Method Described by One who is Hanged Twice a Week.

"So was have never heard of the hanging cure?" said a well-known member of the diplomatic corps to us the other day. "You never heard of it? Really-I thought every one knew about the hanging cure." "What do you mean?" we asked in all innocence. "Hanging is a cure, certainly, but one some what too effective to be recommended to the ordinary patient." "Nonsense!" was the reply. "I mean the hanging cure as a remedy for nervous diseases especially, and ataxia." "No, I have never heard of it; tell me what you mean." And thereupon our visitor set forth his explanation of the new method of treatment, which is becoming exceedingly, popular:

"It is a Russian invention, but it is coming into vogue chiefly through Dr. Charcot of the Salpetriere. Its secret is this, that in certain maladies of the nervous system, es pecially those which bring about either semiparalysis or incapacity to move the limbs, the mischief is due to the fact that your spinal cord gets 'crinkled up,' and in order to remedy the evil you must stretch your spinal cord."

"That is easier said than done; how can

you stretch a man's spinal cord?" "By hanging him," was the answer, "by hanging him in such a way as to cause the whole weight of the body to fall upon the spine as a means of strengthening the spinal marrow. It is very simple. I am hanged regularly twice a week, and the result in my case has been quite extraordinay. I do not suffer from ataxia, but I have a very inveterate pervous complaint, which has incapacitated me for active work for some time past. I am now almost completely well-at least, after a course of treatment at some baths in France I hope to be completely restored to my former health. For years I have suffered many things from many physicians, and all that they could do for me was to slightly alleviate the active irritation that was caused by over exciting the nervous system."

"But I thought hanging was not remedy for that, but for ataxia?"

"Quite true; and when I went to the Sal petriere they were in very grave doubt as to whether they would subject me to the treatment, as my malady was at once declared to be over excitement of the nerves. Nevertheless, they strung me up, and I experienced very great relief."

" Pray tell me how they string you up." "This way," said the gentleman interviewed, producing a diagram of the hanging apparatus by which the patients are suspended in mid-air for the purpose of stretching their spinal cords. One part of this rests under the chin, the other under the back of the head. The patient is then hoist. ed off his feet and allowed to hang."

"How long do you hang!" "At first not more than one minute. Afterward it is possible by practice to ex tend the period of suspension to as much as three or four minutes. I have never been able to hang more than two minutes at a time. Four minutes is the outside—no one has been known to hang longer than that, and I do not advise any one to try the experiment. One wretch who made an involuntary trial hanged himself in grim earnest. He was alone and found he could not lower himself at the right time. He remained hanging until the spinal cord snapped and he was found dead."

"Is it then so dangerous?" "Very dangerous if you suspend yourself without another person in the room. Not at all dangerous if you are accompanied by a judicious and trastworthy friend. I am always hanged in the presence of my doctor, who takes care to lower me as soon as the suspension has lasted two minutes."

"What is the sensation?" "The sensation is not difficult to imagine. If any one takes you by the chin and back of the neck and tries to pull your head off, you can form some conception of what your feelings are when the weight of your body is hanging upon the spinal column. At the end of a minute you experience a sensation of intense weariness, and when you are cut down, or lowered rather, to your feet you feel as if you had walked to the top of the Eiffel Tower without resting. You are utterly exhausted, but that soon passes off and you experience an almost immediate relief. When I went to the Salpetriere I went with a young American who had been for three years helplessly paralyzed. He

was driven to the door and carried in a chair up the steps into the operating room. He was duly hanged, and before I left Paris he was able to walk the whole way from his hotel to Dr. Charcoi's. It was a remarkable cure and there are many like

"How was the treatment found out?" "It was partly by accident. An American doctor was in the habit of suspending his patients for the purpose of making a plaster cast in cases of curvature of the spine. From this they received great benefit, and his method was adopted in Russia by a doctor of the name of Motchowoffski. One day he found that a patient of his whom he had suspended for the purpose of putting on this plaster cast had broken the cast, so that the benefit which manifestly resulted from his treatment, could not be attributed to the cast, From this he inferred that the improvement was really due to the suspension. A few experiments soon satisfied him that this was the case, and he took to hanging his patients as a regular method of treatment. Dr. Charcot, hearing of the results that had followed from a Dr. Raymond, who had been on a medical mission to Russia, conducted a series of experiments in the Salpetriere and found that the treatment worked marvels. It is now adopted as a regular method of treatment at the Salpetriere, and nervous patients have experienced therefrom the greatest possible advantage. In no case has any injury to the patients followed its adop tion. When I left the Salpetriere I took over with me the complete set of suspensory apparatus, and am now being hanged twice a week regularly in my own rooms. There is no reason why you should not have an apparatus erected in your office in which you can stretch the spinal cords of all nervously irritable persons.'

#### Lots of Them.

your fellow men," said a traveling man to a | that the signature N. C. Polson & Co. apfriend who had been railing at human nature | pears on each bottle. Beware of poisonous in general. "Remember that all men are your brethren."

"Yes," was the reply, "I do; and I've got a tremendous lot of mighty mean rela-

THE JAGUARS OF CHIHUAHUA.

