dian country in Texas. Great Britain has 13,000 registered chem-

ists and druggists and 23,000 registered medical practitioners. On the western end of the Canadian Pacific road 8,000 Chinamen and 3,000 whites

and Indians are employed. Out of 9,727,992 registered letters and packages carried last year by the Post

minute and uses 3,000 cubic feet, or about 375 hogsheads, of air per hou-.

Three thousand depositors in Continental savings banks have not made inquiries about their money for twenty years past.

was purchased by J. C. Symmes about ninety years ago for sixty-seven cents per acre.

A sleeping-car porter who travelled 650 miles with ten passengers worth over \$3,only fifty cents.

factories, with 29,232 workmen. The capi-

opening one it is not uncommon to see the pieces of the broken shell move off in different directions.

\$671,179 over the preceding year. Farmers in the United States have \$12,-210,253,362 of capital invested in their busi-

ness. This sum includes farms, implements, live stock, fertilizers, and fences. Massachussetts fisheries employ 25,117 Dugan. persons, and at lease 100,000 persons are As she set off with her charge, Carney supported by this industry, which has just felt anxious and hurried. Ben, on the con-

There were on the farms in the United States on June 1st, 1881, 10,357,981 horses, 1,842,599 mules, 993,970 oxen, 11,443,590

The gold annually taken from the Siberian mines is estimated to be worth \$6,000,000. The first discovery of the metal in that country was made at the beginning of this century. The average cost of an expedition in search of gold is estimated at \$3,000.

asylum. The minister said that all mem- to see dhis!" bers of the Reformed and Luthern Churches were condemned to eternal punishment.

As a squirrel that had been shot at in Plumas county Cal., jumped from the tree unhurt, the hunter's dog seized it. The Equirrel caught the dog by the lip. Unable at once. to shake the squirrel off, the dog ran to a stream near by and, plunging the squirrel under water, held it there until it was her alone. Come ! The police must have the

"Our first children all died," sa'd a resident of the village of Fort Valley, near Americus, Ga., "and, as we were deeply anxious to 'raise' some, we have named those now living after animals. Knowing that animals receive the special care of Providence, we call our children Fox, Coon, Rab-

Salt Spring Valley, Cal., Amos Ross saw a ponement, and sank to the floor. large antlered buck bound in among them.

a merchant in Madison, has been found in a profuse perspiration in the early morning, with a print of a leg on either side, as if he had been ridden bare-backed. The stable is locked at night, and the horse is in his stable at daylight every morning, but for the past few mornings he is panting as if he had just returned from a long jauth, and is wholly unfit for service during the entire day. The more ignorant are much agitated fashion over the matter, contending that witches

upon a motion made on b.half of Dr. Carney a specimen of his vengeance, and Fischer that the child be examined before | then to fly. the trial by two regular physicians to be named by him .- N. Y. Sun.

Fifty years ago few people knew much about ventilation, or, indeed, believed much in its importance; and a crusade in favor open window; they inhale the "winged odors" of the street, they murmur their formula, "A little fresh air:" they lave cleared their consciences, and are happy. And in travelling what do we not suffer from this ignorant conception of "fresh air!" We have all seen the lady who must have the window open in the railway carriage; in the summer she breathes the railway sparks and cinders, and she catches a severe cold on every winter journey; nothing short of pneumonia will convince her narrow ignorance that there are other things to think about in travelling than what she calls "fresh air."-T. M. Coas, in Harper's Magazine for May.

The word "splendiferous" is being revived. It was formerly a word in good usage, meaning from its derivation, "splendor bearing," but of late years has been rarely heard except from the lips of gushing school-girls, who apply it indiscriminately to sun sets and chocolate-drops. The argupicturesque and expressive adjective, that man. tionaries .- Detroit Chaf.

Actors and Elephants.

The Sencion Salls Gazette.

VOL. XI.

FENELON FALLS, ONTARIO, SATURDAY, MAY 5, 1883

Running as an Exercise.

Among the means which nature has be

The clothing should be light, the head

the exercise is finished, warm clothing

over exert themselves.

Hot Water as a Beverage,

sleep is thereby interfered with. Most na-

9 to 11, a tumbler of hot water brought in-

wholesomest drink, and after a few evenings

draught of tea. The hot water assists to

wake one up sufficiently, and neither to in-

after bed time. In cold weather warm

water is by far the best drink at

of warm water is far wholesomer and more

It is always in order to keep at the neces-

cooling than cold or iced water.

it will be as much relished as the usual

Briefly stated, our farmers' wives, sons to my study or laboratory is the best and

NO 11

The Oldest Friend.

BY LOUISE CHANDLER MOULTON. Oh, Life, my Life! 'tis many a year since we Took hands together, and came through the

When thou and Day and I were newly born-And fair the future looked, and glad and free, A ye ir as long as whole Eternity. And full of roses with no stinging thorn, And full of joys that could not be outworn; And time was measureless for thee and me.

Long have we fared together, thou and I: Thou hast grown dearer, as old friends must grow:
Small wonder if I dread to say good-by
When our long pact is over, and I go
To enter strange, new worlds beyond the sky

With Death, thy rival, to whom none saith

-Harper's Magozine.

