

## Household.

### Economy in the Home.

These be hard times, when new methods of economy are eagerly sought. A great deal of unnecessary expense may be saved without depriving the family of the best the market affords by a systematic course of borrowing prime articles of butter, tea, coffee, etc., from the neighbors, and repaying the same with goods of an inexpensive character, or the act of repayment may be omitted altogether with profit for a limited period. As a general thing, however, it is good economy to pay debts of this kind in the manner suggested.

One very considerable economy needs the co-operation of another family. Let two young people get engaged, and no marketing to speak of need be done. The engagement need only be temporary, but every one is expected to give a dinner to the happy pair prospective. If the honeymoon ever rises for said pair, it will probably be spent in taking sure cures for dyspepsia.

That reminds me that is far better to pay the butcher than the doctor. In fact, it is better to pay any one than the doctor. Therefore, if a member of the family fall ill, it is clearly imprudent to waste money in the employment of physician, or upon drugs and medicines. Instead, rather spend the money upon prime cuts of meat and artificially raised fruits and vegetables. If the sick person cannot eat of these luxuries, the well ones, including yourself, can eat them; so that not only is money saved but there is a distinct and acceptable gain to you in manner and diet.

Speaking of food, it is poor economy to buy fancy patented food for water-bugs and roaches. The household pets thrive quite as well on crumbs and bits of meat, and the expense is hardly appreciable. Besides, some of these patent foods might be poisonous, and you might get into trouble with the society whose business it is to protect animals.

And while I am on the subject of pets and food, let me remind you that it is a mistaken idea that children should not be allowed to partake of sweets until the substantial parts of a meal have been disposed of. By permitting the little ones to indulge freely in saccharine foods at the outset their stomachs will become cloyed, rendering it impossible for them to partake largely of other articles, and thus will your meat bill be, in more than one way, sensibly diminished.

### Home Made Awnings.

Get for the frames of your home-made awnings two round pieces of wood, like broom handles. These will do nicely if you have enough of them. Put a screw eye through the end of the broom handle and fasten it to the side of the window by running a hook through it. Pinch the hook shut so that the eye will not slip out. Now fasten to the top of the window casing at the sides two similar sticks, but longer, as they must reach out to the outside edge of the awnings. Place another round stick between the end of the stick which you put in the lower part of the window and the end which you put in the upper part, and you have the awning frame when you have done this on both sides of the window. It is ever so easy. And if you do not understand, look at an awning and you will see for yourself.

A little sail cloth may be bought and the awning part made and sewed on. Of course, as planned, there are no side pieces to the awnings. But this is immaterial and is preferred by many, as it shields without shutting out the view. A little ingenuity and arranging of strings running over the window will lift up the awnings. One woman I know was so ingenious that she got the idea of lifting the awnings above the casing after they were closed. And maybe other women will see how to do this. The screw eye then runs upon a rod placed perpendicularly on the window casing.

### A Bunch of Recipes.

**Caper Sauce.**—Two tablespoonfuls of flour and a half cupful of butter beaten to a cream; then add a pint of boiling water. Set the mixture on the fire and stir it continually until heated to the boiling point; then add salt and pepper to taste, three tablespoonfuls of capers and one tablespoonful of lemon juice. This is the best sauce to serve with lamb.

**Mint Sauce.**—Pick, wash and shred fine some fresh mint, put on it a tablespoonful of sugar and four tablespoonfuls of vinegar. Nice with mutton and lamb.

**Egg Sauce for Fish.**—Take one cupful of butter, rub into it one tablespoonful of flour, half a tablespoonful of salt, and a quarter of a teaspoonful of black pepper; then add a pint of cold water. Heat it, stirring all the time; when it begins to simmer, remove it from the fire, and add two hard-boiled eggs chopped fine.

