

A WORD TO DAIRY FARMERS

ADVANTAGE OF DAIRY HERD MILK RECORDS.

Dominion Live Stock Commissioner Gives Some Valuable Hints.

As a means of converting the raw products of the farm into more saleable forms, the good dairy cow is without a peer. The good beefing animal will pay very little more than market prices for food fed from birth to shambles. The sheep, with her fleece and her lambs gives only a very modest profit on food consumed. The pig and the hen, if wisely fed, do much better than either of the above, but it is very seldom that the returns from either of them go beyond one dollar and fifty cents for one dollar's worth of food consumed.

The dairy cow, however, frequently goes as high as two dollars worth of product for one dollar's worth of food, and many a cow has been known to give two dollars and fifty cents worth of product for one dollar's worth of food consumed. Most herds fall far short of such a high return. The reasons may be summarized as lack of breeding, improper or insufficient feeding, and lack of judgment and management.

EVERY DAIRY HERD.

should average over fifty dollars' worth of products per cow per year. If your herd is not giving you such a return you are not doing it justice. Possibly, every individual in the herd is not a number one dairy cow, but do you know which are really doing good work and the relative merits of the different cows?

In order to know your cows you must keep a daily record of the milk yielded by each cow. We would like to see you do this. We are willing to help you do it. During the past year a number of dairy farmers, at our suggestion, made an effort along this line. The results were most satisfactory. In our possession are many farmer's letters, emphasizing the importance and value of such records, both as a guide in selecting cows and as an effective means of directly improving the actual herd. The extra outlay required is very small. We would supply you with record forms for a time at least. The keeping of such records takes about one-half minute per cow per day. The outlay for a balance would be from fifty cents to five dollars.

The increased flow of milk due to keeping such a record where ten cows are kept would pay for the balance of the week. Keeping milk records induces a spirit of interest and competition among milkers, and, in the mind of the milker, among the cows milked by the same milker. Rapid, clean, and careful milking will raise the average return from a cow by from two to ten per cent, according to the cow—the better the cow the greater the increase.

IF YOU EVER SELL COWS

the ability to give an accurate milk record will, generally speaking, raise a cow's value, and facilitate the sale. Especially is this true if she is a pure bred. Further, knowing the returns from each cow in any herd, you are in a position to easily select for breeding, besides, in almost every herd are found "boarders"—cows that pay a very low price for their food, leave no profit, and frequently are kept at a loss. They should be detected and red off for beef. Keeping a milk record is a sure way to discover them. To the breeder of pure bred stock of any of the milking breeds, Jersey, Guernsey, Ayrshire, Canadian, or milking Shorthorn strains, the daily milk record should be quite as important as the breeding record. We venture the assumption that in a very few years, every breed putting forward any claims as a dairy breed, will be making a specialty of milk records.

The reasons are obvious. Beauty of style, color, and conformation are very important, and where the breeder makes his money in some other line than farming, he may be able to keep animals for their looks alone. We, who are farming for money, must look to the profit side of everything. With us, "Handsome is as handsome does."

THE HOLSTEIN MEN.

have made a movement in the right direction with their advanced Registry; the Guernsey breeders are working along similar lines. It would seem to be a good thing for some breeds, and we are sure it would be the most important step for improvement that you ever made do you decide to introduce it.

Let us urge upon you, therefore, the advisability of keeping such a record. We would be most happy to send you forms for keeping the daily record, as well as forms whereon to make a summary to be kept for reference. When you write for the forms, please state the number of cows kept and address all letters to "J. H. Grisdale, Agriculturist, Experimental Farm, Ottawa, Ont." Letters so addressed come post free.

F. W. HODSON,
Live Stock Commissioner.

At a meeting where a board of directors was being condemned for bad management, a speaker in defence said: "Perhaps you think that in this board of directors half do the work and half do nothing. As a matter of fact, gentlemen, the reverse is the case."



If your Grocer cannot supply write to LEVER BROTHERS LIMITED, Toronto, sending the name and address of your grocer, and a trial sample of Sunlight Soap will be sent you free.

Ask for the Octagon Bar 205

BAD COMPLEXIONS.

How Cleanliness of the Skin May Be Attained.

There is really no excuse for the girl who goes around with her skin making open confession that she is a rebel against the laws of health.

There are many forms of skin disease, of course, that are beyond the control of those suffering from them. Some of these are exceedingly obscure as to their origin and obstinately resistant to treatment, and all such cases should be under the care of competent dermatologists. We have only reference in this article to those muddy, pimply, uncleaned-for skins too often shown by girls who should be in the very bloom of youth and freshness, but who, through ignorance, and far too often through uncleanness or laziness or greediness, start and maintain, sometimes through years, a condition of skin that would disgrace an Eskimo.

There is one great prescription, and one only, for a clear, bright complexion, and that is—first, last and always—bodily cleanliness, both external and internal.

Now, cleanliness of the skin is by no means attained by mere surface rubbing and scrubbing, although a certain amount of this is necessary, and many a proud, fastidious, and otherwise dainty young woman needs to be told to wash her face properly. But she needs to be told more than this. The organs of this wonderful body of ours are curiously loyal to each other. If the organ is unable to perform all the work which is put upon it, for instance the others faithfully turn in and labor to do its share as well as their own. This is a beneficent provision for the tiding over of temporary difficulties, but it was never intended in the scheme of things to become a permanent arrangement. When it has lasted long enough, the organ or organs doing extra work begin to show signs of distress. Nature is just, as well as kind, and always takes toll.

