Recipes for the Kitchen. Hygiene and Other Notes for the Housekeeper.

DOMESTIC RECIPES.

Baked Indian Pudding-Two quarts sweet skimmed milk, 1 cup fine Indian meal, 1 cup molasses, 1 teampoon salt, 1 pt or more of sweet milk in a pan over a kettle of boiling water. While it is heating, stir together in a bowl the meal, mo- large ones and three eggs make rasses and salt until smooth, adding nice sized one. To this number three quarters of an hour, pour in once. Omelets wait on no one. very gently 1 cup cold milk. If the In making oyster stew, remember cultivation of the crop is continued The pudding should bake from six spoiled oyster. from the oven and allowed to set holding a red-hot iron to the head the sun, If. however, the land has dish and will be a dark red with a driver at once. clean whey. Very nice.

thoroughly, wipe carefully and lay in food as is nourishing and easily di- develop beneath the surface there will a dripping pan with water enough to gested and not too much of that; be few "sunburns;" but if the fitting prevent scorching. Bake slowly, to avoid starchy foods, including and planting are shallow, hilling is basting often with butter and water. fresh bread. Plenty of water should necessary to protect the tubers. When done, have ready 1 cup of be taken, especially between meals. Now a word about experiments in sweet cream into which a few spoon- At least three pints a day should be general. It seems wise to distinguish fuls of hot water have been poured. used. Stir in 2 tablespoons melted butter To take off a ring that is too ment." A farmer is convinced that and a little chopped parsley, and tight, thread a needle with thread it is well to spray potatoes with heat, in a vessel of boiling water. that is strong, but not too coarse. bordeaux mixture. He takes the ne-Add the gravy from the dish and Soap it and pass the head of the cessary steps to that end and sprays boil up once. Place the fish in a needle under the ring. Pull a few his crop. He makes a trial of hot dish and pour over the sauce.

wipe with a damp cloth; sprinkle the finger towards the nail. Take leaves another part unsprayed for with salt, pepper and flour, and if hold of the needle and begin slowly comparison. He harvests a measurnot fat, put three or four pieces of to unwind the coil, carrying the ed area from each portion of the field butter the size of a hickory nut on | ring along with the thread until it | and measures or weighs the product. it. Put in the dripping pan without slips easily from the finger. water, letting it rest on a wire frame or small sticks to keep it FRAMING PICTURES AT HOME. from the pan. Baste and turn often, baking from 15 to 20 minutes for every pound. Make a Yorkshire pud- pictures is quite inexpensive, and oughly convinced that farmers need roast as follows :- For every 1 pt merly a mat over the picture as a can be obtained from "experiments." milk take 3 eggs, 3 cups flour and a pinch of salt; stir to a smooth batter, and pour into the dripping pan under the meat half an hour before it is done.

Baked Pork and Beans-Put on 1 qt dry beans to boil in cold water. In half an hour after they begin to mashed. Take 1 lb salt pork, clean until all are nicely browned on top.

Roast Beef with Dressing-Get a piece from the round, about one and one-half inches in thickness. Prepare a dressing of bread crumbs seasoned with salt, pepper and sage and wet up with 1 egg, 4 tablespoons sweet cream and a little cold water. Spread the dressing on the beef, roll up, fasten with skewers and roast until well done. Serve with gravy.

Steamed Boston Brown Bread-One scant quart buttermilk or sour milk, not quite 1 cup molasses. hot water and put in the molasses, about 5 cups Graham, corn meal and white or rye altogether. Divide this in five equal parts. Put this on in cold water, and boil for an hour and a half. Do not let it stop boiling. Dry off in oven for a minute.

