



HAVE YOU TASTED
"SALADA"
CEYLON TEA.
 IT IS DELICIOUS. Sold Only In Lead Packets.

A TYPO'S RELEASE
 From the Awful Sufferings of Rheumatism.

The Case of E. P. Robbins of Welland—A Sufferer for Seventeen Years—His Case Resisted the Treatment of the Best Hospitals and He Had Become a Physical Wreck—His Wonderful Release.

From the Welland Telegraph.

The world to-day is both commercially and scientifically inclined towards system, and news like everything else is gathered systematically. Every newspaper has its staff of reporters to observe and collect the news of its particular locality or district. For some weeks past a reporter of the Welland Telegraph has been watching the development of a treatment for a serious case of rheumatism on one of the employees of that institution. About eighteen years ago, Mr. E. P. Robbins, while at work in the Telegraph printing office, was suddenly seized with sharp pains all over the body, accompanied by extreme swellings. He reached home, but a short distance from the office, with difficulty, and on the doctor being called he pronounced it inflammatory rheumatism. For seven weeks he lay in bed under the care of the best physician, and at the end of that time he was again able to resume his duties. During the next few years he was subject to frequent slight attacks, and finally thought a change of location might be beneficial. With this idea Mr. Robbins visited the different American cities, sometimes in good health and again unable to get out of bed, until in 1888 he finally settled in New York. Here, for about two years, he followed his occupation with comparatively little sickness, he suffered a severe attack which left him, until a few months ago, a martyr to that kaleidoscopic disease. Mr. Robbins recovered somewhat after weeks of idleness and went back to the types, but again and again he was laid up, working only about six days a month. Gradually he grew worse, and almost discouraged entered the Sisters hospital. After spending many weary months within its walls he was discharged with the awful verdict "incurable." More from a sense of duty than

Nervous Prostration

It is now a well established fact in medical science that nervousness is due to impure blood. Therefore the true way to cure nervousness is by purifying and enriching the blood. The great blood purifier is Hood's Sarsaparilla. Read this letter:

"For the last two years I have been a great sufferer with nervous prostration and palpitation of the heart. I was weak in my limbs and had smothered sensations. At last my physician advised me to try Hood's Sarsaparilla which I did, and I am happy to say that I am now strong and well. I am still using Hood's Sarsaparilla and would not be without it. I recommend it to all who are suffering with nervous prostration and palpitation of the heart." MRS. DALTON, 55 Alice St., Toronto, Ontario. Get Hood's, because

Hood's Sarsaparilla Is the Only True Blood Purifier

Prominently in the public eye today. It is not what we say but what Hood's Sarsaparilla does that tells the story.

Hood's Pills act harmoniously with Hood's Sarsaparilla.

A Pretty Face

is the result of a healthy physical condition. "Beauty is but skin deep" yet it greatly depends on a clear complexion, free from wrinkles and hollow cheeks.

Health always brings wealth of beauty. A healthy state of the system comes with Doctor Pierce's Favorite Prescription. It's a medicine prepared for woman's ailments—it cures those derangements and weaknesses which make woman's life miserable.

A woman who neglects to take proper exercise is particularly prone to excessive congestion, debility and a sluggish circulation. This is the time we advise the "Prescription." In all derangements and displacements of the special organs which result in "signs of inflammation," in catarrhal discharges from the lining membranes, and in distressing irregularities—this medicine effects perfect and permanent cures.

What is difficulty? Only a word indicating the degree of strength requisite for accomplishing particular objects; a mere notice of the necessity for exertion; a bugbear to children and fools; only a mere stimulus to men.—Samuel Warren.

WEST SHORE THROUGH SLEEPING CAR TO NEW YORK.

One of the handsomest sleeping cars that had ever been turned out of the factory is now running from Toronto to New York without change via the popular West shore route. It is a buffet car, and refreshments can be obtained en route, if desired. This car leaves Union Station, Toronto, every day except Sunday, at 4:55 p. m., reaching New York next morning at 10:10 a. m. On Sundays the sleeper runs from Hamilton only, connecting with the through train from Toronto. Call at any Grand Trunk office in Toronto for information or space in sleeping car. Reservations can be made in advance if desired.

