



Gilbert Mooney tosses OPP Tru Team member Kent Skinner during advanced judo instruction Monday night at the Belleville Family YMCA. Mooney, chief in-

struction at the YMCA Judo Club, learned late Sunday that he has achieved first degree black belt status following grading Sunday in Bowmanville.

Instructor attains black belt

By BRIAN O'MEARA
Sports Editor

Members of the Belleville Family YMCA Judo Club can now say they are receiving an even higher level of instruction from Gilbert Mooney.

Mooney received word this week that he has passed his grading and has been awarded his first degree black belt in the ancient martial art.

The 26-year-old Belleville General Hospital employee has been involved with the Family YMCA Judo Club since the summer of 1986 when he moved to

Belleville from Port Colborne.

In his eight years in judo, Mooney has moved from white belt through to black - this is the second time he has tested for his black belt, the first coming in December of 1985. Those wishing to be tested must wait at least one year between grading sessions.

Mooney was tested Sunday in Bowmanville with 12 other potential black belts.

His work at the Family YMCA involves instruction Mondays and Wednesdays in both beginner and advanced classes. He also teaches twice per week in Kingston.