Chicken with Biscuit-Put a nice chicken on to boil in 1 pt water, and keep boiling in just about that amount till very tender. When most done, add salt, pepper and butter to season to taste, and let simmer down in the kettle, till the water is nearly all gone. Then remove chicken from the kettle. Into the kettle pour nearly 1 qt boiling water, add butter, salt and pepper to taste. Thicken with 1 heaping tablespoon flour mixed with water till all lumps are gone. Have ready some hot buttermilk or baking powder biscuit. Spread them with butter, and pour this gravy over them. The buttermilk biscuit are made as follows: One cup very rich sour buttermilk, a little salt. Into this sift 1 pt flour to which has been forgery, and the judge sentenced him corn that is given them and stand from the westward. added 1 even teaspoon soda, 2-3 to five years' penal servitude, adding around waiting for more. Chopped "I now know," continued even teaspoon baking powder. Add "And you may consider vourself clover is good and should be fed each young inventor, in the same just enough more flour to enable you very lucky that you didn't commit day, and chopped vegetables will tone, "that the curvature of to flatten the dough out on board, this crime thirty-five years ago, for not take its place. On the average earth does not in the least affect the cut and remove to tirs without in that case you would have been farm there is much that goes to waves. Many who have reasons for sticking. Biscuit made in this way hanged next Tuesday." The judge waste that the fowls can utilize, and hoping so have said that this would will be light and fluffy.

White Cake—One teacup butter, 2 teacups sugar, 3 teacups flour, 1 teacup milk, 3 eggs, 1 teaspoon baking powder, 1 teaspoon essence of Father-"What's all this you are lemon. Put the sugar and butter doing ?" Little Johnnie-"Please, into a basin and with a wooden dad, teacher told me if I wanted to spoon beat them till they are the learn quickly, I was to put down thickness of cream; then add the every word I didn't know and ask eggs well beaten, and mix in very you what it meant." Fatherthoroughly, after which add the "That's an excellent plan, my boy." milk. Mix the baking powder with Little Johnnie-"Well, dad, I have the flour, and add it next, then the on this piece of paper 103 words essence of lemon, and beat the while marked down." Father-"Johnnie, thoroughly. Link a cake tin with go upstairs to bed this moment."

buttered paper into which pour the cake, and bake for an hour or till ready.

HINTS TO HOUSEKEEPERS.

Miss Parloa suggests that dried fruits cooked in the oven have a peculiarly delicious flavor. Soak all dried fruits (except prunes) over night. Put in an earthen dish with cover, set in the oven and simmer slowly until done. Never use tin or iron for the cooking of fruit, either fresh or dried.

The omelet is the most delicious of egg dishes and the most difficult to prepare. It should be high and thick in the centre and pointed at apples cut in small pieces. Put 1 qt the ends; soft inside, delicately brown outside, and perfectly seasoned. Small omelets are better than a little cold milk to make it thin eggs allow half a teaspoonful of salt, enough to pour. When the milk in a dash of pepper and half a teathe pan is scalding hot, pour in the spoonful of butter crumbled to bits. mixture slowly, stirring briskly to Have your pan good and hot, put prevent lumps. When it has thick- in a little butter and let it run ened, stir in the apples, and remove over the surface, then pour in the the pan from the fire. Grease an eggs, having given them just twelve earthen pudding pot that will hold beats. While the egg is still soft two quarts or more. Pour in the fold the omelet over and let it set; pudding and place in a moderate when done turn from the pan to the oven. When it has baked about platter and send to the table at

fire be hot, leave the oven door ajar. that boiling in milk toughens the A pudding of this kind should bake oysters. Cook them first in their the soil and the freedom from late try to force them beyond that. Hogs slowly; a bubbling around the sides own liquor, but remove them from summer weeds compensate for the of the pot indicates sufficient heat. the fire the moment they reach the tubers lying a little deeper in the Add 1 cup cold milk every hour or boiling point, and then add the hot soil. two until the quart has been used. milk to them. A boiled oyster is a

awhile, when it can be turned into a until it is hot, then using the screw- been deeply and thoroughly prepar-

Baked Trout or Salmon-Clean care of the diet; to eat only such in the mellow soil for the tubers to

inches of the thread towards the spraying. He may "think" that the Roast Meat with Pudding-Never hand and wrap the other end of the spraying was a benefit. Another wash the meat, but if necessary, thread tightly and smoothly around farmer sprays a part of a field and

ding to eat like vegetables with the may easily be done at home. For- more of the facts and discipline that margin was considered necessary, but there is no need of one with the upon farmers the importance of thormargin.

