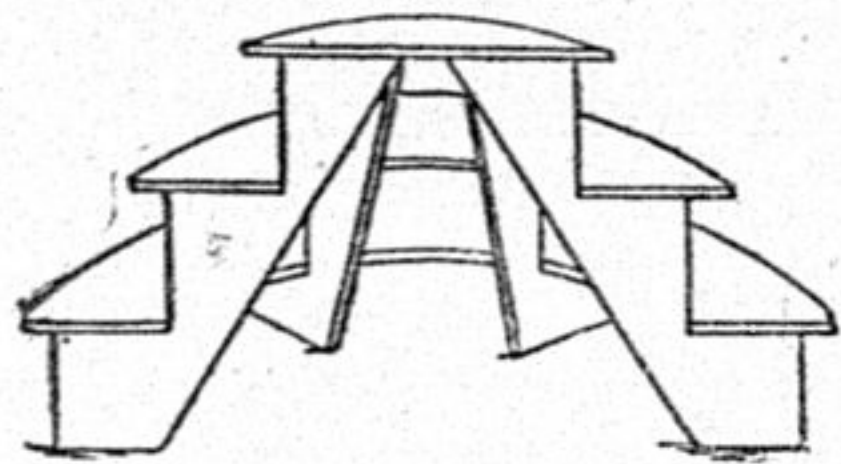


THE HOME.

Homemade Plant Stands.

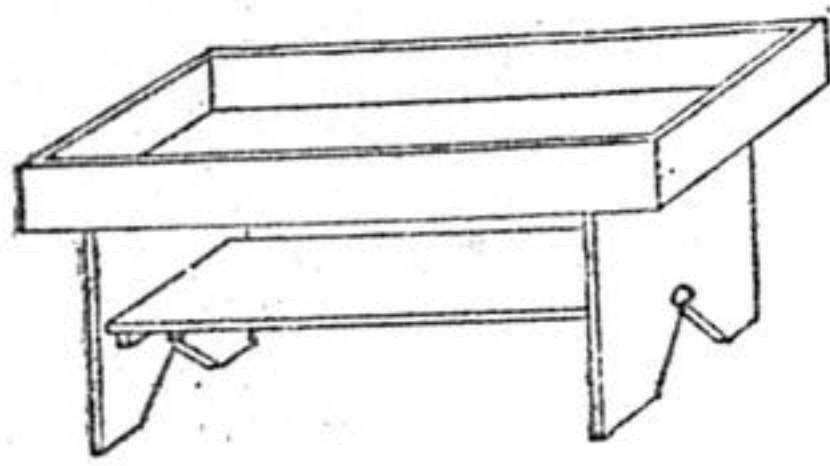
Many housewives find their greatest happiness in caring for plants during the cold winter months when compelled to stay indoors so much of the time, and many



PLANT SHELF, FIG. 1.

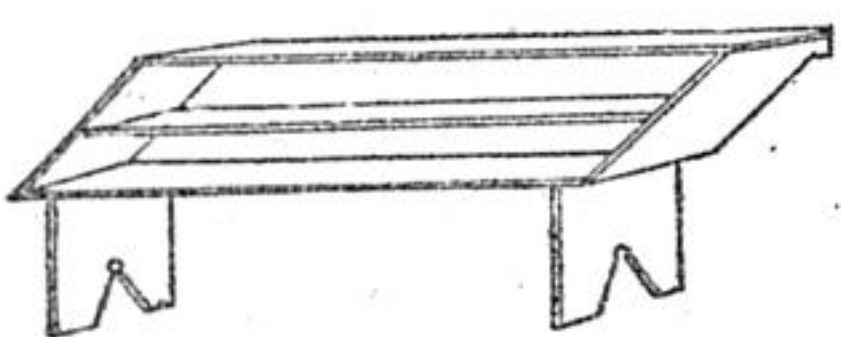
have wished for a plant stand for years. Cannot the husband or son use two or three hours some day in making one? There are a variety of models to choose from. An old pattern and probably the best, because it will hold the most, is the half circular one with three shelves (Fig. 1). It is made with three legs and two short braces between them under the lowest, broadest shelf. The rear view is shown in the illustration, as its construction can be seen thus at a glance, and this is the view exposed to the living room, also, the shelves being turned to the window. The shelves should be made broad enough to extend beyond the frame at least two inches.

