the Cictoria Warder

PAIDAY, JULY 29, 1887.

Pleasures of the Table

WAY BE MADE-SAUCES. painty hits make sich the siba.

Love a Labor Leet.

Credit for the points that follow is stuff and sauces should be orary who writes for the York Evening Post, Says

A goose is not by any means to espised when carefully prepared the original apple-sauce. are several equally good pethods of stuffing. It has been jud favorably with the chopped mixed with onions. Again, ove made ready the day be we out three cloves of garlie into pieces each and place inside goose, and then stuff it with apples, ditto onions, ditto ves of sage, not broken, four ves of lemon thyme, not broken, al boil in a stew-pan with water sient to cover them; when done p them through a sieve, removthe herbs; then add mealy dealt, stuff the goose after rethe breast, which remove it has been on twenty min-

produced a las eed to myself.

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Another way less German : Peel ent into dice six onions in a with two ounces of butter, al's teaspoonful of salt, a quarter facts are these: tto of pepper, a little grated nutin pulp, then have the goose iv trussed, and stuff it while ot, basto regularly, serve with od brown gravy under and apple use in a boat. Not infrequently ro cold potatoes cut in dice and a onful of boiled rice inserted pers the richness of the fat; also be added twenty chestnuts out

In France, where the spinach is digenous, travelers cannot fail to struck with the many ways in ich this " broom of the stomach," alled by the physicians, is served the restaurateurs, and its varivendors when prepared with garlie, saffron and ourd For a good French method being washed in several ters and carefully looked over, t a quarter of a sieve to a gallon water and three ounces of salt; il for ten minutes till tender, min on sieve, press a little with a tablespoonful of flour and half pint of strong gravy; again propint of cream instead of gravy, also tablespoonful of sugar; lay three or four slices of bread on the dish; aft the sugar over, put it in the oven, salamander it over, out in various shapes, and serve under and over the spinach. A little

use a well beaten egg; to thin it, add broth. Regarding sauces, amateurs must take especial care that the oil should be perfectly sweet and limpid as a dew drop, the butter perfectly fresh, the sauces most carefully and thoroughly stirred. To guard against scorching in the which the saliest the saliest scorching in the which the saliest scorching in the saliest scorching in

brough a sieve, put it back in the tempan, warm again, add to o oges. two ounces of butter, and are wetle sauce is not possible without in longues, which is as necessary as the perfume to a violet, nor is a some or mind perfect without the surdle olders of chopped torragon, chives and hay leaves. Fish should at this permission of children to aid us in arging on the contract of the permission of children to aid us in arging on the contract of the permission and the permission and the permission of the permiss lared by decooting these savory lerbs in it.

here is a wine sauce, half a century old, for game of all sorts, and appeally venison: Out off the crust of a loaf of bread, put the soft part into the bowl and add old port vine sufficient to steep it; let it tak until dissolved. Then add two heaping tablespoonfuls of the butter, and also of sugar, resoning with powdered mass and

ing the pieces of apple in a colunder let them stew with only water on and nutmeg. Some very thin strips of freeh lemon peel, stewed with the apples, add greatly to the miloste sever. Too sweet apples

Prune sauce is eaten with venison, kid, fawn, reast pig or rabbit—in fact, is an addition to all manner of

Hunting the Wrong Coon.

The Globe stated some days ago that Sir John Macdonald, or emisearies on his behalf, had offered Hon. Edward Blake to withdraw the pro- tea without sweetening all the same. test against him in West Durham if the reformers would withdraw the protest against Sir John in Kingston. Mr. Blake, it was said, retused the

Mr. Blake, it was said, refused the proposition, and the Globe, followed by the entire reform press, have since not wearied in pointing out that Sur John's evident desire to escape the election courie was prompted by a guilty knowledge of what had occurred during the contest.

This matter is none of the World's funeral, and we hate to spoil a good story, especially under the present atmospheric conditions, but that the public may be seized of the true facts, we feel constrained to place a correct statement of the case on record. The facts are these:

itto of pepper, a little grated nutpeg and sugar, six leaves of fresh
age, if possible, chopped fine; put
a fire, stir with a wooden spoon
il in pulp, then have the goose
said trussed, and stuff it while

A proposition was made to "sawoff" the West Durham protest against
that entered in Kingston, but the offer
eame not from Sir John to Mr. Blake,
but from the chief Opposition whip to
the chief Ministerialist whip. In other worde, Mr. James Trow, member for South Perth, leader of the reform whips in the House of Commons, made the proposition which mone, made the proposition which was refused, not by Mr. Blake, but by Sir John.

Under these circumstances it would seem that the Globe and its followers bave been on the scent of the wrong

Our Public Lands.

RESOLUTION PASSED UNANIMOUSLY BY THE ANTI POVERTY SOCIETY, To-

RENTO, STH JULY, 1887.

the whole value, is not the result of the

and over the spinach. A little rendered, the holders of some of these rariety may be made by surrounding the vegetable with small diamends of bread fried in butter.