**Irish Potato Puff.**—Stir two cupfuls of mashed potatoes, two tablespoonfuls of melted butter and some salt, to a fine, light, creamy condition; then add two eggs well beaten, separately, and six tablespoonfuls of cream; beat the whole lightly together, then pile it in rocky form on a dish, and bake it in a quick oven until nicely browned. It will become quite light.

**Potato Snow.**—Select large Irish potatoes of uniform size, and boil in their skins in salt water until perfectly done. The great art of boiling Irish potatoes is not to allow them to remain in the water a minute after they are done, and if they are not properly cooked, the dish will be a failure. When the potatoes are done, drain dry and peel them. Then rub them through a coarse sieve upon a hot dish on the stove. This must be the dish that goes to the table, as it will never do to touch them after the flakes fall into the dish. Let the cover of the dish be hot before it is put on. Serve immediately.

**Baked Cabbage.**—Cook a cabbage till

perfectly done in salted water. Take it up with a skimmer, so as to drain out the water as much as possible. Put it into a dish, cut it up fine, season to your taste with butter and pepper, adding a little more salt if necessary; then add a cup of rich sweet milk—less, if the cabbage is small. Put the whole in a baking dish and cover the top a quarter of an inch thick with rolled crackers or fine bread crumbs, on which put minute pieces of butter here and there. As soon as it browns it is done. Serve in the same dish. This is the most delicious way cabbage was ever cooked. The rolled crackers are put over it to absorb the moisture.

**Pineapple Pie.**—Take the weight of one grated pineapple in sugar, and half its weight in butter. Cream the butter and sugar together, add the well beaten yolks of five eggs, then a cup of sweet milk and the pineapple; lastly the whites of the eggs beaten to a froth. Bake in one crust only. Eat the pies cold.

### "DID YOU EVER KILL A MAN?"

#### An Incident of the Zulu War in South Africa.

This is a question that is often asked of an old soldier; sometimes it is easily answered; oftener it gives rise to doubt and misgivings as to one's actual responsibility for a fellow creature's blood. I will give an instance of the latter phase, by relating an event that occurred to myself during the Zulu war in Africa.

Having been severely wounded at the battle of Uhlundi I was on my way to Maritzburgh, where a very near relative was a high official in the British civil service. I was borne on the shoulders of natives in a species of palanquin, called by them a pukra, and had to bear the burning heat of the day and the no less oppressive closeness of the night with naught between me and the elements save the palm-leaf roof of the pukra. After the second day's journey toward nightfall we came upon the snug home of a Dutch settler. When Livingstone first caught a glimpse of the Nyanza he did not feel a deeper sense of

#### GRATITUDE AND RELIEF

than I did on beholding the humble residence. Soon I was lying on a rough but not uncomfortable lounge in the room that represented parlor, dinner, and drawing-room, while our sable attendants curled up on the veranda with the zest for slumber characteristic of the African, whether on that or this side of the Atlantic. The good frau did her best to make me feel easier, and after the long-drawn pain of the tedious journey, I soon fell asleep. How long I slept know not, but I was aroused by the creaking of the lattice on the window close to where my couch stood. It had been thrown open and the moon was casting its rays into the spacious, if barren, dining-room. I gazed dreamily out upon the peaceful African landscape, bathed in the light of the midnight moon, and was thinking of another landscape, thousands of miles away, and wondering if I should ever see it again, when suddenly a shadow fell across the lattice, and there but a few feet from me stood a man dressed in the uniform of the British infantry. As my relative and his two sons were the only white men in our party, they were lying in various picturesque attitudes, taking a much-needed rest in the same apartment with myself. I could not imagine how this English private came among us. He was advancing stealthily towards the window; and, gracious heavens! how my eyebeheld blood froze as I saw the glint of a sword-bayonet in his hand! But my heart beat faster when on nearer approach, I saw the man's face glisten in his eyeballs. I was too weak to rise from my couch, but the sense of self-preservation remained, and after my life being preserved at least through the fury of Uhlundi's struggle I determined not to die tamely by the hands of a madman. On the table close to my couch the good frau had placed a pitcher of milk, and one of my relatives had lain