A small, strong bench to hold a large



PLANT SHELF, FIG. 2.

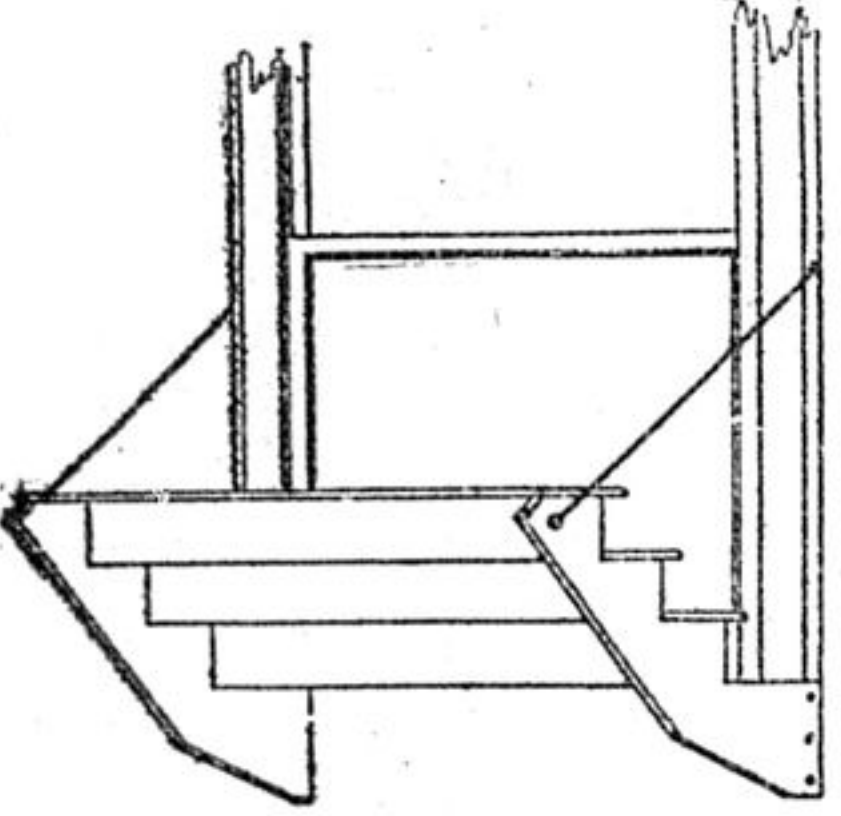
window box (Fig. 2) is quickly made as follows: Measure the depth of the box it is to hold and make the legs long enough to raise it to a level with the window sill. They are composed of boards notched at the bottom. A top board is nailed or screwed in place and a shelf firmly nailed to cleats half way between top and floor. This shelf is useful for a variety of purposes as well



PLANT SHELF, FIG. 3.

as a brace to strengthen the bench. Another pretty stand is a rack added to the top of a bench (Fig. 3). It is faced to the window and rests upon the sill. It will hold a large number of pots on its two shelves and on the bench.

The arrangement which seems to be the most perfect in every respect, because of its allowing the plants all the sunshine and being out of the way when the room is swept, is a plant rack made of hanging shelves (Fig. 4). The top shelf is 18 inches



PLANT SHELF FIG. 4.

to two feet from the glass, while the bottom shelf is on a level with the window sill. The weight of the rack and plants is supported entirely by the window frame to which it is screwed at the bottom and held by a strong wire at the top. It is easily taken down and put aside in the spring. A neat finish to all of these plant racks is dark green paint. Nothing is so pretty and appropriate for the green foliage and bright flowers.

