life mis- Worrell "CANADA'S PRIDE" nam's Painless Corn Extractor never erable. Both Mr. and Mrs. Worrell fails to cure. Acts in twenty-four say they will always strongly recom-hours and causes neither pain nor dis- mend Dr. Williams' Pink Pills to ailcomfort. Putnam's Corn Extractor ex- ing friends. tracts corns; it is the best.

riages in Berlin, Leipsic, and Dresden. They record the exact amount of miles causes that they will not cure if given traveled, and the legal fare of the oc- a fair trial. The genuine Pink Pills

instant relief, speedily cures. Never fails. People." There are imitations of this Diseased blood, constipation, and great medicine, also colored pink, which My husband is the most considerate kidney, liver and bowel troubles are are offered by the dozen, hundred or cured by Karl's Clover Root Tea.

> three-quarter pounds was shot by Toney | these imitations, no matter what the C. Hefel, at Delaware Lake, Ind. Its interested dealer who tries to sell them legs were almost as long as a man's may say.

Karl's Clover Root Tea purifies the blood and gives a clear and beautiful complexion.

Kansas City has a generous citizen, Mr. Thomas H. Swope, who has just donated to that commonwealth a pub-lic park of 1,300 acres.

Consumption can be cured by the use of Shiloh's Cure. This great Cough Cure is the only known remedy for that terrible disease.

Little Prince Edward of York goes by the sobriquet of "King David" at Marlborough House.

Thousands of cases of Consumption. Asthma, Coughs, Colds and Croup are cured every day by Shiloh's Cure.

Everybody knows that the Art Garland Stoves and Ranges are the best. They combine elegant finish, durability and convenience with economy in fuel, and in spite of all competition hold their station far in advance of all others. We take pleasure in calling the attention of our readers to their merits.

HER CHOICE.

Mr. Oldback (aged fifty)-Will you be

Miss Oldmaid (aged forty)-Y-e-s, my love. I'd rather be an old man's darling than a young man's slave."

WEST SHORE THROUGH SLEEPING CAR TO NEW YORK.

One of the handsomest sleeping cars that had ever been turned out of the factory is now running from Toronto to New York without change via the popular West shore route. It is a buffet car, and refreshments can be obtained en route, if desired. This car leaves Union Station, Toronto, every day except Sunday, at 4.55 p. m., reaching New York next morning at 10.10 a. m. On Sundays the sleeper runs from Hamilton only, connecting with the through train from Toronto. Call at any Grand Trunk office in Toronto for information or space in sleeping car. Reservations can be made in advance if desired.

A DANGEROUS EXPERIMENT.

Miss Antique (school-teacher)-What does w-h-i-t-e spell? Class (No Answer.) Miss Antique-What is the color of

Class (in chorus)-Yellow.

my skin?

Scolls Emulsion. because it keeps the sysof Cod-liver Oil tem in such good condiwith Hypophosphites tion that things are not Prevents Consumption

favorable for the growth of the germs of that disease. 50c. and \$1.00 at all druggists.

Cod-Liver Oil makes rich blood, and the Hypophosphites strengthen nerves.

Patenta obtained

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by

We, the undersigned, have known F. J. Che ney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any ob-

ligation made by their firm.
WEST & TRUAX, Wholesale Druggists, Toledo,
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Hall's Catarrh Cure is taken internally, act-

ing directly upon the blood and mucous sur-

faces of the system. Price 75c. per bottle. Sold by all Druggists,. Testimonials Free.

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It is not strange that the public prefer them,

as they have all latest improvements known

to the trade, the most important are patented

The Roller Top, with Automatic Back Curtain,

patented 1895, is fast superseding the old style,

over which it has many advantages. The extra

cost, one dollar, is but a trifle compared to their

increased durability, convenience and comfort. Investigate and learn the real merits of the

Roller Top, and you will use no other. Order

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has been shown by analysis and exper-

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OP THOUSANDS MISERABLE.

move the Cause of the Trouble-One Who Suffered Greatly Shows How This Can be Done at a Comparatively Trifling Expense.