DOCTOR BEN.

tunate Unfortunate.

CHAPTER XXXII .- (CONTINUED.)

"We will go on," said Bly, therefore, "and you follow with Hollins, Mrs.

habit, also, during his period of aberration, of keeping a step or two in the rear of any one with whom he was walking.

At the corner where you turn out of King who needed only the small amount of deone with whom he was walking. William street into Cœur de Lion street,

Carney turned to look at Ben, and to had been able to give quicken his pace. He was nowhere to be She stood gazing into space for one

minute, then lifted up both hands, and made a speech to the by-standers :-. It's but wan man in dhis whole wurruld

could 'a' done dhat; an' it's Thomas Mac-A sermon at a revival service at Rouis- hangin' yersilf, an' Misther Ben, an' ivery | minutes !" ville, Pa., sent Jesse Wilhelm to an insane wan uv us! Oh-h-h, dhe day dhat I live

> bad luck !" shecried. "He's gone-he's gone, for. And, as for No. 68, he cared little for Misther Fully."

bad luck for you, old woman.' "But you can't prove it, Bly," said his

temperate friend, Germaine Parson. "Let case now, and at once. It's awfully cruel on old Mr. Hollins."

And so it was. Waiting, waiting in an ecstasy of joy; dashed to the ground, at was too much to be borne. Ephraim Hollins was at Elmswood, and

had Harper and two of the mill-men with him, when the second despatch from Folliss It was a woman. While herding his flock of sheep in the was brought in. He read the words of post-Jean-Jacques says that "souls know no

As he went toward it the buck made a fierce | sex." And men do, for a fact, become explunge at him, but being an acrobat, he ceeding womanly when offices of the soul dodged the blow, and stepping on one side, are confided to them. These three sturdy in aroun' in, like a roarin' lion! Oh, murth-caught the animal by the hind legs. He workmen, therefore, lifted Ephraim Hollins er, but me ribs is all in splinters will com! then whipped out his knife and cut its very tenderly, and bore him to a sofa. One rang the library bell; and, in the tide of women that flowed in at the summons, among ladies and servants these three men mingled not as men, but as vying with the others in

gentle offices. We are on the wings of the wind now. We fly back and forth like electric sparks. From Elmswoods to Toronto is one minute of distance and time. Perhaps Germaine Parson will some day evoke out of the diploidoscope a means of transporting the bodies and portmanteaus of men in a similar

Your pardon is asked; once more the

For this double purpose he kept a watch upon "The Alderney." Great was his astonishment when he saw Ben Hollins enter, in the company with Bly Folliss and his two friends. He harried to the "Cumberland, and charged Brannigan with the worst of treachery. But Tim was coolness compared with Thomas Macrae, and assumed such an air of astonishment, and repeated his story of the drowning with such detail and vehemence, that finally Macrae was thoroughly deceived, and fell into a belief that Tim had been misled at Charlotte.

Again they entered into partnership; and, for his own reasons, Brannigan was as active in the business as Macrae himself. Separately they approached the scene of operations-Princess Christina street, West. And as the twilight came on Macrae's heart leaped; for the door of "The Alderney" opened, and Bly Folliss stepped out upon the street. "Oh, for five minutes with that fellow!" thought Macrae. But Germaine Parson and Jack Brandon followed Folliss : and Macrae, perforce stood still.

But there is no need that this man, in his extremity, should possess the genius of a plotting Richelieu. Events, times, and circumstances are doing his work for him; they have arranged themselves in most sata fear of the Adelon girls sends Folliss and had branched of to a question as to what Parson and Brandon out of the way ; and | "that 'cre gentlem'n as just went out was ahere comes Ben Hollins, shuflling along be- | doin' here. hind that stupid, blundering old woman, and walks straight into Macrae's hands.

pered, "Come Ben !" a quick movement around a convenient corner, a quiet, rapid walk, an entrance into some by-passage of distress-and asked what "the gentlm'n's Mrs. Brannigan's hotel, and all was accom- name" was. plished.

been somewhat disturbed at the repeated cious son.

ments advanced for the revival of the word | alarm. Who was this whom they were | ed?" in its correct significance are, that it is a bringing into her house? Another gentle-

haste?

and as the two did not return from the up- may be." lamented that Mr. Irving should happen to a certain room. They were whispering, contact with Folliss outside.

Macrae to his face : he, meantime, striving to get her attention.

and such wickednesses." As they filed into the public room, the helmet of an officer of the law came within Tim Brannigan's vision; and that worthy swung to arrest you I'll trip him up. himself l'ghtly out of the window, and disappeared. Macrae, however, had never lit worst. I won't be ruined by a parcel of goserally run away from anybody, and did not sipping people and a miserable Bobby nke

know how to begin. Mrs. Brannigan eagerly addressed the officer, and, for emphasis' sake, laid hands upon Macrae, crying out, "Dhere's mischief a-brewin' here, Misther Sixty-eight; an' it's no substantial charge against him?" said

"Oh, no. mim!" answered No. 68. "Not h'angel, he is, for any o' them doin's Why his'n."
I've knowed 'im, myself, any time these five He lo years."

