

self-help
You are weak, "run-down," health is frail, strength gone. Doctors call your case anaemia—there is a fat-famine in your blood.

Scott's Emulsion of cod-liver oil, with hypophosphites, is the best food-means of getting your strength back—your doctor will tell you that. He knows also that when the digestion is weak it is better to break up cod-liver oil out of the body than to burden your tired digestion with it.

G. J. HOYLE, CANNINGTON. Always keeps a full assortment of Books & every description, all kinds of school requisites, Berlin Wool, Flanneling Wool, English and French, Fillosie Embroidery silk, Tinsel and Flower leaves, etc.

WE MAKE Sewer and Culvert Pipes. All Sizes from 4 in. to 34 in. Also Connections. WRITE FOR PRICES. THE ONTARIO SEWER PIPE CO. 601 ADELAIDE ST. E., TORONTO.

BICYCLES. KENWOOD, RABLER, CRESCENT, CRAWFORD and SPECIALS. NEW AND SECOND-HAND. WE SELL EVERYWHERE. Get our prices and save money. REPAIRING and RICKSHAWING. F. W. BOVD & SON, 153 1/2 Notre-Dame St., Montreal.

EPPS'S COCOA. BREAKFAST—SUPPER. "By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well selected Cocoa, Mr. Epps has provided for our breakfast and supper a delicately flavoured beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constitution may be gradually built up until strong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping ourselves well fortified with pure blood and a properly nourished frame." Civil Service Gazette. JAMES EPPS & CO., Ltd., Homoeopathic Chemists, London, England.

MARRIAGE LICENSES. T. BEALL, LINDSAY.

FOR TWENTY-SIX YEARS DUNN'S BAKING POWDER. THE COOK'S BEST FRIEND. LARGEST SALE IN CANADA.

CURE THAT COUGH WITH SHILOH'S CURE. TAKE THE BEST. SHILOH'S CATARRH REMEDY. Have you learned? This remedy is guaranteed to cure you. Price, 50c. Importer, F. W. BOVD & SON, Montreal.

One hundred and seventy-three bags bought by Messrs. James Cain and Jesse Parkin were shipped on Monday to Geo. Matthews, Peterboro.

Stone is being broken over many parts of the road. The drainage has been placed on a section of Kent street.

Mr. J. H. Brandon and E. Austin of the firm of McDonald, Brandon and Austin, left for Montreal Tuesday with two car loads of cattle. The cattle, which are an exceedingly fine lot were all raised on their own farms in Fenton and Verulam.

Mr. Silas Winters of Orillia was in town Sunday attending the funeral of his niece, the late Mrs. Perry.

Quilts to be made. A new depot at Toronto, which will be opened on Monday, cost three quarters of a million dollars.

Mr. Chas. Fym and family of Haliburton, well known in town, are moving to Peterborough.

Mr. W. H. Johnston, of the Queen's Hotel, Haliburton, was in town this week.

Mr. D. J. Powers of the Lindsay express office received orders last week to report at the head office, Montreal, when he will be given his "run."

The fast little steamer "Greyhound", owned by Mr. Thos. Sadler, will make two trips a day to Sturgeon Point during the coming season.

Mr. Isaac Dewell, fruit gardener, has sold over three thousand raspberry tips this spring, so that it is evident that there will be plenty of berries raised in this vicinity in the course of a year or so.

The Lindsay Bros. have secured the mason work of Mr. Isaac Dewell's new dwelling house now in process of construction at the western boundary of the town. The owner will officiate as minister of the interior.

The bicycle club has now seventy-three paid up members. The number promises to reach a hundred before the season closes.

Mr. "Earnie" Houghton has been doing some good fancy riding at the riding academy lately in preparation for the bicycle entertainment.

Sunday bicycle riding is becoming quite a past time with numbers of our young men.

Some of the features in Harper's Weekly for May 9th will be: "The explosion at Buda Pesth," with a double-page illustration and an article by Robert Howard Russell; "The Transatlantic Cable," illustrated; "The Insurrection in Cuba," illustrated; and "Garden tracking," by L. J. Vance, illustrated. The last mentioned article will treat of the increasing industry of raising vegetables and fruits in the south for sale in the northern and western markets during the winter season.

Mrs. Ed. Therman, No. 3 Yankin St. Toronto, writes: "I have used Dr. Epps' Cocoa for some time, and I honestly consider it the best and safest remedy I have ever used. In cases of severe coughs and colds it has always effected complete and speedy cures. I recommend it with all my heart."

At the annual meeting of the members of the Public Library the following directors were elected: Messrs. Moore, Flood, Irwin, Burrows, Devlin, Ross, Lynch, Armour and Hardy.

Mr. Frank Grimmon of Port Hope was in town Tuesday.

Mr. Alf. O'Neil of town was registered at the Daly house, Toronto, on Wednesday.