#### A BRACE OF REVOLVERS

I reached out and eagerly clutched one of the trusty weapons. As I turned my head the man was partially through the window; the terrible eyes were fixed full upon me, the right arm was upraised, while the left held the lattice. I fired, and being but a boy at the time and weak from loss of blood, promptly fainted. On recovering my friends told me that on the report of the revolver they all sprang to their feet, when they beheld the form of the soldier lying across the window-sill with the blood pouring from a wound in his breast. They rushed forward to seize him, when, to their astonishment, he suddenly sprang erect, and with a yell that made them step back in horror bounded off into the night. Whether he was a straggler from our army who had become demented from sunstroke or some other cause we never ascertained. Probably his name appeared amongst the list of "missing" in the report of that battle that laid Zululand at the feet of England.

#### Had Forgotten His Bride's Name.

Some remarkable instances of absence of mind in great men are to be found in collections of ana. A Dutchman seems to have surpassed anything of the kind yet perpetrated. He is a widower, and he presented himself a day or two ago at the Register's in a little village near Amsterdam to give notice of his intended marriage. On being asked the name of the bride, however, he declared he could not remember it, and he had to be sent away in order that he might get the desired information.

Nature's play is ever new, because she ever creates new spectacles. Life is her finest invention, and death is her artifice to get more life.—Goethe.

The holiest of all holidays are those kept by ourselves in silence and apart, the secret anniversaries of the heart, when the full tide of feeling overflows.—Longfellow.

## AN ESSEX COUNTY MIRACLE.

### How an Old Lady Was Released from Suffering.

**Strong Testimony of a Reliable Witness Added to the Already Long Chain of Evidence—Why Suffer When the Means of Cure Are at Hand?**

From the Leamington Post.  
Mrs. Mary Olmstead, a highly respected and well known lady residing south of the village of Wheatley, eight miles from Leamington, has been the subject of an experience that has created not a little wonder, and has excited so much comment in the vicinity of the lady's home that the Post believes it will prove of general interest.

Proceeding to the handsome farm residence, we were ushered into a room where sat the genial old lady. Upon enquiry she informed us that she was in her eightieth year, and for one of her years she is the picture of health. She expressed her readiness to make public the particulars of her suffering and cure, stating that while she did not care to figure prominently in the newspapers, yet if her testimony would relieve others suffering as she had done, she would forego any scruples in the matter. She then related the story of her case as follows: "About six years ago I was stricken with sciatica rheumatism, which first made its appearance in my left knee, but gradually took possession of all my limbs. Within three months after its first appearance I was unable to leave my bed, and day and night suffered the most excruciating pain. My limbs were swollen to more than twice their natural size, and drawn out of all natural shape. My feet were also badly swollen, and my right arm was in the shape of a semi-circle. For three long years I suffered in this manner, being unable to put a foot to the floor, the only way I could move around was by being wheeled in a chair. My appetite gradually left me until I had no desire or relish for food of any kind, and I got very thin and weak. During all this time I kept doctoring with the medical practitioners of the neighborhood, and swallowed gallons of medicine which cost my husband much money, but I am unable to say that I received any benefit from this medicine. My agony kept increasing and my system growing weaker, till many times death would have been a welcome relief to my sufferings. After reading in the newspapers about the many cures effected by the use of Dr. Williams' Pink Pills, I decided to try them. My case was a stubborn one, and it was not until I had taken half a dozen boxes of the pills that I began to feel an improvement. I continued taking the pills, however, and never had a relapse, and to-day I am as hearty and healthy as I was before the rheumatism came on. I am now able to knit and sew as fast as any young person, while for years my fingers were as stiff as needles. I owe my recovery entirely to Dr. Williams' Pink Pills, and will always have a good word to say for them.