As a fox mother might defend her young one, even with the feathers sticking to his lips, Mrs. Brannigan replied, on Tim's behalf, "Yes, an' never knowed a thing' agen him, neither !" "No, mim!" said Bobby. "He never does

nothin', he doesn't." supported by this industry, which has just the anxious and nations are nations and nations and nations and nations and nations and nations are national nations and nations and nations are national nations. The nations are national nations and nations are national nations and nations and nations are national nations. The nations are national nations are national nations and nations are national nations and nations are national nations. The nations are national nations are national nations and nations are national nations and nations are national nations. The nations are national nations are national nations are national nations and nations are nat No. 68 had not come there to converse accurate description of Ben in his head, and leap. It whirled him along upon its resist- shall never be forgiven at Elmswood, if I let by an immoderate reflux of blood, are uprecognized him at once; but ho would have less current. It was grand to see him; so you go," he said; "and, besides, the train is permost, and the laws of gravitation assist money," said the bank teller to Smithers. liked very much to see Tim Brannigan also, Bly Folliss says. He stood erect; his good moving.

> "I want a boy to go of an errand, Mrs. Brannigan," said No. 68. Boys are numerous in that region, and one | so Bly Folliss says. was forthcoming instantly. No. 68 scribbled upon a piece of paper, "Come with barrier"-meaning probably the boy.

"Take that 'ere dockymunt to Mr. Folliss rac. Oh-h-h! Thomas Macrae, it was at 'Th' Alderney,' young feller; an' don't upon by a miserable scarecrow of a police. In point of fact, Bly Folliss did not de in I the like," says the sagacious Frank, "runall lookin' fair an' best for you, an' now ye | you let no grass go to seed on the way, now. must go on murtherin', an' desthroyin', an' You want to be back here now in about four of as if he were committing a crime. Now come into the cast at the la t moment, and excellent exercise for them." The principal Macrae saw signs enough of the approach-

poor old limbs would permit. "Bad luck- Bly Folliss, if that gentleman had been sent he said this. Macrae's motions. Nothing had been said "Bad luck !" exclaimed Bly Folliss. "It's to him about Macrae. It was only Ben and No. 68. For, the instant the representative "Very much obliged." Tim he wanted. Bly Folliss and Germaine of her gracious Majesty touched him, a And Bly Folliss, without knowing it, boys and girls, but to men; Seneca, who think we are on the way to the funeral of a He suspected treachery on Carney's part | Parson had no knowledge, indeed, of Mac- | helmet, a club, a note-book, half a dozen | without meaning it, stood as the represent- expresses strong disapprobation of athletics, rich relative? Because if you do, you are rac's presence in Torento.

Macrae reached the door, and opened it, undisturbed. Even Mrs. Brannigan said not a word to prevent him; for, if he was arrested, what might he not say, or be "I wish I hadn't sent that despatch. compelled to say, to the hert of her son,

As he went out into the darkness, he stumbled over a great package, a bale of eight that evening, by a second message. It | goods, a body, something, lying upon the door-step. He uttered an execration, and turned to look upon the thing which had thrown him head foremost to the sidewalk.

"What's the matter with you, woman?" he asked. "What are you lying there for? "Dhe matther wid yerself, ye uncivil

billy-goat! What size boots are ye thramp-Take yes han' aff me !" Macrae recognized Carney; while she, uv all dhis throuble !"

doubled up with pain, was not even looking at him. He laid a vigorous, fierce hand upon her arm; he was minded to twist and bend it, to take her by the threat and suffo-He, too, was grasped while these awful

temptations were struggling to come to the birth as full-fledged deeds; he looked up, and his eye met Bly Folliss's. "You here, Tom !" said Bly.

"Why not?" he gasped. and as far as you can; and I, tor one, will say nothing. Take my advice, Tom." But the man was infatuated now with

his patient plans. He stopped to parley. "Are you going in here, Bly?" "Yes, I am."

"What for ?" restore him to his parents. "You shall do no such thing, Bly Folliss.

He is under my charge; and I was on my way home with him, and sent him over the lake with a responsible man, agreeing to got a grip like a cockerdile," said No. 68, meet him here. And you and your cronies must needs interfere; and here I am now | the whole business. suspected of all sorts of misdeeds, and the old creature here dogs my very footsteps.

you, probably, who inspire the old witch." "Tom, don't be foolish; will you go to rights again-that is to say, to talking. Millington with me to-morrow morning?" asked Folliss.

"That's my affair." "Very well, old fellow." Macrae's blood was up. For very shame

he would follow Bly into the tayers now, if No. 68 had just finished a very interesting conversation with Mrs. Brannigan as they

From a very beaming remark upon the relittle sprig of cinnamon-bark,"-which latter article was floating upon a mixture whose Bly and Ben departed. isfactory order. The poor little figment of last drops he was just swallowing-No. 68

The hostess assured him that he was only a friend of her son Tim's. No. 68 volun-A mere touch upon the shoulder, a whis- teered to say that he "looked a leetle more genteeler than them kind of folks generally does"-leaving Mrs. Brannigen's mind in

"Machin," responded Mrs. Brannigan, re-

house. She was not slow to discover his No. 6S was in the act of scrawling someslight intimacy with her son; and she thing in his note-book, when the party of

"Wanted !" whispered Macrae.

hustle this young man out of sight in such get a good picter of you beforehand, until-She watched them, therefore, very closely; Mr. Machin, or w'atever your true name now! Dear Ben!"