When the skin is put to it to perform part of the work that should be done by the liver, the kidneys or other organs, it must soon throw out its signal of distress in the form of sallowness, roughness and pimples.

A young woman ashamed of her complexion should try the effect of drinking more water and eating less candy, giving her digestive organs a bath and a rest. Let her then treat the face to an occasional thorough washing in soft water, using one of the good, mild soaps of which there are now so many offered. Let her also breathe plenty of fresh air, and then watch the speedy improvement that will come.

On the other hand, errors of diet, neglected bowels, insufficient bathing and an unventilated bedroom would dim the complexion of a dryad in a week.—Youth's Companion.

The largest serpent ever measured was a Mexican anaconda, found to be 37 feet in length. It was measured by Dr. Gardner.

C. C. RICHARDS & CO.

Gentlemen,—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for every day ills and accidents of life I consider it has no equal.

I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN,
Schr. "Storke," St. Andre, Kamouraska.

Torquay and Cork are the warmest places in the United Kingdom. Their mean temperature is 52 degrees. Penzance and Ventnor come next.

For Over Sixty Years

Mrs. Winslow's Soothing Syrup has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, allays pain, cures wind colic, regulates the stomach and bowels, and is the best remedy for Diarrhoea. Twenty-five cents a bottle. Sold by druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup."

Water is the only substance which expands with both heat and cold. It is the heaviest at a temperature 7 degrees above freezing-point.

Minard's Liniment Cures Dandruff.

PEOPLE WHO EAT CLOVER.

Some of the Indians in Mendocino County, California, use clover as an article of food. They eat it as animals do, leaves, stems, flower heads and all. They can be seen in the clover fields eating the fragrant grass by handfuls. They also make use of many plants, such as seaweeds, fungi, lichens, ferns and conifers, that white people neglect, employing some for their fibres, others for their medicinal properties, and others for the nutritious value of their seeds.

DID SHE TAKE THE HINT?

A distinguished cavalry leader was once at a dinner party to which he had been invited as the guest of honor.

Beside him was a loquacious widow, with hair of raven black, who rudely interrupted the conversation by asking the warrior why it was that his beard was still black, while his hair was turning grey.

With great politeness the old soldier turned towards her.

"I fear I cannot give you a satisfactory answer," said he, "unless, possibly, the reason is that I have used my brain a little more than I have my jaw."

PLASTERS FAILED.

LINIMENTS, OILS AND MANY OTHER MEDICINES DID NO GOOD.

A New Brunswick Postmaster Tells of His Efforts to Cure His Kidney Trouble.—He Suffered for Years and Tried Many Medicines But Only Recently Found the Right One.

Lower Windsor, N.B., April 7.—(Special)—Mr. T. H. Belyea, postmaster of this place, has made a very interesting statement of his experience in his efforts to be cured of Kidney Trouble which has bothered him for many years.

At times he would have very bad spells, and when these came on he was almost laid up. He tried several doctors and used many medicines, but nothing seemed to help him in the least.

Plasters, oils, liniments on the outside and doses of all kinds and descriptions taken internally seem to have but one result. He was no better.

Finally through reading an advertisement he was led to the use of Dodd's Kidney Pills. He says: "Dodd's Kidney Pills were so highly recommended for Kidney Trouble that after reading some testimonials, I concluded to try them according to directions."

"I had tried so many things that I was very skeptical and had but little faith that Dodd's Kidney Pills could or would help me. However, I did not use them long before I found that they were all and more than was claimed for them."

"I have received more benefit from them than from any other medicine I have ever used, for they seem to have made a complete cure of my case."

"I feel as well as ever I did and have not the slightest trace of the Kidney Trouble that bothered me ever so long."

"I want to say that I believe that Dodd's Kidney Pills are the right medicine for Kidney Trouble."

Mr. Belyea is very well known to everybody in this neighborhood and there are but few who have not been aware of his serious illness.

Everyone is delighted at his improved health and his published statement has done much to make Dodd's Kidney Pills even more popular in this neighborhood than they have been.

All the strongest animals are vegetarians, the elephant being the most powerful, and the rhinoceros next. The swiftest, the horse and antelope, are also vegetarians. Vegetarian creatures also live much longer than meat-eaters.

Minard's Liniment Cures Burns, etc.

The sun's flames spring at times to a distance of 350,000 miles from its surface.

Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surface.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that can't be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

Hall's Family Pills are the best.

Thoroughly draining a piece of land raises its average temperature about 3 degrees, thus being equivalent to transporting it 150 miles southwards.

Stop the Cough and works off the Cold. Laxative Bromo-Quinine Tablets cure a cold in one day. No cure, No Pay. Price 25 cents.

LONG-LIVED ENGINES.

A few years ago an engine of James Watt's manufacture, with sun and planet wheel complete, was taken down at a London brewery. It had been continuously working for 102 years, and was not at all decrepit when dismantled. It now forms an archaeological exhibit in the museum of Sydney University. But the oldest engine now at work is said to be a Newcomen engine in a colliery at Rutherglen, near Glasgow. It was built in 1809, and has worked continuously to the present time. Except brasses and one or two spur wheels broken by accident, no important part of the engine has been renewed since it was built.

Minard's Liniment Relieves Neuralgia.

It's sad to think how much good money is spent on bad tea despite the fact that Blue Ribbon is on every store. Put up Black Mixed & Ceylon Greens.

The Frost 10 Wire and 6 Stay Fence
is the strongest and heaviest wire fence made—good openings for good agents; write us at once for terms. Ask for catalog.

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Widows in Great Britain outnumber widowers by almost exactly two to one.

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