SIX DAYS SPENT IN THE CITY OF THE BAY.

Beautiful Bay of Quinte-Massassaga Park is a Most Delightful Resort-The Wonderful Lake on the Mountain-A Day Spent in Belleville, Then Back to Books and Figures.

Our party broke up at Kingston. It had originally been our intention to spend a week in Belleville, that much-talked of City of the Bay, and there was just enough German blood in my veins to make it difficult for me to abandon, without a struggle, a cherished hope. So I struggled; then I read a tourist's letter in a Toronto paper, and struggled again. But I was unequal to the conflict, and, bidding my friends goodbye, I made a mad rush for the steamer Passport and grasped the hand of my old

friend, the purser. afternoon, early in June. I did not reach | cure in Berlin of such importance as to take the highest point in my happiness until we rank among the most remarkable yet pubentered the Bay of Quinte. As one enters lished. There is hardly a man or woman the Bay on the "up trip," he finds himself in in the town of Berlin, or the county of the midst of scenery that reminds him of what the setting of the Hudson might be Simpson, issuer of marriage licenses and what the setting of the Hudson might be Simpson, issuer of marriage licenses and place for twenty-four hours until it ferments. were that river twice as wide as it is. I general merchant, King street. Anything then place on ice, when it will open sparkling have been up and down the Upper and said by Mr. Simpson will be implicitly and delicious. Lower St. Lawrence, have been upon relied upon. A day or two ago we had a the Hudson in calm and in storm, talk with him in ref rence to his fourteen make two and five gallons. and have crossed the Mississippi six year old daughter, Helen, who had for times, and have twice sailed the length of two years been a great sufferer from St. looked upon as the most beautiful upon our worst case he ever saw. She did not gell. continent. But if nature ever literally sleep for whole nights and was an intense | Catairh Use Nasal Balm. Quick, posi wears a smile, she wears it right here in sufferer. She was totally helpless and this Bay of Quinte. Elsewhere there may could neither eat nor drink unless be found more strength, a more pronounced administered to her by her parents. The appeal of, Admire me! But nowhere can there be found beauty more serene, more to no avail. She kept getting worse and ers. -Quesnel. restful. On either side of the wide, placid | worse, and finally, when in the paroxysms, "I Took One-Half Bottle of Scuth Ameri water rise the hills, as irregular in form as | commenced to froth at the month, and her they are varied in color. Some are bold, parents believed she was going out of her some are only composed, some are timid. | mind. Though unable to walk for about Here is a dark green, suggestive of mature | eight months she would in her spells have growth; farther on, the sunlight falls upon | fits, making her jump high above her couch. the "universal hue," restful and health- | While in this condition, the worst case giving to the eye; and over here, opposite, ever seen in this place, Mr. Simpson, of years. On several occasions I could not is a mound of the delicate Nile green that as a last resort, purchased some Pink Pills walk, nor even put my feet to the floor. I tried everything and all local physicians, but my