boil, add 1 teaspoon saleratus. Let warm iron, then mounted on some physical condition will decline and had sent a signal from Newfoundland complished and have the utmost conboil up and pour off the water. Put heavy cardboard; the cover of a production will fall off. Every op- to the Cornish coast, but there can fidence in Mr. Marconi. on fresh water, hot or cold, let boil pasteboard box will answer. Paste portunity should be embraced to be none to doubt this later and until the beans are tender, but not it lightly at the four corners only, grow sod or cover crops to turn un- greater feat, which was accomplishit well, score and rind and put it in glass cut the same size as the pic- organic matter in the soil, and dres- the steamship Philadelphia from the center of the beans in a large ture. Put this over the picture, and sings of stable manure are probably Cherbourg to New York. dripping pan. Bake in a slow oven behind it place another piece of as valuable on account of the or- Captain A. R. Mills, master of the that whereas the speed of the subpasteboard of the same size.

pasteboard, are then to be pasted potash they supply. together around the edges, with a tough thin paper, that may be purchased at any framing establishment, and is manufactured for the thin, tough and pliable will answer.

Cut two narrow strips of thin cambric about half an inch wide and an inch long, fold them over two small brass rings, paste them at the back on each side of the picture, run level tablespoon soda dissolved in a wire picture cord through them, and they are ready for hanging.

> KEEPING FRUIT CAKE. Fruit cake may be kept an indefinite length of time by packing it in granulated sugar. I have just opened a box containing a loaf of my wedding cake, which was put away six years ago, writes a correspondent. In the bottom of a tin box was dotte is still better. placed sugar to the depth of about one inch. Then in the centre of box was placed the cake, and sugar poured all about it, filling the box birds to get their food. We must ful Cornwall station accomplished. to the brim, the size of box allowing for about an inch and a half of sugar at the sides, while the depth in winter depends on having the hens ultation over the marvel which had above the cake was the same as beneath. The box was then wrapped in heavy brown paper and carried to the attic, where it remained undis- they do not know how to feed to the tance at which a wireless message turbed. When recently opened, flavor and moisture were identical with what they were when put away.

is still wondering why the prisoner this helps to give profit.

Seasonable and Profitable Hints for the Busy Tillers of the Soil.

POTATOES.

Deep planting has almost invariably given better results than shallow but very deep planting should not follow shallow plowing. The furrows opened to receive the seed should not go to the bottom of the soil that was stirred by the plow. If it is desired to plant six inches deep, the land should be plowed eight or ten inches deep, says a Cornell experiment station bulletin.

Then again, land that has never been plowed deeper than five or six inches should not the next time be plowed ten. The deepening process should be gradual-an inch or so a year. More "new dirt" may safely be turned up in autumn than in

Some fear that deep planting wil make the harvesting more difficult; if coupled with the deep planting the late in the season, the mellowness of

Again, some claim that if they do not "hill up" the plants many tubed and the planting is sufficiently The best cure for rheumatism is deep so that there is plenty of room

between a "trial" and an "experi-He "knows" whether the spraying increased the crop and if the kept account of time and material consumed, he "knows" whether it was a Passe-partout framing for small profitable operation. We are thor-

This bulletin is intended to impress to the fact that intensive tillage re- from Cherbourg to New York. If the picture is a cut from a sults in a rapid consumption of or-

POULTRY FOR PROFIT.

purpose, although any paper that is poultry raising pay is not a problem 2,099 miles from that point. The hard to solve. The reason is lack of other officers of the ship attest with knowledge relating to poultry rais- their signatures the accuracy of this dairyman start dairying with a 72- precautions that the sceptical might pound butter cow and permit her to be convinced. The young inventor is hustle for her living around the hay- very proud of the tape bearing the stack? As to breeds, most people "S" signal, which was received when not equally prolific. breeds some experienced poultrymen | Captain Mills and Chief Officer Marsprefer the white Wyandottes. They den. will produce as many eggs as any other breed and more flesh than

> get them out of their houses in winter as much as possible. The profit quietly and without a trace of ex-

One reason why some people do triumphant vindication of what not succeed with poultry is that had claimed-"I believe that the disbest advantage. Large fowls require may be sent depends only on the a different system of feeding from power of the sending station. small ones. Leghorns are not likely think it possible to send a message to get overfat. They will leave corn entirely around the world-to start a on the ground and run after insects; message castward around the globe The prisoner had been convicted of while the larger breeds will eat the and receive it at the same station

FARM NOTES.