To preserve spinach for a sauce, soak, drain, dry and thoroughly pound it, then bring it nearly to a boil, strain it, mix in a small quantity of sugar, and bottle it for coloring sauces. To thicken a sauce, warry, warry,

most carefully and thoroughly stirred. To guard against scorching in the slightest degree a bain marie is necessary, or an inside vessel.

Sorrel sauce of puree: One of Soyer's methods is to work well bur handfuls of sorrel, put it nearly dry into a middle-sized saucepan with a teaspoonful of butter; after it melts add a tablespoonful of flour, a teaspoonful of salt, half ditto of pepper, moiston to a thick puree with milk, cream or broth; pass it through a sieve, put it back in the Year after year must this surrender he made, and by our present laws this surrender may continue to the end of tim :—toil producing; idleness appropriating; toil compelled to live in penary, while idleness enjoys abundance.

A Relic of 1813.

was in the city ye

DEAR SIR ! I am sorry to be us kid, fawn, roast pig or rabbit—in fact, is an addition to all manner of game. Wash a pound of finest prunes and stew them in orange juice, adding the yellow rind of an orange pared transparent. Stir it up frequently. When done, and when the stones are loose, sweeten the prunes with plenty of sugar.

DEAR SIR: I am sorry to be under the necesity of applying to you again for sugar, but this is in behalf of a sick person who is below at St. David's, and cannot procure any. The l-ast quantity in the world (say, half a pound or one pound) would do, and if you could dispose of the full of this canteen of shrub I would be much obliged to you.—Your obedient servant. G. C. Johnston, Fort Royal. vant. G. C. Jounston, Fort Royal. Sugar was sugar in those days. Flour was \$100 a barrel, and it frequen'ly cost the American Govern-ment \$1000 to transport a cannon from one point to the other. Everything was away up in G. but the sick man at St. David's couldn't take his

ODDS AND ENDS.

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Dangerous Fits are often caused by worms. Freeman's Worm Powders de-stroy worms.—80-5

Arouse the Liver when torpid with National Pills, a good anti-bilious cathartic, sugar-coated.—50.5.

The best regulators for the stomach and bowels, the best cure for biliousness, sick headache, indigestion, all affections arising from a disordered liver, are without exception Johnson's Tonic Liver Pills. Small in size, sugar coated, mild, yet effective. 25cts. per bottle sold by A. Higinbotham, Druggist.—a-1.

A Good Act.

"As a cure for all summer complaints I highly recommend Dr. Fowler's Extract of Wild Strawberry, having often used it with the best results. I have often been Haw, Ancaster, Ont. -82-3.

Rescued at the Brink.

THE STORY OF A POOR WOMAN.

i called upon a poor woman who was very sick. She had not left her bed for weeks. Her friends said she was dying of consumption: indeed she was so low it seemed that it would be but a very short time until she would pass away. I WHEREAS, Land differe from other kinds of property in the following important particulars:—

1st. It is not the product of labor, but was furnished by the Creator for the uses of mackind.

2nd. A portion of the value, and especially in crowded cities, almost the whole value, is not the result of the the hands to extract part of the with many chop it fine, put it in a stew-with a quarter of a pound of little, a teaspoonful of salt, half a suppoonful of pepper; place over the fire for a few minutes, adding a w drops of hot broth with gravy; peeed as above, with the addition a tablespoonful of flour and half room where I was and wanted me to look the possibility of getting means for subsistence:

And Whereas, Our present land laws have the following serious defects:

1st. They practically allow one portion of the community to acquire possession of all the valuable land, with the power of excluding the remainder of the community.

2nd. By the exercise of this power of exclusion, and not for any service rendered, the holders of some of these lands catarrh for a long time. Please send at once and I will try and make its worth known in this place. It is a pleasure for me to work for the suffering and praise the medicine that deserves it.

Miss Jennie A. McNair,
Lions Head, Bruce Co., Ont.—34-1.

Leave Montreal.. 9.00 a.m. 3.00 p.m.

"Ottawa...12.35 p.m. 11.35 p.m.

"Carletn jc. 1.35 12.40 a.m. 3.50 a.m.

"Peterboro 6.42 p.m. 5.31 a.m. 8.39 a.m.

Pass Pontypool 7.26 p.m. 9.24 a.m.

Reach N.Toronto 9.10 p.m. 7.55 a.m. 11.16 a.m.

"U Stati'n 9.50 p.m. 8 27 a.m. 11.45 a.m. GOING EAST.

Express. Express. Express. Express. Express. Express. Express. Express. 8.00 p.m. 5.00 p.m.

"N.Toronto 9.03 a.m. 8.33 p.m. 5.31 p.m.

Pass Pontypool 10.46 a.m.

"Peterboro 11.31 a.m. 10.56 p.m. 7.53 p.m.

Arr. Carleton jo 4.20 p.m. 3.44 a.m., 12.41 a.m.

"Ottawa 5.25 p.m. 4.38 a.m.

"Montreal 9.00 p.m. 8.20 a.m.

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via Peterboro.
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60000 NORTH-WEST.
6.20 p.m. Local for Coboconk, connecting at
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