The life of a dyspeptic is beyond doubt one of the most unhappy lots bles by the Great South American that can befall humanity. There is al-Kidney Cure. This gentleman was so ways a feeling of over-fullness and disseverely affected that his physician tress after eating, no matter how carehad to attend him daily to take the fully the food may be prepared, and urine from him. The first dose gave even when the patient uses food sparhim relief, and half a bottle cured him | ingly there is frequently no cessation completely, dissolving all obstructions, of the distressing pains. How thankand healing and strengthening the ful one who has undergone this misparts. South American Kidney Cure is ery and has been restored to health a kidney specific only, and it does all that is claimed for it every time.

STOMACH AND NERVES.—Two Mrs. Thomas E. Worrell, of Dunbarthirds of all chronic diseases are ton, N. B., relates her experience in the Fairs will be commencing, and first due to disordered nerve centres. hope that it may prove beneficial to and foremost will be the Industrial Cure the nerves and you will some other similar sufferer. Mrs. Worat Toronto, which is to be held this control the disease. South Am- rell says that for more than two years erican Nervine has proved this her life was one of constant misery. thousands of times. It is a powerful | She took only the plainest foods, and nerve builder and, in cases of acute in- | yet her condition kept getting worse, digestion and dyspepsia, has effected and was at last seriously aggravated marvellous cures. Geo. Webster of by palpitation of the heart brought on Forest writes: "For a number of by the stomach troubles. She lost all years I suffered greatly from nervous- relish for food and grew so weak that ness, stwiching of muscles and sleep- it was with difficulty she could go about lessness. I tried almost every known the house, and to do her share of the remedy without relief. I was induced necessary housework made life a buras a last resort to try South American den. At times it was simply impossiand Industrial pursuits, consequently as a last resort to try South American den. At times it was simply impossi-the approaching Industrial Fair is be- Nervine. The first bottle benefitted ble for her to take food as every me, and five bottles cured me. It is a mouthful produced a feeling of nausea,

of vomiting which left her weaker than before. She had taken a great deal of medicine but did not find any improve-ment. At last she read in a newspaper My dear Jimson, what is the cause of a cure in a similiar case through the use of Dr. William's Pink Pills and decided to give them a trial. After using three or four boxes there was a great improvement in her condition and after the use of eight boxes Mrs. Worrell says, "I can assure you I am now a well woman, as strong as ever I was in my life, and I owe my present condition entirely to the use of Dr. | HEALTH, Magical in potency and power, pene- Williams' Pink Pills, which have proved to me a wonderful medicine." Mrs. At times these would swell up and the pains were so great that he could not sleep and would sit the whole night be- filthy water. Get a jar of St. Leon Egg scissors are a recent invention. side a fire in order to get a little rederived from the use of Pink Pills he began their use, and soon drove the rheumatism from his system and he has Easy? Yes, if you go about it the since been free from the terrible pains

These pills are a blood builder and Cyclometers are in use on public car- nerve restorer, and there is no trouble whose origin is due to either of these are sold only in boxes, the wrapper around which bears the full trade mark, Cold in the Head.-Nasal Balm gives "Dr. Williams' Pink Pills for Pale ounce, or in boxes, without the direc-A huge frog, weighing eleven and tions and trade mark. Always refuse

> LESSONS OF EXPERIENCE. Newsboy-Extra! Extra! Gentleman-How much is it?

Newsboy-Two cents. Have one? Gentleman-No.

Friend—Two cents is the regular price of that paper. Why didn't you buy? Gentleman—If there had been anything in it worth reading the boy would have charged five cents.

Adams' Ginger Beer.

 One bottle. Adams Extract Fleischmann's Yeast . One half to one cake. One half ounce. Cream of Tartar Two gallons. Lukewarm Water .

Dissolve the sugar, cream of tartar and yeast in the water, add the extract, and bottle; place in a warm place for twenty-four hours until it ferments, then place on ice when it will open sparkling, cool and delicious. The ginger beer can be obtained in all drug and grocery stores in 10 cent bottles to make two gallons.

W.P.C 826



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logue con taining terms, etc., address the Principal, A. BURNS, D.D., LL.D. British American Business College

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For Weak and Inflamed E Chronic Granula tion of the Glands, Film or Weakness of Sight, from acute or chronic inflammation whether induced by scrofulous origin or other causes; Weakness of Vision or of the Optic Nerve, or a diseased state of the tissues constructing the eye. Sold by all druggists.

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