luxuriant fields of Prince Edward County, at the left and of Hastings at the right. The sun went down, large and red, and as gaining her former strength. Some months we near Belleville we are enveloped in the mystical haze of a midsummer twilight. | tinued she again had touches of disease, The passport obeys her helm with ease and | but a few doses of the pills stopped it, and grace, so our landing is uneventful. Thus for the last eight months had been entirely I reached the City of the Bay. And that evening, driving around its leafy streets, the solitary occupant of a huge cab, I re- expected she would recover, and her newed the conflict with my German ob- parents, as may be expected, are warm in stinacy. But the remembrance of the in their praises of the wonderful remedy matchless bay did good office as peacemak. which worked such great results. These er. I had six days to spend in Belleville. | facts are known to all who are acquainted The first day found me at Massassaga Park, a most delightful resort four miles down | wholly unnecessary. the bay, reached by boats leaving Belleville every two or three hours. The proud be had to the wonderful merits of Pink fisherman pulls up at this point to listen to | Pills, it is little wonder that they are the the praises of the guests as he exhibits his favorite remedy with all classes. They are five-pound bass or his thirty-two-pound an unfailing specific for locomotor ataxia, maskinonge. I am bound to tell the truth: | partial paralysis, St Vitus' dance, sciatica, I did not catch a maskinonge, although | neuralgia, rheumatism, nervous headache, these immense fish are numerous enough in | the after effects of la grippe, palpitation of the bay. But I did see landed at my feet | the heart, nervous prostration, all diseases a six-and-a-quarter-pound black bass, one depending upon vitiated humors in the of the largest ever caught in any water. blood, such as scrofula, chronic erysipelas, My stay at the park was spent fishing, etc. They are also a specific for troubles rowing, sailing, with a party of gentlemen | peculiar to females, suppressions, irregulariwho pitied my loneliness, lying upon the ties, and all forms of weakness. In men soft, deep grass under the shade trees, or | they effect a radical cure in all cases arising watching, from the balconies of the summer from mental worry, overwork, or excesses on the continent is now beyond dispute. hotel, the larger boats that daily plough of any nature. the smooth surface of the bay.

and Glenora. Glen Island is a quiet ville, Ont., and Schenectady, N. Y., and camping spot, cool, grassy, shady, and sold in boxes (never in loose form by the wooed by the waters of the bay. Opposite dozen or hundred, and the public are cauthis Island is Glenora. And here I found | tioned against numerous imitations in this | guarantee it. Sold by all reputable dealthe wonderful Lake on the Mountain. Now, shape), at 50c. a box, or 6 boxes for \$2.50, ers. I expected to find something that looked | and may be had of all druggists, or direct like a mountain, and something that looked by mail from Dr. Williams Medicine Co., like a lake. But here was a real mountain at either address. and a real lake, the latter having neither inlet nor outlet. The top of the mountain is reached by a climb that is more interesting than fatiguing. The setting of the lake is like a huge basin, with immense boulders arranged systematically here and there. It is supposed this lake is fed from Lake Erie, as it falls and rises simultaneously with that body of water. Its bottom has never been found, and it had never been known to overflow its banks. The Lake on the Mountain is one of the most will be properly served. Not that there beautiful and most interesting bits of scenery upon this continent.

The third day found me entering Picton harbor. Here the scenery reminds one of Central Markets, or Halles, whose only a sleeping babe, it is of such quiet beauty. | duty is to sift the bad or doubtful eggs This is a natural harbor of considerable from the good ones. In one of the cellars length, and such a harbor! It is hard to believe that the artistic grouping of the trees, and the regular and safe shore on hands rapidly before his eyes and in front If so, it is only a question of time when either side were not designed especially of a light candle. Around him are baskets for the entrance of ships. To enjoy for containing thousands of eggs His duty is firmness, and the vigor and vitality so three hours mounlight upon the water I to separate the bad ones from the good, and enjoyable now will be destroyed forever. return to Be leville that night.

The following day I went again to Picton, imes, er 15 cents a thousand eggs. wrote a poem upon the harbor, then drove He accomplishes his work with extraortwelve miles to the Sand Banks. This is dinary dexterity. With one hand he takes a well-known summer resort. The white three or four eggs and brings them to the sand, clean and s: a kling, 's pile i p exact position he wishes, between his eye

Point, picnicing with a Sunday School, words, the yolk and the albumen must boat through the much : alked of Murray as if it radiates about the central nucleus, might escape the danger of passing Salmon obscure part the egg is doubtful. Point during the wintry gales. "Ho! To cort eggs out quickly requires a long Ho ! the breakers roar."

city itself. I visited the city of the dead, addition to reporting on the freshness of "by peaceful Quintes' side," the Provincial eggs, these operators in the Central Institution for the Deaf and Dumb, the Markets also examine the size of eggs. Hospital, many manufacturing establish. Those that pass through a certain sized noon, ma'am. ments, besides taking note of the beautiful ring are put on one side as too small. The bomes, gardens and the score of avenues employee separates eggs merely by touchoverarched by thickly-leaved trees that whisper their secrets to one another when

all the world sleeps. I said good-bye to the City of the Bay with somewhat of sorrow. I was going back to musty books and to wearisome columns of figures, and I knew that it meant, for a few days at least, a fight with a remembrance of avenues, parks, white sand, the picture que Bay of Quinte, fine fishing, superiority.

