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She decided to return to her native roots in August of 2002 with her then-seven-month-old daughter. She has been in her own practice for the past year.

"Chiropractic medicine fits more in my philosophy of treating the whole person, rather than just the symptom," said Bray. "Because the body works as a whole, you want to correct the source of the problem so that the body functions optimally."

Patients speak highly of Bray.

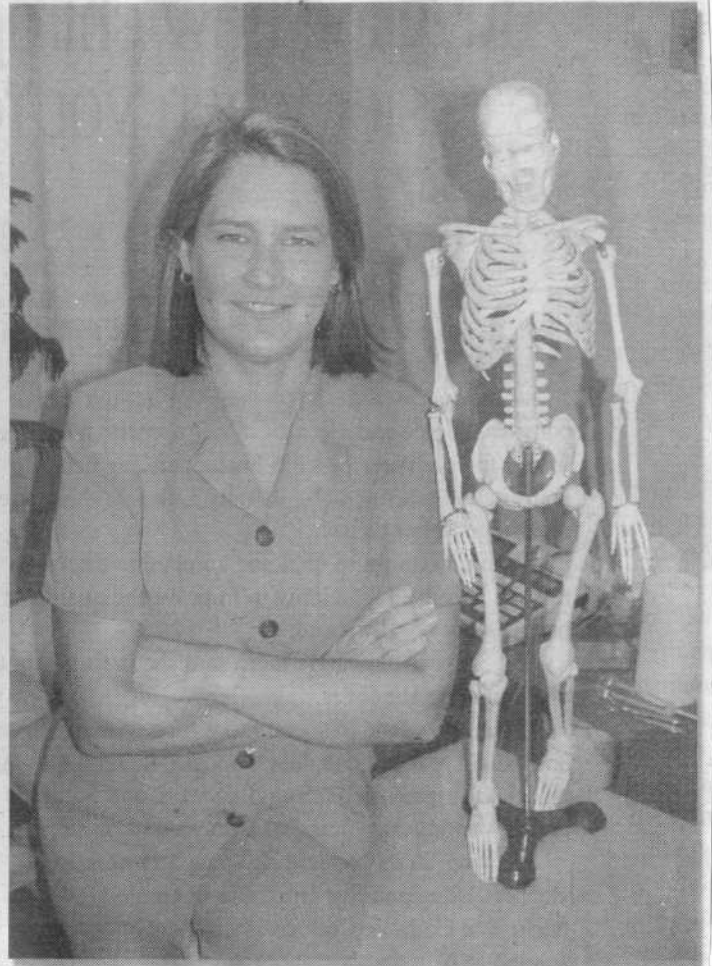
"Dr. Bray is unique in that she focuses on the whole person rather than just the specific complaint that is brought to her. She is personable and makes her patients feel totally at ease," said her nominator for the award.

Besides her work and family, Bray is heavily

involved in the community. She is the publicity official and second vice-president of the Women's Sales and Ad Club, a member of the auction item acquisition committee for the Festival of Trees, board member for Cheshire Homes, the Belleville and District Chamber of Commerce and sits on the midwifery committee that is trying to attract more midwives to the Quinte area.

She also participates in many cancer society and heart and stroke functions in the community because she firmly believes that prevention is the key to good health.

"Most of North America's fatal diseases are preventable. I feel part of my job is to encourage patients to exercise, eat right and reduce stress to prevent health hazards."



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