When a tragedian of the old school, star- stairs regions, whither they had gone, It was a cruel blow. Macrae felt the de- arms go round his son's neck; and with one ring in a country town, complained of play- she examined the key-board, remarked a gradation of it even more than he had felt great sob, and one look of gentle wondering to quarter houses, a sympathizing friend certain number, and listened at the door of the shame of that which brought him into ment, Ben cries out, "Father!" and his arms grammatical and typographical errors." Husbands and sons are curious animals. Life.

performing elephants?"-Chambers' Journal. | voluby demanded admittance. Shedenounced | against Macrae, he had better let him go. I smooth away the quivering of their lips ! fare !"

"Yes; but don't you see," he said, "all A stranger in one of the coaches of the them 'Allowells is a reputitions lot. H'I now departing train looked out, and asked, "Come, out of this, now, and down stairs | think that 'Allowell's 'is real name, after "Some one dead ?" wid you both !" she exclaimed. "The house all. I knows the family, ev'ry one of 'em. is bad enough; but it's no place yet for the Mebbe I should be sorry to see one on 'em hankerin' (?) of murdhers and abdications taken up, but prewention's the medicine for and such wickednesses."

Bly crossed over to Macrae, and whispered, "Tom, for God' sake go! If he attempts "I won't, I tell you! Let him do his

No. 68 touched Bly's arm to remark, 'H'I'm for takin' on 'im h'up, now." "You can't, you know; you have

not my Tim as is in it, but dhis gintle. Bly. "Can't I? W'y, 'e's a-threatenin' and a-offerin' to disturb the peace of her at all, mim; your son is too much of a gracious Majesty! I heard them words of signalling.

> He looked halberds and maces and battleaxes at Macrae while speaking. "Bobby," indeed! Her gracious Majesty was not to be insulted after that fashion.

CHAPTER XXXIII.

Macrae arose from his chair; and the rest and bless you. pent-up passion of four years-nay, perhaps scribing which Bly Folliss and his friends brilliant ability, all asserting themselves. In himself to Mr. Hollins' die atio , and pres- practice and co centrate his mind on the worth the wait in gold." rum, and left him standing there a fiend. Elmswood, and witness of a scene the very as experience has shown. Indeed, running Brown, with a smak, "but Lucy will get The transformation was something awful; thought of which would have frightened him | may be made very beneficial to the lungs,

voice of a madman. "A pretty lot! A man Germaine and Jack, on his return, "I boo who are shortwinde!, than gradual, careful cannot undertake the cars of a poor lunatic, | hooed like a baby. You'd have thought Holotrai. ing in this almost lost art. "As soon but he must be followed about and spied lins was my own brother !" man, a Bobby !" he screamed, "and talked serve to be made a hero of; he had only ning races under proper precautions is an

It would have been an exhibition of double hearts. You could not expect them to take man could acquire greater fame than by promp-tu." acrobatics if Macrae had "come along o'" back Ben with a mere "Thank you, sir," or being strong in his hands, feet, and limbs; apples, and No. 68 rolled over the floor. ative of all who were concerned in the act recommends running to Lucilius for exercise. much mistaken. We are dancing the min-With a crash that made every heart in the of restitution. The Kimbers, Carney Du- The following rules may be observed: room beat faster, the "Bobby's" body struck gan, the police of "the States" (well intend. Running should only be practised in cool the bar, and curled itself up in an awkward | ing, but human, after all), Dr. Peterson | weather; as, for instance, in the late fall, heap. Opposite was Tom Macrae, brought even (whom Folliss had never s en) -he re- winter, and early spring months. to bay, his eyes glaring wickedly, his atti- presented them all, and was on the top of tude one of defiance.

"Brannigan," he cried, "come in here and affairs very often. lo vour duty !" But Mr. Brannigan had conceived a new notion of his "duiy." He had promised to of Elmswoods. stand by Macrae, thick and thin; but he concluded to erase the "thick" from the con-

Long before, Carney had hobbled into the room; and she had silently been looking on, appalled at Macrae's fierceness. With the mortal also ! best intentions, and even with some of her old admiration, she now approached Macrae. heart !" cried out Parson and Brandon in Care must be taken not to overdo, and him in Salt Creek, or if you prefer you can Softly she spoke to him: "Whisht, now, one voice. Misther Thomas ! Be aisy, dear ; give over, an' lave dhis. Meet me on dhe pos'-offy

Shame, shame! to be spoken to in this con- pretty tall language for me, fellows." fidential fashion by such a woman! Macrae glared at her as a wounded tiger at a man with medicine in his hands,

"Stand off, you old beggar! It is you who have brought all this upon me; dou't whine about it now !" he cried, pushing her away.