The everyday cares and duties, which men call drudgery, are the weights and counterpoises of the clock of time; giving its pendulum a true vibration and its hands a regular motion; and when they cease to hang upon its wheels, the pendulum no longer swings, the hands no longer move, the clock stands still.—Longfellow.

\$100 Reward \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c. Hall's Family Pills are the best.

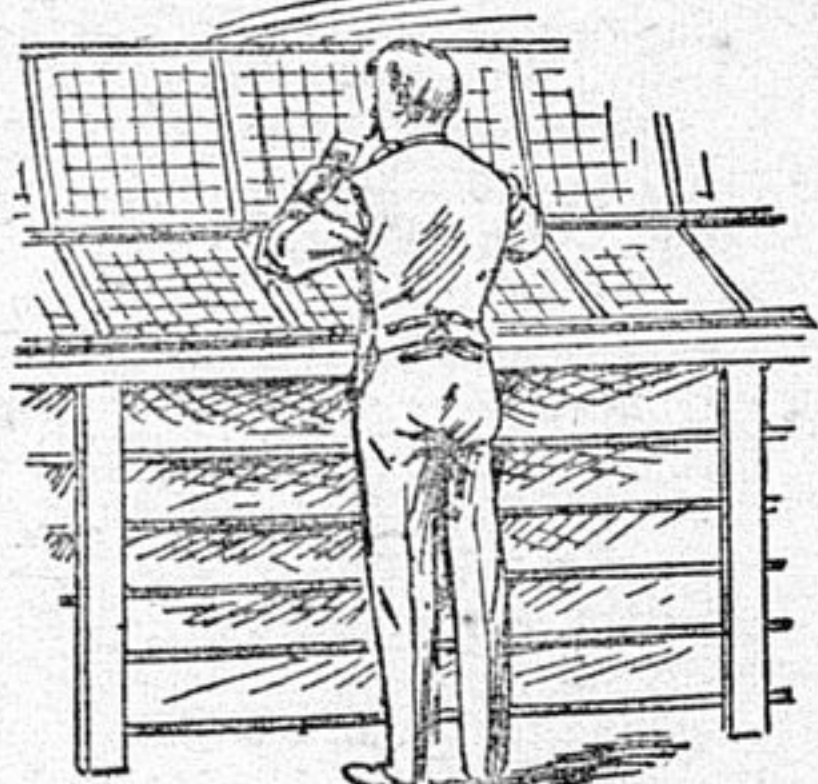
A LONDON CHARITY.

A useful little charity, called the London Spectacle Mission, distributes spectacles to the poor needlemen and other deserving persons dependent on their eyesight for their living. Seven hundred and twenty-six applicants were provided with spectacles last year, against 648 in 1894, and 531 in 1893. This work is done for a very small expenditure, the total income of the society being only just over \$400.

LARGEST CIRCULATION.

Sunday papers are evidently "booming." The circulation of a London weekly newspaper now exceeds a million copies. This paper is Lloyd's News, of which 1,004,496 copies were circulated last week. The Petit Journal, of Paris, has an enormous circulation, often roughly described as approaching a million, but we are unaware whether exact figures have been published to prove this. England can now, therefore, add a newspaper circulation to the many records she holds.

with hope he tried other hospitals in the city, but with the same result, and resigned to his fate, he left for the old home, where he arrived in February, 1893, a crippled resemblance of his former self, and was passed unrecognized by his former friends. Here in the house of his father, James W. Robbins, he was bed-ridden until the summer, and then during the warm days was able to walk about with the aid of a spiked cane for a few minutes at a time. When the cold weather approached, however, he was again confined to the house. Pink Pills were frequently recommended to Mr. Robbins, and in December last he started to take them. The first box was unnoticeable but the second produced a slight change for the better. More were then taken and the improvement was daily hailed with joy by his friends. The rheumatism slowly but surely left and has not since returned. In March last Mr. Robbins was once more at work and has not lost a day since; the cane has long since been discarded and "Ed" is one of the happiest, jolliest employees in the office. Mr. Robbins is well known in the county and indeed throughout the whole district, and although, as he says, he has not got the strength of Hercules, yet Pink Pills have given him for a trifling cost the relief he spent hundreds of dollars in vain trying to secure. He considers the disease completely out of his system and can eat and sleep well, two essential points to good health. Mr. Robbins strongly recommends this wonderful medicine to other sufferers.



