The Excessive Use of Badly Prepared Tea

a cause of Mental Failure in Ireland. A report upon insanity in Ireland, which has just been issued, enumerates, among tious dietary of the poorer population, tending to produce anæmia and constitutional weakness, which favor the development of scrofulous and neurotic disease, and the immoderate use of certain nervous stimulants, particularly tea and tobacco.

"While the moderate use of properly prepared tea," the report adds, "is regarded as innocuous, or even beneficial in its action on the nervous system, its ill effects when decocted or over-infused, on persons who make it their staple article of dietary, are dwelt on by almost all the resident medical superintendents in their several reports. Undoubtedly the method of preparation adopted, and the excessive use of this article of diet, now so general among our poorer population, tends to the production of dyspepsia, which in its turn leads to states of mental depression highly favorable to the production of various forms of neurotic disturbance. The excessive use of tobacco also, especially among the young, whether by smoking or chewing, in the opinion of certain of our medical superintendents, acts, though perhaps in a minor | Medical Association, Buffalo, N. Y.

degree, injuriously on the nervous centres." In many parts of Ireland it has been found that bread and tea have been substituted for porridge and milk, and for potatoes also; that the tea used is generally of an inferior quality, and the method of preparation is to put a quantity in the teapot early in the morning and to allow it to stew during the day, water being added as Mr. John McGovern, of Toronto, Relates an required.

200 MURDERS IN A YEAR

Organized Outlaws Terrorize a Section of of the great discoveries in medicine, and the Pennsylvania-200 Murders and Two Millions Damage.

in the Wyoming, Pa., coal fields, and hardly | drag out a miserable existence as hopeless a week has passed since January that a invalids, or helpless cripples, are now, crime of a heinous character has not been | thanks to the advance medicines has made, committed. Within the last three months restored to the fulness of health and crime has been on the increase, and Captain | strength. Mr. John McGovern, who resides | Whelen, chief of the detective department, at No. 2 Alpha avenue, in this city, has states that 35 mysterious and brutal assaults | good cause to appreciate the truth of the have been committed, besides other atrocious above statements. Mr. McGovern was

traced to Hungarians and Slavonians, who of Ontario. A Globe reporter who had have managed to escape. Entire communi- heard that he had been restored to health, ties have been terrorized by members of an after an illness which threatened to leave oath-bou d organization, whose influence him a hopeless cripple, called upon him at appears to reach from the anthracite coal his residence, recently, and was given the regions of Northern Pennsylvania to the following interesting account of his case :boundary of Central Pennsylvania and west of the Alleghany Mountains to the coke McGovern, "two years ago when I was livcountry

state enumerated shows that during the and knees, and the doctors thought it was last year over 200 murders have been per- rheumatism. I couldn't walk a block petrated and but seven of the murderers without wanting tosit down, and even to apprehended. The same body of organized | walk downstairs wshard work. It afflictoutlaws committing these crimes has also ed me terribly. I was all right in other been guilty of the wholesale destruction of ways but for this terrible weakness. For property, and the value alone of the coal- a year and a half I suffered from this, but breakers and other mine works destroyed by sheer force of will held out against it, in the anthracite country amounts to nearly and managed to get about, but six months \$2,000,000. So great has been outlawry ago I broke down completely, and had to within a recent period that the authorities give up my business. I then removed to have determined to adopt more resolute measures to apprehend the law-breakers.

SMALL-POX IN MEXICO.

Ignorant Natives Look Upon It as a Visita. tion of Divine Wrath.

cans have an uncanny religious superstition nothing to help me or give me about small-pox," said a traveler recently. relief. All this time I was unable to "On a recent visit to the interior of Mexico | do anything, and, had I not fortunately I saw mothers carrying around in their had a little money laid by which enabled arms babies whose little bodies were almost eatenup by small-pox. I was of course shocked | upon my family for support. Well, while at the frightful spectacle, and even offered I was in this terrible shape, my eldest son one deluded mother money if she would take | prevailed upon me to try Dr. Williams' her terribly afflicted child home and call in | Pink Pills, and early in last July I began to a physician to attend to it. But she re- use them, and I took them steadily during fused my proffer with scorn, and began to | that month and the two following months. croon some weird incantation as she tender. Before the first box was finished I began to ly caressed the little half-clad sufferer in get relief, and from that out I steadily her arms. I afterward learned that the improved until I was able to discontinue ignorant class of Mexicans consider an the use of the Pink Pills, feeling that I was outbreak of the red pest in their miserable fully restored to health. I am satisfied in hovels a visitation of divine wrath for some | my own mind that had it not been for Dr. sin they have committed. So set are they William's Pink Pils I would have still been in this belief that they will do nothing helpless and suffering, and I have much whatever to check the ravages of the dis. reason to be thankful that my son persuadease, except when it attacks their infants, ed me to use them. Thanks to Pink Pills to take the victim in their arms, press them I am now a new man and intend soon to closely to their breast, and pray devoutly resume my work." and continuously to God to forgive them | Dr. Williams' Pink Pills are a perfect for their wickedness. Of course the small- blood builder and nerve restorer, curing pox runs its course after a while, though | such diseases as rheumatism, neuralgia, never before claiming several members of partial paralysis, locomotor ataxia, St. every family as victims; but not until it does are the afflicted parents purged of their

Wounds on Trees.