"It's not me dhat's whinin', Thomas " What | Macrae," she replied ; "it' yure own father an' mother dhat's speakin'; it's yure grand-"Never mind that, Tom. Let go! you are father and the whole race of Macraes of

ress of his rage, Macrae flung her to the floor, hissed some half intelligible malediction at Folliss, Brandon and Parson, who hot and steaming. It is embedded in the girls were trained to run races as well as skull, put it in his bag again, and ran from anger and chagrin, with the overflow of all were gathering together in rather warlike fashion, and fled from the house. No. 68 was beginning to collect his suspended senses, as Macrae disappeared. He

brought to bear at once upon "that 'Allo-"To take charge of young Hollins, and | well," believing that her gracious Majesty had suffered serio is hurt and damage. "Go and find him," said Brandon. "Go at once or you will lose him.'

"He's a h'awful powerful chap, now; 'e've rubbing his aching arm, and backing out of

Poor Carney was carried into Mrs. Brannipolice set upon me? And this miserable gan's parlor. She was not much hurt, only a little bruised. Cold water externally ap-She is housemother, down there at your plied, and a little of Mrs. Brannigan's imitation Carleton, isn't she? And it's spirits (hot, and with an extra sprinkling of nutmeg) applied otherwise, soon set her to Carney had, however, but fairly begun

w:at would undoubtedly have been one of her lengthiest speeches, when the voice of M s. Brannigan was heard. "An' what's to be done wid dhis one?" she

asked, pointing to Ben. "We'll take care of him," said three warm

voices in chorus. And now Bly Folliss's courage sas up. tional Agricultural Convention, Chicago: No more fear of the Adelon girls. No more | The best method of increasing the value fear of the inevitable scene at Millington. of our domestic fruits, as I comprehend it, He, and he only, would see Ben Hollins safe | consists in familiarizing our farming comlative merits of allspice and "the leastest in his father's arms. A despatch was sent munity with the simplicity and cheapness breakfast beverage. For those who do not set a precious stone, first a ruby then a sapannouncing their coming, and next morning of the evaporating process, and convincing

And fully half an hour before the arrival easy adjunct of farm or household labor. Ephraim Hollins entered the Millington Evaporated fruit is worth from 200 to 400 station : and not alone, oh, no ! There was | per cent advance over the same fruit sun or a crowd of mill-men and citizens also oven dried, the labor of preparing the fruit and if they drink tea it keps them awake mother, two aunts and a grandmother all Harper had told the news. Sandy Dart (which is the greatest item) being the same stood in the front rank of those who pressed in both cases. The actual cost per pound for myself that dining so idly as I am out of the settings for the whim of this forward to catch the first glimpse of "Mr. of finished product, without regard to Benjamin." Sandy was anxious to "bat a quality or value when prepared, is about the (7.30 p.m.) and often needing to work from A. Y. Journal. t-t-tan pun noat" on some issue or other same.

but none presented itself to his mind.

And now, at the far-off sounds of the ap- and daughters, now exchange the product of proaching train, necks were craned and our orchards, with their labor added, at a Mrs. Brannigan had from time to time lying entirely upon information of her pre- twisted. Pairs of eyes peered eagerly down discount from 50 to 400 per cent below the visits of this superior man, for men of his of the work of the metropolis of the met towards the curve, just as if Ben would sure- product of the less intelligent colored

"Whoo-oo-oo! who-who-who!" had ample reason for suspecting that young gentlemen entered. He sprang to his rustling of boots, a scrambling of mill-men one pound of figs, dates, currants, raisins, or man, even if he was of her own flesh and feet at once, and advanced toward Mac- to the very edge of the platform, from prunes, while our dried peach in exchange This evening she found new cause for "Mr. 'Allowell," said he, "you're want- Harper had told the news to good pur- in themselves are superior to those of the

Apart, and in quiet dignity, stood an old a comparison of daily quotations between "Yes. You're a spictitious character. man with locks now whitened by an age of our evaporated fruits and those offeced by it is formed in accordance with philological But what was the stringe look, what the laws, and that it has been used by the best peculiar manner, what the indecision in attiwriters of English. All of which are splen. tude and gait, which her quick eye detect- banks has been set up to watchin' you, for sorrow. There was not yet any sign of the has a value in Chicago equal to about two cooks. Bad cookery, let it be said for the . Housemaid—"It does my heart good to diferous reasons for restoring it to our die- ed in the new-comer? And why should they fear you will take some. An' they wants to old gladness in it; no, nor can be, until— pounds of tropical dried fruits, while evap- hundredth time, is at the bottom of nine- see you and the baby together. It's a

twine round the old man's head. be there at the same time. "Irving!" ex- talking in the lowest discernable tones; but But Folliss was equal to the emergency. It was a sight to see the great brown covering in a moment his usual serenity): their stomachs sure. And good cookery is New wall papers show the vanishing ef-

stowed on animals in general for the pre-

"No, SIR! alive again!" was the an- servation and enjoyment of life, running, The stranger could not make it out; but Since, then, it is pointed out to us by he read the story in the papers, perhaps, a nature, it must be in a high degree innocent.

seek afterward.