boating, lake and mountain, hospitable Belleville, the beautiful City of the Bay, with its palatial Hotel Quinte and unexcelled hotel accommodation, music, moonlight, and the most beautiful harbor upon this beautiful earth. - HANS HOLENSTEIN.

MUCH LIKE A MIRACLE.

A Statement From a Well-Known Berlin Merchant.

How His Daughter Was Restored From the Terrors of St. Vitus' Dance-Her Case One of the Worst Ever Known-Has Fully Recovered Her Health.

From the Berlin News. The readers of the News have been made familiar with the virtue of Dr. Williams Pink Pills for Pale People through the articles appearing from time to time in these columns, and while the druggists say that many in this vicinity have received undoubted benefit from their timely use, it We left Kingston at three o'clock in the is only recently that we have heard of a Waterloo, who does not know Mr. Martin best medical attendance was had, but all hade.

Leaving the hill country, we come to the hours she found some relief. In a week I obtained perfect relief before I had taken the "dance" was entirely stopped and she was able to sleep, and was rapidly reafter the use of the Pink Pills was disconfree from the terrible malady from which no one who knew the circumstances, with the family and further comments are

When such strong tributes as these can

These pills are manufactured by the Dr. My second day was given to Glen Island | Williams Medicine Company, of Brock-

HOW TO TELL A BAD EGG.

An Infallible French Method Which Requires Only a Good Eye and a Lighted

sian eating house the chances are that one are no bad eggs in Paris as well as elsewhere but there are certain men employed at the of the Halles one sees a man passing his

mountains high,—that is, son e mountains. and the lighted candle, as if by magic. For teed to can be seen an egg to be good the part that appears I ook free. Ad. Sterling Remedy Co., 374 CANADIAN AUTHORS

Each year adds to the height, and therefore an egg to be good the part that appears St. Paul St., Montreal. My fifth day found me at Twelve O'clock the part that appears white. In other after a three hours' delightful sail up the through the transparency of the shell, be where vanity reigns. - Mine. de Giradin. bay. From this so itary spot I took the seen to be quite separate. The white looks Canal, and found myself upon Lake Ontario. and this nucleus is simply the embryon of This passage has all the attractions of the a chicken, which, being denser, floats in average canal, but it is more useful than the liquid which nourishes it. When there ornamental, having been built that boats is confusion between the transparent and

experience. The selection of winter pro-My last day in Belleville was spent in the visions is an especially delicate task. In ing them. As the French markets are flooded with the produce of tiny Italian chickens, the task is often a very long one.

The men are all sworn in to do their we use the French. work honestly, and, with their serious and automatic look, they make between \$1.50 say something they don't dare say and \$2 a day. The other employees of the French-Halles bow down to them and are ever willing to acknowledge their scientific fortune in Paris if you could only discover

An Odd Collection.

A man in Colorado has a quaint collection of bottles. It is divided into two sections. Sections one is large. Section two is not. Section one contains hundreds of bottles, the contents of which his wife swallowed hoping to find relief from her physical sucerings. Section two contains a few bottles that once were filled with Dr. this potent remedy that gave the suffering larities, internal inflammation and ulceration, displacements and kindred troubles. It has done more to relieve the sufferings of women than any other medicine known to science.

Pile tumors, rupture and fistulæ, radically cured by improved methods. Book, 10 cents in stamps. World's Dispensary Medical Association, Buffalo, N. Y.