The wound made on a tree, by a horse peeling away the bark, should be immediately covered with grafting wax applied when hot with a paint brush, or some similar implement. If the surface of the exposed wood was left rough by the teeth of the horse, scrape it smooth before applying the wax. A few cents' worth of wax, to be obtained at almost any seed store, will be sufficient, and it may be melted in a tin dish or small iron kettle. Atter applying the wax you may dust the surface with dry sand soil, or any dry coloring matter to hide the wound and make it less conspicuous should you desire to do so. The object of applying wax, paint, tar and other similar materials is merely to protect the exposed parts until it is recovered by a new growth of wood and bark, which may require one or a half dozen years, according to the size of the original wound.

CANADIAN CATTLE

To Be Marked Isolated and Slaughtered at Special Abattoirs.

A London despatch says :- The official Gazette publishes an order directing that Canadian cattle imported to England be marked at the ports of arrival, and that they be isolated and killed at special abattoirs. The carcases of such cattle are not to be removed without the permission of the inspectors of the Board of Husbandry. In addition the lungs of these cattle are notto be touched until examined by the inspectors. The order went into force on May 15.

How Editors are Treated in China.

Nineteen hundred editors of a Pekin paper are said to have been beheaded. Some would shudder at such slaughter, who are heedless of the fact that Consumption is ready to fasten its fatal hold on themselves. Dr. Pierce's Golden Medical the causes of mental failure, the innutri- Discovery is the efficient remedy for weak lungs, spitting of blood, shortness of breath, bronchitis, asthma, severe coughs, and kindred affections.

> Stamps, La Fayette Co., Arkansas. DR. R.V. PIERCE: Lear Sir-I will say this to you that consumption is hereditary died with the disease. My wife has a sister, Mrs. E. A. Cleary, that was taken with consumption. She used your "Golden Medical Discovery," and, to the suprise of Try Polson's Nerviline her many friends she got well. My wife has also had hemorrhages from the lungs, and her sister insisted on her using the "Golden Medical Discovery." I consented to her using it, and it cured her. She has had no symptoms of consumption for the past six years.

Yours very truly,

W. C. ROGERS, M.D. Delicate diseases in either sex, however induced, speedily cured. Book sent securely sealed, 10 cents in stamps. Address, in confidence, World's Dispensary

WONDERFUL ADVANCES MADE IN THE LAST FEW YEARS.

Experience of Deep Interest-Utterly Helpless and Suffered Greatly Before Relief Came.

From the Toronto Globe

Very little is heard by the general public For a long period lawless sess has pevailed | People who a few years ago were left to formerly an agent for agricultural imple-In every instance the crimes have been | ments, and is well-known in different parts " My trouble first began," said Mr.

ing in the Village of Bolton, in the County The criminal record of the sections of the of Peel. The trouble was all in my elbows Toronto, and for three months after this I was in terrible shape. I was almost always confined to my bed, being able to come down stairs for a little while perhaps once a day. I suffered all the time from a terrible soreness in the joints, and at this juncture my appetite began to fail, and I was only able to eat the lightest food, "The poor and ignorant class of Mexi. and not much of that, I could find me to go on, I would have been dependent

> Vitus' dance, nervous headache, nervous prostration and the tired feeling therefrom, the after affects of la grippe, diseases depending upon humors in the blood, such as scrofula, chronic erysipelas, etc. Pink Pills give a healthy glow to pale and sallow complexions, and are a specific for the troubles peculiar to the female system, and in the case of men they effect a radical cure in all cases arising from mental worry, overwork,

> or excesses of any nature. Bear in mind Dr. Williams' Pink Pills are never sold in bulk, or by the dozen or hundred, and any dealer who offers substitutes in this form is trying to defraud you and should be avoided. Ask you rdealer for Dr. Williams' Pink Pills for Pale People

> and refuse all imitations and substitutes. Dr. Williams' Pink Pills may be had from all druggists, or direct by mail from the Dr. Williams' Medicine company, Brockville, Ont., or Schenectady, N.Y., at 50 cents a box, or 6 boxes for \$2.50. The price at which these pills are sold makes a course of treatment comparatively inexpensive as compared with other remedies or medical treatment.