Soon the sense of re-possession of his son ly do all we can—which, fortunately, is came fully to Ephraim Hollins, and his not much-to make our children unlearn thoughts returned from his own overwhelm- the art of running. Our earliest physical ing joy to the every-day affairs of life. treatment of them seems calculated to Turning to Bly Folliss, first of all, he said, destroy their aptitude for it; in a little time, 'You will forgive me, my dear sir !" it is too often the case that the city boy only sour-mashers.

"No excuses, I beg, Mr. Hellins. I have scarcely dares look as if he wished to run, only done my duty, and am sorry it was so we prohibit it so strongly as vulgar, and bunglingly done yesterday." Mr. Hollins took Folliss's arm, and began in and prohibits it altogether. Medical preto move toward the carriage. Bly held back, judices and our own convenience contribute

however, protesting that he must return to likewise their share, and neverallow our child-Toronto on a train which even then was ren boys and girls, to acquire an art innocent Mr. Hollins would not listen to this, and that a person may get injury from running, thing." but the fault is not in the exercise, but in Bly pleaded urgent business. O Bly Folliss! What a business man you the person who runs without having had

are, to be sure! You diligent, hard-work- proper training and practice.

ing butterfly, spreading your beautiful Negroes and Indians in a state of nature wings all day long, and hunting all the world | run daily in pursuit of game for food with over for pretty flowers to feed upon ! Well, a facility at which we are astonished, but you did one fair stroke of business in your they are not more liable to consumption on It was useless to say "No" to this persist- seems better adapted to running than man's, was bakin' shad and the other was shaken

one moment they fell, collapsed in utter ently found himself an honored guest at effort, and there is nothing severe in this,

almost to death the day before. and perhaps there is nothing better cal-"A pretty lot you are !" he cried in the "If you believe me, fellows," said he to culated to strengthen these organs, in those time.

as children are expert in walking, turning, here the whole cornucopia of benedictions | objects of this exercise are to strengthen the "See 'ere, young feller, you come along o' was showered upon him. But let us reflect. limbs, develop the lungs, exercise the will, burgh mother to her little girl, "his your me. I've got a charge again' you now, any These good people of Elmswo d must have and promote the circulation of the blood. She ran to the station as rapidly as her wards the door, not liking after all to face ways." No. 68 advanced toward Macrae as some object upon whom to pour out all the Running was so highly esteemed by the this morning?" And the small maiden, who thanks givings and gratefulness of their old Greeks, that Homer observed that no had lied twice, stammered out: "Imp-

the wave. It happens in this way in human | pare, and the neck uncovered. As soon as |

Bly was keenly alive to the situation, should be put on and gentle exercises conhowever, and cut short the hospitalities | tinued for some time. It is not necessary "Besides, fellows," said he, in his account school may take his pupils into the fields of all this, "that girl!"

"What, then, Bly ?" asked Brandon. "What, then? Hum! Tom Macrae went | ways, acquire strength, agility, health, and overboard, you know; and Bly Follis is the capacity of continued exertion; the will "But not a rascally impulse is in his great aid in the battle of life.

"No; but, fellows, she is a magnificent heart. The race, at first, should be short girl. Here's to a welding at Elmswood ! and frequently repeated, rather than long, stips, an' it's Carney Dugan as'll lif' you out The doctors at Hickory Hall prophesy it - and full speed should not be attempted for have prognosed the case, so to speak. That's some time.

(TO BE CONTINUED.

A MONSTER METEOR. Said to Have Fallen on a House and Killed an Entire Family. FORT WORTH, Tex .-- A despatch from Williams' ranch says that at about 2 o'clock

Sunday morning a great meteor fell in the

ruins. In its descent the meteor resembled a massive ball of fire, and the shock was similar to that of an earthquake. It is still earth probably 100 feet, and towers above boys, and to their superb physical culture the Castle. the surface about 70 feet, and will cover was in great part due the grandeur and about one acre of ground. The concussion beauty of Greek life during the years of was terrific, nearly every window in the was for having the whole power of the law town being shattered. People were hurled their ascendancy. The modern style of violently from their beds, and goods in the unsuited to running .- Herald of Health. storehouses were thrown from the shelves. No lives were lost as far as known except the Mexican herdsman and his family, although several buildings fell to the ground. The cattle fled in terror in every direction. some very interesting things regard-The air was filled with a sulphurous gas, ing what to drink. The habit of drinking The wildest confusion prevailed, as it was a strong tea or black coffee directly after dinlong time before anybody could even con- ner is especially bad, and certainly interferes jecture what it was. This is the largest with digestion. At breakfast-time a healthy meteor that has ever fallen, and it has al. man has all his sleep in him, and surely it ready been visited by many people, and is then unscientific for him to inflict upon will doubtless continue to attract great at. his system strong tea or coffee. At tea-time anything. Oh, sir, what can I do for my tention for months to come. It has occa- tea or coffee may well be indulged in modsioned great excitement, not only here, but erately. The bulk of the day's work is done, all over the surrounding country. the body not only wants rinsing out, but

FORT WORTH, Later, -The above des. fatigue is felt, which may well be countpatch is understood to be a hoax, no such | cracted by the use of a mild stimulant such | occurrence having taken place.

Evaporation of Fruit.