In the Wyllie college reports, which were out on Wednesday, we notice that Mr. P. E. Soanes, B.A., of Lindsay passes with high honors in all his classes, capturing one of the prizes. Mr. Soanes will take charge of a congregation in Nova Scotia and after two or three years' service, having volunteered for the foreign mission field, will be sent abroad.

The president of the Dominion rifle association, Hon. Lieut.-Col. Gibson, has been advised that 500,000 rounds of Martini-Enfield ammunition has been shipped for the use of the provincial and Dominion rifle associations during the present season. This will be welcome news to riflemen throughout the country.

Messrs. Galbraith Bros., of Bethany, had their lumber mill totally destroyed by fire on Saturday morning about 1 o'clock. Very little lumber was burnt. Loss about \$2,300; no insurance. With their usual push and enterprise they are at the construction of another mill, and will have it up in about 30 days.

THE POLITICAL CONTEST ON. PREMIER TUPPER SAYS CANADA MUST EXPECT NO FAVORS FROM THE UNITED STATES.

Liberals Will say a Restricted Reciprocity May be Negotiated—Jas. T. Blaine Recalled—Grits "Want a Chance to Turn the Government Out."

In the political contest that is just beginning, the trade question as usual will be an issue of importance. The new Prime Minister, Sir Charles Tupper, in his patriotic and comprehensive scheme for the development of the interests of the Dominion, has shown that this country has no favors to expect from the United States. The leaders of the Liberal party know well that since the repeal of the Reciprocity treaty of 1854 the United States has not only refused to negotiate with Canada, but that those who would produce free trade in every commodity, unfortunately the Dominion Government has been guided for the last eighteen years by tried and true men who have declined to allow Canada to become a slaughter market, not only for the manufactured goods of New England, but for the beef from the Chicago stockyards.

From a hundred Liberal platforms in Canada we shall be told this year that there is still a prospect of negotiating a restricted treaty of reciprocity. The statement will be untrue. The Republican party is certain of victory at the next election for president. It already controls the House of Congress.

And what does the Republican party say? Listen to the words of James G. Blaine, one of the party's foremost leaders: "I am opposed, testostally opposed, to giving the Canadians the sentimental satisfaction of waving the British flag, paying British taxes, and the actual cash remuneration of American markets. They cannot have both at the same time. IF THEY COULD WEED US they can have what we have, but it is an absolute wrong against the rights of American citizens that millions of men who owe the United States no allegiance, who take no part nor lot with us, who are not of us, but who are to be foreign to us, it is not for us to take care of our own. It is to look out for the rights of those who are obedient, honest, and loyal citizens, and a Government would be in default as to the duty it owes the highest citizen if it chose to say that we have no market here that shall be sacred to our people any more than it shall be sacred to those who are also to us and owe allegiance to Queen Victoria."

"So far as I can help it," said Mr. Blaine in the next paragraph, "I do not play the game of the United States. I am a Canadian and an American at one and the same time."

These are the words of one of Sir Richard Cartwright's American friends. Mr. Blaine said, in effect, that people of this country must be satisfied with the United States before they can gain access to the "market that is sacred to our people."

John Charlton, the Liberal M. P. who wrote to American congressmen telling them how they might make Canada play the game of the United States, who has said that worse things might happen Canada than to join the United States. The statement of James G. Blaine may suit the Liberal leaders, but it will not suit the loyal people of Canada, in whose ranks are many men who were Liberals.

The trouble with the Liberals is that they have no trade policy. At the elections of 1887, the Liberal party had a cross-eyed tariff policy. Sir Richard Cartwright for a revenue tariff with Free Trade as the goal; Mr. Blake, at Malvern, found that, in consequence of the large revenue requirements, high duties were indispensable, and Free Trade therefore impracticable.

In 1891 the Liberals were as far as eye from having anything like a policy. Their cry was "anything to defeat the Government." The subsidiary changes in the various local elections. Sir Richard would be warring for straight Free Trade in one section of the country, Mr. Laurier would be assuring the people of another section that the Government was not going to touch the Protective Tariff. The people believed neither of them, and in 1891 the Government of Sir John Macdonald was triumphantly returned.

At the present time Laurier, Cartwright, Charlton and the great Liberal campaigner are crying to the people of Canada, "Give us a chance. Turn the Government out. We don't quite know what we're going to give you, for we haven't decided amongst ourselves. But it is to something that you'll remember."

That's just it. The people of Canada remember only too well the state of the country under the last Liberal Government. They know that the Liberals and their friends the Americans, the gentlemen who stand the shoulders of the Liberal Liberal campaign fund, will play high with this country if they get a chance.