To Make Housekeeping Easy.

In our modern houses, with so many improvements and labor saving machines, it is hardly necessary for the life of a housekeeper to be a drudge. Easy housekeeping depends upon good management. A well laid plan is a long step toward easy housekeeping, and housekeepers will find their work simplified and lightened by following a studied plan. As the same circumstances do not exist in any two households, it is impossible to give a plan that can follow.

One important step is to avoid, as far as possible, a great amount of work to be done in a limited time. Scatter the work along through the week so that no day will be one of continuous, hard labor. Endeavor to be systematic but do not be a slave to system. If sickness or any other cause prevents the carrying out of your plans, accept the ordeal with cheerfulness, at least outwardly. Try to arrange the work so that the afternoons may be given to sewing, mending or recreation. Allot a certain portion of work to certain days.

One day in the week should be set aside for the family washing. Monday has advantages over any other day. The washing is the hardest and most unpleasant task of the week, and the housekeeper is best prepared for it after the mind and body have been rested and strengthened by the Sabbath. The washing can be made comparatively easy by the use of kerosene or some harmless washing fluid or compound. After the washing is done the kitchen floor should be scrubbed.

Tuesday should be devoted to baking, a

general straightening up of pantry, cupboard, etc., and folding the clothes ready to be ironed on Wednesday forenoon, and if there is time part of the ironing may be done.

On Wednesday the ironing should be done. Starched clothes, table linen and handkerchiefs should be carefully ironed. Sheets, towels, underwear, stockings, etc., require but little ironing. Some housewives do not iron these garments but fold them smoothly when taken from the line and run once or twice through the wringer.

On Thursday more baking may be done if necessary, the kitchen floor scrubbed the clean clothes put away, and many odd jobs be done. On Friday the general sweeping and dusting should be done. This is a hard task for the housekeeper, especially if the rooms contain heavy furniture. If housekeepers could be guided into simple habits and ideas in furnishing homes, much time and labor could be saved. Every article of furniture that is not a means of comfort or convenience should be disposed of.

On Saturday enough baking should be done to last until the next Tuesday, the dining room and kitchen should be cleaned and everything put in readiness for Sunday, which should be a day of rest. Housekeepers will find that it pays to keep the Sabbath holy.

LIFE BECAME A BURDEN.

THE WONDERFUL NARRATIVE OF A PATIENT SUFFERER.

The After Effects of La Grippe Developed Into Inflammation of the Lungs and Chronic Bronchitis—After Four Years of Suffering Health is Almost Miraculously Restored.

From Le Monde, Montreal.

Mrs. Sarah Cloutier, who resides at No. 405 Montcalm Street, Montreal, has passed through an experience which is worthy of a widespread publication for the benefit it may prove to others. Up to four years ago, Mrs. Cloutier's health had been good, but at that time she was attacked by that dread scourge, la grippe. Every fall since, notwithstanding all her care to avoid it, she has been afflicted with inflammation of the lungs, which would bring her to the very verge of death. This was followed by bronchitis for the rest of the year. Her bronchial tubes were affected to such an extent that it was with difficulty she could breathe, and a draught of outside air would make her cough in the most distressing manner. "There was," said Mrs. Cloutier to the reporter, "a constant rattling sound in my throat, and in the state I was in death would have been a relief. I could not attend to my affairs nor to my house, and had it not been for my niece, on whom I relied, I cannot say what would have become of me. It was in vain that I tried the numerous remedies given me by various doctors, and when I think of all the money they cost me I cannot but regret I have ever tried them. I had read frequently of the cures effected by Dr. Williams' Pink Pills, and I felt that they must contain the truth, for if they were unfounded none would dare to give the names and addresses of the persons said to be cured in the public manner in which these are given in the newspapers. I decided to try Pink Pills, and none but those who were acquainted with my former condition can understand the good I have derived from their use, which I continued until I felt that I was completely cured. As a proof that I am cured I may tell you that on the first occasion of my going out after my recovery I walked for two miles on an up hill road without feeling the least fatigue or the least pant for breath, and since that time I have enjoyed the best of health. Last fall I was afraid that the inflammation of the lungs to which I had been subject at that period in former years might return, but I had not the least symptom of it, and never felt better in my life. You can imagine the gratitude I feel for Dr. Williams' Pink Pills, and I recommend them to all who will heed my advice, and I do not think it possible for me to say too much in favor of this wonderful remedy, the use of which in other cases as well as mine has proved invaluable."