Hunters Have a Terrible Fight with Three of the Golden-coated Brutes

Paul Gillett, an old Indian trader and hunter of Yuma, is at the American Exchange. For fifty years he has been a conspicuous figure in the Colorado and Gila River districts. He has taken part in a number of severe brushes with the Apaches and other tribes, but in his old age, owing to the military forces on the frontier, and the lessening of Indian difficulties, he is now devoting more attention to hunting. His eye is yet undimmed, and though now near ly seventy years of age he is strong and stalwart. It would take a book to tell of his varied experiences. Moreover, he is inclined not to talk much of himself. However, he consented to tell an "Examiner" representative of a strange experience he had with a royal Chihuahua tiger, as animal of which nothing is known so far north as San Francisco.

"You must know," said he, "that these tigers are the most beautiful animals in America. They are robust and seven or eight feet long, a beautiful golden color, and spotted like a leopard. The royal tiger of Bengal is striped, and has no dots on him. Moreover, his general color is dun, and not gold, like the tiger of the Aztec races. A thorough-going cat in all his movements, sly, and light of tread, and with the strength | per. of a Hercules, a man cannot afford to fool round too much when he meets one out

under the Southern pinion trees. "It was in September that myself, Tim Estabrook, and John Wilkinson were camp ed at our mines at the head of Dolores Canon. A party of Mexicans came in and reported that they had found an old Spanish mine a few miles out. The Spanish mines were to a large extent covered over and concealed at the time of the revolution, and | Paradise. A Treatise especially written many of them were lost mines that the Mexicans said. We set off after it, carrying our express rifles with us, for we never in that section go out nnarmed, for fear of renegade Apaches, let alone vicious wild animals. After an eighteen mile jaunt we came to the entrance of the mine. The earth covering had fallen in, and, though wreck and ruin were all around, there was a good-sized aperture, and we had no difficulty in entering it. We had advanced about fifty yards in the long desolate tunnel, and if there is anything desolate in this world it is the dark, fin No. 8, The Great Health Renewer; class security. Apply to damp tunnel of a deserted mine. We carried pine fagots in hand to give us light, and were moving along in a stooping posture, as miners go, when all of a sudden I noticed great big tracks in the soft mud at the bottom. 'Good heaven I' said I, 'there are bears in here, and if we don't get out we are done for.' We beat a hasty retreat, and reaching open air again gathered dry bushes and sticks to smoke them out. We stacked them up pretty high in the mouth of the tunnel, and threw dirt on them to cause them to smoulder and throw the smoke backward.

Then we sat down with our guns to await the enemy. We had sat there fifteen or twenty minutes, and were tired of holding our guns so long, and began to talk about other things. Still nothing come. We discussed a variety of subjects; our attention became entirely relaxed, and I was in the midst of a story, when booh ! booh ! a great golden tiger leaped over the fireand us with a great bound. In a twinkling another, with the same booh! booh! and bigger than the other, leaped the barrier, collided against Estabrook, knocked him down, and went flying beyond like a greased streak of lightning. Every last one of us forgot his gun and went racing around trying to find trees to climb. An old she tiger and two kittens with piercing howls, next followed, and went clambering up the hillside after the other two. By this time every one of us was either perched in a tree or shinning up a sapling. Our guns werelying scattered on the ground, and, old hunters as we were, we were clearly beaten. Perched in our trees, after our fright was over we indulged in loud shricks and laughter. The situation was too ludicrous. But we resolved to get after these tigers, and we did it. We got a skilled Mexican trailer to go with us, and we trailed them across gulches, through shrubs, and finally caught a glimpse of one perched in a rockycleft. Wilkinson brought him down by a shot in the heart. He was a very fine one, large and powerful, and with a magnificent skin.

" Into the next canon we traced the other tigers. They travelled almost together, going only fifteen or twenty feet apart in places. The Mexican at last corralled them in a soft limestone mountain, crumbling in pieces like chalk, and with holes in one side made by weather and animals. It was their other retreat. This time, while we made preparations to smoke them out, we stationed ourselves one hundred yards away, spread far apart so we could get a good aim at their bodies while they ran. The first came bounding out like a shot out of a gun, but we were on the alert this time, and three bullets pierced him and laid him low. Then the old one and her young came along, shot into them, wounding the big one, and she turned on us. Estabrook was caught and his coat torn off. Turning to flee, the tiger caught him by the left hand and put Publisher, Toronto. her teeth through it and crushed it. The kittens, weighing about one hundred pounds apiece, would not run, and advanced to aid in the fight. A rifle ball from one of us crip pled one and laid the other low, and on we rushed, firing all the while, to the aid of Estabrook. Some way we missed the brute. We have to fire with the greatest care to keep from hitting the hunter, and it seemed to me it was fully five minutes before we planted the fatal bail in her.

teeth of the tiger that he has never recovered from it. His hand was so torn that two of his fingers hung by shreds of fiesh, and his. arm above the wrist was also lacerated This was the closest call I ever had with any wild animal. Bear and deer and other kinds of game on the borders I have killed in large numbers, but there is nothing on the frontier now that is so vicious as this tiger. Estabrook is now, at San Bernardino, laid up from his tiger fight."

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