The sum of the whole is this: Walk and be happy ; walk and be healthy. - Dickens. Recipe. - For Making a Delicious

Health Drink at Small Cost. Adam's Root Beer Extract.....one bottle Fleischmann's Yeast.....half a cake Sugar.....two pounds Lukewarm Watertwo gallons Dissolve the sugar and yeast in the water, add the extract, and bottle; place in a warm

The root beer can be obtained in all drug and grocery stores in 10 and 25 cent bottles to

Reproofs of a friend should always be Lake Seneca. I believe these waters are Vitus' dance. He tells us that it was the strictly just, and not too frequent. - Bud-

> tive cure. Soothing, cleansing, healing, Zeal is very blind, or badly regulated, when it encroances upon the rights of oth-

can Rheumatic Cure and Obtained Perfect Relief"-This Remedy Gives Relief in a Few Hours, and Usually Cures in One to Three Days.

J.H. Garrett, a prominent politician of Liverpool, N. S., makes, for the benefit of the public. the following statement: "I was greatly troubled with rheumatic pains for a number half a bottle of the remedy, and to-day regard it as the only radical cure for rheu matism."

Self-will is so ardent and active that it will break a world to pieces to make a stool to sit upon. - Cecil.

Denver and Return.

The Wabash Railroad is the direct line to the Great Annual meeting of the National Educational Association at Denver, Col. Tickets on sale July 3, 4 and 5, good until September 1st. The rate will be the lowest ever made to the public. The Wabash is the only line that can take delegates via St. Louis and Kansas city and return them via Chicago, or (vice versa.) Take this route and pass through seven States of the Union in the finest equipped trains in America. All particulars from any Railroad agent or J. A. Richardson, Canadian Passenger Agent, northeast corner King & Yonge streets, Toronto.

Unless a tree has borne blossoms in spring you will vainly look for fruit on it in autumn. - Hare.

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The fact that St. Leon Mineral Water is the only recognized perfect medicinal water That it cures Indigestion, Rheumatism. Biliousness and Kidney troubles is proven by the numerous instances in which it has cured where other remedies failed.

Our leading physicians recommend it for these diseases, and, besides, the proprietors

Every man has just as much vanity as he wants understanding .- Pope. Death Seemed Preferable to the Agonizing Pain.

Mrs. Roadhouse, of Williscroft P. O., Ont., writes: "I have used Dr. Agnew's cure for the heart since last fall, having taken in all nine bottles, and I how feel entirely like an. other woman. I am fifty four years old, and have been troubled with heart disease for more than twenty years: sometimes for five When one calls for a fresh egg in a Pari-ian eating house the chances are that one u on my face. The Heart Cure gave me relief from almost the first dose and has proved a great blessing.

> "You are at liberty to publish this letter if you think by so doing any good may be accom-

A room hung with pictures is a room

hung with thoughts. -Sir Joshua Reynolds. Does He Chew or Smoke?

bright eyes grow dim, manly steps lose he is remunerated at the rate of 75 cent- Get a book, titled "Den't Tobacco Spit or Smoke Your Life Away," and learn how No-To-Bac, without physical or financial risk, cures the tobacco habit, brings back the vigorous vitality that will make you both happy. No To Bac sold and guaran-

How true it is there can be no tete-a-tete

He Was a Mind Reader.

Well, is there anything I can do for you asked the sharp-featured woman who had come to the kitchen door in response to the

There is, ma'am, responded the wayworn tourist. You can give me a good meal of victuals, with pie and cake and real cream in the coffee, but I am something of a mind reader and a physiognomist, and I can see you ain't going to do it. After-

That's Different.

Professor -- When we want to say some thing that we don't dare say in English

Pupil-And when the French want to

Professor-Ah, you could make your

that something.

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A. P. 770

from taking medicine. They don't like its taste. But they are eager to take what they like-Scott's Emulsion, for instance. Children almost always like Scott's Emulsion.

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Scott's Emulsion is the easiest. most palatable form of Cod-liver Oil, with the Hypophosphites of Lime and Soda added to nourish the bones and tone up the nervous system. The way children gain flesh and strength on Scott's Emulsion is surprising even to physicians.

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but I get sax of them for a quarter.

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