A depraved or watery condition of the blood or shattered nerves are the two fruitful sources of almost every disease that afflicts humanity, and to all sufferers Dr. Williams' Pink Pills are offered with a confidence that they are the only perfect and unfailing blood builder and nerve restorer and that where given a fair trial disease and suffering must vanish. Pink Pills are sold by all dealers or will be sent by mail on receipt of 50 cents a box or \$2.50 for six boxes, by addressing the Dr. Williams' Medicine Co., Brockville, Ont., or Schenectady, N.Y. Beware of imitations and always refuse trashy substitutes alleged to be "just as good."

A Misfit Situation.



Applicant—"What's the job worth?"
Proprietor—"Three dollars a week and my old old clothes."

Canadians will be interested to know that the famous Bissell Carpet Sweepers are now manufactured in a branch factory at Toronto. This means that Canadians will be able to purchase the genuine Bissell sweepers at prices that will enable every housekeeper to possess a sweeper publicly recognized the best in the world.

Look Out

for breakers ahead when pimples, boils, carbuncles and like manifestations of impure blood appear. They wouldn't appear if your blood were pure and your system in the right condition. They show you what you need—a good blood-purifier; that's what you get when you take Dr. Pierce's Golden Medical Discovery.

It carries health with it. All Blood, Skin, and Scalp, diseases, from a common blotch or eruption to the worst Scrofula, are cured by it. It invigorates the liver, purifies and enriches the blood, and rouses every organ into healthful action. In the most stubborn forms of Skin Diseases, such as Salt-rheum, Eczema, Tetter, Erysipelas, Carbuncles, and kindred ailments, and with Scrofula in every shape, and all blood taints, if it fails to cure, you have your money back. And that makes it the *cheapest* blood-purifier sold.

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One-fifth of the 10,000,000 families in France have no children. As many more have only one child, and of those who have as many as seven the number is only 230,000.

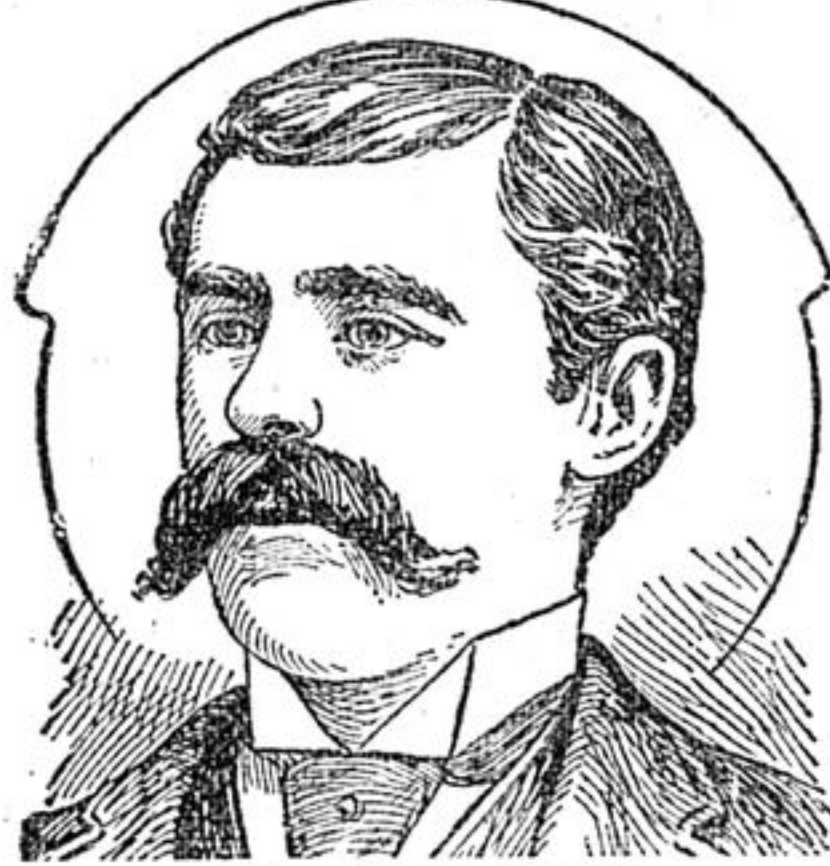
An eminent American divine writes:—God has been pleased to store the earth and the air with remedial agencies for the cure of disease and the prolongation of life. I believe St. Leon Water to be one of these agencies. It is invigorating, exhilarating and remedial. Used copiously its effect upon the whole urinary passage is most beneficial.