Healthy cows, in good stables, with good feed and decent cleanliness are what is needed to make healthy Alfalfa, about which so much is now being heard was introduced in-

to California from Chili some 50 years ago.

wheat crop \$360,000,000.

where quality in everything com- with some cause. But now that dif mands a larger premium than in the ficulty has been entirely overcome by British markets. There is competi- adoption of syntonic devices by tion for everything that is first- which messages may be transmitted class, while everything that is poor from ship to shore, from ship to has got to be sacrificed.

breast so that there is room for illustration of the point to which meat and heart. She should stand tuning has been already developed, well on her feet, and be fairly long may say that the Lizard station is in the back and not too deep. Her at present able to work with ships head should be wide and short, her without suffering any interference at eye bright, and her beak short and all from the contemporary working well curved. There is better egg of the big power station at Poldhu production in summer than in winter because nature provides all the requisites.

Every man who sends a package of fruit, butter, chickens, eggs, or other produce away from his farm sends a part of his character with it. His conscience is found at the bottom of the package, and is measured by the meanest and smallest specimens. His heart is found at the top in the little heap above the true measure. Strange to say, the more you give away these chunks of heart and conscience the more you have left!

It is claimed by an authority that from three-quarters to a pound a day is enough for a bacon hog to gain from birth to maturity. Don't reach the right weight at six or seven months old and not only sell at the highest price but bring the most profit to the producer. When forced to seven hours, and then be taken You can remove a rusty screw by ers will be damaged by exposure to beyond this rate of gain the producer does not realize to the full extent the profit on the feed that he

> Better horses and cows will sureinsure better barns and surroundings. Larger yields and increased prices will arouse ambition for sunnier homes, and quicker music in farm work will lead to larger crops and a bigger bank account. Starting from the lower the leaven of pride will work itself through the mass until the whole is leavened and the boys find that behind the home team there is more pleasure than on any hissing automobile ever invented. The reflex influence of seemingly little things is the potential power controlling the majority of lives.

MESSAGES RECEIVED 2,099 MILES FROM ENGLAND.

Inventor Marconi Is Jubilant Over This Latest Great Achievement.

amazing triumph which wireless sent several private messages ashore. telegraphy has yet achieved—a story of how an Atlantic liner maintained addressed a meeting of the sharecommunication with the Cornwall holders of the company in London, present style of framing, where the ough tillage of the soil. It is im- signal station throughout nearly all and gave them a clear statement of moulding frames the picture without portant right here to call attention of her three thousand mile journey all that has been accomplished up

There were many to doubt Marmagazine or paper, it should first be ganic matter and if steps are not coni's recent assertion that by means mediate future. The shareholders are smoothly ironed on the back, with a taken to restore this to the soil its of his wireless telegraph system he all enthusiastic over the results acand get at the glazier's a piece of der to help maintain a supply of ed during the just ended voyage of

ganic matter added to the soil as for Philadelphia, bears witness to the marine cable is directly affected by The three pieces, glass, picture and the nitrogen, phosphoric acid and fact that six messages were received length, that of the wireless system during the first four days of the is not affected in the least by disrun, these beginning when the steam- tance. It is just as easy to work at ship was 250 miles distant from high speed across the Atlantic or Poldhu, the Marconi Cornwall sta- across the Pacific as to work across Just why dairymen do not make tion, and ending when the vessel was the English Channel." Would any common sense statement. Mr. Marconi took these have their fancy; but all breeds are 2,099 miles distant from the station, Of all the and which is signed and certified by

INEQUALITY IN APPARATUS.