Dr. Williams' Pink Pills strike at the root of the disease, driving it from the system and restoring the patient to health and strength. In cases of paralysis, spinal troubles, locomotor ataxia, sciatica, rheumatism, erysipelas, scrofulous troubles, etc., these are superior to all other treatment. They are also a specific for the troubles which make the lives of so many women a burden, and speedily restore the rich glow of health to sallow cheeks. Men broken down by overwork, worry or excess, will find in Pink Pills a certain cure. Sold by all dealers or sent by mail, post paid, at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Company, Brockville, Ont., or Schenectady, N. Y. Beware of imitations and substitutes alleged to be "just as good."

SELF-IGNITION OF COTTON.

The self-ignition of cotton waste has recently been made the subject of careful experiment. A small amount of the common waste was saturated with linseed oil, was hung out, and inclosed in a wooden box, into which was fitted a thermometer. Shortly afterward the temperature in the box, which was 70 degrees centigrade at the commencement of the experiment, rose to 173 degrees centigrade, and the contents commenced to smoke. On opening the box the contents burst into flame. It is a morifing truth and ought to teach the wisest of us humility that many of the most valuable discoveries have been the result of chance, rather than of contemplation, and of accident, rather than of design.—Colton.

Ryckman's Kootenay Cure.

Positive Cure for Rheumatism and Paralysis.

A DOCTOR OF DIVINITY.

The Rector of Ottawa University sounds the praises of Kootenay Cure.

All who know the Very Rev. J.M. McGuckin, O.M.I., D.D., rector of the University of Ottawa, will give the greatest weight to the words of this learned gentleman. He has tried the Kootenay Cure and is glad to add his testimony to that of the many hundreds who have been benefitted by its use in the last few months. The Very Rev. Dr. McGuckin, writing from Ottawa under date of July 30th, 1895, says that he suffered greatly from chronic and acute rheumatism, the result of several severe attacks of la grippe. He took two bottles of Ryckman's Kootenay Cure, and was so greatly benefitted that he says it gives him great pleasure to recommend the medicine.

'Tis as a snowball which derives assistance from every flake, and yet rolls on the same, even till an iceberg it may chance to grow, but, after all, 'tis nothing but cold snow.—Byron.

BICYCLISTS AND WET WEATHER.

There has certainly been one article of real merit developed this season for cyclists' use. We refer to a preparation which will be on the market in a few days. By its use ordinary clothing can be made perfectly rainproof with very trifling expense and trouble. A representative called on us to-day, and we had the pleasure of examining a suit treated with this preparation. It is no doubt rainproof. Pour on all the water we liked, and it would not go through. "Rough on Rain" is the name of the preparation, and it is prepared by R. W. Hannah, 78 Colborne street.

Grace leads the right way; if you choose the wrong, take it and perish, but restrain your tongue; charge not with light sufficient and left free, your willful suicide on God's decree.—Cowper.

Catarrh Relieved in 10 to 60 Minutes.

One short puff of the breath through the Blower, supplied with each bottle of Dr. Agnew's Catarrhal Powder, diffuses this powder over the surface of the nasal passages. Painless and delightful to use, it relieves instantly, and permanently cures Catarrh, Hay Fever, Colds, Headache, Sore Throat, Tonsillitis and Deafness. Sample bottle and blower sent by S. G. Detton, 44 Church street, Toronto, on receipt of 10 cents, silver or stamps.

The long friendship and familiarity between you—obligations to kindness which a single provocation ought not to dissolve. And thus you will take the accident by its manageable handle.—Epictetus.