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Hood's Sarsaparilla Cures

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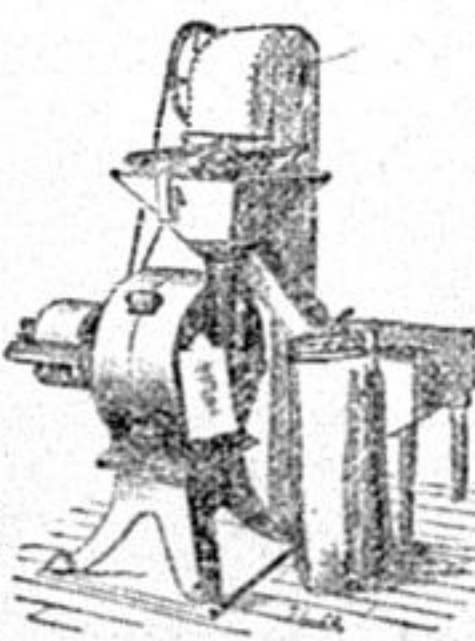
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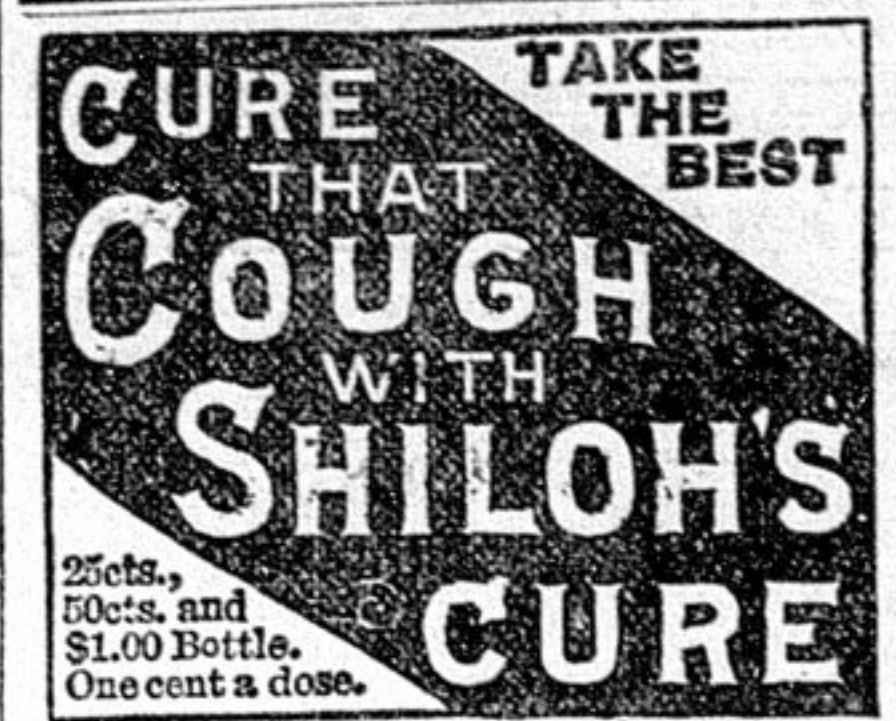