Clearly, Canada has to fear the United States and its friends the Liberals. No sane man thinks that Laurier is doing anything more than a figure head. His wicked partners, the Quebec Liberals, the men who learned politics in Peapod's school under Mercier, would make such a raid on the Treasury, if they got the chance, as would make the Liberal Liberal campaigner look in aghast. Laurier is Mr. Laurier's greatest friend. Peapod, who blackmailed a railway contractor, is another. It was of men like these that Hon. Alexander Mackenzie when premier said: "Friends expect to be benefited by offices they are unfit for, by contracts they are not entitled to, by advances not secured."

"Enemies ally themselves with friends and push the friends to the front." "Some attempt to storm the office." "I have offended at least twenty parliamentary friends by my defence of the cabinet."

There was an honest Liberal, the leader of the party, who told the truth. What was his reward? His followers treacherously turned him out of the position of leader. They installed Hon. Edward Blake who was turned out in the same way.

And those are the men who want to ally themselves with the United States. They are the men who want to ally themselves with the United States. They are the men who want to ally themselves with the United States. They are the men who want to ally themselves with the United States.

Law's Worm Syrup is the standard of excellence. Mothers recommend it. Children cry for it. Worms fly from it.—41 6-

WE Give Away. Dr. Pierce's Pleasant Pellets. To any one sending name and address to us on a postal card. Once Used, They are Always in Favor. Hence, our object in sending them out broadcast.

HEADACHE. A SIMPLE CURE. As a sure cure for headache, whether caused by liver, stomach, kidney or nerve trouble, Burdock Blood Bitters is the most effective medicine known. It removes the cause of headache by restoring all the organs of the system to proper action and health. Double the price in view of the fact that this is the best of all remedies. It is the best of all remedies. It is the best of all remedies.

COMMERCIAL. OFFICE OF THE VICTORIA WARREN, LINDSAY, ONT., MAY 7th, 1896. Lindsay Markets. Fall Wheat, per bushel, 90c to 95c. Rye do do, 80c to 85c. Oats do do, 45c to 50c. Corn do do, 25c to 30c. Flour, new process straight, 3.00 to 3.25. Flour, new process, 2.75 to 3.00. Strong meal, per 100 lb, 1.00 to 1.10. Corn meal, per 100 lb, 1.00 to 1.10. Oat meal, per 100 lb, 1.00 to 1.10. Barley, No. 2 per bushel, 1.00 to 1.10. Barley, No. 3 per bushel, 90c to 1.00. Rye, No. 2 per bushel, 1.00 to 1.10. Rye, No. 3 per bushel, 90c to 1.00. Peas, per bushel, 1.00 to 1.10. Peas, large black, 1.00 to 1.10. Peas, small, 90c to 1.00. Apples, per bushel, 1.00 to 1.10. Apples, per bushel, 1.00 to 1.10. Apples, per bushel, 1.00 to 1.10. Apples, per bushel, 1.00 to 1.10.

Touchburn & Preston, GRAIN AND PRODUCE MERCHANTS. Bethany, Franklin and Gannon.

Ripe and Ready! LET US PROPOSE to the young men this year that they all wear GOUGH'S' Clothing, Hats AND Furnishings. JUST IMAGINE IT! Lindsay without this store—what would it be? You'd be paying more for all sorts of Clothing, Hats and Furnishings, and be without the great stocks that gives you such vast choice and selection.

Extra Fine Ready-to-wear Clothing. Men's Fine Venetian Spring Weight Overcoats, equal to tailor made, \$10.00. Men's Spring Weight Overcoats, in Meltons, Tweeds and Worsted, 7.00. Gents' Fine Scotch Tweed Suits, beautiful new patterns, newest styles, 8.00. Fine Tweed Suits, newest styles and patterns, small checks, fawn, grey, 6.00. Men's All Wool Halifax Tweed Suits, 4 patterns, all styles, 5.00. Men's Fine Hairline Pants, dark greys, satin pocket, 1.75. Fine Imported Tweed Pants, hairline and worsteds, 3.00. Boys' Suits, Hats and Caps. We quote the following prices to illustrate that while, as everybody knows, our Boys' Clothing and Hats are always most desirable in quality, fit and finish, they are always low priced.

ALWAYS GOOD AT GOUGH'S. GOUGH BROS., The Wonderful Cheap Men. 20 Ken Street, Lindsay.

VERY Satisfactory. NERVE BEANS. That's our verdict after finishing stock taking, and although there is not much money to be made these hard times, still we are satisfied. We have gone to considerable expense, in beautifying our premises, and have now one of the neatest stores in this County. To make trade run more smoothly, we have purchased some lines at half price, and are showing Cuff Buttons, Shirt Studs, Blouse Sets, Stick Pins, Brooches, Long Chains, etc., at about half price. Some of the finest American cases in Gold and Gold filled. We have also reduced our large stock of SPECTACLES. 50c. Goods for 35c. 75c. Goods for 50c. \$1.00 Goods for 75c. Best pebbles in Steel frames \$1.25. Don't give from \$2.00 to \$3.00 for Goods that you will get from us for \$1.00.

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