Recipe—For Making a Delicious Health Drink at Small Cost.

Adams' Root Beer Extract..... one bottle
 Fleischmann's Yeast.....half a cake
 Sugar.....two pounds
 Lukewarm Water.....two gallons
 Dissolve the sugar and yeast in the water, add the extract, and bottle; place in a warm place for twenty-four hours until it ferments, then place on ice, when it will open sparkling and delicious.

The root beer can be obtained in all drug and grocery stores in 10 and 25 cent bottles to make two and five gallons.

Let not one look of fortune cast you down; she were not fortune if she still did frown; such as do bravest bear her scorn awhile, are those on whom at last she most will smile.—Earl of Orrery.

DOES ITS WORK IN SIX HOURS.

A Medicine That will Relieve Distressing Kidney and Bladder Disease in Six Hours Deserves Your Attention.

Those who suffer from Kidney troubles suffer acutely. Where some kinds of sickness can be borne with fortitude, it is no easy matter to exercise this virtue when one is suffering from kidney troubles. Hope may sustain a person when a medicine is being used that doctors say will eventually effect a cure. But who wants to continue an agonizing course of treatment when a medicine like South America's Kidney Cure is within the reach of everyone and that is so speedy as well as certain in its effects? This new remedy has been thoroughly tested by learned physicians, and stands to-day ahead of any medicine used for this purpose. It does not pretend to cure anything else but it does cure kidney disease.

Happy are those that knowing in their birth those that are subject to uncertain changes, are still prepared and armed for either fortune; a rare principle and with much labor learned in wisdom's school.—Massinger.

W.P.C. 809.

DOUGLAS BROS., Slate, Gravel and metal roofers, metallic ceilings, skylight sheet metal workers. 124 Adelaide W., Toronto.

Many Women
 DON'T BELIEVE
 In quick medicine. YOU DO BELIEVE that you are weak and ill.

DO YOU KNOW that you can easily regain health, strength and vigor?

COMPOUND
 MILES' (Can.) VEGETABLE COMPOUND and Miles' Sanative Wash

For sale by all Druggists at 75c and 25c. Imparts vitality and energy, and makes the life of the Mother Sex worth living. Explanatory pamphlet, "Woman's Triumph," sent free on application. 25¢ Orders filled promptly from the laboratory "A. M. C." MEDICINE CO., 578 St. Paul St., Montreal.

Scott's Emulsion

Of Cod-Liver Oil

with Hypophosphites, is a fat-food and more. It causes such changes in the system that the gain is permanent and improvement continues even after you cease taking it. Sound flesh; rich blood; strong nerves; good digestion; aren't these worth a thought?

50c. and \$1.00 at all druggists.

Old Metals SUCH AS

Copper, Brass, Lead, Zinc, Iron. Find a CASH BUYER in

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 25-31 William St., TORONTO, Ont.
 Telephone 1723.

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SLATE, SHEET-METAL TILE & GRAVEL ROOFERS
 Sheet Metal Ceilings, Terra Cotta Tile, Red Black and Green Roofing Slate, Metal Cornices, Felt, Tar, Roofing Pitch, Etc. Gutters Downpipes, Etc., supplied the trade.
 Telephone 1836. Adelaide & Widmer Sts TORONTO

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ALL KINDS OF NEW & SECOND-HAND.
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 CAT-A-LOG FOR ASKING.

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With Government Inspector's CERTIFICATE OF QUALITY attached to Railway Receipt, delivered at any station. Write for prices and particulars to
S. G. DUNCAN-CLARK,
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NURSERY STOCK.