Dr. Williams' Pink Pills may be had of all druggists or direct by mail from Dr. Williams' Medicine Co., Brockville, Ont., or Schenectady, N.Y., at 50c. a box, or six boxes for \$2.50. Sold only in boxes, the wrapper around which bears the company's trade mark. Do not be persuaded to try something else.

#### English Trade in Siberia.

A correspondent of The London Times writes: "Capt. Wiggins, so well known in Siberian circles, is bent upon opening the Yenesei district of Siberia to English trade. The end of this month he intends to proceed to that region with a cargo of English goods, which he will dispose of to the best advantage possible, with the view of establishing a regular business."

#### Decidedly in Doubt.

First Villager—"How do you like your new neighbor?"  
Second Villager—"Can't tell yet whether I like him or hate him."  
"Why so?"

"The first thing he did was to put up a high board fence, and I haven't been able to discover whether it is to keep his chickens in or my chickens out."

#### Must Have Votes.

Friend—"Is your candidate an honest man?"  
Citizen—"Um—well, he will be, after election."

#### In Self-Defence

you ought to keep your flesh up. Disease will follow if you let it get below a healthy standard. No matter how this comes what you need is Dr. Pierce's Golden Medical Discovery. That is the greatest flesh-builder known to medical science far surpassing filthy Cod liver oil and its nasty compounds. It's suited to the most delicate stomachs. It makes the morbidly thin plump and rosy, with health and strength. The "Discovery" is sold on trial. In everything that's claimed for it, as a strength restorer, blood cleanser, and flesh-maker, if it ever fails to benefit or cure you have your money back.

Rupture or breach, permanently cured without the knife. Address for pamphlet and references, World's Dispensary Medical Association, Buffalo.

The first furrow plowed by electric plows in America was on March 30, 1892, at the Kansas Sorghum Experiment Station.

#### Do You Suffer Pain?

Does a dull aching of nerve or muscle, or the acuter pangs of neuralgia, toothache, or lumbago make life a misery? Thousands are compelled to suffer day in and day out simply because they are unacquainted with the extraordinary pain subduing power of Nerviline—the great nerve pain cure. It is certain to cure nerve pain speedily. Nerviline cures toothache: rheumatism, neuralgia: lumbago, &c. Nerviline is powerful, penetrating, and effectual. Sold everywhere.

It is never worth while to suggest doubts in order to show how cleverly we can answer them.—Whately.

The Tree of Heaven is the common name for the Al'anthus, a very tropical looking tree. Brown Bros. Co., Toronto, Ont., tell us that it is not a very satisfactory grower for our section. This house wish an agent here. They pay salary and expenses and offer liberal inducements.

## No Disappointment.

Disappointments of one kind and another crop up all along life's pathway, for unfortunately it is the unexpected that always happens. There is at least one article of acknowledged merit that never disappoints. Putnam's Painless Corn Extractor is sure to remove the worst corns in a few days, and as no claim is made that it will cure anything else, it cannot disappoint. If you have hard or soft corns just try it. Beware of the article "just as good." N. C. Polson & Co., proprietors, Kingston.

### Recipe.—For Making a Delicious Health Drink at Small Cost.

Adams' Root Beer Extract.....one bottle  
Fleischmann's Yeast.....half a cake  
Sugar.....two pounds  
Lukewarm Water.....two gallons

Dissolve the sugar and yeast in the water, add the extract, and bottle; place in a warm place for twenty-four hours until it ferments, then place on ice, when it will open sparkling and delicious.

The root beer can be obtained in all drug and grocery stores in 10 and 25 cent bottles to make two and five gallons.

Mr. W. M. Carman, the champion bicyclist of Canada, writes that he considers St. Leon the very best thing to drink while in general training.