The following by Amos Stauffer, of Way nesboro, Pa., was read before the third Nathem that it is a legitimate, profitable, and

or warehouses of the metropolis of the effete matters, and thus will be found to West the unequal exchange is daily made : The train had come. There was a great | two or three pounds of dried apples go for the locomotive to the end of the train, is scarcely at par. That our domestic fruits antipodes needs no further argument than

sity for having good cookery and of the equal and antecedent necessity for good orated peaches readily command from three tenths of the dyspepsia going, and of fully pretty picture. Sure, and he's the image of You'll go along o' me, Mr. 'Allowell, or "Ah! Ben! my son, my son! I see thee to four pounds of currants, figs, dates, one half of all the drunkenness. If women you. raisins, or prunes, etc., thus practically re- could only cook their household's food pro- Fond Mother-"But they all say that he These words, and no more. The old man's | versing old customs and values.

Waiter (looking puzzled at first, but re- Their hearts are to be reached through

A LITTLE FUN.

When a person writes a poem to kill . ime, he may be pretty sure that time will have its revenge and kill the poem.

It is popularly believed that 'Caesar burst his mighty heart," but it is plain to the careful observer that he died of Bru'e

An exchange says it is now fashionable to ntroduce some element of the antique into every dress. What ! are old mai is becom-

ing the rage? "Is that your dog, Mr. Twigg?" 'Yes, sir, that's my dog." "Is he a setter?" "He's of that type, yes, sir." "Oh! then

he's a type setter.' "You said, Mr. Jones, your umbrella had a straight handle ?" "I thought it did, but since it vanished I am quite certain it ended with a hook."

There is no difference between a well limbed tramp and a well trimmed lamp when a cyclone makes its appearance, for they says Mercurialis, is the most important. both light out,

> eaath in a million years. That puts an end to prize-fighting. It doesn't leave time for the necessary negotiations. No, my son, those young gentlemen whom

It is said that the run will absorb the

you see going out between acts are not what are commonly know as mashers. They are "I get an inkling of your thought," said the retreating book agent, and he neatly

when he is more grown up gentility steps | dodged the flying bottle of writing fluid as he made for the door. He rang the door bell of a banker. The servant tells him "Monsieur does not reccive to-day." "That makes nothing to me.

of itself and necessary to all. It is possible My racket is to know if he will give any-The editor of an Oregon paper calls his rival a "wart." That is a sort of a lefthanded compliment, which means that its

contemporary is rising and will soon become "Can you tell me," asked Twistem, "the life, at all events. We forgive you for the this account than those beasts that are so difference between my cook, this morning, famed for swiftness. The body of no animal and a passenger on a new railroad? One

in propelling the runner forward. He has "but here's the money all in yellow boys,"

"Ella is better looking," remarked Mrs. married first." "Tes." chimed in her husband, "gimme Luci-fer matches every

A Milton man who a few weeks ago kindly offered to share his bed and board with an impecunious acquaintance somewhat addicted to intemperance, says he is suffering from an attack of room-mate-ism.

"How many lies," said a despairing Pittsimp of a brother prompted you to tell me

Plato recommends running, not only to minuet to the orchestra director. "Do you uet. Play slower." B. lives in the country near Paris, winter

"See here, sir," said the leader of the

and summer, but always after the 1st of May they meet him on Sunday on the boulevard. He explains: "The country is too crowded. Everybody is there on Sunday; so I come to get the air of Paris." A Milwaukee hotel man having grown tired of numbering bedrooms now names them. It is rather startling to hear the

to have a race course. The teacher of a hotel clerk, with his quill toothpick in his and find suitable ground for them. Then his pupils may exercise their bodies in other mouth, call out: "Take this gentleman's baggage out of Ireland and send it up to Siberia," "Give the large gentleman and his bride the Mammoth Cave," give him "Hard is brought into play vigorously, which is a Luck," put him in the "Chimney. " "Put thus perhaps for life, weaken or injure the go to Hades." Among the names are Skewhegan, Sky Parlor, Gehenna, Vienna, Vaderland, Mayflower, Plymouth Rock.

She Thought She Saw the Devil.

Running is well adapted to young and A negro died in the penitentiary of Lan' middle aged persons, but not to those who caster Castle, and a young doctor got perare fat. Sedentary persons may find great mission to have his head. It was a windy benefit in it after the day's work is ended. night when the operation of removing the If they live in cities, a quiet spot in the head was determined upon; but habited in park may be selected, and short trials his long cloak, then the fashion, and proadapted to the strength entered into. vided with a blue bag, the comparative an-Invalids may do the same thing, only they atomist soon had the head stowed away. As must be more careful than the robust never he left the room in which the coffin lay, however, the wind slammed the door. Girls may run as well as boys, and, caught his cloak, and nearly threw him upoutskirts of the town, killing several head while they cannot go so fast, they can race on his face. Attempting to recover himself, visit his stable.