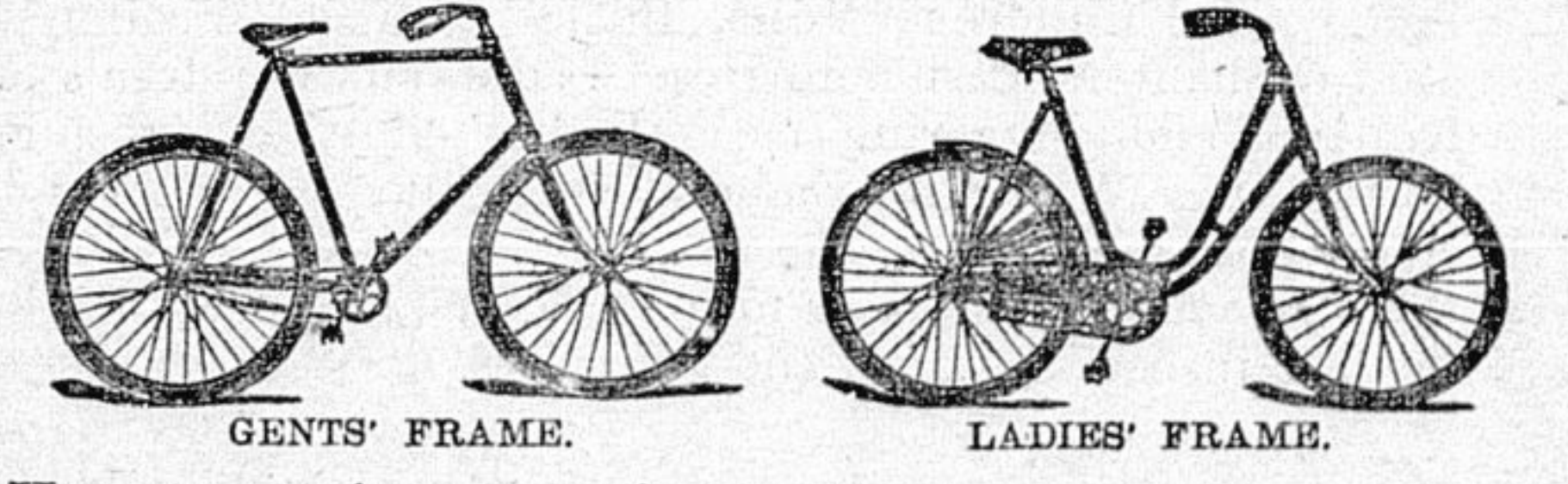
APPLE, PEACH, PLUM, CHERRY, GRAPE, GOOSEBERRY, CURRANT.
 VERY LARGE STOCK OF NATIVE TREES.
H. S. HURD
 BURLINGTON, ONT.

FOR TWENTY-SIX YEARS.

DUNN'S BAKING POWDER
 THE COOK'S BEST FRIEND
 LARGEST SALE IN CANADA.

Stearns Bicycle
 The modern wheel for modern wheelers—the lightest of the strong—the strongest of the light.
AMERICAN RATTAN CO., TORONTO, ONT.
 CANADIAN SELLING AGENTS

E. & D. Bicycles



Have many important improvements, covered by patents and found in no other wheel. They are:—

- Absolutely Dust Proof.
- Absolutely Oil Proof.
- Absolutely True Bearings, Morse Roller Chain, requires no oil.
- Cyclodial Sprockets, Pedals dust proof at both ends.
- Interchangeable Sprockets, Reversible Handle.
- Crank Bearings removed without disturbing adjustment or balls.

They are all fitted with Messinger Saddles, the most expensive and best saddle ever placed on the market. They are worth two of any wheel. They are geared to 80 and ride as easy as others at 63. Send 8-cent stamp for catalogue. MANUFACTURED BY

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A CITY LUXURY.

Just as the city looks to the country for most of the luxuries used on its tables, so the country must turn to the city for those conveniences which are justly termed luxuries for the hard-working housewife. City housekeepers have learned to realize that to save time is to lengthen life.

SAPOLIO!

is one of the best known city luxuries and each time a cake is used an hour is saved. On floors, tables and painted work it acts like a charm. For scouring pots, pans and metals it has no equal. IF YOUR STOREKEEPER DOES NOT KEEP IT YOU SHOULD INSIST UPON HIS DOING SO, as it always gives satisfaction and its immense sale all over the United States makes it an almost necessary article to any well-supplied store. Everything shines after its use, and even the children delight in using it in their attempts to help around the house.