A. P. 722.

## Thousands of Dollars

I spent trying to find a cure for Salt Rheum, which I had 13 years. Physicians said they never saw so severe a case. My legs, back and arms were covered by the humor. I was unable to lie down in bed, could not walk without crutches, and had to have my arms, back and legs bandaged twice a day. I began to take Hood's Sarsaparilla and soon I could see a change. The flesh became more healthy, the sores soon healed, the scales fell off. I was soon able to give up bandages and crutches, and a happy man I was. I had been taking

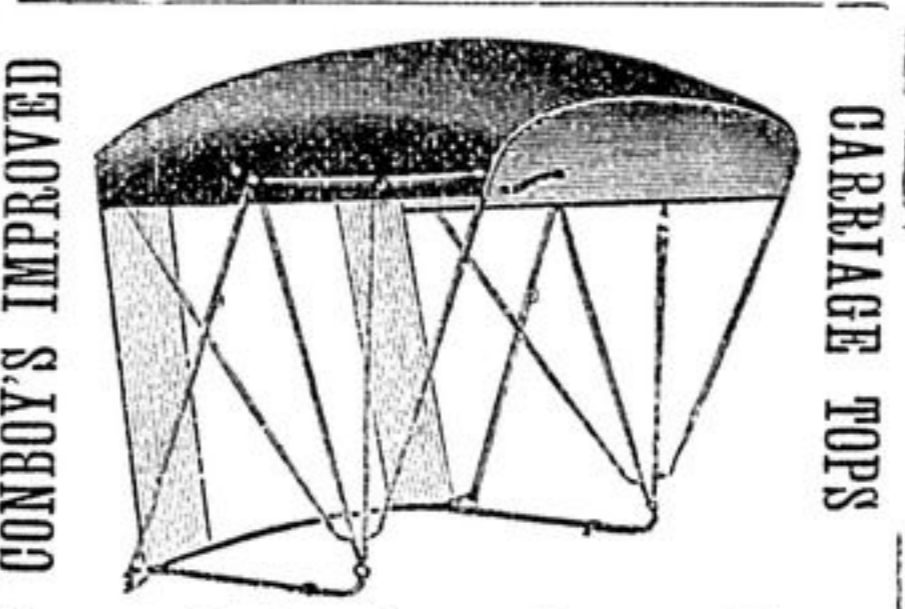
## Hood's Sarsaparilla

for seven months; and since that time, 2 years, I have worn no bandages whatever and my legs and arms are sound and well." S. G. DERRY, 45 Bradford St., Providence, R. I.

HOOD'S PILLS cure liver ills, constipation, biliousness, jaundice, and sick headache. Try them.

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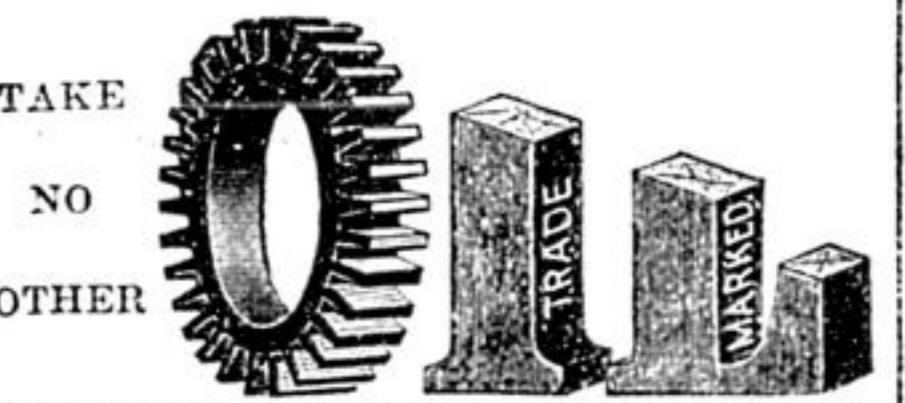
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I have been drinking St. Leon Mineral Water regularly for four years, and consider it the very best thing to drink while in general training. It is an excellent regulator, having completely cured me of constipation and kidney trouble.

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