Cheap, Efficient, Prompt.

A marvel of cheapness, of efficacy, and of promptitude is contained in a bottle of that famous remedy, Putnam's Painless Corn Extractor. It goes right to the root of the trouble, there acts quickly but so painless.

ly that nothing is known of its operation until the corn is shelled. Beware of sub
Mows-1870-75-Frech from the Bindery. Also eight years London Graphic to date-unbound -good as new. For sale at half original cost.

Address-J. Stuart Coleman, 31 Breadalbane stitutes offered for Putnam's Painless Corn Extractor—safe, sure, and painless. Sold at druggists.

The play of color in the opal is due to minute fissures in the stone.

Wash your linen with Wide Awake Soap and see how beautifully white it will be.

AMONG THE GEMS.

Curiosities of the Precious Stones-Where They are Found and What Used For. Obsidian is a lava glass.

Wide Awake Soap is a mammoth bar of pure soap. Try it.

Nerve Pain Cure Polson's Nerviline cures flatulence, chills and spasms. Nerviline cures vomiting, diarrhoea, cholera, and dysentery. Nerviline cures headache, sea sickness and summer complaint. Nerviline cures neuralgia, toothache, lumbago and sciatica. Nerviline in my wife's family; some have already cures sprains, bruises, cuts, &c. Polson's Nerviline is the best remedy in the world, and only costs 10 and 25 cents to try it. Sample and large bettles at any drug store

> Moontsone is a variety of feldspar. Wide Awake Soap will do more work and do it better than any other soap in the world. Try it.

Jet is a species of bituminous coal.

What a Toronto Man Says. For some time I have been a sufferer from dyspepsia, so much so that I completely lost my appetite, and through weakness could hardly walk. Three weeks ago I commenced drinking St. Leon Water, resulting in a sharpened appetite, good digestion, and am now completely cured. D. CURRAN, 188 Berkeley Street, Toronto. Sold by all Grocers, Druggists and Hotels.

The best rubies come from Burmah. I say, Tom, my wife got a bar of Wide Awake Soap last week; she says it is the best she ever used for washing. I tried it in my bath on Saturday night and I tell you it beats them all for a toilet soap. You just try it.

The finest turquoises come from Persia. Recipe.-For Making a Delicious Health Drink at Small Cost.

Adams' Root Beer Extract.....one bottle countless scores of lives that are saved by add the extract, and bottle; place in a warm H. Schiller and Co., Toronto. the advancing knowledge of medical science. | place for twenty-four hours until it ferments, then place on ice, when it will open sparkling

The root beer can be obtained in all drug and grocery stores in 10 and 25 cent bottles to make two and five gallons.

The beautiful green of malachite is due to copper.

Wide Awake Soap can be used in hot water, in cold water, in hard water, in soft water, in any way you choose; it makes the clothes clean and sweet and leaves the hands soft and smooth.

Sunstone is only a variety of avanturine feldspar.

For Making Root Beer During the summer months a more delicious drink than Root Beer could not be desired. For the benefit of our readers we give this recipe. Take

Snider's Root Beer Extract one bottle Luke Warm Water - - o gallons Dissolve the sugar and yeast in the water, add the extract, and bottle, place in a warm place for twenty-four hours until it ferments, then place on ice, when it will open

sparkling and delicious. The Root Beer Extract can be obtained at all Grocers' and Drug Stores, at 25c. per bottle. Snider Mfg Co., Toronto.

The star sapphire shows in its depths a white star with five rays.

Do you use soap? Why not use Wide Awake then? it is guaranteed absolutely pure and is the best in the world.

Hood's Cured Others Failed

Scrutula in the Neck-Bunches All Cone Now.



Sangerville, Maine.

.C. I. Hood & Co., Lowell, Mass.: "Gentlemen:-I feel that I cannot say enough in favor of Hood's Sarsaparilla. For five years I have been troubled with scrofula in my neck and throat. Several kinds of medicines which I tried did not do me any good, and when I commenced to take Hood's Sarsaparilla there were large bunches on my neck so sore that I could

not bear the slightest touch. When I had taken one bottle of this medicine, the soreness had

gone, and before I had finished the second the bunches had entirely disappeared." BLANCHE ATWOOD, Sangerville, Maine. N. B. If you decide to take Hood's Sarsapa-

rilla do not be induced to buy any other. Hood's Pills cure constipation by restor-

the peristaltic action of the alimentary canal W. J. HUNTER, Ph.D., D.D. A series of

chapters to men on social purity and right liv-ing. It is written in plain language that all may understand. Live Agents wanted. Cir-culars containing terms sent on application. William Briggs, Publisher, Toronto, Ont. BOOKS FOR SALE. 12 Volumes of Il-

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DOCTORS DISTURBED.