Dr. Frederick L. Fischer, who in January last vaccinated the three-year-old child of last vaccinate and destroying the dwelling in the dwelling in the dwelling in the dwelling in the last vaccinate and destroying the dwelling in the last vaccinate and destroying the dwelling in the last vaccinate and cast vac puberty, the change in the formation of the the other shut, in a room where two women benes of the pelvis in girls renders running shricked. The professor rushed wildly after less easy and graceful. In ancient Greece it, took no notice of the women, seized the

Four or five years afterward he was attending a dying woman, who called loudly for a clergyman, to whom she had something dress for girls after puberty is also entirely to tell. The doctor begged her to tell him, as no clergyman was near enought to be called in time. At length she spoke. "Oh, sir, I had a husband, who was a negro, and, I fear, a bad man. He died, sir, in Lancaster A physician writes in the World of Science Castle; and, oh, sir, I was standing one day in the rooms when my husband's head came out of the floor, and seemed to ask me to help him. And then, sir, the devil came through the door, snatched up the head, put it into a bag, and disappeared before I could do anything. And I have never done

> poor husband's soul ?" Calling Attention to Her Feet.

The most costly pair of shoes ever made in the United States were made for a young lady some years ago to wear to a fancy dress as tea, and bed-time is not yet so near that ball given by Mr. August Belmont. Those tions that drink coffee largely get a sallow | who attended the ball will recollect them. skin, and I am inclined to think that the as they were the cynosure of all eyes. The carbonaceous matter of the roasted coffee, girl who wore them had a most beautiful when so largely and frequently taken, may arched foot. They were made of yellow perhaps have something to do with this. Spanish velvet, with high Louis XV. heels. For hardworking people who are not cor. and laced up the side. The eyelets for the pulent I should suggest the thick-flake golden cord to pass through were rimmed cocoa as the healthiest and most nutritious with solid gold and to the side of each was want fattening drinks, and who often cannot | phire, then an emerald, then an opal, and digest cocca, I should say drink hot water over again in the same order. The top of at breakfast. Those who dine late and the shoe was finished in the same fashion. make their dinner their main meal need a and in front were sixteen tiny golden chains. diluent drink an hour or two afterward; caught by a cluster diamond pin. The girl's or makes them irritable and nervous. I find gave up their jewels, and had them taken obliged to do when I have done my work, bezuty, who married well, long since .-

Immense Forest Growths.

It is stated that there are no less than 40,000 square miles of almost unbroken forests in North Carolina-pine, chestnut, years it is estimated that the timber alone in North Carolina will exceed in value jure the stomach nor to keep the brain awake the present total valuation of all the property in the State, including land. The State grows nineteen varieties of oak, and dinner time, and in hot weather a draught lits pine forests are of the heaviest. New railroads are now in course of construction, and this will open up the whole region to the northern and eastern timber markets.

Candor.

perly, what a difference there would be looks like his father, Mary."

Dear, good housewives, of every rank, try Housemaid—"Bless your soul mum, he's Gentleman to waiter: "Bring me some it, and keep trying at it till you succeed. not half good-looking enough for that."-

claimed the tragedian. "I'll star against Mrs. Brannigan gathered enough to excite hands of workingmen go up to those hunhim anywhere; but who can star against 12 her ire. Without scruple she knocked, and suaded him, that, as he had no charge dreds of watery eyes—to see them try to do you mean by keeping them on your bill of purchased is allowed to run to waste through pinks, and other colors brought out this this same stupid bungling in the kitchen. spring.

It has been estimated that there are 600,-000 miles of barbed wire fence in use.

now grazing in what six years ago was In-

Office Department, 726 were lost. A man breathes about eighteen times a

The ground upon which Cincinnati stands

000,000 each says that his parquisites were The city of Newark, N. J., contains 1,299

tal invested is \$23,919,115, and the sales foot up \$66,234,525. Sea urchins are so tenacious of life that on

The aggregate value of the property of colored people throughout Tennessee is set | An Episode in the Life of a Fordown at \$6,478,951, being an increase of

milch cows, 22,4888 other cattle, 21,191,156 sheep, and 47,688,951 swine.

ODD HAPPENINGS.

Wilhelm's mother and sister had died in that

For several days the horse of S. B. Cohen,

latter in the Supreme Court for \$10,000 | The two had no new plans of evil. Macdamages Haverstick alleges that the rae's mind was disordered with hate, and child was permanently disabled by unskil- with that species of self-condemnation which fulness in the operation and the use of im- is not satisfied with repentance, but which pure virus. Soon after the operation, he must needs increase and intensify itself with says, the child bec me paralyzed in both new injuries to others. He determined arms. Judge Barrett reserved his decision to speak his mind to Bly Folliss, to give

The Fresh Air Fallacy.

of "fresh air" was fought by the sanitarians. Now the tide runs the other way, and all the duil people have learned the phrase, "fresh air," and insist on having what they call "fresh air" at any cost, and without regard to times and places. Two men will come into the spacious parlor of a club; the air, though warm, is much purer, and cooler by five degrees, than the furnace blast of the streets they have left. The incomers are entirely comfortable until one of them notices that the windows are shut. Then they remember the formula "fresh air;" the windows are ordered open; in comes the heated gust from without, laden with the animal refuse that forms the chief ing edient of the dust in our large cities. These intelligent gentlemen draw near the

Reviving a Word.