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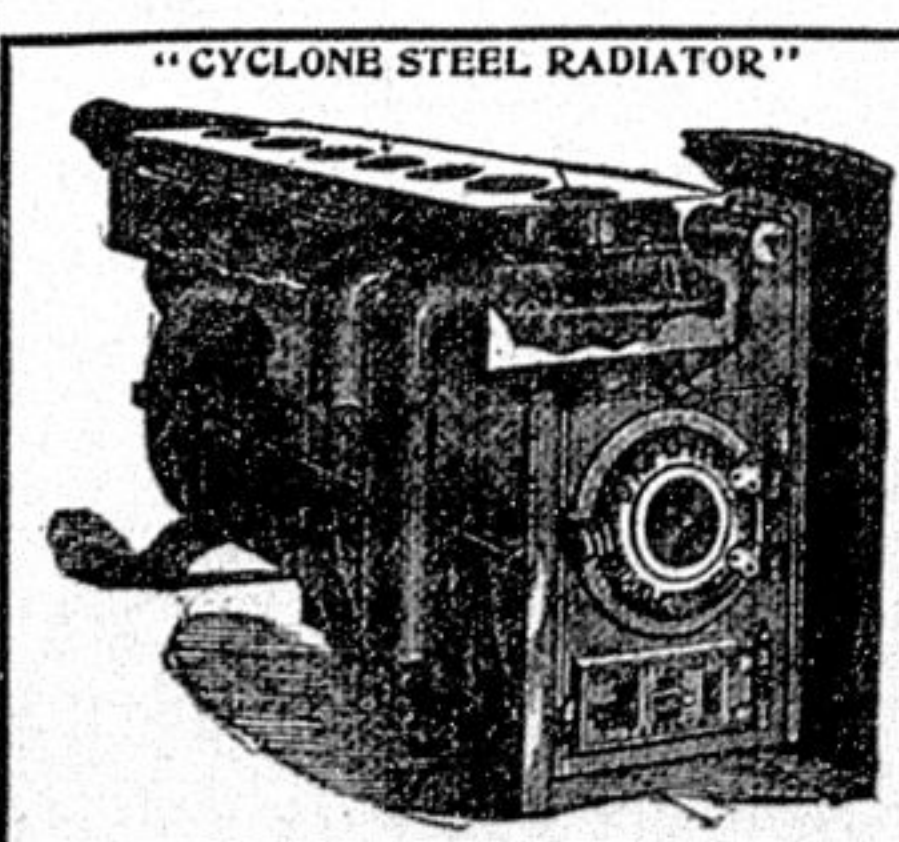
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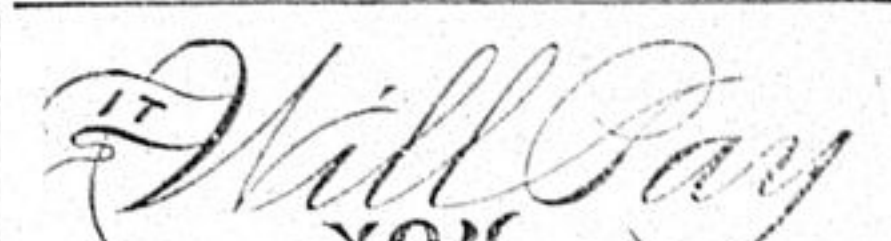
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