Angus Mowat

## Bay, Wife and His Sailboat Keep County Resident Content

By TERRY SPRAGUE Staff Correspondent

SOHPIASBURG — "With my wife, my sailboat and the Bay of Quinte I'm the luckiest old man in the world!"

Angus Mowatt and his wife, Barbara, enjoy a quiet and simple life in their home some distance in off a main highway, located along the marsh front in Sophiasburg Township. He has little use for motorized vehicles, and at 84 years of age, still does a considerable amount of sailing, but "only in fair weather", he admits.

Angus recalls his first sail. He was living in his hometown of Trenton, a boy of four or five. He spotted a log on shore, noted that it would float and after confiscating an umbrella from his home for a makeshift sail, he set out on his first voyage across the bay to Ameliasburg. His sailing adventure was short lived for it wasn't long before a passerby spotted him and returned him to shore. Angus Mowatt has been interested in sailing all his life and has always worked around boats. He fondly remembers the days of the old schooners plying the Bay of Quinte waters before the advent of automobiles and other motorized vehicles.

Commenting on snowmobiles, he says he dislikes their noise and the lack of effort required to go across the snow.

"It is the effort you put into anything which enables you to get the most out of it".

"At my age you tend to become very crotchety," he exclaims with a twinkle in his eye. "Snowmobiles and things become your enemies."

Mr. Mowatt speaks proudly of his 23 years with the Hastings and Prince Edward Regiment, commencing in 1921. "It made a great interminging of men and great understanding among the members."

Renowned Canadian author Farley Mowatt is Angus Mowatt's son. But Angus says he doesn't like being constantly refered to as "Farley Mowatt's father".

"I'm proud to call Farley Mowatt my son, but I don't like to bask in someone else's glory. If I can't have any of my own, then I'll do without!"

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