Peculiar Case in Philadelphia-The Story of a Pretty Girl.

PHILADELPHIA, May 1.—A case that is creating a great flutter among the medical dove-cots is that of Nellie Tailor, whose parents reside on Powieton avenue. Miss Tailor is a pretty brunette with red cheeks and a smile that would set the heart of the sternest reporter fluttering in two seconds. The facts of the case are sooner told in her own words. "Three years ago," she said, my father moved from the country into Philadelphia. I determined to seek some employment, not wishing to be a burden on the family. I obtained employment in Wannamaker's store and I had not been long there, when the indoorwork began to tell on me. I lost the color in my cheeks and I grew pale and thin. My food did not agree with me and I had a headache all the time. I finaly grew so ill that I had to quit work. The doctor was called in and he said that I was suffering from chronic dyspepsia and habitual constipation and he gave me very little hope of recovery. He gave me several doses that nearly doubled me up with pain but gave no permanent relief. Finally I was that ill that food would only stay on my stomach for a couple of hours. After eating J would suffer from dizziness, and I would see everything double. Then a terrible headache would set in, followed by vomiting and pain. I tried a lot of medicines of different kinds but they did me no good. At last a friend advised me to take Schiller's Sarsaparilla Pills. . I followed his advice, and much to the wonder of my friends I began to recover at once. Ten boxes of Schiller's Sarsaparilla Pills have completely cured me. My mother was completely run down nursing me and Schiller's Sarsaparilla Pills have cured her also." Know your own mind. If your druggists Fleischmann's Yeast......half a cake | will not get Schiller's Sarsaparilla Pills send

A. P. 710



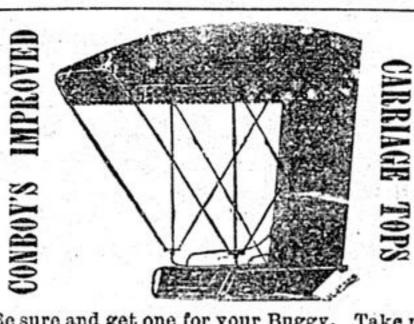
It is sold on a guarantee by all drug-gists. It cures Incipient Consumption and is the best Cough and Croup Cure.

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Stream, has given warmth to wide waters and vendure to many lands, and giving an account of its various influences and institutions of to-day. To which is added "The Story of Metho-dism in the Dominion of Canada," by Rev. Hugh Johnston, M. A., D. D., and "The Story of the Epworth League," by Rev. Joseph F. Barry, D. D. Embellished with nearly six hundred portraits and views, with classified index of nearly 3,000 references. Agents should drop all else and secure territory. Such chances come only once in a lifetime. Extensive territory given; full protection. Go to work now, and you will make money. Territory going rapidly; act now; no capital needed. Write at once for particulars to

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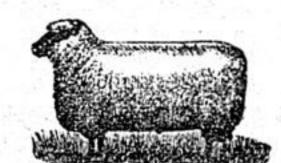
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Impoverished and impure blood is alays effectively restored to vigorous condition by this wonderful remedy. Cures Coughs, Colds and all Wasting Diseases. Almost as palatable as Milk. Prepared only by Scott & Bowne, Belleville,



P. O. address will mail DR, TAFT BROS. MEDI-CINE Co., Rochester. N. Y. Toronto Branch 186 Adelaide St. W.

Use Dr. Tart's White Pine Syrup for Cold



It rates promptly and effectually in destroy ing Ticks and other vermin pests, as well as in eradicating all affections of the skin to which Sheep are subject. No Sheep-owner should be without it. As a certain cure it has hitherto proved infallible. Price 35 cents, 70 cents Toronto, Ont. and \$1 per Box. A 35 cent box will clear about 20 sheep. Sold by all druggists.

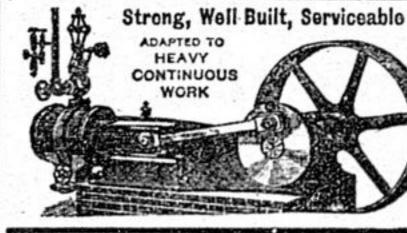
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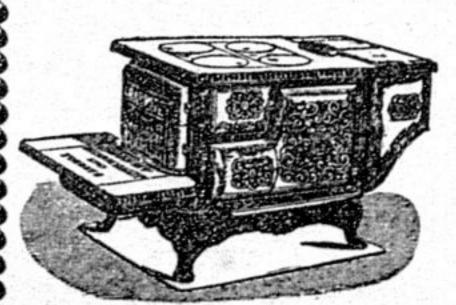
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