All the messages were one waymost of them. The barred Plymouth all from the station to the ship. Rock is good for book of these ob- Mr. Marconi explained this by saying jects but some think that the Wyan- that while the apparatus installed on the Philadelphia admitted of the How can we make fowls hustle and reception of messages it was not exercise? First, we must not feed sufficiently powerful to send them too heavily or make it too easy for such a distance as the more power-

"I believe," said Mr. Marconi,

well-housed and giving special care. been accomplished and his own

even prove a fatal defect to the system But it is not so. During the voyage I made a number of experiments which I had long wanted to make, but had never attempted before. You must pardon me for not disclosing their nature. All I can say is that they were eminently satisfactory

SECRECY IS POSSIBLE.

of the poultry produced in that year it secrecy of messages is impossible. day-time.

amounted to \$500,000,000 and the I admit that in the earlier stages of the system's development this ob There is no country in this world jection might have been advanced ship, or even across the ocean with A good hen should have a wide out interference of any sort. As an only seven miles distant.

> "There are several in England who have urged this objection against the wireless system, claiming that it is possible to intercept and read messages transmitted by this method. Before leaving England I gave these gentlemen an opportunity of making a test, offering to place any station of mine at their disposal for the purpose. The offer was made in all sincerity, but :t was not ac-

> "I do not believe it any exaggeration to say that it is now practically impossible to intercept wireless messages. Had the Philadelphia been accompanied on this trip by another vessel, and had the two travelled side by side, it would not have been possible for one to have received messages intended for the other, even though both were fitted with identical instruments."

TWO WESTERN STATIONS.

Taking up the story where Mr. Marconi left off, Director Saunders, a director of the Marconi Wireless Telegraph Company, who accompanies Mr. Marconi, said that work would be commenced immediately and simultaneously on the Cape Breton and the Cape Cod stations and that the company hoped to be ready for business by May. A larger tower will be erected at Cape Cod to re place the poles which succumbed to December storms, and a permanent station will be built at Cape Breton. As the distance from that point to the Cornwall station is considerably less than the distance at which the station signalled the Philadelphia, Mr. Saunders sees no reason why messages cannot be transmitted directly across the ocear and with as much certainty and celerity as they are now carried by submarine cables.

"We are prepared," Mr. Saunders continued, "to confute any who may be disposed to doubt the genuine ness of the work done on this trip, as we have incontrovertible proof. After we lost the Poldhu station we did no more talking until eleven o'clock Friday night. At that hour This is an account of the most we spoke the Nantucket station and

"Just before sailing, Mr. Marcon! to date, and explained what he has laid out to accomplish in the im-

NO FEARS OF RIVALRY.

"To the stockholders Mr. Marconi pointed out that so far as long distance transmission is concerned he now fears rivalry from no one, and

TRAILING SKIRTS.

They Are Absolutely Dangerous to Health.

Ladies cannot be told too often to abandon the unhygienic fashion of trailing dresses, at least in tho street. They should be brave and show the world that they care for the health and welfare of others. When one considers how many millions of dangerous bacilli and microorganisms are gathered up with the dust and brought into the house by this unhealthy mode of dress, further argument is hardly necessary to prove that the wearing of trains is absolutely dangerous to health. As the poet of the London Truth puts it in his "Song of the Skirt," why should dresses be made to do "the scavenger's dirty work'; "Sweep—sweep—sweep—

Where the waste of the street lies

thick, Sweep—sweep—sweep— However our path we pick; Dust, bacillus, and germ, Germ, bacillus, and dust, Till we shudder and turn from the sorry sight With a gesture of disgust.

"Oh, men with sisters dear! Oh, men who have well-dressed wives It is not alone an expensive mode, It is one that hazards lives! For malignant microbes swarm In the triturated dirt.

And the dress that sweeps it up may A shroud as well as a skirt!" Footwear is also a matter of importance. Shoes should never be worn too tight. They not only hin-

der free movements, but the constriction of the blood vessels causes impaired circulation and coldness of the extremities. If it is found necessary to wear underwear at night, a different set

"There is one other thing which I should be kept for that purpose, In the United States, according to may add. It has been urged as an which, with the night-dress or nightthe census returns of 1900, the value objection to my system that under shirt, should be well aired during the